



A Nation Grows When Women Are Equal Partners

Prejudices and a skewed mindset towards women folks has been formidable barrier that has held the development of society as a whole in many parts of the world. It is to be understood that isolating women from mainstream development activities or from decision making processes will do much harm to mankind as a whole. It is to set right the overdue gender correction by recognising women's contribution and achievements that International Women's Day (IWD) is organised globally on 8 March every year. The IWD theme for 2020 is, I am Generation Equality: Realising Women's Rights. The theme is in tune with UN Women's new multigenerational campaign, Generation Equality, which marks the 25th anniversary of the Beijing Declaration and Platform for Action. The year 2020 is a crucial for advancing gender equality worldwide, as the global community takes stock of progress made for women's rights since the adoption of the Beijing Platform for Action. It will also mark several other galvanizing moments in the gender equality movement: a five-year milestone towards achieving the Sustainable Development Goals; the 20th anniversary of UN Security Council resolution 1325 on women, peace and security; and the 10th anniversary of UN Women's establishment.

I hope and believe that as part of celebrating 2020, the 'Year of Nurse and midwife', all nursing institutions and health care organisations shall conduct activities and programmes in their respective locations in a befitting manner, so as to make it remarkable year, to remain etched in their memory. Remember, it is for the first time in history that world bodies like World Health Organisation (WHO), International Council of Nurses (ICN) and Nursing Now campaign have joined hands in this pro-nurse initiative of highlighting the concrete role nurses have been discharging in ushering of a healthier world. Conferences, workshops, debates, quiz, essay writing etc. on the theme at institutional level shall not only help addressing the nursing shortages and other issues being faced by nurses but also enrich professional growth of nurses. TNAI State/UT Branches are requested to kindly discuss the issue of conducting programmes in with respective State authorities to elicit their support. We also look forward to the reports on what you have done and your prospective activities in the great year.

As you are aware, usual, the TNAI (78th) Biennial Conference 2020 confers awards to the winners of various competitions under various categories. Since submissions of entries in certain categories like 'Studies on Evidence-Based Practice' and 'Video-Short Film Competition' requires quite some time, it is suggested that prospective participants start working on the same, for best outcomes. Other areas of competition are: Anthem for Indian Nurses, Cultural competitions including Group Dance and Mr/ Ms TNAI competition. The details of competitions, the format of application and shall be published in April 2020 issue of TNAI Bulletin.

Happy Women's Day!

Evelyn P Kannan
Chief Editor & Secretary-General

INSIDE

- 34 TNAI Scholarships
- 37 SNA Scholarships
- 41 Touching Farewell to Mr Ashok Kumar Chadha
- 41 Nominations invited for Princess Srinagarindra Award
- 42 Election Result: TNAI Rajasthan State Branch
- 43 Nomination Sheet: TNAI Himachal Pradesh State Branch
- 44 Guidelines for Authors
- 45 Advertisement Rates
- 46 Hindi Matter; Meritorious
- 47 News from Nursing Institutions
- 47 Hindi Matter
- 48 Form IV (See Rule 8)

Advertisers' List:

- 42 SMCON, Sikkim Manipal University

TNAI SCHOLARSHIPS

ACADEMIC YEAR 2019 - 2020

The Trained Nurses' Association of India invites applications for award of scholarship for higher studies in Nursing for the year 2019-20.

Scholarships are available for the following courses.

I. FOR GENERAL NURSES

- a) Post-Basic BSc Nursing (Regular)
- b) Master in Nursing

II. FOR HEALTH VISITORS AND AUXILIARY NURSE MIDWIVES / MPHW (F)

- (a) General Nursing and Midwifery course

All the above mentioned courses should be recognised by the Nursing Council/Regulatory body.

Eligibility criteria

1. The candidates should have at least 3 years' membership of the TNAI.
2. The proof of annual family income of the candidates (who wish to apply for scholarship) should be obtained from competent authority and attached along with the application.
3. The candidate should not be a recipient of any other scholarship or financial help from any other source.
4. The candidate should not have received TNAI scholarship for at least last 5 years.

General Instructions

1. Confidential reports from all the two referees mentioned in your application should be received timely.
2. The application should be recommended by the President or Secretary of the concerned TNAI State Branch.
3. Preference will be given to the candidate's active participation in TNAI activities at National, State, District / Zonal and Unit level.
4. The completed application forms should be received in this office by May 31, 2020.
5. Completed applications received after the last date i.e. May 31, 2020 will not be entertained.

Layouts & Designing of TNAI Bulletin: Anupam Kamal, New Delhi

THE TRAINED NURSES' ASSOCIATION OF INDIA

Headquarters: L-17, Florence Nightingale Lane, Green Park, New Delhi-110016

APPLICATION FOR TNAI SCHOLARSHIP: 2019-2020 Academic Year

1. Full Name: Miss/Mrs./Mr./Sr. _____
(in block letters)
2. TNAI Life Membership No. _____
3. Date of Birth: _____ 4. Nationality: _____
5. Postal Address _____
6. Phone / Mobile No.: _____ E-mail: _____
7. Marital Status: Single, Married, Widow, Widower: _____ 8. Number of children, if any, with age: _____
9. Name of the course: _____ Year of study: _____
10. Date of commencement of course: _____ Date of completion of course: _____
11. Name and address of the Institution: _____
12. Will you be getting any financial help/stipend/scholarship/deputation/ from any other source/institution? or you have to resign your job to take up the study? If yes, please give details: _____
13. Mention names and addresses of two references from the Nursing profession (Head of the institution and Faculty (Senior TNAI Member) **Name, designation, TNAI Number and full Address (in capital letters) with mobile/ phone Nos./ Email**
1. _____
2. _____

Photograph

Enclose the following:

- A. I have attached self-attested copies of the following certificates:
- 1) Certificate of GNM / PC BSc / BSc / MSc.
 - 2) Nurses & Midwives Council Registration Certificate.
 - 3) Certificates of matriculation & higher Secondary examination, if passed.
 - 4) Certificate of annual family income of the candidate from competent authority.
 - 5) A letter from the Principal, College of Nursing seeking admission in the respective institution.
 - 6) Photocopy of TNAI Life membership card.
- B. I undertake to refund the whole amount of scholarship paid to me, by the Trained Nurses' Association of India in case I am offered financial help from any other source(s).
- C. I hereby certify that the information given in this application form is true to the best of my knowledge and belief.

Date: _____

Signature of the candidate

Recommendation

Recommendation by the State branch President or Secretary keeping in view the merit of the candidate and the eligibility for the TNAI Scholarship with completely filled forms

Signature: President/Secretary State Branch, TNAI

Note:

- A. Completed Application form should be sent to the Secretary-General, The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016. Incomplete application will not be accepted.
- B. There is **no application fee**, as per decision of EC & Council of TNAI in 2017.
- C. Enclose the bank account details of the applicant with front page of bank pass book (Xerox copy) and crossed cheque.
- D. Last date of receiving application form is **May 31, 2020** after which applications will be rejected.
- E. The address, Mobile No. and e-mail ID of the President/Secretary of the respective State branches are available in the TNAI website (www.tnaionline.org) or send mail to sna@tnaionline.org and tnai_2003@yahoo.com

CONFIDENTIAL REPORT - TNAI SCHOLARSHIP

Name of the Candidate: Mr / Mrs / Miss _____

1. For how long is the candidate known to you? _____

2. Please give your opinion whether you find her / him as:

Intelligent Loyal & Dependable Efficient

3. Does she/he work in cooperation with her/his : Seniors Colleagues

4. Does she/he possess qualities of leadership? _____

5. Does she/he bear a good moral character? _____

6. Any other remarks: _____

Signature: _____ TNAI membership No. _____

Name: _____ Designation: _____

Address: _____

E-mail ID & Mobile No.: _____

Bank Details of the Applicant

The scholarship amount shall be transferred (NEFT) to students bank account directly from TNAI HQs. Hence, it is mandatory to fill the following information for disbursing the scholarship.

Name of the Account Holder: _____
(should be in the name of student)

Nature of account (SB/CA): _____

Bank Account Number: _____

Name of Bank: _____

Branch & Address: _____

IFSC Code: _____

--	--	--	--	--	--	--	--	--	--	--

Note: Enclose a copy of a cancelled cheque from your account.

Signature of student

SNA SCHOLARSHIPS

ACADEMIC YEAR 2019 - 2020

The Trained Nurses' Association of India (TNAI) invites applications for award of SNA Scholarships for the academic year 2019-2020.

Scholarships are available for the following courses:

1. Revised ANM Programme / Multipurpose Health Workers (Female)
2. Diploma in General Nursing and Midwifery.
3. Basic BSc Nursing.

Minimum Requirements

1. Successful completion of first three months of preliminary training period.
2. Application forms should be recommended and signed by
 - a) Principal /Incharge, College or School of Nursing and
 - b) President/Secretary/SNA Advisor of the TNAI State Branch.

Other Conditions

1. The applicant should be a bonafide student of a School/College of Nursing (Recognised by Nursing Council/regulatory body).
2. The SNA unit recommending the candidate for the Scholarship should be an active Unit for at least last three years.
3. Preference will be given to the candidate's active participation in SNA activities at National / State / District / Zonal and Unit Level.
4. The applicant should not be receiving any financial support/benefits from any other source by way of stipend / fellowship / scholarship, etc.

For Kind Attention of the Principal

1. Students of academic year 2019-2020 (1st year only) are eligible to apply for the SNA Scholarship.
2. SNA Unit is requested to forward only two applications from each category (i.e. BSc (N), GNM and ANM).
3. Confidential report should be sent by the Class Coordinator / Unit SNA Advisor and the Principal along with the completed application form.

THE TRAINED NURSES' ASSOCIATION OF INDIA
HEADQUARTERS: L-17, FLORENCE NIGHTINGALE LANE, GREEN PARK, NEW DELHI - 110016

APPLICATION FOR SNA SCHOLARSHIP: 2019-2020 Academic Year

1. Full Name: Miss/Mrs./Mr./Sr./ _____
(in block letters)
2. SNA ID Number: _____
3. Date of Birth _____ 4. Nationality _____
5. Present Address: _____

6. Student Mobile No. _____ E-mail ID : _____
7. Course details:
- (a) Name of the Course: _____
- (b) Name & Address of the Institution: _____

- (c) Commencement of course: Date _____ Month _____ Year _____
- (d) Completion of course: Date _____ Month _____ Year _____
8. State whether married, single or widow/ widower: _____
9. If married, number of children, with age: _____

10. Basic educational qualification: _____

11. Will you be getting any financial help, stipend/scholarship from other sources? If Yes, name the source, amount and give details: _____

12. Mention name, designation, address and email ID of two references from Head of Training School or College of Nursing and faculty (Senior TNAI member) of your School or College.
1. _____
2. _____

Enclose the following:

- A. I have attached self attested copies of the following certificates:
- [a] Statement of academic performance of first 3-4 months of training.
- [b] Certificate of Higher Secondary or any other Higher Examination passed.
- [c] Certificate of annual family income.
- B. I hereby certify that the information given in this Application form is true to the best of my knowledge and belief.
- C. I also undertake to refund the whole amount of scholarship paid to me by the Trained Nurses' Association of India, in case, I am offered any financial help from any other source(s).

Date: _____

Signature of the Candidate

School/College Principal

Brief statement of SNA Unit :

(a) Do you have SNA Unit: _____

(b) Does it pay SNA Subscription fee regularly ? (Tick) Yes / No:

(c) If yes, mention the last 3 years subscription paid by the unit, indicate year wise receipt number with date:

(d) Did your unit participate in any SNA activities at Unit / State / National level? List them.

Recommendation by the Principal/In-charge of School or College of Nursing keeping in view the merit of the candidate and the eligibility for the scholarship. Before forwarding the application, it is to be ensured that the application is complete in all respects.

Name of the Principal /In-charge of School /College of Nursing _____

Signature: _____ TNAI Membership No. _____

E-mail-ID: _____

Office Phone & Mobile No. _____

Recommendation

Recommendation by the President/Secretary/State SNA Advisor of the TNAI State Branch.

Signature of President/Secretary/State SNA Advisor of the TNAI State Branch

Note:

1. Completed Application form **duly recommended by the Principal of School or College and President/Secretary/SNA Advisor of the State Branch, TNAI** should be sent to the Secretary-General, Trained Nurses' Association of India, L-17 Green Park, New Delhi-110016 before **May 31, 2020**.
2. **Incomplete applications will be rejected.**
3. Enclose the bank account details of the applicant with front page of bank passbook (Xerox copy) and crossed cheque
4. There is **no application fee**, as per the decision of Combined EC & Council of TNAI in 2017
5. **Application received after May 31, 2020 will not be entertained.**
6. The address, Mobile No. and e-mail ID of the President/Secretary/SNA Advisor of the respective TNAI State branches are available in the TNAI website (www.tnaionline.org) or send mail to sna@tnaionline.org and tnai_2003@yahoo.com

STUDENT NURSES' ASSOCIATION OF INDIA
OF
THE TRAINED NURSES' ASSOCIATION OF INDIA
Headquarters: L-17, Green Park, New Delhi – 110016.

CONFIDENTIAL REPORT - SNA SCHOLARSHIP

1. Name of the Candidate: Mr / Mrs / Miss _____
2. For how long is the candidate known to you? _____
3. Please give your opinion whether you find her / him as:
Intelligent Loyal & Dependable Efficient
4. Does she/he work in cooperation with her/his: Seniors Colleagues
5. Please give the reasons why you feel that She/he is fit to be given SNA Scholarship for her/his studies

6. Any other remarks: _____

Signature: _____ TNAI Membership Number: _____
Name: _____ Designation: _____
Address: _____ E-mail ID & Mobile No. _____

Bank Details of the Applicant

The scholarship amount shall be transferred (NEFT) to student's bank account directly from TNAI HQs. Hence, it is mandatory to fill the following information for disbursing the scholarship.

Name of the Account Holder: _____
(should be in the name of student)

Nature of account (SB/CA): _____

Bank Account Number: _____

Name of Bank: _____

Branch & Address: _____

IFSC Code: _____

--	--	--	--	--	--	--	--	--	--	--

Note: Enclose a copy of a cancelled cheque from your account.

Signature of student

Touching Farewell to Mr Ashok Kumar Chadha

Mr Ashok Kumar Chadha, Office Superintendent, retired from services of the TNAI on 31 October 2019 on attaining the age of superannuation. He served this organisation for 35 years.

Born on 1 October 1959 in Delhi, Mr Chadha had joined TNAI on 3 January 1984 as Lower Division Clerk (LDC); he was promoted as Upper Division Clerk and subsequently to the post of Office Superintendent. Throughout his administrative career, he was disciplined and hardworking, and discharged his duties with sincerity.

Mr Chadha has Masters in English, Diploma in Journalism, Diploma in Creative Writing (IGNOU), Diploma in Urdu (Delhi Government). He was a connoisseur and looked after the hospitality of guests in TNAI gatherings with enthusiasm that impressed the participants. His family comprises wife, senior executive serving Delhi Police, working daughter and a son, still studying.



As mark of tribute to Mr Chadha at his parting with TNAI, a modest function was organised in the Conference Hall of TNAI on 16 November 2019 in the presence of Mrs Annie Kumar, Vice President, North Zone, TNAI; Mrs Pritpal Kaur Bamra, Honorary Treasurer, TNAI; Mrs Evelyn P Kannan, Secretary General, TNAI; Assistant Secretary Generals TNAI, officers and other staff members of TNAI.

The TNAI members nostalgically remembered the pleasing manners and helping nature and his contributions. He was honoured by bouquet & garlands, and gift at this occasion. The many sweet memories and interested anecdotes associated with Mr Chadha during his service period were recalled. Mr Chadha's family members were invited to join over the lunch. All present wished Mr Chadha a happy, active, joyous and satisfying post-retirement life.

Nominations invited for Princess Srinagarindra Award

For attention of all State/UT Branch Presidents/Secretaries and Members of the Council TNAI

We have received a letter on February 17, 2020 from Dr Tassana Boontong, Secretary-General, the Trustee of the Princess Srinagarindra Award Foundation under the Royal Patronage, Thailand, inviting entries for the Princess Srinagarindra Award for 2020. The Award has been instituted to commemorate the Centenary Birthday Anniversary of Her Royal Highness Princess Srinagarindra Mahidol.

An individual registered nurse and/or registered midwife or group of registered nurses and/or registered midwives can be nominated by National nursing authorities or by individuals or group of individuals as candidate for the Award. Any one individual or group of individuals may sponsor only one nomination. The same person may be re-nominated.

The eligibility criteria and selection procedure including the nomination/application form and other details can be downloaded (from the link: <http://www.princess-srinagarindraaward.org>). Duly filled forms should be submitted to TNAI latest by 30 April 2020 for further action.

(Mrs) Evelyn P Kannan
Secretary-General

ATTENTION MEMBERS !

Although we take utmost care in checking the veracity of facts mentioned in the advertisements, yet readers are requested to make appropriate enquiries and satisfy themselves before acting upon any advertisement.



SMCON SIKKIM MANIPAL UNIVERSITY

SIKKIM MANIPAL COLLEGE OF NURSING

(A constituent Unit of UGC approved SIKKIM MANIPAL UNIVERSITY)
Approved by Indian Nursing Council, State Nursing Council, State Govt.

ADMISSION FOR 2020 – BSc. & MSc. NURSING

MSC. NURSING

- Eligibility: Passed in BSc. Nursing / PB BSc. Nursing with minimum 55% marks in aggregate, RNRM, 1 year job experience
- Specialty Offered: All-MSN, CHN, OBG, MHN, Child Health
- Admission: Apply online now, admission will be based on merit & counselling
- Commencement of course: September 2020

BSC. NURSING

- Passed in 10+2 / equivalent, passed in PCBE & have obtained a minimum of 45% marks taken together in PCB, 17 years or older on 31.12.2020
- Admission: Apply online now & take direct admission which will start from 1st May, 2020
- Commencement of course: August 2020

HOW TO APPLY

- Apply online through www.apply.smu.edu.in
- OR
- Offline: Download application form from website, filled the form & attach DD of Rs.1000/- in favour of Sikkim Manipal University payable at Gangtok & send by post to Admission Officer, Sikkim Manipal Institute of Medical Sciences, 5th Mile, Tadong, Gangtok, Sikkim, 737102

For further information : Visit Website : www.smcon.smu.edu.in / www.smu.edu.in
Contact : 8001360843/03592-232263/9474356138
Email : binita.k@smims.smu.edu.in or principal.nursing@smu.edu.in

Election Result: TNAI Rajasthan State Branch

The elections of TNAI Rajasthan State Branch were held on 27 December, 2019 at Govt. College of Nursing Jodhpur, MDM Hospital Campus, Shastri Nagar, Jodhpur-342003. The following office bearers were declared elected: **1. President:** Dr Jogendra Kumar Sharma, TNAI No. 77255, 24 Chandra Path, Suraj Nagar West, Civil Lines, Jaipur-321001. **2. Vice President:** Dr Mahipal Singh, TNAI No. 119500, VPO Rashid Pura Distt. Sikar-332315. **3. Secretary:** Prof. (Dr) Yogesh Chand Yadav, TNAI No. 131810, S/o Sri Dataram Yadav (Advocate), HNo. 23, Ward No. 20, Behror, Distt Alwar- 301701. **4. Treasurer:** Mr Subhash Chand Sharma, TNAI No. 61216, 345, Vinoba Vihar, Jagatpura Road, Near Dal Colony, Malviya Nagar, Jaipur-302001. **5. SNA Advisor:** Withheld. **6. Chairperson- Membership Committee:** Mr Hemant Kumar Tank, TNAI No. 107254, 27, A-One Complex Behind Dwarika Apartment, Manwakheda, Udaipur-313002. **7. Chairperson-Programme Committee:** Mr Sunil Kumar Sharma, TNAI No. 131651, 1285, Vinay Path, Barkat Nagar, Tonk Phatak, Jaipur-302015. **8. Chairperson- Public Health Section:** Vacant. **9. Chairperson -Nursing Service Section:** Ms Minaxi Vyas, TNAI No. 39629, 372/27 Near Old Power House Thakur Payasa Mohalla-321001. **10. Chairperson-Nursing Education and Research Committee:** Dr Samta Soni, TNAI No. 69135, HNo. 33-B Shivam Nagar, Ramnagria, Jaipur-322017. **11. Chairperson-Socio Economic Welfare Committee:** Dr Jagdeep Kumar Saini, TNAI No. 83851, Plot. No. 5, Near Chitrans School, Mahadev Nagar, Swej Farm, Sodala, Jaipur-302019. **12. Representative LHV/ANM Committee:** Ms Uma Sharma, TNAI No. 294200, Vill. Dhardatpura, PO Kishanpura Via Jhotwara.

Mrs Lucy Patrick Simon, National Returning Officer
TNAI Rajasthan State Branch Election
C/o TNAI Hqrs, L-17, Florence Nightingale Lane
Green Park Main, New Delhi- 110016

Nomination Sheet: TNAI Himachal Pradesh State Branch Election 2020

Post	Name and Address of the Nominee	TNAI Number
President		
Vice President		
Secretary		
Joint Secretary		
Treasurer		
SNA Advisor		
Chairperson – Programme Committee		
Chairperson – Membership Committee		
Chairperson – Public Health Nursing Section		
Chairperson – Nursing Service Section		
Chairperson – Nursing Education Section		
Chairperson – Economic Welfare Committee		
Representative - ANM/LHV Committee		

Nominator's Signature _____

Nominator's TNAI No. _____

Nominator's Name and Address _____

Nominator's Email/Mobile No. _____

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **17 April, 2020** (6 weeks from the date of Publication)
2. The election of all the office of the Branch shall be held at the annual or biennial meeting of the Branch.
3. Returning Officer and Election Committee Members are not eligible to contest for election.
4. Both the nominator as well as nominee shall be a life member of TNAI.
5. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.
6. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.

7. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
8. The members who are residing outside the country and state shall not be eligible for contesting election.
9. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
10. Outgoing office bearers who completed one term shall be eligible for re-election for one more term.
11. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time.
12. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
13. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
14. The Chairperson of the Public Health Nursing Section, Nursing Service Section, Education Section and Representatives of Health Visitor's League (HVL)/ANM should be elected from their respective field only.
15. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
16. Please mark the envelope "Nomination sheet – TNAI Delhi State Branch Election 2020".
17. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address:
Mrs Kokila Rongta, Returning Officer - TNAI Himachal Pradesh State Branch Election 2020, Principal, Indian Institute of Nursing, Hari Devi, Ghannati-171011, Himachal Pradesh. ■

GUIDELINES FOR AUTHORS

The Nursing Journal of India (NJI) invites contributions for publication including original research article, case studies, review articles, that may be relevant/related to Nursing Practice, Management, Education.

The articles should follow the following sequence: Title; Name(s) of author(s) with designation; Complete address for correspondence; Abstract (in research articles); Introduction or background; Literature Review (in Short); Methodology; Results and Discussions; Conclusion; References-recent references (5-10) should be used. Ideally, the articles should be 1500 to 2000 words long. Illustrations, diagrams, photographs should be preferably in black and white; if in colour, these should have good reproducibility.

Authors should send the soft copy through mail along with a cover note addressed to the Editor, NJI. The cover note should: (i) indicate the TNAI Membership number; (ii) mention the year in which the study was conducted; (iii) furnish an undertaking that the article has not been submitted elsewhere for publication.

After lengthy discussion the members suggested to add the following along with existing guidelines for authors:

1. Institution Ethical Clearance(IEC) letter to be obtained from the hospital/institutions by the authors whoever conducting interventional studies.
2. Order of authorship should be mentioned by the authors.
3. If more than one authors for research article, only author name to be mentioned and rest of the authors names can be mentioned at the bottom of the page.
4. References should be numbered and should stick to the Vancouver style.
5. In case of websites: mention the retrieval date.

Advertisement Rates

Monthly *TNAI Bulletin* and Bi-Monthly *The Nursing Journal of India (NJI)*

Consequent upon the decision of TNAI Executive Committee/ Council meeting held during December 11-16, 2018 at Goa (Minutes No. EC/CL/2018/4, the advertisement rates for the NJI and TNAI Bulletin have been modified from April 2019 issue onward, as under.

Advertisement for Website only

Products	-	Rs. 30,000/- per month
Institutions (Admission Notices, Staff Vacancies)	-	Rs. 15,000/- per month
Institutions (Workshops / Conferences / News)	-	Rs. 10,000/- per month

TNAI Bulletin – Monthly

Advertisement Size	Contract Rate Per issue (Rs.)	Casual Rate Per issue (Rs.)	Foreign Advertisement Rate in US Dollar (\$) Per issue
Front Cover Inside/Last Cover Inside/Last Cover	27,300	32,800	2,025
Full Page B/W	20,000	21,900	1,620
Half Page B/W	11,000	14,600	810
Quarter Page B/W	7,300	11,000	405
Job Work		Rs. 1215/- per column per centimeter with minimum size as 7 cm i.e. Rs. 8,500/- minimum charges	

The Nursing Journal of India (NJI) – Bi-Monthly

Advertisement Size	Contract Rate Per issue (Rs.)	Casual Rate Per issue (Rs.)	Foreign Advertisement Rate in US Dollar (\$) Per issue
Front Cover Inside/Last Cover Inside/Last Cover (Colour)	53,200	63,800	3,600
Full Page (Colour)	35,100	38,300	2,880
Half Page (Colour)	19,100	26,500	1,440
Quarter Page (Colour)	12,800	19,100	720
Full Page B/W	25,100	27,300	2,070
Half Page B/W	15,200	20,300	1,080
Quarter Page B/W	10,200	15,200	540
Job Work		Rs. 1530/- per column per centimeter with minimum size as 7 cm i.e. Rs. 10,700/- minimum charges	

- Contractual rates applicable to a minimum of 6 insertions in twelve months.
- Advertisement matter mentioning the size of advertisement, month of publication along with payment should reach TNAI office latest by the first day of the previous month (e.g., for publication in April, the advertisement matter and payment etc., should reach us latest by May 1).
- Outstation Cheques will not be accepted.
- Payment shall be made in advance through Demand Draft in the favour of TNAI, payable at New Delhi.
- Kindly note that GST, as relevant (presently 5%) shall be chargeable on the rates mentioned.

Telephone: 011-26966873, 26566665, 26534765; Email: publicationstnai@yahoo.com

Ms Ankita

An NSS volunteer from Department of Nursing, Chitkara University (Punjab), Ms Ankita has brought laurels to the nursing fraternity and her university by her participation in 2020 Republic Day Parade in New Delhi.

Earlier, Ms Ankita qualified for Republic Day Parade by clearing various sessions of vigorous training and hard work at the NSS Pre-Republic Day Parade camp organised by Ministry of Youth Affairs & Sports. She also had opportunity to meet the President, the Vice President and Prime Minister of India.

The TNAI appreciates the achievement and sportsperson spirit of Ms Ankita.



प्याज की खाने की खतरा

एक बार चूहे घुस घर में ठैया बना लें तो आतंक मचा देते हैं। ये न केवल खानपान की तथा अन्य चीजों को नुकसान पहुंचाते हैं बल्कि बीमारियों का कारण भी बनते हैं। कई बार ये कांच के बर्तन तोड़ देते हैं तो कभी साबुन या अन्य वस्तुएं साबुनदान से उठा कर कहीं और छोड़ देते हैं।

चूहों की फितरत है, इन्हें कुछ भी कुतरने को चाहिए, कहते हैं अन्यथा इनके दांत बढ़ते चले जाएंगे। कुछ खाने की चीज न मिले तो यह लकड़ी या प्लास्टिक के डब्बों तक को कुतर देते हैं। बाजार में मिलने वाली चूहामारक दवाएं खिलाएं तो घर के सदस्यों को इन्फेक्शन का खतरा रहता है। यहां कुछ घरेलू नुस्खों का उल्लेख है जिन्हें अपना कर आप चूहों से निजात पा सकते हैं।

I; kt – प्याज की गंध चूहों को बर्दाश्त नहीं होती। घर के कोनों में और जहां इनका आना-जाना रहता है, कटी हुई प्याज की फांके रख दें। चूहे नदारद हो जाएंगे।

Wkj – गोबर चूहों का दुश्मन है। इसकी गोलियां बना कर चूहों के बिल के पास रख दें। इन्हें खा कर चूहे मर जाएंगे।

fQVdjh – चूहों के रास्ते में और बिल के पास फिटकरी का पाउडर छितरा दें। चूहे घर छोड़ देंगे।

rt i Ykk – तेजपत्ता की खुशबू चूहों को अतिप्रिय है। किंतु इसे खाने के बाद वे दम तोड़ देते हैं।

बालों का गुच्छा – चूहे के बिल के पास या उनके रास्ते में बालों का गुच्छा रख दें, चूहे इन्हें खाएंगे और मर जाएंगे।

dkyh fepZ – काली मिर्च को पानी में मिला कर चूहों के बिल के आसपास छिड़क दें। चूहे घर से प्रस्थान कर देंगे।

New Email ID for TNAI Publications

Attention - Authors, Contributors, Institutions, Advertisers, Book sellers, NJI subscribers, buyers of publications and individuals!

Kindly note that The Trained Nurses Association has a new Email ID now (i.e. publicationstnai@yahoo.com), exclusively for matters related with TNAI publications.

All concerned are therefore requested to address their queries and correspondence at the new email ID.

RV College of Nursing (RVCN), Jayanagar, Bengaluru (Karnataka):

Two-day national workshop on 'Advanced Course of Bio-Statistics for Nursing Professionals' was organised during on 9 & 10 December 2019 in collaboration with Indian Council of Medical Research (ICMR) under Dr Padam Singh Research & Development Scheme. Its main objective was to impart the knowledge and skills related to application of advanced bio-statistical methods to researchers undergoing masters' and doctoral programmes in nursing. The workshop was inaugurated by Dr S Sachhidanand, Vice Chancellor, Rajiv Gandhi University of Health Sciences (RGUHS), Bengaluru, who highlighted the importance of biostatistics in nursing research. Dr SR Gajendra



Singh, Principal & organising chairman RVCN spoke on the role of biostatistics for generating evidence-based nursing practice; Prof Mamata N, Vice Principal RVCN & organising secretary, ICMR scientists Dr Labani Satyanarayana and Dr Atanu Bhattacharjee elaborated on time series and survival analysis. On day 2, those addressing the scientific sessions (on statistical techniques like T-test, ANOVA and regression analysis for best interpretations; cluster/ factor/ discriminant analysis, etc.) were Dr Vineet Kumar Kamal, scientist NICPR-AIIMS, New Delhi and Dr Sumitra RS, Biostatistician at St John's Medical College, Bengaluru. The valedictory session was graced by Dr Pushpa Sarkar, Director Curriculum Development R&D, RGUHS, Bengaluru; Shri Syed Shahameer, Registrar, RSSST; Dr Purushottam Bhang, Director RVIM; Dr Mohini, Observer, Karnataka State Nursing Council. Dr Gajendra Singh SR, organizing chairman and Prof Mamatha N, organising secretary extended vote of thanks.

cl pykrs cd qk gks x, Mboj dh t ku cplbZul Z: ih Qfj' rs us

जरा सोचें, आप पहाड़ों में चलती बस में सवार हैं; यकायक ड्राइवर को दिल का दौरा पड़ता है, आनन फानन में वह ब्रेक लगा देता है। बस खड़ी हो जाती है और बेसुध ड्राइवर लुढ़क जाता है। जाहिर है, कोई भी अनहोनी हो सकती है।

कुछ ही दिन पहले, हिमाचल में धर्मशाला से कांगड़ा-टांडा जा रही रोडवेज़ बस में यही घटा। यकायक बस रुकी और ड्राइवर एक ओर लुढ़का पाया गया। भला हो कांगड़ा के फोर्टिस अस्पताल की स्टाफ नर्स काजल का, जो उसी बस में मौजूद थी। उसने तुरंत सहयात्रियों की मदद से ड्राइवर को लिटाया; चेक किया तो पाया, उसकी सांसें और धड़कन बंद थी। प्राथमिक चिकित्सा के तौर पर उसने तुरंत ड्राइवर के हॉर्ट को पंप करना शुरू किया, यह प्रक्रिया करीब पंद्रह मिनट तक जारी रखी, साथ-साथ मुंह द्वारा उसे ऑक्सीजन दिया जाता रहा। इतने में ड्राइवर को होश आ गया था। ड्राइवर की थमी सांसे चलने लगीं थीं। फिर ड्राइवर को संपूर्ण जांच के लिए अस्पताल ले जाया गया।

मानवीय कार्य संपन्न करने के लिए काजल और ड्राइवर दोनों प्रशंसा के पात्र हैं। एक ने ऐन मौके पर बस रोक कर लोगों की जान बचाई, दूसरी ओर काजल ने मौके पर सूझबूझ से साहसिक कदम उठा कर ड्राइवर को होश में लाने का उत्कृष्ट कार्य किया।



Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-	SNA Members: Rs. 250/-	Non-Members: Rs. 900/-
Children below 5 yrs: No charges	Children 6-12 yrs: Rs. 150/-	

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

Registered with Registrar of Newspapers of India
Regn No. DELBIL/2012/42030
Licensed to post without pre-payment under License
No. U(SW)-16 / 2019-20

Postal Regn. No. DL-SW-01/4166/2018-2020
Date of Publication: March 5, 2020
Date of Posting: March 6-7, 2020
Posted at NDPSO

TNAI Bulletin

Form IV (See Rule 8)

The following Statement about ownership and other particulars relating to TNAI Bulletin are published as required by Section 19D, Sub-Section (b) of the Press and Registration of Books Act read with Rule 8 of the Registration of Newspapers (Central Rules, 1956).

- | | | |
|----|--|--|
| 1. | Place of Publication | Delhi |
| 2. | Periodicity of Publication | Monthly |
| 3. | Printer's Name | Mrs Evelyn P. Kannan |
| | Nationality | Indian |
| | Address | L-17, Florence Nightingale Lane,
Green Park, New Delhi-110016 |
| 4. | Publisher's Name | Mrs Evelyn P. Kannan |
| | Nationality | Indian |
| | Address | L-17, Florence Nightingale Lane,
Green Park, New Delhi-110016 |
| 5. | Editor's Name | Mrs Evelyn P. Kannan |
| | Nationality | Indian |
| | Address | L-17, Florence Nightingale Lane,
Green Park, New Delhi-110016 |
| 6. | Place of Publication who own the newspaper and partners or shareholders holding more than one percent of the Capital | The Trained Nurses' Association of India
L-17, Florence Nightingale Lane,
Green Park, New Delhi-110016 |

I, Evelyn P Kannan, hereby declare that the particulars given above are true to the best of my knowledge and belief.

March 5, 2020

Mrs Evelyn P. Kannan
Signature of the Publisher

Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

TNAI BULLETIN

Monthly Newsletter of
The Trained Nurses' Association of India
L-17 Florence Nightingale Lane, Green Park, New Delhi-16
Phone: .011-26566665, 26858304
E-mail: helpdesk@tinaonline.org, membership@tinaonline.org,
sna@tinaonline.org, publicationstnai@yahoo.com
Website: www.tinaonline.org

EDITORIAL ADVISORY BOARD

*Prof (Dr) Roy K George, Mehmooda Regu,
Dr A Indira, Dr Larissa Martha, Mrs Avani Oke,
Dr G Hemavati, Mrs Evelyn P Kannan*

Consulting Editor: Mr HK Barthwal

Chief Editor: Mrs Evelyn P Kannan