

THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN**VOL. 8 No. 12****DECEMBER 2019****Accepting the 'Nightingale Challenge' in 2020**

The 2019 SNA Biennial Conference held in Coimbatore concluded befittingly. Over 1896 nursing experts, nurse students shared their ideas, experiences and fun in various sessions of this professional mega meet, in congenial atmosphere. The satisfaction and gaiety writ large on the participants' faces revealed the success of the event.

The coming year 2020 holds special significance for nurses of India and elsewhere, after its being declared as the 'Year of Nurse and Midwife' by the World Health Organisation (WHO) and the International Council of Nurses (ICN), who are commemorating the 200th years of the nurse legend Florence Nightingale. The Nightingale Challenge, launched earlier at the ICN Congress in Singapore suggests every health employer the world over to provide leadership and development training to a select group of young nurses and midwives in 2020; "it is essential that nurses are enabled to ... working to their full potential to innovate, to lead and to advocate," said Annette Kennedy, the ICN President. "By accepting the Nightingale Challenge, we give them [upcoming nurses] new skills, experiences and confidence – together we will take down the barriers that hold nurses back and see our profession soar to greater heights" she added. The Nursing Challenge to be collectively addressed runs around the bye-line, Nursing Now. "By accepting the challenge, you are demonstrating your commitment to investing and championing nursing and midwifery at a time when the two professions will be enjoying global attention through the Year of Nurses and the Midwife", said Lord Nigel Crisp, Co-Chair of the Nursing Now campaign.

In line with its century-old, rich legacy of taking care of the ailing and others in need, and with the unstinted support of EC/ Council members, TNAI continued its forward march during the year 2019. During the last EC/ Council meeting, besides other issues, it was decided that TNAI shall work towards establishment of a Museum at its Greater Noida premises. Dedicated to 'Nursing', the proposed Museum shall be a repository of antique, old, as well as existing products; books, pictures, statues, artifacts, manuscripts or other texts, memoirs or other items relevant to the nursing procedures or practices of bygone era. Members and other stakeholders are requested to pass on the

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Souvenirs or any such item considered useful, to TNAI HQrs after telephonic/personal discussion. Readers are requested to send their ideas and suggestions for the establishment of upcoming Museum.

It was being considered since long that the old HQrs premises may be given a facelift, and a new ambience for improving the efficiency and performance of HQrs staff. The task of renovation of the old building was initiated and completed during the year.

'The best is yet to come.' I appeal all nursing persons to contribute to, and derive maximal mileage of the year 2020, which is OURS.

(Evelyn P Kannan)

Chief Editor & Secretary General, TNAI

PROVISIONAL BALLOT PAPER: TNAI Rajasthan State Branch 2019

| Office | Name and Address of the Contestant | Voter s X |
|----------------|--|-----------|
| President | Dr Jogendra Kumar Sharma, TNAI No. 77255, 24 Chandra Path, Suraj Nagar West, Civil Lines, Jaipur-321001. | |
| | Mr Navratan Sharma, TNAI No. 2523, Plot No 87, 88 Brij Badi Colony, Nangal Jaisa Bohra, Jhotwara | |
| | Mr Mahesh Kumar Sharma, TNAI No. 73859q No. 08, S M S Hospital, Jaipur- 302004. | |
| Vice President | Dr Mahipal Singh, TNAI No. 119500, V.P.O Rashid Pura Distt. Sikar-332315. | |
| | Mr Ravindra Kumar Sharma, TNAI No. 218102, Shri Mahaveer Jee Near Govt Hospital Hindon City- 322220 | |
| | Mr Ramdham Gilla, TNAI No. 158534, Bish No-1 Ka Bass Alai Nagour-341012. | |
| Secretary | Prof (Dr) Yogesh Chand Yadav, TNAI No. 131810, S/O Sri Dataram Yadav (Advocate), Hno. 23, Ward No.20, Behror, Distt Alwar- 301701. | |
| | Mr Ramray Sharma, TNAI No. 57622, S/O Hari Narayan Sharma V & PO Kundal- 303325 | |
| | Mr Vinod Kumar Saxena, TNAI No. 47041, 3rd A-6 Govt. Multi Storey Flats, Gandhi Nagar. | |
| Treasurer | Mr Subhash Chand Sharma, TNAI No. 61216, 345, Vinoba Vihar, Jagatpura Road, Near Dal Colony, Malviya Nagar, Jaipur-302001. | |
| | Mr Narshi Ram Yadav, TNAI No. 218035, 30a Tirupati Vihar Niwaru Link Road Govindpura- 302012. | |
| | Mr Gurnam Singh, TNAI No. 84396, 32/148 Shiprapath Mansarovar-302020. | |
| SNA Advisor | Mr Anil Kumar Choudhary, TNAI No. 63518, 95, Nehru Nagar Behind Kamala Nehru Nagar Ajmere Road, Jaipur- 301021. | |
| | Mr Anil Chouhan, TNAI No. 122464, D-85, Pramhans Colony, Sindhu Nagar, Opp. Sumaya, Marrige Hall, Murlipura, Jaipur- 302039. | |
| | Ms Joice Kurian, TNAI No. 229062, 122- Aaykar Nagar, New Sanganer Road, Mansarovar, Jaipur – 302020. | |



| Office | Name and Address of the Contestant | Voter s X |
|---|--|-----------|
| Chairperson- Program Committee | Mr Sunil Kumar Sharma, TNAI No. 131651, 1285 Vinay Path, Barkat Nagar, Tonk Phatak, Jaipur-302015. | |
| | Mr Pradeep Kumar Sharma, TNAI No. 122465, D-154 Taranagar-D, Near Khirni Phatak, Jhotwara, Jaipur- 302012. | |
| | Mr Rajendra Singh, TNAI No. 218032, C/O Akhil Bharti Vidyapeeth CON Baluram Saini Ki Gali, Jaipur Road- 332001. | |
| Chairperson- Membership Committee | Mr Hemant Kumar Tank, TNAI No. 107254, 27, A-One Complex Behind Dwarika Apartment, Manwakheda, Udaipur- 313002. | |
| | Mr Pramod Kumar Khedia, TNAI No. 87861, H No 7 Sitapura House Ambedkar School Ke Pass Adarsh Nagar- 302004. | |
| | Mr Nilesh Soni, TNAI No. 256293, Ward No.16 Opp Shyam Mandir Salasar Bus Stand Amalti Rd- 332001. | |
| Chairperson- Public Health Nurse Section | Vacant - | |
| Chairperson- Nursing Service Section | Ms Minaxi Vyas, TNAI No. 39629, 372/27-Near Old Power House Thakur Payasa Mohalla- 321001. | |
| Chairperson- Nursing Education & Nursing Research | Dr Samta Soni, TNAI No. 69135, H. No. 33 B Shivam Nagar, Ramnagria, Jaipur-322017. | |
| | Dr Usha Yadav, TNAI No. 246867, Dataram Advocate House No.23 Ward No.20 Manpura Mohalla-301701. | |
| | Ms Shelly Kapoor, TNAI No. 87864, A-4/A Telephone Colony, 2nd TONK Phatak-302015. | |
| Chairperson- Socio Economic Welfare Committee | Dr Jagdeep Kumar Saini, TNAI No. 83851, Plot. No.5, Near Chitrans School, Mahadev Nagar, Swej Farm, Sodala, Jaipur (Raj)- 302019 | |
| | Mr Amar Kumar Verma, TNAI No. 87860, G-779 Gandhi Nagar, Jaipur. | |
| | Mr Prateek Sharma, TNAI No. 218042, Near Nageshwar Bagichi, Sikar - 332001. | |
| Representative ANM/LHV Committee | Ms Uma Sharma, TNAI No. 6412 | |

As per the TNAI Constitution Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012)

1. Election will be held in General Body Meeting on **27 December 2019** between 9:00 am to 4:00 pm at **MDM Hospital Campus, Shastri Nagar, Jodhpur, Rajasthan 342003**.
2. The Provisional Ballot Paper is published only for the information of the members. A separate Ballot Paper will be distributed to the voters on the day of Election.

3. Only Life members of TNAI are eligible to vote.
4. All the Voters are requested to bring TNAI membership issued by the TNAI membership card along with Election card/PAN card/Driving license before entering the hall for voting.
5. No one shall be allowed to vote before or after the schedule time of voting.
6. Names of contestant who have not given their consent in writing to the Returning Officer will be deleted from the final Ballot Paper.
7. It is expected that the Voters/Members are well versed with the TNAI Rules and Regulation and Byelaws. A copy of the same shall be available with the Returning Officer for ready reference.
8. For the offices of President and Secretary all valid nominations shall be included, for other offices, the names of three members having the highest number of nominations shall be included in ballot paper.
9. The person so elected for a particular office at branch level shall hold the office for the full term (four years) and shall not contest and cross to another office prior to completion of the term of her/his existing office.
10. The Returning Officer should be approached for any query or doubt about the election. No addition of the contestant shall be made to the final ballot paper.
11. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer at least 20 days prior to the election date in writing and please mark the envelope **Provisional Ballot Paper-TNAI Rajasthan State Branch Election 2019f** and send to: **Mrs Lucy Patrick Simon, Returning Officer, TNAI Rajasthan State Branch Election 2019, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park Main, New Delhi-110016.**

निरक्षरों में तिगुना होता है डिमेंशिया का जोखिम

याददाश्त घट जाना (विस्मृति) एक सामान्य जैविक प्रक्रिया है जिससे किसी भी उम्र का महिला-पुरुष अछूता नहीं रहता। किंतु जब भूलना छोटी उम्र में ही शुरू हो जाए या मान्य स्तर से अधिक हो जाए तो इस स्थिति को डिमेंशिया नामक बीमारी कहा जाता है। याददाश्त असामान्य रूप से घटने या डिमेंशिया के अनेक कारण होते हैं।

डिमेंशिया के अनुकूल कारकों पर संचालित एक हालिया शोध में यह पाया गया कि निरक्षर व्यक्तियों में डिमेंशिया का जोखिम साक्षरों से तीन गुना होता है। इसका कारण है कि साक्षर व्यक्ति कुछ न कुछ पढ़ते रहते हैं जिससे उनके मस्तिष्क की कोशिकाएं निरक्षरों की अपेक्षा अधिक सक्रिय रहती हैं।

कोलंबिया यूनिवर्सिटी में शोधकर्ता जेनिफर जे मेनली के अनुसार साक्षर व्यक्ति अखवार आदि पढ़ कर अपने मस्तिष्क का अधिक इस्तेमाल करते हैं। उक्त अध्ययन में 237 अशिक्षित और 746 शिक्षित व्यक्तियों को सम्मिलित किया गया था। अध्ययन के आरंभ में 237 अशिक्षितों में से 83 डिमेंशिया से ग्रस्त थे जिनकी संख्या चार वर्ष में बढ़ कर 114 तक पहुंच गई।

OBITUARY

Capt Rohini

A young and upcoming officer of the Military Nursing Service Capt Rohini left for heavenly abode on 2 October 2019 in Jalandhar (Punjab). She was born on 20 November 1990. Capt Rohini completed her BSc (Nursing) from Akal College of Nursing, Baru Sahib (Himachal Pradesh) in 2014. Due to her passion to serve nation she joined Military Nursing Service (MNS); she was commissioned on 8 February 2017. Capt Rohini held her last appointment as Senior Sister at Military Hospital, Jalandhar Cant. She was a diligent and hard working clinical nurse with gentle demeanour, who ever kept her duty above self. Her untimely death came as rude shock to her family and to the Military Nursing Service. Maj Gen Joyce Gladys Roach, Addl DG MNS and all officers of MNS deeply mourn the irreparable vacuum by absence of the great soul. May God, the Almighty grant strength to the family to bear with this loss.



Election Result: TNAI Telangana State Branch 2019

The elections of TNAI Telangana State Branch were held on 30 September, 2019 at JMJ College & School of Nursing, St Theresa's Hospital Campus, Sanathnagar, Hyderabad-500018, Telangana. The following office bearers were declared elected: **1. President:** Mrs M Rajeshwari, TNAI No. 180838, Associate Professor, Apollo College of Nursing, Hyderabad-500096, Telangana. **2. Vice-President:** Mrs Ivy Vaz Dias, TNAI No. 41341, 1-2-17 to 23, Flat No. 306, Karan Centre, Park Lane, Sarojini Devi Road, Secunderabad, Telangana. **3. Secretary:** Mrs T Swarajyavani, TNAI No. 156925, Principal, Vijaya Health Care Academic Society CON, Survey No. 157 & 167, Godumakunta Village, Rampally Dayara Post, Keesara, Medehal Distt.-501301, Telangana. **4. Joint Secretary:** Mrs B Vaidyavathi, TNAI No. 173138, H.No.1-5.9/EB/716, Sai Sukhavistas Apartment, Green Hills Colony, Street No. 08, Habseguda, Hyderabad-500007, Telangana. **5. Treasurer:** Mrs Naga Prasanna Kumari B, TNAI No. 95225, Plot No. 142, Flat No. G1, Anantha Residency, Srinivasa Nagar, Nizampet, Hyderabad-500090, Telangana. **6. SNA Advisor:** Vacant. **7. Chairperson - Membership Committee:** Sr Vasantha, TNAI No. 152032, JMJ College of Nursing, St Theresa's Hospital Campus, Sanathnagar-500018, Telangana. **8. Chairperson - Programme Committee:** Dr S Queenmary, TNAI No. 235403, Flat No. 503, Anish Elite Apartment, Gayatri Nagar, Suchitra-500067, Telangana. **9. Chairperson - Nursing Education Committee:** Mrs. T. Bhagyalakshmi, TNAI No. 236242, H.No. 3-5-105/A, Shiva Nagar Colony, Attapur Hyderguda-500048, Telangana. **10. Chairperson - Nursing Service Committee:** Mrs K Venkat Ramana, TNAI No. 259789, Staff Nurse, Sarojini Devi Eye Hospital, Humayun Nagar, Hyderabad-500028, Telangana. **11. Chairperson-Research Committee:** Mrs V Chandrakala, TNAI No. 109317, Associate Professor, JMJ College of Nursing, Erragadda, Hyderabad, Telangana. **12. Chairperson- Public Health Nursing Section:** Vacant. **13. Chairperson: LHV/ANM Committee:** Mrs D Shailaja, TNAI No. 322996, UPHC Pan Bazar, Ranigunj-500003, Telangana.

Sr Bandhavi Sikha, Returning Officer, Telangana State Branch
Principal, JMJ College & School of Nursing, St. Theresa s Hospital Campus
Sanathnagar, Hyderabad- 500018, Telangana



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THE TRAINED NURSES' ASSOCIATION OF INDIA

XXVIII SNA BIENNIAL CONFERENCE 2019

Hosted by TNAI Tamil Nadu State Branch at Coimbatore

2 – 6 November, 2019

Theme: "Nursing: Harmony of Mind, Body and Spirit"

Venue: PSG IMS & R Auditorium, PSG College of Nursing, Peelamedu, Coimbatore, Tamil Nadu

PRIZE WINNERS

State SNA Biennial Best Performance Award:

| | |
|--|----------------|
| First Prize and Mr G Kanthaia's Shield: | Maharashtra |
| Second Prize and Mr G Kanthaia's Shield: | Kerala |
| Third Prize and Mr G Kanthaia's Shield: | Madhya Pradesh |

SNA State Branch receiving Maximum Prizes at the Sports Competitions:

| | |
|-------------------------------|--------|
| Smt Rajkumari Amrit Kaur Cup: | Kerala |
|-------------------------------|--------|

Best SNA Unit Received Maximum Prizes at the Conference

| | |
|-------------------------|--|
| Mr G Kanthaia's Shield: | The SNA Unit, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh |
|-------------------------|--|

Code No. 01 - Scientific Paper Presentation

Three best papers selected on theme ("Nursing: Harmony of mind, body and spirit") are as follows:

| | |
|---------------|---|
| First Prize: | Mrs Alvawalchi N. Sangma & Mrs Endorlin Shangdiar, 3rd year GNM, School of Nursing, Civil Hospital Shillong, Meghalaya |
| Second Prize: | Ms A Sumaiya, III year BSc Nursing, Sri Ramachandra Institute of Higher Education & Research, No.1, Ramachandra Nagar, Sri Ramachandra Nagar, Porur, Chennai, Tamil Nadu 600116 |
| Third Prize: | Ms Baisakhi Mukherjee and Ms Anjali Devi, BSc Nursing 4th year, West Bengal Government College of Nursing, SSKM Hospital, Kolkata, West Bengal |

Code No. 02 - BEST SNA UNIT AWARDS

(First Prize - Rs. 25,000/-; Second Prize - Rs.15,000/-; Third Prize - Rs.10,000/-)

| | |
|---------------|--|
| First Prize: | The SNA Unit, Sau Minatai Thakre Institute of Nursing Education, Thane Municipal Corporation, Thane, Maharashtra |
| Second Prize: | The SNA Unit, School of Nursing, Civil Hospital, Shillong, Meghalaya |
| Third Prize: | The SNA Unit, St. Joseph's School & College of Nursing, Loyola Nagar, Nallapuda, Guntur Distt. Andhra Pradesh |

Code No. 03 - SNA Unit Biennium Diaries Evaluation: 2017-2018:

| | |
|--------------------|---|
| First Prize: | The SNA Unit, PG College of Nursing, St. No. 5 Hospital Sector, Sector, Bhilai-490009, Chhattisgarh |
| Second Prize: | The SNA Unit, Bel-Air College of Nursing, Panchgani, Satara, Maharashtra-412805 |
| Third Prize: | The SNA Unit, Pragyan College of Nursing, Near RGPV Gandhinagar, Bhopal, Madhya Pradesh |
| Consolation Prize: | The SNA Unit, Rapsbun School of Nursing, Laithumkhrah, Shillong, Meghalaya |

ANM Programme

- First Prize:** The SNA Unit, Female Health Worker Training School, Ganesh Das Hospital Government Maternal and Child Health Hospital, Shillong, Meghalaya
- Second Prize:** The SNA Unit, ANM Goa State, Sai Nursing Institute, SNA Unit, Old PHC Building, Sankhali, Goa-403505
- Third Prize:** The SNA Unit, Govt. ANM Training School, Baripada, Dist. Mayurbhanj, Odisha-757001

Code No. 04 - EXHIBITION

Category Code 001: Section- MCH Section (Topic: Parenthood Planning)

- First Prize and Sr. Elizabeth Shield:** Th. Melody & Ms S Purnima, School of ANM, Medical Directorate, Manipur
- Second Prize and Sr. Elizabeth Shield:** Ms Kajal Jena, ANM Training Centre, Puri, Odisha
- Third Prize and Sr. Elizabeth Shield:** Ms Salgira D Shira, Female Health Worker Training School, GDGMCHH, Shillong, Meghalaya
- Consolation Prize:** Ms Nandini Rajpoot, Ms Riya Adwin, Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh

Category Code 002: Section- Midwifery (Topic: Cafeteria choice of family planning)

- First Prize and Ms H Chabook Shield:** Ms Laxmi Singh, Ms Alka Minj
Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh
- Second Prize and Ms H Chabook Shield:** KH Teresa & Ms Vunghian Muang
School of ANM, Medical Directorate, Manipur
- Third Prize and Ms H Chabook Shield: Ms Taringka G Momim, Ms Ridashisha Syri Tyngkra, Ms Subha Phawa,** Female Health Worker Training School, GDGMCHH, Shillong, Meghalaya.
- Consolation Prize:** Ms Thakare Kajal Rajendra, Ms Patil Shubechha Santosh and Ms Sankhe Divya Rajkumar, School of Nursing, Cama & Albles Hospital, Mumbai, Maharashtra

Category Code No. 003: Section- Anatomy and Physiology (Topic: Neurotransmitters)

- First Prize and Indira Dorabji Cup:** Ms Patel Riya Manishbhai, T & TV School of Nursing, Surat, Gujarat
- Second Prize and Indira Dorabji Cup:** Ms Ritika Singh, Ms Sangeeta, Ms Preeti Pandey, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh
- Third Prize and Indira Dorabji Cup:** Ms Pooja Birla, Ms Feba Charles, Bombay Hospital, College of Nursing, Indore, Madhya Pradesh
- Consolation Prize:** Ms Pinky Priyanka Panna, Ms Dharitri Narzari, Ms Durnasri Gajmer, School of Nursing, Baptist Chrisitan Hospital, Tezpur, Assam

Category Code No. 004 – Section: First-Aid & Basic Nursing Procedures

(Topic: First aider's skill at scene of accident)

- First Prize and Dufferin Cup-1:** Ms Arushi Masih, Ms Karishma, Ms Ruhi, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh
- Second Prize and Dufferin Cup-1:** Ms Anjali Yaduwonshi & Ms Sakshi Gadhwanmshi, Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh
- Third Prize and Dufferin Cup-1:** Ms Titu Samanta, Ma Sarada College of Nursing, RKMSD, West Bengal
- Consolation Prize:** Ms Thrisha Ch. Sangma and Ms Sonam Chakhe N. Sangha, RSM School of Nursing C/o Holy Cross Hospital, Walbakgrey, West Garo Hills, Tura, Meghalaya

Category Code No. 005: Section- Medical & Surgical Nursing

(Topic: Point of care: Nurse's responsibility)

- First Prize and Ms Edith Paul Shield:** Ms Thekhopaveine, Ms Evadahun Sohtun, Rapsbun School of Nursing, Laitumkhrak, Shillong, Meghalaya.
- Second Prize and Ms Edith Paul Shield:** Ms Vandana Das, Ms Kesiya K Moni, Ms Ancy K Anil, Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh
- Third Prize and Ms Edith Paul Shield:** Ms Sakshi Tripathi, Ms Anjana & Ms Richa, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh.
- Consolation Prize:** Ms R. Maria Nancy, Ms Amutha Thanu, Ms T Sahaya Kerketta, St Anns College of Nursing, Tuticorin, Tamilnadu

Category Code No. 006: Section-Paediatric Nursing (Topic: Paediatric Palliative Care)

First Prize and Dufferin Cup-4: Ms Kirti, Ms Ruchi, Ms Raghavie, Govt. College of Nursing Baldevbagh, Rajnangaon, Chhattisgarh

Second Prize and Dufferin Cup-4: Ms Pragati, Ms Pragya, Ms Lissy, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh.

Third Prize and Dufferin Cup-4: Ms Aarati Kumari, Ms Priya Singh, Kasturba College of Nursing, (BHEL), Bhopal, Madhya Pradesh

Consolation Prize: Ms Iphilapdianghun Nongspung, Ms Luanda B Sangma, Ms Kritiva Hajong, School of Nursing, Civil Hospital Shillong, Meghalaya

Category Code No. 007: Section-Psychiatric Nursing (Topic: Prevention of Nomophobia)

First Prize and Pramda Bajaj Shield: Ms Nidhi, Ms Anjali, Ms Deepali, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh

Second Prize and Pramda Bajaj Shield: Ms Mayuri Sable, Ms Mayuri Yedge and Ms Jeen Thomas, LT College of Nursing, Churchgate, Maharashtra

Third Prize and Pramda Bajaj Shield: Ms Sakshi Mahajan, Ms Ann Mary John, Kasturba College of Nursing, (BHEL), Bhopal, Madhya Pradesh

Consolation Prize: Ms Therisia Kharsati, Ms Monica Panmei & Ms Yamna Ranto, St Gerosa Institute of Nursing, VG Hospital, Dibrugarh, Assam

Category Code No. 008: Section-Community Nursing

(Topic: Prevention of Nipah virus outbreak)

First Prize and General Chakravarty Cup: Ms Ashruti, Ms Shilling & Ms Prateeksha, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh

Second Prize and General Chakravarty Cup: Ms Tabassum Khan, Ms Kirtika Nagle, Ms Steffy Johnson, Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh

Third Prize and General Chakravarty Cup: Ms Gurbir Kaur, Ms Kiranjit Kaur, Dayanand Medical College & Hospital, Ludhiana, Punjab

Consolation Prize: Ms Amanda Vina D'silva, Ms Natasha Fernandes, Ms Thereza Fernandes, Vrundavan Institute of Nursing Education, Colvale Bardez, Goa

Category Code No. 009 : Section-Obstetrical Nursing

(Topic: Role of nurses in assisted reproductive techniques)

First Prize and Dettol Shield: Ms Divya, Ms Disha, Ms Yashika, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh

Second Prize and Mac Naughton Lamp: Ms Preetma, Ms Natasha Teresa Kelmen, Ms Anisha Rajan, PG College of Nursing, Hospital, Sector-Bhilai, Chhattisgarh.

Third Prize and Dettol Shield: Ms K Jesintha Mary, Ms Jainey Anthony and Ms Sonia, St Ann College of Nursing, Tuticorin, Tamil Nadu

Consolation Prize: Ms Sabnam Khatun, Ms Mary Boruah, Ms Anamika Thapa, School of Nursing, Baptist Christian Hospital, Tezpur, Assam

Category Code No. 0010: Section- SNA Activities in India

(Topic: The road map to elect SNA leaders)

First Prize and Ms Adranvala Shield: Ms Neha Jaiswal, Ms Umarani Kaushik, Ms Varsha Banjare, PG College of Nursing, Hospital Sector, Bhilai, Chhattisgarh.

Second Prize and Ms Adranvala Shield: Ms Swati Rajput, Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh

Third Prize and Ms Adranvala Shield: Ms Arushi, Ms Laxmi Singh, Ms Nitya, BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh.

Consolation Prize: Ms P Karthika, Ms Anu K Thomas, Ms Pravallika, St. Joseph's School & College of Nursing, Guntur, Andhra Pradesh

Category Code No. 0011: Section- History & Trends in Nursing in India

(Topic: SNA: Marching towards Centenary)

- First Prize and Shield:** Ms Sandeesh, Ms Srishti Tiwari, Ms Roshini, BCM College of Nursing, Khairabada, Sitapur, Uttar Pradesh.
- Second Prize and Shield:** Ms Anjali Anil, Mr Kebin Thomas, Ms Christy Elizabeth, Pragyan College of Nursing, Near RGPV Gandhi Nagar, Bhopal, Madhya Pradesh
- Third Prize and Shield:** Ms Banrilang Lakhia, Ms Ridalin Nonglang, Ms Nimanchwa Rynghkhem, School of Nursing, Dr H Gordon Roberts Hospital, Shillong, Meghalaya
- Consolation Prize:** Ms Iris Peters, Ms Sarita Potai, Ms Leena James, PG College of Nursing, Hospital-Sector, Bhilai, Chhattisgarh.

Competition Code No. 05 - Quiz Competition

- First Prize:** Ms Sushma Devi, Ms Mayuri Baruah, Ms Mitali Kalita, BSc Nursing College Dibrugarh, AMCH Campus, Dibrugarh, Assam
- Second Prize:** Ms Shashi, Ms Arushi, Ms Sakshi, Rajkumari Amrit Kaur College of Nursing, Lajpat Nagar-IV, New Delhi
- Third Prize:** Ms Chuskit Angmo, Ms Yamini Yadav, Ms Nidhi Parmar, College of Nursing, INHS, Asvini, Colaba, Mumbai, Maharashtra
- Consolation Prize:** Ms Anju, Ms Deepti, Mr Mayank, Govt. School of Nursing, Roshnabad, Haridwar, Uttarakhand

Code No.06 - Essay Competition (English)

- First Prize:** Ms Salli Baburao Ghadge, School of Nursing, KEM Hospital, Parel, Mumbai, Maharashtra
- Second Prize:** Ms Melissa Silas Kujur, Metas Adventist College of Nursing, Bariatu Road, Ranchi, Jharkhand
- Third Prize:** Ms Bhawna Subba, Army College of Nursing, Delhi
- Consolation Prize:** Mr Digvijay Rout, Sum Nursing College Bhubaneswar, Odisha

Code No. 07 - Extempore Speech (English)

- First Prize:** Mr Anurag Joseph, Smt. Rukmaniben Deepchandbhai Gardi Nurses Training Centre, Indore, Madhya Pradesh
- Second Prize:** Ms Monica Andrews, ESIC College of Nursing, Bangalore, Karnataka
- Third Prize:** Miss Sheanne Maria Castellino, MMM College of Nursing, Chennai, Tamil Nadu
- Consolation Prize:** Ms Sharon Elizabeth Jaison, Government College of Nursing Jagdalpur, Chhattisgarh

Extempore Speech (HINDI)

- First Prize:** Ms Rajani Pandey, College of Nursing Command Hospital Central Command Lucknow, Uttar Pradesh
- Second Prize:** Ms Reetasha, College of Nursing, AIIMS, Patna, Bihar
- Third Prize:** Ms Gunjan Panday, Narayana Swami College of Nursing, Dehradun, Uttarakhand

Code No. 08 Sports

100 Meter Race (Female)

- First Prize:** Ms Josna Sunny, Baby Memorial College of Nursing, Kozhikode, Kerala
- Second Prize:** Ms Sudipta Das, Nursing Training School District Hospital Howrah, West Bengal
- Third Prize:** Ms Axa Joshy, Mar Baselios College of Nursing Bhopal, Madhya Pradesh

100 Meter Race (Male)

- First Prize:** Mr Rajapathi A, PSG College of Nursing, Coimbatore, Tamil Nadu
- Second Prize:** Mr Shaheer KP, Westfort College of Nursing, Thrissur, Kerala
- Third Prize:** Mr Hemchand Deshmukh, Shri Shankaracharya College of Nursing, Hudco, Bhilai, Chhattisgarh

Javelin Throw (Female)

- First Prize:** Ms Maria Jacob, NITTE, Usha Inst. of Nsg. College, Deralakatte, Mangalore, Karnataka
- Second Prize:** Ms Mary mol Thomas, Holy family School of Nursing, Muthlakodam, Thodupuzha Idukki District Kerala

Third Prize: Ms Jasdeep Kaur, Gurunanak College of Nursing, Punjab

Javelin Throw (Male)

First Prize: Mr Bholaram Tarak, Shri Shankaracharya College of Nursing, HUDCO, Bhilai, Chhattisgarh.

Second Prize: Mr Sanjoy Barman, GNM Training School, Baghajatin State General Hospital, Jadavpur, Kolkata, West Bengal.

Third Prize: Mr Bidya Swor Singh L, Kanglipak Medical & Nursing Institute, Manipur

Discus Throw (Female)

First Prize: Ms Reema Mathew, Govt. College of Nursing Ernakulam, Kerala

Second Prize: Ms Mandavi Pal, Birendra Shankar Mathur School of Nursing, 233, Tiwariganj, Faizabad Road, Juggour, Lucknow, Uttar Pradesh.

Third Prize: Ms Pallabi Pramanick, Nursing Training School IPGME&R SSKM Hospital, Kolkata, West Bengal

Discus Throw (Male)

First Prize: Mr Deepak, Govt. School of Nursing Roshnabad Haridwar Uttarakhand

Second Prize: Mr Sedhuraman A, Vlnayaka Annapurna College of Nursing, Tamil Nadu

Third Prize: Mr Navjot Singh Sandhu, Dayanand Medical College and Hospital Hembran Road Malakpur Bet Ludhiana, Punjab

Code No.09 - On-the Spot Painting

First Prize and Countess of Dufferin Cup-2: Ms Amala Maria Mathew, Baby Memorial College of Nursing, Kozhikode, Kerala

Second Prize and Countess of Dufferin Cup-2: Ms Sumita Singh, Nursing Training School Lady Dufferin Victoria Hospital Sarani Kolkata, West Bengal

Third Prize and countess of Dufferin Cup-2: Ms Anu, Florence Nightingale College of Nursing, GTB Hospital, Dilshad Garden, Delhi

Consolation Prize: Ms Simran Raturi, College of Nursing, INHS Asvini, Colaba, Mumbai, Maharashtra

Code No.010 - Pencil Sketch

First Prize: Mr Arghadwip Majumder, Institute of Nursing, Tripura

Second Prize: Ms Amisha, MM College of Nursing, Mullana, Ambala Distt., Haryana

Third Prize: Ms Anu, Florence Nightingale College of Nursing, GTB Hospital, Delhi

Consolation Prize: Ms Amala Maria Mathew, Baby Memorial College of Nursing, Kozhikode, Kerala

Code No. 011 - Floor Decoration (Rangoli):

First Prize and Countess of Dufferin Cup-3: Ms Deepti Yadav, College of Nursing Command Hospital Central Command Lucknow, Uttar Pradesh

Second Prize and Countess of Dufferin Cup-3: Ms Poulami Goswami, Shova Rani Nursing College, 1 F Raja S.C.Mullick Road, Jadavpur, Kolkata, West Bengal

Third Prize and Countess of Dufferin Cup-3: Ms Riya Negi, Himalayan College of Nursing, Swami Rama Himalayan University Jolly Grant, Dehradun, Uttarakhand

Consolation Prize: Ms Kayalvizhi, Sree Abirami College of Nursing, Coimbatore, Tamilnadu

Code No.012 - Mono Acting

First Prize: Mr Liza Dewan, IQ, City Institute of Nursing Science, Sovapur Durgapur, West Bengal

Second Prize: Ms Ayushi Mishra, College of Nursing, Command Hospital, Central Command Hospital, Lucknow, Uttar Pradesh

Third Prize: Ms Santoshi Laximan Sawant, Sai Nursing Institute, Sankhali, Goa

Consolation Prize: Ms Nishad Thale, KJ Somaiya, College of Nursing, SION, Mumbai, Maharashtra

Code No. 013 - Personality Contest

Miss SNA

First Prize: Ms Sreelakshmi V.H., Mother College of Nursing, Thrissur, Kerala

Second Prize: Ms Anjali Chabra, Dayanand Medical College and Hospital, College of Nursing, Ludhiana, Punjab

Third Prize: Ms Shradha Pradhan, Army Institute of Nursing, Guwahati, Assam

Mr SNA

First Prize: Mr Aaron Joseph Rebellow, Nirmala College of Nursing Kerala

Second Prize: Mr Nani Halley, College Of Nursing, NEMCARE Foundation Shatipur, Mirza, Assam

Third Prize: Mr Ksh. Akash Singh, CON Kangleipak Medical & Nursing Institute, Manipur

Code No. 014 - Talent Night

First Prize : Patel Urvi R., Chauhan Hirnal D, Patel Krupali G, Para,eshweta J, Patel Janvi M, Jayaswal Vaishali, Dave Jainy S, Patel Shikhali J, Late RP Patel Nursing College ODE, Gujarat

Second Prize: Ishwerjot Kaur, Gagandeep Kaur, Diksha, Shivani Sharma, Sehajpreet Kaur, Priyanka Devi, Abandika Chauhan, Manisha Devi, SPHE College of Nursing, VPO Gharuan, The.Kharar, Distt. SAS Nagar Mohali, Punjab

Third Prize: Apala Mitra, Subhasri Bhattacharyya, Aishi Basu, Subhechha Jana, Priya Banu, West Bengal

Consolation Prize: Devendra Pahune, Sanket Patil, Abhilash Satone, Dipti Raut, Vaisnavi Kantode, Dharti Khewale, Ayushi Pudke, Mrunali Potbhare, Smt Radhikabai Meghe Memorial College of Nursing, Sawangi (M), Wardha, Maharashtra

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TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

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Secretary-General, TNAI



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It is to bring to notice of all NJI subscribers that as per decision of TNAI's EC'(vide Minute No. EC/CL/2004/3 subsequent to meeting held on 18-19 Nov 2014) the yearly price of Nursing Journal of India shall be revised upwards from March-April 2016 issue, as under.

One-year subscription: For individuals - Rs. 1,000/-; for Institutions - Rs. 1,500/-

Five-year subscription: For individuals - Rs. 4,000/-; for Institutions - Rs. 6,500/-

All payments shall be accepted in the form of demand draft in favour of **The Trained Nurses' Association of India** payable at **New Delhi**. Local subscribers can also deposit the subscription charges as cash at TNAI Headquarters.

All communication related to NJI should be sent to the following address:

Secretary General

The Trained Nurses' Association of India, L-17 Florence Nightingale Lane

Green Park, New Delhi-110016.

Phone: 011-26566665, 26966873 Fax: 011-26858304

Email: publicationstnai@yahoo.com, tnai_2003@yahoo.com.

Website: www.tnaionline.org

NOTE: Those already enrolled for subscription of the Nursing Journal of India (NJI) may kindly ignore this communication.

Guidelines for Authors

The Nursing Journal of India (NJI) invites contributions for publication including original research article, case studies, review articles, that may be relevant/related to Nursing Practice, Management, Education.

The articles should follow the following sequence: Title; Name(s) of author(s) with designation; Complete address for correspondence; Abstract (in research articles); Introduction or background; Literature Review (in Short); Methodology; Results and Discussions; Conclusion; References-recent references (5-10) should be used. Ideally, the articles should be 1500 to 2000 words long. Illustrations, diagrams, photographs should be preferably in black and white; if in colour, these should have good reproducibility.

Authors should send the soft copy through mail along with a cover note addressed to the Editor, NJI. The cover note should: (i) indicate the TNAI Membership number; (ii) mention the year in which the study was conducted; (iii) furnish an undertaking that the article has not been submitted elsewhere for publication. After lengthy discussion the members suggested to add the following along with existing guidelines for authors:

1. Institution Ethical Clearance(IEC) letter to be obtained from the hospital/institutions by the authors whoever conducting interventional studies.
2. Order of authorship should be mentioned by the authors.
3. If more than one authors for research article, only author name to be mentioned and rest of the authors names can be mentioned at the bottom of the page.
4. References should be numbered and should stick to the Vancouver style.
5. In case of websites: mention the retrieval date.

World AIDS Day: 1 December

First observed in 1988, the **World AIDS Day** is celebrated every year all over the world on **1 December** to enhance public awareness about Acquired Immuno Deficiency Syndrome (AIDS). It is a pandemic disease caused due to the Human Immunodeficiency Virus (HIV). Government organisations, especially the health wings, NGOs, educational institutions, civil society and others participate in celebrations of this day that includes speeches, discussions, posters and other activities related to the AIDS. The theme for the 2019 observance is “*Ending the HIV/AIDS Epidemic: Community by Community*”.

Apart from spreading the message of AIDS prevention in schools & colleges and work-places, communities contribute to the AIDS response in many different ways. Communities include peer educators, social media, groups of people living with or affected by HIV, like gay people and others who have sex with men, people who inject drugs and sex workers, counsellors, community health workers, door-to-door service providers, women and young people, civil society organisations and grass-roots activists.

From 1996, the popularly known UNAIDS, the Joint United Nations Programme on HIV/AIDS, started promoting AIDS programmes through better communications, disease prevention and disease awareness learning for whole year. The goal of campaign against AIDS is, achieving 75 percent reduction in new HIV infections in five years and at least 90 percent reduction in 30 years.

Red Ribbon: As symbol of awareness and support “the red ribbon is a visual symbol to demonstrate compassion for people living with HIV and their care giver” according to UNAIDS. Wearing red ribbon by people across the world implies their solidarity with the people living with HIV infection. Red ribbons are sold by people to raise funds in support of people battling with the disease. Red ribbon is also a way of paying tribute to the people who lost their lives fighting this disease.

International Day of People with Disability: 3 December

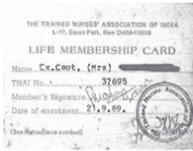
About 15 percent of the world’s population is estimated to be living with some kind of disability: physical, social, economic. Such persons are often excluded from effectively and fully participating in society, as equal members of society; further, they are deprived of equal access to basic resources like employment, healthcare, education and social and legal support systems leading to higher mortality.

The UN General Assembly highlights that achievement of the MDG Goals requires the inclusion and integration of the rights of the less privileged, in development efforts at national, regional and international levels. The commemoration of **International Day of Persons with Disabilities** (IDPD) on **3 December** every year offers an opportunity to raise awareness of disability and accessibility as a cross cutting development issue and further the global efforts to promote accessibility, remove all types of barriers, and to realise the full and equal participation of persons with disabilities in society and mould the future of development for all. The theme of IDPD for the year 2019 is, ‘*Promoting the participation of persons with disabilities and their leadership: Taking action on the 2030 Development Agenda*’. The 2030 Agenda for Sustainable Development pledges to ‘leave no one behind’.

On this day, public discussions and information dissemination campaigns are held to help find novel ways and means so that persons with disabilities and their families can be integrated into their societies. ■

Attention to the TNAI Members

TNAI's Council had decided to give one time photo ID Membership card free of cost for the Members having old membership card without photograph. Filled application forms to be send to the TNAI Headquarters.



← Sample of the old & New TNAI life membership card →



Members who had already taken Photo ID Membership card and require a Duplicate photo-ID Membership Card (in case of lost/ damage), are requested to fill the Application Form along with a payment of Rs.150/- through Demand Draft drawn in favor of "The Trained Nurses Association of India, New Delhi"/ Online Payment and send it to TNAI Headquarters. Application Form which can be downloaded from TNAI Website: www.tnaionline.org. Filled application forms to be send to the TNAI Headquarters.



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Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly *TNAI Bulletin*, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of **The Trained Nurses' Association of India** (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

ATTENTION MEMBERS !

Although we take utmost care in checking the veracity of facts mentioned in the advertisements, yet readers are requested to make appropriate enquiries and satisfy themselves before acting upon any advertisement.

- Chief Editor

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India

L-17 Florence Nightingale Lane, Green Park, New Delhi-16

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