

THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN**VOL. 8 No. 11****NOVEMBER 2019****TNAI – HEE MoU to Smoothen Nurses' Placement Abroad**

As part of strengthening TNAI's role as placement agency for deploying nursing personnel, an MoU was signed with Health Education England (HEE) for Nurses' recruitment to UK under Global Learners Programme (GLP). The signatories on TNAI side were Prof (Dr) Roy K George- President and Mrs Evelyn P Kannan- Secretary General; on Health Education England side were its Director Prof Ged Byrne, and HEE Country lead in India Mr Ed Rose.

The main features of this fully free arrangement include: Nurses will get the updated skills from the NHS employers, Tier 2 work visa including family visa, free IELTS/ OET and CBT training, GLP certificate and renewal facility from the employer after completion of the contract, three months' free accommodation. The HEE delegation also visited the TNAI's National Skills Lab and AHA-approved International Training Centre in Greater Noida. Possibilities of collaboration in other areas between the two organisations was also discussed.

A significant event of the month of particular interest of nurses is the Newborn Care Week celebrated annually in the country during 15 to 21 November. Labour, birth and the immediate postnatal period are the most crucial factors for newborn and maternal survival. Unfortunately every year some 2.6 million babies die in the first 28 days of life (neonatal period that carries the highest risk), besides additional 2.6 million stillbirths. About three-fourth of neonatal deaths can be prevented with available effective health measures provided at birth and during the first week of life. The programmes during the Newborn Care Week seek to raise awareness about the importance of the newborn care for child survival and development. Although the Neonatal Mortality Rate (NMR) has declined from 44 per 1000 live births in 2000 to 28 per 1000 live births, the goal of reducing under-five mortality to 20 or less per 1000 live births by 2035 can only be met with dedicated efforts to reduce newborn mortality.

World Diabetes Day (WDD) on 14 November alerts us to the growing menace of diabetes and the varied health threats it entails. Organised at the instance of World Health Organisation and International Diabetes Federation (IDF), WDD is being celebrated every year since 1991. It engages millions

of people worldwide in creating awareness and advocacy about diabetes. The choice of the Diabetes Day i.e. 14 November is attributed to the birthday of Frederick Banting who, along with Charles Best paved way for discovery of insulin in the year. The World Diabetes Day theme for the years 2018-2019 is, The Family and Diabetes. Diabetes is a leading cause of blindness, kidney failure, heart disease, amputation, and early death. The message of the day is, simple action can reduce the risk. Diabetes is basically about the body's disability to produce the required amount of insulin to control glucose levels in the blood.

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(Evelyn P Kannan)

Chief Editor & Secretary General, TNAI

Nomination Sheet: TNAI Bihar State Branch Election 2019

Post	Name and Address of the Nominee with TNAI Number
President	
Vice President	
Secretary	
Joint Secretary	
Treasurer	
SNA Advisor	
Chairperson – Programme Committee	
Chairperson – Membership Committee	
Chairperson – Public Health Nursing Section	
Chairperson – Nursing Service Section	
Chairperson – Nursing Education Section	
Chairperson – Economic Welfare Committee	
Representative ANM/LHV Committee	

Nominator's Signature.....
 Nominator's TNAI No.....
 Nominator's Name and Address.....

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **18 December, 2019** (6 weeks from the date of Publication)
2. The election of all the office of the Branch shall be held at the annual or biennial meeting of the Branch.
3. Returning Officer and Election Committee Members are not eligible to contest for election.
4. Both the nominator as well as nominee shall be a life member of TNAI.
5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.
6. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
7. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.

8. The members who are residing outside the country and state shall not be eligible for contesting election.
9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
10. Outgoing office bearers who have completed one term, shall be eligible for re-election for one more term.
11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time.
12. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
13. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
14. The Chairperson of the Public Health Nursing Section, Nursing Service Section, Nursing Education Section and Representatives of Health Visitor's League (HVL)/ANM should be elected from their respective field only.
15. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
16. Please mark the envelope "**Nomination sheet – TNAI Bihar State Branch Election 2019**".
17. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **The National Returning Officer, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park Main, New Delhi-110016.**

Revised Rates for NJI Subscription

It is to bring to notice of all NJI subscribers that as per decision of TNAI's EC'(vide Minute No. EC/CL/2004/3 subsequent to meeting held on 18-19 Nov 2014) the yearly price of Nursing Journal of India shall be revised upwards from March-April 2016 issue, as under.

One-year subscription: For individuals - Rs. 1,000/-; for Institutions - Rs. 1,500/-

Five-year subscription: For individuals - Rs. 4,000/-; for Institutions - Rs. 6,500/-

All payments shall be accepted in the form of demand draft in favour of **The Trained Nurses' Association of India** payable at **New Delhi**. Local subscribers can also deposit the subscription charges as cash at TNAI Headquarters.

All communication related to NJI should be sent to the following address:

Secretary General

The Trained Nurses' Association of India, L-17 Florence Nightingale Lane

Green Park, New Delhi-110016.

Phone: 011-26566665, 26966873 Fax: 011-26858304

Email: publicationstnai@yahoo.com, tnai_2003@yahoo.com.

Website: www.tnaionline.org

NOTE: Those already enrolled for subscription of the Nursing Journal of India (NJI) may kindly ignore this communication.

Nomination Sheet: TNAI Chandigarh State Branch Election 2019

Post	Name and Address of the Nominee with TNAI Number
President	
Vice President	
Secretary	
Joint Secretary	
Treasurer	
SNA Advisor	
Chairperson – Programme Committee	
Chairperson – Membership Committee	
Chairperson – Public Health Nursing Section	
Chairperson – Nursing Service Section	
Chairperson – Nursing Education Section	
Chairperson – Economic Welfare Committee	
Representative ANM/LHV Committee	

Nominator's Signature.....
 Nominator's TNAI No.....
 Nominator's Name and Address.....

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7. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.

8. The members who are residing outside the country and state shall not be eligible for contesting election.
9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
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vsointernational.org/volunteering/volunteering-pro/jobs

or contact us by email @ bijaya.shrestha@vsoint.org
or phone Bijaya @ **8826176398** or Anjali @ **8826176398**

Nomination Sheet: TNAI Karnataka State Branch Election 2019

Post	Name and Address of the Nominee with TNAI Number
President	
Vice President	
Secretary	
Joint Secretary	
Treasurer	
SNA Advisor	
Chairperson – Programme Committee	
Chairperson – Membership Committee	
Chairperson – Public Health Nursing Section	
Chairperson – Nursing Service Section	
Chairperson – Nursing Education Section	
Chairperson – Economic Welfare Committee	
Representative ANM/LHV Committee	

Nominator's Signature.....
 Nominator's TNAI No.....
 Nominator's Name and Address.....

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7. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.

8. The members who are residing outside the country and state shall not be eligible for contesting election.
9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
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13. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
14. The Chairperson of the Public Health Nursing Section, Nursing Service Section, Nursing Education Section and Representatives of Health Visitor's League (HVL)/ANM should be elected from their respective field only.
15. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
16. Please mark the envelope "**Nomination sheet – TNAI Karnataka State Branch Election 2019**".
17. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **Prof Yashodamma MV, Returning Officer- TNAI Karnataka State Branch Election 2019, Nursing Director, Aditya College of Nursing, Kogilu Road, Bangalore-560064.**

निहायत जरूरी है बच्चों का टीकाकरण

आज विश्व में बहुत सी मौतें इसलिए होती हैं कि बच्चे को फलां बीमारी का टीका नहीं लगाया गया था। हालांकि छोटे बच्चों में आंशिक तौर पर बीमारियों के प्रति कुदरती इम्यूनिटी रहती है किंतु यह काफी नहीं, और उन्हें संस्तुति के अनुसार टीका लगवाना निहायत जरूरी होता है। बाल टीकाकरण कार्यक्रम के तहत कवर की गई सात जानलेवा बीमारियां हैं डिफ्थीरिया, काली खांसी, टिटैनस, पोलियो, टीबी, खसरा, और हिपैटाइटिस-बी।

डब्लूएचओ के अनुसार टीकाकरण जानलेवा बीमारियों से निजात पाने का सबसे किफायती, सिद्ध उपाय है, इससे 20 से 30 लाख जानें बच सकती हैं। अफसोस यह है कि 1.90 करोड़ बच्चे टीके लगने से छूट जाते हैं। टीकाकरण मुहिम को प्रभावी बनाने की दृष्टि से 10 नवंबर का दिन विश्व टीकाकरण बतौर मनाया जाता है। इस दौरान टीकाकरण की भूमिका, इससे जुड़ी भ्रांतियों का निराकरण, सही टीकाकरण विधियों आदि के बाबत जागरूकता सर्वाधिकार की जाती है। डब्लूएचओ 24-30 अप्रैल वाले सप्ताह में प्रतिवर्ष विश्व टीकाकरण सप्ताह आयोजित करता है।

हालांकि सार्वजनीन टीकाकरण कार्यक्रम (यूआईपी) 1985 से चालू है किंतु इसे अधिक गति देने के लिए चुनींदा जिलों के सभी बच्चों को टीकाकृत करने की मुहिम मिशन इंद्रधनुष दिसंबर 2014 में को शुरू की गई थी। इसी मुहिम के चलते करीब चार साल पहले पोलियो के मामले लगभग शून्य हो गए थे। हमारे देश में टीकाकरण की निःशुल्क सुविधा सभी सार्वजनिक अस्पतालों, स्वास्थ्य केंद्रों, आईसीडीएस केंद्रों में उपलब्ध है। कार्यक्रम की मानीटरिंग प्रधानमंत्री कार्यालय द्वारा की जाती है। मिशन के तहत गर्भवती महिलाएं भी शामिल हैं।

PROVISIONAL BALLOT PAPER: TNAI Meghalaya State Branch 2019

Name of the post	Name, Address and TNAI No. of Contestants	Voter X
President	Ms Ivory Kharduit, TNAI No. 64709, RYNGI Jynriew Upper Nongthymmai, Shillong-793014	
Vice President	Mrs Sara Mary Jyrwa, TNAI No. 66067, C/O Mrs S Jyrwa, Lumpshyiap, Chandmari, Shillong-793001	
	Mrs Angeline R Madur, TNAI No. 114824, Manbri Village BPO Bhoi, Rymbon	
Secretary	Mrs Larista Dohling, TNAI No. 117231, Shillong Polytechnic Quarter, Mawlai Kynton Massar, Shillong- 793022	
Joint Secretary	Ms Marbokar N. Synnah, TNAI No. 125606, Dr H Gorden Roberts Hospital, Shillong - 793002	
	Mrs Jolene Emitre Laloo, TNAI No. 162403, Lumsophoh, Nongthymmai, Shillong - 793014	
Treasurer	Ms Silbana Lyngdoh, TNAI No. 79222, Khilehshnong, Mawlyrnei, GTC Road, Shillong- 793006	
SNA Advisor	Ms Thiyarlyne Nongkhlaw, TNAI No. 122347, School of Nursing, Civil Hospital, Shillong - 793001	
Chairperson - Membership Committee	Mrs Queencina Dkhar, TNAI No. 135841, Wahthapbroo, Shillong-793002	
	Mrs Iashemlang Teron, TNAI No. 94104, Ganesh Das Govt. Maternal & Child Hospital Mairang-793120	
	Mrs Lucyfairlyn Kharmawlong, TNAI No. 100818, Tirot Singh Memorial Hospital Mairang- 793120	
Chairperson - Programme Committee	Ms Phisha Nora Nongpuluh, TNAI No. 92603, H.No. RN-88, Ryngi Jynriew, Upper Nongthymmai, Shillong - 793014	
	Mrs Betimon Tang, TNAI No. 40836, Dr. Norman Tunnel Hospital, Jowai-793150	
Chairperson - Nursing Service Section	Ms Arambam Thadoi Chanu, TNAI No. 122358, Nursing Superintendent, North Eastern Institute of Ayurveda & Homeopathy, Mowdiangdiang, Shillong - 793018	
Chairperson - Nursing Education and Research Committee	Mrs Daily Happy Langba, TNAI No. 141311, H.No. 230, Dong Koding, Village Nongmensong, Dist. East Khasi Hills, Shillong-793019	
Chairperson - Public Health Section	Ms Sylvia Kharbani, TNAI No. 60846, Nazareth Hospital, Shillong-793003	→

Name of the post	Name, Address and TNAI No. of Contestants	Voter X
Chairperson - Socio Economic Welfare Committee	Mr Daiamonlang Nongbri, TNAI No. 133577, Lummawbah Upper Shillong, East Khasi Hills - 793005	
Representative LHV/ANM Committee	Mrs Wistidiancy Marpna, TNAI No. 294230, Ganesh Das Hospital, Govt of Meghalaya, Shillong-793001	

As per the TNAI Constitution Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012)

1. Election will be held in General Body Meeting on **4 December 2019, between 10 am and 3 pm at School of Nursing, Civil Hospital Shillong - 793001, Meghalaya.**
2. The Provisional Ballot Paper is published only for the information of the members. A separate Ballot Paper will be distributed to the voters on the day of Election.
3. Only Life members of TNAI are eligible to vote.
4. All the Voters are requested to bring TNAI membership card issued by the TNAI along with Election card/PAN card/Driving license before entering the hall for voting.
5. No one shall be allowed to vote before or after the schedule time of voting.
6. Names of contestant who have not given their consent in writing to the Returning Officer will be deleted from the final Ballot Paper.
7. It is expected that the Voters/Members are well versed with the TNAI Rules and Regulation and Byelaws. A copy of the same shall be available with the Returning Officer for ready reference.
8. For the offices of President and Secretary all valid nominations shall be included, for other offices, the names of three members having the highest number of nominations shall be included in ballot paper.
9. The person so elected for a particular office at branch level shall hold the office for the full term (four years) and shall not contest and cross to another office prior to completion of the term of her/his existing office.
10. The Returning Officer should be approached for any query or doubt about the election. No addition of the contestant shall be made to the final ballot paper.
11. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer at least 20 days prior to the election date in writing.
12. Please mark the envelope **“Provisional Ballot Paper-TNAI Meghalaya State Branch Election 2019” at the following address: Smt Larilin Riahtam, Returning Officer of TNAI- Meghalaya State Branch Election 2019, Vice Principal, School of Nursing, Theresa House Training Centre, Ganesh Das Govt. M&CH Hospital Lawmali Shillong, East Khasi Hill District-793001, Meghalaya.**

Lodging at TNAI Headquarters Made Easier

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-

SNA Members: Rs. 250/-

Non-Members: Rs. 900/-

Children below 5 yrs: No charges

Children 6-12 yrs: Rs. 150/-

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

सामुदायिक स्वास्थ्य नर्सिंग प्रक्रिया

नर्सिंग प्रक्रिया, नर्सिंग गतिविधियों का सार है। यह आज के नर्सिंग की अति महत्वपूर्ण, और मान्य वैज्ञानिक पद्धति में है। नर्सिंग प्रक्रिया जरूरतों की आपूर्ति और रोगियों की समस्याओं को हल करने के लिए नियोजित कदमों और कार्यों की एक श्रृंखला को इंगित करता है। नर्सिंग प्रक्रिया नर्सिंग के अभ्यास के लिए रूपरेखा प्रदान करती है।

नर्सिंग प्रक्रिया के प्रकार

नर्सिंग प्रक्रिया का उपयोग देखभाल के स्तर पर किया जा सकता है।

- व्यक्तिगत नर्सिंग प्रक्रिया के तहत अलग-अलग नर्सिंग प्रक्रिया को समस्या का हल करने के लिए व्यवहार में लाते हैं। यह सबसे अधिक इस्तेमाल की जाने वाली नर्सिंग प्रक्रिया है।
- परिवार स्वास्थ्य नर्सिंग प्रक्रिया – जब परिवार की समस्या को हल करने के लिए नर्सिंग प्रक्रिया लागू किया जाए; यह परिवार स्वास्थ्य नर्सिंग का मूल घटक है।
- सामुदायिक स्वास्थ्य नर्सिंग प्रक्रिया स्वास्थ्य समस्याओं को हल करने और समुदाय की आवश्यकता को पूरा करने के लिए लागू की जाती है।

सामुदायिक स्वास्थ्य नर्सिंग प्रक्रिया के उद्देश्य

- 1) समुदाय की वास्तविक या संभावित स्वास्थ्य समस्याओं/ स्वास्थ्य देखभाल आवश्यकताओं की पहचान करना।
- 2) पहचान की गई सामुदायिक स्वास्थ्य आवश्यकताओं को पूरा करने के लिए नर्सिंग कार्यनीति तैयार करना।
- 3) जरूरतों को पूरा करने के लिए नर्सिंग हस्तक्षेप देने के लिए।
- 4) समुदाय में प्रदान की गई नर्सिंग देखभाल का मूल्यांकन करना।

सामुदायिक स्वास्थ्य नर्सिंग प्रक्रिया का महत्व

(1) समुदाय उन्मुख देखभाल जारी रखना (2) समुदाय में उपलब्ध संसाधनों का अधिकतम उपयोग (3) सामुदायिक स्वास्थ्य टीम के कामकाज में सुधार (4) सामुदायिक स्वास्थ्य नर्सों की नौकरी से संतुष्टि (5) सामुदायिक स्वास्थ्य नर्सों की पेशेवर संवृद्धि (6) सामुदायिक स्वास्थ्य नर्सिंग में गुणवत्ता आश्वासन (7) सामुदायिक स्वास्थ्य की स्थिति में सुधार।

सामुदायिक स्वास्थ्य नर्सिंग प्रक्रिया के चरण

1- समुदाय की पहचान

2- जनसंख्या संरचना को जानना

3- स्वास्थ्य और संबद्ध संसाधनों का पता लगाना

4- नर्सिंग प्रक्रिया लागू करना (क) सामुदायिक स्वास्थ्य नर्सिंग मूल्यांकन (ख) सामुदायिक स्वास्थ्य नर्सिंग निदान (ग) योजना (घ) कार्यान्वयन (सामुदायिक स्वास्थ्य नर्सिंग देखभाल सेवाएं) (च) मूल्यांकन।

क) **सामुदायिक स्वास्थ्य नर्सिंग मूल्यांकन** – यह एक संगठित और व्यवस्थित तरीका है, जिसके लिए पहचाने गए समुदाय का आकलन करते हैं। इसकी तीन अवस्थाएं हैं: स्वास्थ्य की स्थिति का निर्धारण; उन संभावित जोखिम कारकों की पहचान जिनसे स्वास्थ्य पर बुरा असर पड़ सकता है; समुदाय में मौजूद स्वास्थ्य समस्याओं का पता लगाना।

सामुदायिक स्वास्थ्य नर्सिंग मूल्यांकन पर निम्नलिखित शीर्षकों के तहत चर्चा की जा सकती है:

डेटा संग्रह और व्याख्या: डेटा एकत्र करना, जो वर्तमान में उपलब्ध डेटा को प्राप्त करने की प्रक्रिया है। इनमें शामिल हैं जनसांख्यिकीय डेटा (आयु, लिंग, सामाजिक-आर्थिक, धर्म या नस्ल संबंधी जानकारी आदि); महत्वपूर्ण आंकड़ा (शिशु मर्त्यता, मातृ मर्त्यता, जीवन प्रत्याशा, अन्य मृत्यु दर और रुग्णता डेटा); संस्थागत डेटा (स्वास्थ्य संगठन, सेवाएं प्रदान करना और स्वास्थ्य, जनशक्ति विशेषताएं आदि)।

◆ डेटा प्राप्ति: कुछ डेटा आसानी से उपलब्ध नहीं होते। इस तरह के डेटा को सामुदायिक स्वास्थ्य नर्स या किसी भी डेटा कलेक्टर द्वारा सामुदायिक समूहों या सदस्यों के साथ बातचीत के माध्यम से विकसित किया जाता है। उदाहरण हैं – मूल्यों और अनुष्ठानों, परंपराओं और रीतिरिवाजों का ज्ञान और जानकारी, सरोकारों, समस्याओं को सुलझाने की प्रक्रिया, नेतृत्व, सांस्कृतिक प्रभाव, जाति-वर्ण, राजनीतिक दबाव आदि।

◆ आंकड़ों की विवेचना: डेटा व्याख्या प्रक्रिया का तात्पर्य है, विश्लेषण करना, संश्लेषण करना, उन्हें सहेज कर रखना, सामुदायिक स्वास्थ्य समस्याओं और प्रभावी और उपलब्ध संसाधनों की पहचान करना।

डेटा मूल्यांकन और व्याख्या के उपकरण

- ◆ जानकारीपूर्ण साक्षात्कार
- ◆ प्रतिभागी अवलोकन
- ◆ मौजूदा डेटा का द्वितीयक विश्लेषण (सेकेंडरी एनालिसिस)
- ◆ विंड शील्ड सर्वेक्षण।

(ख) **सामुदायिक स्वास्थ्य नर्सिंग निदान** – सामुदायिक निदान दोनों विषयों का दायरा है, महामारी विज्ञान और नर्सिंग। दोनों समुदाय की स्वास्थ्य समस्याओं की पहचान करने और समुदाय की स्वास्थ्य आवश्यकताओं की प्राथमिकताओं को स्थापित करने का प्रयास करते हैं।

समुदाय में निम्नलिखित समस्याएं मौजूद हो सकती हैं—

- 1) सीधे स्वास्थ्य और इसके विभिन्न घटकोंसे संबंधित समस्याएं: कम वजन का शिशु, शिशु कुपोषण, मलेरिया आदि।
- 2) स्वास्थ्य सेवा प्रणाली की समस्याएं: स्वास्थ्य देखभाल एजेंसियों की कमी, स्वास्थ्य कर्मियों और संसाधनों की कमी, स्वास्थ्य संस्थानों का असमान वितरण, असंतोषजनक संदर्भ सेवाएं आदि।
- 3) आईईसी से संबंधित समस्याएं: जागरूकता और जानकारी की कमी, दोषपूर्ण मीडिया प्रबंधन, अनुचित संचार साधन, त्रुटिपूर्ण स्वास्थ्य शिक्षा, अपर्याप्त परिवहन सुविधाएं आदि।
- 4) स्वास्थ्य को प्रभावित करने वाली आम समस्याएं: शिक्षा की निम्न स्थिति, बेरोजगारी, भीड़भाड़ वाली कम्युनिटी, दूभर क्षेत्र, ध्वनि, वायु, जल आदि का प्रदूषण, लचर निपटान प्रबंधन, प्राकृतिक आपदाएं, गरीबी, बच्चों और महिलाओं से दुर्व्यवहार, अपर्याप्त जल आपूर्ति।

ग) **योजना**—

- 1) सामुदायिक स्वास्थ्य समस्याओं के बीच प्राथमिकताओं का विश्लेषण और उनकी स्थापना।
- 2) लक्ष्य और उद्देश्य सुनिश्चित करना।
- 3) हस्तक्षेप की पहचान।

घ) **कार्यान्वयन**: यह नर्सिंग प्रक्रिया का चौथा चरण है जिसका उद्देश्य नर्सिंग क्रियाओं या गतिविधियों को संचालित करना है।

कार्यान्वयन को प्रभावित करने वाले कारक

- 1) नर्स की भूमिका: वह सामग्री विशेषज्ञ, परामर्शदाता, स्वास्थ्य शिक्षक आदि हो सकती है जो सामुदायिक स्वास्थ्य देखभाल देखभाल कार्यान्वयन को प्रभावित करती है।
- 2) स्वास्थ्य समस्या के प्रकार का चयन।
- 3) समस्या समाधान में भाग लेने के लिए सामुदायिक तत्परता।
- 4) सामाजिक परिवर्तन की प्रक्रिया के लक्षण।

कार्यान्वयन के तरीके

- 1) छोटे अंतःक्रियात्मक समूह।
- 2) सलाहकारों को रखना।
- 3) मास मीडिया या संचार के साधन।
- 4) स्वास्थ्य नीति और सार्वजनिक स्वास्थ्य कानून।

च) **मूल्यांकन** – सामुदायिक स्वास्थ्य नर्सिंग प्रक्रिया के मूल्यांकन में मुख्य रूप से दो पहलू शामिल हैं: नर्स के प्रदर्शन का मूल्यांकन और समुदाय में व्यवहार परिवर्तन का मूल्यांकन। इसके तहत लक्ष्यों के संदर्भ में मूल्यांकन, योजना कार्रवाई और अनुवर्ती मूल्यांकन आते हैं।

— **चंचल वत्स**, नर्सिंग ट्यूटर, रुरल नर्सिंग ट्रेनिंग इंस्टीट्यूट, बरवासनी, सोनीपत (हरियाणा)



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Advertisement Rates

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Consequent upon the decision of TNAI Executive Committee/ Council meeting held during December 11-16, 2018 at Goa (Minutes No. EC/CL/2018/4, the advertisement rates for the NJI and TNAI Bulletin have been modified from April 2019 issue onward, as under.

Advertisement for Website only

Products	-	Rs. 30,000/- per month
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Institutions (Workshops / Conferences / News)	-	Rs. 10,000/- per month

TNAI Bulletin – Monthly

Advertisement Size	Contract Rate Per issue (Rs.)	Casual Rate Per issue (Rs.)	Foreign Advertisement Rate in US Dollar (\$) Per issue
Front Cover Inside/Last Cover Inside/Last Cover	27,300	32,800	2,025
Full Page B/W	20,000	21,900	1,620
Half Page B/W	11,000	14,600	810
Quarter Page B/W	7,300	11,000	405
Job Work		Rs. 1215/- per column per centimeter with minimum size as 7 cm i.e. Rs. 8,500/- minimum charges	

The Nursing Journal of India (NJI) – Bi-Monthly

Advertisement Size	Contract Rate Per issue (Rs.)	Casual Rate Per issue (Rs.)	Foreign Advertisement Rate in US Dollar (\$) Per issue
Front Cover Inside/Last Cover Inside/Last Cover (Colour)	53,200	63,800	3,600
Full Page (Colour)	35,100	38,300	2,880
Half Page (Colour)	19,100	26,500	1,440
Quarter Page (Colour)	12,800	19,100	720
Full Page B/W	25,100	27,300	2,070
Half Page B/W	15,200	20,300	1,080
Quarter Page B/W	10,200	15,200	540
Job Work		Rs. 1530/- per column per centimeter with minimum size as 7 cm i.e. Rs. 10,700/- minimum charges	

- Contractual rates applicable to a minimum of 6 insertions in twelve months.
- Advertisement matter mentioning the size of advertisement, month of publication along with payment should reach TNAI office latest by the first day of the previous month (e.g., for publication in April, the advertisement matter and payment etc., should reach us latest by May 1).
- Outstation Cheques will not be accepted.
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- Kindly note that GST, as relevant (presently 5%) shall be chargeable on the rates mentioned.

Telephone: 011-26966873, 26566665, 26534765; Email: publicationstnai@yahoo.com

Guidelines for Authors

The Nursing Journal of India (NJI) invites contributions for publication including original research article, case studies, review articles, that may be relevant/related to Nursing Practice, Management, Education.

The articles should follow the following sequence: Title; Name(s) of author(s) with designation; Complete address for correspondence; Abstract (in research articles); Introduction or background; Literature Review (in Short); Methodology; Results and Discussions; Conclusion; References-recent references (5-10) should be used. Ideally, the articles should be 1500 to 2000 words long. Illustrations, diagrams, photographs should be preferably in black and white; if in colour, these should have good reproducibility.

Authors should send the soft copy through mail along with a cover note addressed to the Editor, NJI. The cover note should: (i) indicate the TNAI Membership number; (ii) mention the year in which the study was conducted; (iii) furnish an undertaking that the article has not been submitted elsewhere for publication.

After lengthy discussion the members suggested to add the following along with existing guidelines for authors:

1. Institution Ethical Clearance(IEC) letter to be obtained from the hospital/institutions by the authors whoever conducting interventional studies.
2. Order of authorship should be mentioned by the authors.
3. If more than one authors for research article, only author name to be mentioned and rest of the authors names can be mentioned at the bottom of the page.
4. References should be numbered and should stick to the Vancouver style.
5. In case of websites: mention the retrieval date.

MERITORIUS

Maj Gen Joyce Gladys Roach

Maj Gen Joyce Gladys Roach assumed the appointment of Additional Director General MES on 1 September 2019. She was commissioned into Military Nursing Service on 30 December 1981.

Hailing from Kadukutty in Thrissur district of Kerala, the nursing officer was born in Pune (MS). An alumna of CH (AF), Bangalore, she pursued midwifery training from Military Hospital, Jabalpur (MP). She completed class I OT course from AFMC Pune in 1988 and BSc (Nsg) from IGNOU in 2004. She had Masters in Sociology from Mysore university; PG Diploma in Hospital & Health Care Management & Medico Legal Systems from Symbiosis in 2017.

She was first OT Matron posted to high altitude (153 GH, April 88 - Mar 1990), and also assisted the first ever open heart surgery at CH (AF) Bangalore. In 37 years of her distinguished career in clinical nursing and administration, she was Principal Matron of hospitals like INHS Sanjivani & CH (SC) Pune and Brig MNS of HQ Eastern Command. Acclaimed for her OT skills in patient care, she motivated nursing officers to pursue higher studies. On promotion to the rank of Maj Gen on 1 June 2019, she assumed charge of Principal Patron, Army Hospital Research & Referral. A visionary and composed persona with flair for adapting to emerging trends, she believes hard work and sincerity are key to uphold nursing standards.





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ATTENTION MEMBERS !

Although we take utmost care in checking the veracity of facts mentioned in the advertisements, yet readers are requested to make appropriate enquiries and satisfy themselves before acting upon any advertisement.

- Chief Editor

TNAI BULLETIN

Monthly Newsletter of

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L-17 Florence Nightingale Lane, Green Park, New Delhi-16

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