



Let Us Ring in the New and Ring out the Old

The year 2020 has been quite a challenge for the world, more so for the health professionals. The onset of dreaded Covid-19 that perceptibly ushered in March in 2020 caught the entire world unawares. None irrespective of age, gender, ethnicity or nationality was spared. Apart from taking a world toll of 1.82 million lives (including 1.49 lakh from India), it has had untold repercussions on economic, industrial and trade activities with thousands losing livelihood due to lockdowns. With people mostly remaining indoors and no physical contact, the Covid-19 has witnessed loosening of relationships as well. More significantly, the psychological and emotional well being of people, particularly the young ones has tended to deteriorate. Suicides by children and personal discords including cases of divorce and the criminal incidence have increased all over. And though the severity of Covid-19 has diluted but the potential threat from its mutant version stands, and the risk to mankind still remains. The situation warrants not to compromise with the advisories like wearing masks, maintaining social distance. To this may be added the prescription to avoid outside unsafe foods, intake of home-made and organic foods, balanced diet, and undertaking physical and Yoga exercises to have a robust immune system.



Axiomatically, the brunt of care of the Covid-19 lay on the health workers, mainly the nursing personnel who spend more time with the infected and otherwise sick than others. In the process, a sizable number of nurses succumbed to this lethal disease – our heartfelt homage to the departed. In back issues of this periodical we have listed most of the nurse Covid-19 martyrs from India. We have also been pleading with the concerned authorities to be sympathetic to the survivors of those having lost their lives by compensating them suitably as a goodwill gesture of those who made their supreme sacrifice at this critical period. We are thankful to Hon Prime minister for accepting our request for a special compensation scheme for all health workers who sacrificed their valuable life in the fight against Covid-19.

During the initial months of pandemic TNAI first identified the regions where protective equipment were not easily available and distributed masks to these uncovered pockets through TNAI State Branches. The nursing community was very happy about our timely help. Also TNAI was very active in training nurses in Covid-19 care and we could rush in our Learning Management System on a fast track for the same. This pandemic is a great challenge and we at TNAI tried our best to empower members by identifying this crisis as an opportunity. I would like to thank all the TNAI members and office bearers for their support and hard work during these hard times.

In addition to Covid-19, the year 2020 was a year of losses also, as we lost many senior nursing leaders in addition to those precious lives of Covid martyrs. These include Ms Aley Kuruvilla, former TNAI President (1970-74) who was also First Indian Dean of CMC Vellore, Prof C Chandrakanthi, former INC President and Prof T Rajarathnam, former national Vice President. We bow our heads to memories of all these great leaders who left us in this year.

The year 2020, designated as the year of the nurse and midwife was eventful in spite of our cancelled celebrations, but by the large scale public acknowledgement of the value of nursing care and nurses across the world, thanks to wonderful services rendered by our fellow nurses. However, in a way Covid projected the important objectives of the 'YEAR' declaration.

The National Nursing and Midwifery Commission (NNMC) draft bill was placed in public domain for comments and suggestions in the last quarter of 2020. TNAI, after large scale consultations and deliberations at different levels of our organisation has submitted our suggestions to the authorities. Let us hope that the bill, expected to be passed in parliament in 2021 will be equipped to meet present day challenges, and empower the nursing profession to develop to international standards. So definitely 2021 is going to be a historic year for nursing profession in India.

As we welcome the New Year by ringing in, and ringing out the old, we wish and believe that the vestiges of Covid-19 shall evade gradually for us to become more enabled, empowered and stronger. Let the New Year bells ever resound imbuing us with impetus not to regret the past but invigorate us to go on our march of serving the humanity at its best. My best wishes for the New Year to all readers.

Prof (Dr) Roy K George
National President, TNAI

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Saluting the Covid-19 Nurse Martyrs

Even as the entire medical and health care personnel including nurses continue to be actively engaged in diagnosis and management of Covid-19 cases, in performance of their hard duties some have already lost their life. While actual figures must be on quite high side, we have been informed of following nurses who are no more amongst us.

The TNAI and the entire nurse community convey their heartfelt tributes to these nurses who mad supreme sacrifice in bringing life to the victims and set an example of service to mankind.



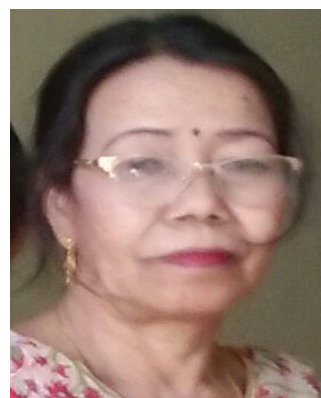
Ms Poonam Nagar
Nursing officer, Guru Teg Bahadur Hospital (GTB)
New Delhi



Ms Pratima Chatterjee
Ex-Registrar of West Bengal Nursing Council and
Principal of KPC College of Nursing
West Bengal



Mrs Maya Sengupta
Sister Tutor, Ramakrishna Mission Seva Pratishthan
99, Sarat Bose Road, Kolkata, West Bengal



Ms Tongbram Shanti
Female Health Supervisor, District Hospital
Churachandpur, IB Road, Hiangtam Lamka,
Churachandpur, Manipur

OBITUARY



Nursing Doyen Ms Aley Kuruvilla: Only Memories Remain

A pioneering nurse educator, administrator, leader and recipient of numerous awards, Ms Aley Kuruvilla is no more amongst us. Born on 7 February 1922, she breathed her last on 6 December 2020 at age 98.

Ms Kuruvilla had many feathers to her cap: the First woman President of CMAI, former Chairperson, Board of Nursing Education, South India branch of CMAI; National President TNAI (1970-74); First Indian Dean, CMC Vellore; Florence Nightingale Award for Excellence in Nursing; and Dr DW Mategaonkar award of CMAI.

Ms Kuruvilla was the first graduate to take up nursing as a full time profession. As the Dean of the College of Nursing, Vellore (1961 onwards), she worked towards making the training programme there the best in the country. It was due to her efforts that courses like the new MSc programme, the Post Diploma Programmes in Community Health Nursing, Ophthalmic Nursing, Operation Room Management and the Post Certificate BSc nursing were introduced. She reorganised the nursing service in CMC and introduced integration of nursing service and nursing education. She carried forward her innovative work in later stint as Principal, School of Nursing, Oddanchatram and then Nursing Director, Fellowship Hospital, Kumbanand (Kerala). She was the President TNAI (1970-74) and represented India in the Quadrennial Congress of the International Council of Nurses in Mexico City.

Humility, sense of service and dedication were some outstanding characteristics of her multi-faceted personality. She always stood for the welfare of the nursing students and improvement of their status. Her vision and constant supervision made the nursing institutions under her stewardship an ideal place for teachers and learners. Her deep Christian commitment, dedication and high determination led her to fulfill her high ideals. Her consecutive tenures as the first Nurse President of the Board of Nursing, South India Branch and thereafter as the Secretary of the Board immensely added to the growth of nursing institutions in South India. The values Ms Aley Kuruvilla upheld continue to inspire, particularly the Christian health network even today. The TNAI together with the nurse community joins CMAI in acknowledging Ms Kuruvilla's great contribution to the healing ministry.

TNAI National President- Prof (Dr) Roy K George, TNAI Kerala State Branch Treasurer- Prof Renu Susan Thomas, Kerala State Branch EC member- Mr Vineeth and Prof Agnet



Beena Mani paid tributes to the bereaved soul at her residence in Thiruvalla (Kerala).

Condolence Meeting Organised by TNAI

In a virtual condolence meeting organised by TNAI in loving remembrance of Ms Aley Kuruvilla, nurse veterans and others from various states in India and overseas shared their experiences and memories about Ms Kuruvilla. On the Presidential note, Prof (Dr) Roy K George remarked that historically every profession has exceptional heroes whose make seminal contribution, but the greatest are those who made history by virtue of their own life, like Ms Aley Kuruvilla.

Recalling the kindness and uncanny ability of Ms Kuruvilla as to recognise potential in every person as a teacher, Mrs Kannan, Secretary-General said, she was privileged to be her student at Christian Fellowship Hospital, School of Nursing, Oddanchatram; she was a gifted leader born to inspire and motivate others around.

Dr Vatsala Sadan recollected the iron lady Ms Aley Kuruvilla as the first Indian Dean for CMC Hospital Vellore, who set in substantial positive changes in nursing education and profession. She was the only President of CMAI from nursing; before or after her, no nursing person was elected as the President of CMAI.

Recalling the memories of Aley Kuruvilla, Ms Jancy Johnson mentioned that her own term as Secretary of the Nurses League was golden period due to the fruitful, valuable interactions she had with Aley Kuruvilla at CMC and elsewhere. In those days, she contributed her service for various hospitals under CMAI. Dr Selva Titus, former Dean, CMC Vellore said that beneath a professional and disciplined façade Ms Kuruvilla had a humane soul that made her so popular. Referring to her dynamism, dedication and commitment, Sr Gilbert, former National President TNAI, who she knew from close quarters, said that her wisdom, professional spirit and passion to contribute stayed till her last breath.

Dr Bimla Kapoor said that the biggest tribute we can pay to Ms Kuruvilla shall be to serve with utmost dedication in the interest of the needy and to perform one's duty religiously.

Among other senior nursing leaders Prof Rajeswari Siva, Dr Neerja Sood attended the virtual condolence meeting of Ms Aley Kuruvilla.

In her tribute to the departed soul, former Secretary-General TNAI Ms JP Dhaulta recalled Ms Kuruvilla's visit to College of Nursing, Ahmedabad in 1970, as TNAI President; she was then a student. Ms Dhaulta referred to several fruitful exchanges with Ms Kuruvilla at TNAI Hqs in 1983 and at CMAI celebrations alongwith Mrs Sujana Chakravarty in Delhi. "She was ever supportive and encouraging and her departure leaves unbridgeable gap in the profession" said Ms Dhaulta. ■

OBITUARY

Prof T Rajarathnam

Prof T Rajarathnam, the distinguished nurse professional and former National Second Vice President TNAI breathed his last on 28 December 2020, due to cardiac arrest.

The funeral ceremony was attended by Prof Grijamba, Secretary-TNAI Karnataka State Baranch other Branch members.

Born on 5 May 1937 in Jangaom (Telangana), he started his long nursing career as Staff Nurse at CMC Hospital Vellore (1959-60); he completed DPN course at NIMHANS Bangalore (1961) and served various institutions from 1962 to 93 as Nursing Tutor; Principal of School of Nursing; Lecturer, and Assistant Professor in Government College of Nursing. After voluntary retirement he worked as Principal at MS Ramaiah Institute of Nursing Education and Research till his last.



An active Life Member of TNAI, he was Incharge President and Secretary of TNAI Karnataka State Branch for one term each; EC Member of State Branch for four terms; Council Member for three terms; and SEW Chairman for two years. He conducted SEW workshop for the States of Karnataka and Andhra Pradesh. A Nationalist finalist and Contestant for the 3-M Scholarship in 1978, he was awarded TNAI plaque for recruiting Life Members for TNAI during 1992 and granted Gold Medal for his efforts during 1997.

In a virtual condolence meeting held on 29 December 2020 by TNAI in loving memory of an extraordinary member, verses from Holy Book Bible (by Mrs Vatchala Dhinakaran, Asst Secy-Gen TNAI) were recited and homages were paid and memories shared by Prof Dr Roy K George, National President TNAI and Mrs Evelyn P Kannan, Secretary-General TNAI. Mrs Sanghamitra Sawant and Mr Ajinas AM, both Asst Secy-Gen TNAI, read out verses from holy books Bhagwat Gita and Quran, respectively. Family members, TNAI Karnataka State members Branch members reflected on the many memorable events associated with the departed soul.

Remembering his professional contribution Dr ATS Giri, President TNAI Karnataka Branch said that he was an excellent guide. Dr Ramu, former SNA Advisor referred to the great delivery skills of Prof Rajarathnam. Former Secretary-Generals TNAI Mrs Sheila Seda and Ms JP Dhaulta said that demise of veteran nurse professional was great loss to nurse fraternity. Recalling the 1998 Bengaluru SNAI Conference Mrs Sheila Seda recalled his composure and his standing firmly with the Nurses. In a message, Ms JP Dhaulta appreciated the in-depth understanding of issues and handling the odd situations. Her student Shani said that he was a great motivator and could take the students into confidence with his logic and affection.

The daughter (also in nursing) and the two sons of the distinguished nurse professional, reminisced their strict father's precept to ever contribute one's best and working with dedication. They said he had many attributes to be followed for a meaningful and enriching life. They thanked TNAI for arranging the condolence for their father.

NOTICE TO ADVERTISERS

All advertisements published in TNAI Bulletin or Nursing Journal of India shall attract the provisions of GST. All advertisers including nursing institutions may kindly note that the current GST rate of 5% shall be compulsorily applicable on all transactions. The advertisers are requested to kindly furnish their GST number at the time of placing the order for publication of advertisement.



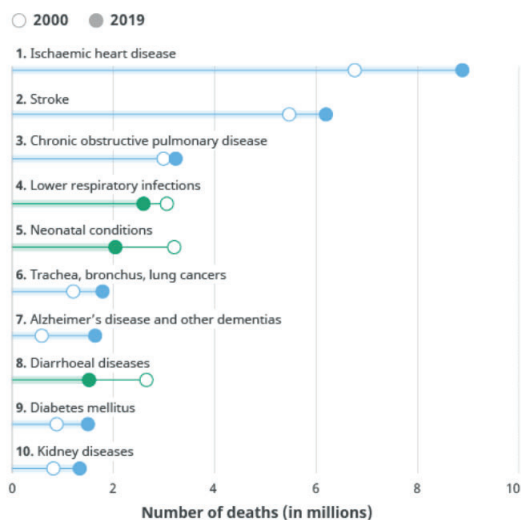
WHO RELEASES GLOBAL CAUSES OF DEATH 2000-2019

The World Health Organisation (WHO) has released the leading causes of death globally 2000-2019. While there has been some good news (deaths from HIV and AIDS are no longer in the top ten), there are also figures which should make the world community reflect on their response to the pandemic with 1.5 million deaths globally to date.

The WHO consider it 'good news' that only 2 million newborns and young children died in 2019, 1.2 million fewer than in 2000. Of course this is good news but not when you consider that the majority of newborn and infant mortality is preventable.

The WHO data also reports on global deaths by income group which makes very interesting reading. <https://www.who.int/news-room/fact-sheets/detail/the-top-10-causes-of-death>.

Leading causes of death globally



The top global causes of death, in order of total number of lives lost, are associated with three broad topics: cardiovascular disease (ischaemic heart disease, stroke), respiratory disease (chronic obstructive pulmonary disease, lower respiratory infections) and neonatal conditions – which include birth asphyxia and birth trauma, neonatal sepsis and infections, and preterm birth complications.

At a global level, 7 of the 10 leading causes of deaths in 2019 were non-communicable diseases. All non-communicable diseases together accounted for 74% of deaths globally in 2019.

The leading cause of death globally is ischaemic heart disease, responsible for 16% of the world's total deaths. Since 2000, the largest increase in deaths has been for this disease, rising by more than 2 million to 8.9 million deaths in 2019. Stroke and chronic obstructive pulmonary disease are the 2nd and 3rd leading causes of death, responsible for approximately 11% and 6% of total deaths respectively.

Lower respiratory infections remained the world's most deadly communicable disease, ranked as the 4th leading cause of death. However, the number of deaths has gone down substantially: in 2019 it claimed 2.6 million lives, 460 000 fewer than in 2000.

Neonatal conditions are ranked 5th. However, deaths from neonatal conditions are one of the categories for which the global decrease in deaths in absolute numbers over the past two decades has been the greatest: these conditions killed 2 million newborns and young children in 2019, 1.2 million fewer than in 2000.

Deaths from non-communicable diseases are on the rise. Trachea, bronchus and lung cancers deaths have risen from 1.2 million to 1.8 million and are now ranked 6th among leading causes of death.

In 2019, Alzheimer's disease and other forms of dementia ranked as the 7th leading cause of death. Women are disproportionately affected. Globally, 65% of deaths from Alzheimer's and other forms of dementia are women.

One of the largest declines in the number of deaths is from diarrhoeal diseases (now the 8th leading global cause of death), with global deaths falling from 2.6 million in 2000 to 1.5 million in 2019.

Diabetes has entered the top 10 causes of death, following a significant percentage increase of 70% since 2000.

Kidney diseases have risen from the world's 13th leading cause of death to the 10th. Mortality has increased from 813 000 in 2000 to 1.3 million in 2019.

The WHO will consider the impact of COVID-19 on global deaths in a follow-up report.

Military Nursing Officers Visit TNAI Hqrs



A team of military nursing service (MNS) officers visited the TNAI Hqrs to be apprised of the ongoing activities of the Association and also discuss the issues of mutual interest on 13 October 2020. The MNS team consisting of Brig Nupur Chanda, DDG, Maj Gen Sonali Ghosal, ADG, Lt Col Rajusha Raju and RPO was welcomed by Mrs Evelyn P Kannan, Secretary-General along with Assistant Secretary Generals on behalf of TNAI. In the joint TNAI - MNS officers meeting, following issues were discussed: Enrolling all MNS officers as TNAI members; Participation of MNS officers as HODs in the TNAI biennial conference as per the TNAI- National Council decision (in 2017); Training for MNS officials on BLS and ACLS at TNAI's Greater Noida campus or at a mutually agreed MNS Hospital / colleges; Switchover of nursing students from old SNA plan to TNAI membership plan / Inducting nursing student from MNS to the New SNA plan; Updation of address and contact details of TNAI members from MNS.

During the visit Maj Gen Ghosal donated a sum of Rs. 20,000 to TNAI Headquarters.

MNS Team Visits TNAI Hqr



A group of military nursing officers led by DDG- MNS (Admin) Brig SV Saraswati visited the New Delhi Headquarters of TNAI on 8 December 2020. Others accompanying her were Col Mini Mathew-MNS (Training) and Lt Col Laicy Fernandez from Western Command. Mrs Evelyn P Kannan, Secretary-General along with Assistant Secretary Generals welcomed the MNS team with bouquet, particularly after Maj Gen Ghoshal assuming charge of ADG. During the visit, the Secretary-General informed about the various programmes and activities of TNAI as well as the training courses being conducted at its Greater Noida campus. Mrs Kannan offered to extend the on-site training support for the ITC courses at MNS training centres, which was welcomed by the MNS officials. The officials felicitated the Secretary- General and Assistant Secretary Generals with a memento prepared by the MNS Western Command as part of their International Nurses and Midwives year celebration.



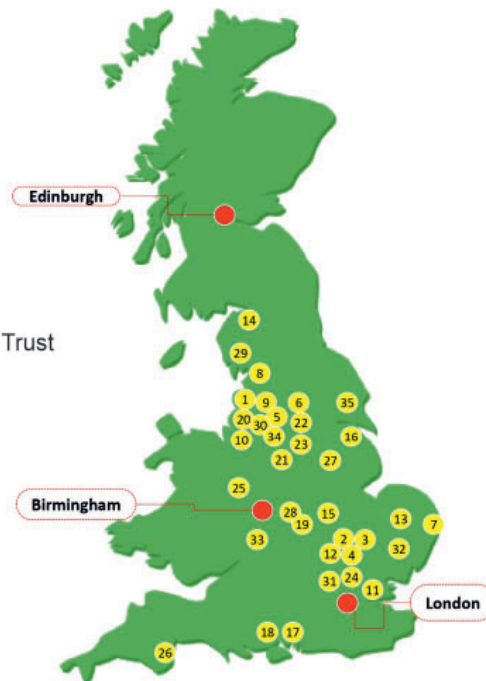
Health Education England

The Trained Nurses' Association of India

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Trusts under HEE for the Global Learners Programme

- 1 Blackpool Teaching Hospitals NHS Foundation Trust
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- 3 Cambridge University Hospitals NHS Foundation Trust
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- 9 Lancashire Teaching Hospitals NHS Foundation Trust
- 10 Liverpool University Hospitals NHS Foundation Trust
- 11 Mid and South Essex NHS Foundation Trust
- 12 Milton Keynes University Hospital
- 13 Norfolk and Norwich University Hospitals NHS Foundation Trust
- 14 North Cumbria Integrated Care NHS Foundation Trust
- 15 North West Anglia NHS Foundation Trust
- 16 Northern Lincolnshire and Goole NHS Foundation Trust
- 17 Portsmouth Hospitals NHS Trust
- 18 Solent NHS Trust
- 19 South Warwickshire NHS Foundation Trust
- 20 St Helens and Knowsley Teaching Hospitals NHS Trust
- 21 Stockport NHS Foundation Trust
- 22 The Leeds Teaching Hospitals NHS Trust
- 23 The Mid Yorkshire Hospitals NHS Trust
- 24 The Princess Alexandra Hospital NHS Trust
- 25 The Shrewsbury and Telford Hospital NHS Trust
- 26 Torbay and South Devon NHS Foundation Trust
- 27 United Lincolnshire Hospitals NHS Trust
- 28 University Hospitals Coventry and Warwickshire NHS Trust
- 29 University Hospitals of Morecambe Bay NHS Foundation Trust
- 30 Warrington and Halton Teaching Hospitals NHS Foundation Trust
- 31 West Hertfordshire Hospitals NHS Trust
- 32 West Suffolk NHS Foundation Trust
- 33 Worcestershire Acute Hospitals NHS Trust
- 34 Wrightington, Wigan and Leigh NHS Foundation Trust
- 35 York Teaching Hospital NHS Foundation Trust



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by Secretary-General



Health Education England

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Invites applications from Nurses for the upcoming interviews

About the Trust:

North Cumbria is an integrated care organisation. It was formed in June 2019 as North East and North Cumbria Integrated Care System. The trust is able to work together across the region on shared challenges such as sustaining services.

Trust provides hospital and community health services to a half a million people. Trust is responsible for delivering over 70 services across 15 main locations with more than 6500 members of staff.

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OET (L-B, R-B, W-C+, S-B)
 3. Professional Qualification:
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by Secretary-General

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नव वर्ष के स्वागत में हर बार गिरिजाघरों में घंटी बाजन (बेल रिंगिंग) की प्रथा क्यों है। ईसाइयों के अलावा इतर पंथों के व्यक्ति भी इसमें उत्साह से शामिल होते हैं। कोई भी पुराना गिरिजाघर बगैर घंटी के नहीं मिलेगा। यह परंपरा बरकरार है, प्रत्येक प्रार्थना से पहले घंटी बजाई जाती है। गिरिजाघर से घंटा बजाया जाना भक्तों को रविवारी सामूहिक प्रार्थना में सम्मिलित होने का आह्वान भी है। घंटे की ध्वनियों—प्रतिध्वनियों के साथ “रिंग इन द न्यू, रिंग आउट द ओल्ड” के ऊंचे स्वर में उच्चारण से तात्पर्य रहता है कि गए वर्ष के गैरजरूरी और अप्रिय प्रसंगों को बिसार कर बेहतर खयालों, धारणाओं को दिल में बैठाया जाए।

आध्यात्मिकता से जुड़ाव तथा चित्त को स्वस्थ, शांत मुद्रा में रखने के साधन बतौर घंटी बजाने की परंपरा सभी पंथों में है। घंटियों से उपजी ध्वनियों का स्वरूप सात्विक और दैविक होता है, इनके श्रवण और इनमें भावविभोर होने से मन सयंत होता है और चित्त शांत। समूचा शरीर स्फूर्तिमय हो जाता है, सकारात्मक विचारों में संवृद्धि, तथा नकारात्मकता नष्ट होती है। औसत मनुष्य के मन में रोजाना करीब चालीस हजार विचार आते—जाते हैं। इनमें से अधिसंख्य अवांछित, बल्कि नकारात्मक रुझान के होते हैं जो हमें उचित मार्ग से विचलित कर सकते हैं। घंटे की सशक्त, झटकेदार ध्वनि इन्हें तुरंत बहिष्कृत कर देती है। नतीजन नए विचारों और सद्भावों को ग्रहण करना सहज हो जाता है।

धर्म स्थलों में प्रवेश करते समय द्वार पर टंगी घंटी बजाने का प्रयोजन मन—चित्त को ग्राही मुद्रा में लाना है। सभी मांगलिक कार्यों – पूजा, यज्ञ, आरती या स्तुति आदि – के आरंभ में घंटी बजाने का भी यही भाव है। घंटी का अन्य पक्ष सुरक्षा से संबद्ध है। घंटियों से युक्त धर्म स्थल प्रायः एकांत में होते हैं जहां जंगली जानवरों का भय रहता है। घंटे की गूंज से हिंसक जानवरों तथा अन्य हानिकारक जीव पास नहीं फटकते तथा श्रद्धालु निश्चित अर्चना कर सकते हैं।

घंटी की दक्षिण कोरिया में खास लोकप्रियता है। यहां राजधानी सियोल की विशाल बोसिंगक पैविलियन की घंटी कभी सुबह चार बजे और रात्रि दस बजे 33—33 बार बजाई जाती थी। अब वर्ष में एक बार, केवल 31 दिसंबर की मध्यरात्रि को नववर्ष के स्वागती आयोजन में एक बार बजती है जिसका लुत्फ लेने के लिए खासा जमावड़ा रहता है। कोरोना महामारी के चलते 1953 से चली आ रही इस परिपाटी में पहली बार व्यवधान आया है, और इस वर्षांत का आयोजन ऑनलाइन संपन्न होगा। इसी भांति समूचे जापान के मंदिरों में बौद्ध लोकरीति के ‘जॉया नो काने’ नामक घंटी बाजन समारोह नववर्ष के अभिनंदन में मनाया जाता है, कोविड महामारी के कारण प्रतिभागियों की संख्या बौद्ध भिक्षुओं तक सीमित रखने की बात है।

दुनिया के बहुत से विशाल घंटे देखनेभर हैं, कुछ ही चालू हालत में हैं। इनमें कुछ हैं: 90 टन वजन का मिनगुन (बर्मा) में; गोटेनबा (जापान) का 36200 कि.ग्रा. का; कैंको (पोलैंड) में वर्ष 1520 में निर्मित राष्ट्रीय दिवसों में बजाए जाने वाला 12 टन का घंटा; क्रेमलिन, मास्को (रूस) के प्रदर्शन के लिए सहेजी 160 टन की जार बेल; 2012 में लंदन ओलंपिक में चालू लय से बजने वाला घंटा, आदि।

घंटियों-घड़ियालों की रचना में कांस्य, लौह, तांबा, स्वर्ण, चांदी, जस्ता, कैडमियम, निकल, क्रोमियम और मैंगनीज़ प्रयुक्त करते हैं। इनके एक निर्दिष्ट अनुपात में बनने से घंटे से निसर्गित ध्वनि मस्तिष्क के बाएं और दाएं अंग को उचित संयोजन में रखती है। घंटी की ध्वनि नाद के समान होती है जिसके कारण सृष्टि का प्रादुर्भाव बताया गया है। अथाह ऊर्जा से युक्त 'ओंकार' भी घंटी से निर्गमित ध्वनि की श्रेणी में आता है। नव वर्ष की घंटियां हम गैरजरूरी प्रसंगों को ताक पर रखते हुए उन अभिनव मूल्यों, मान्यताओं की ओर प्रशस्त हों जो हमारे और हमारे साथियों, परिजनों के दूरगामी हित में हों।

— हरीश बड़थवाल

Revised Rates for *NJI* Subscription

It is to bring to notice of all *NJI* subscribers that as per decision of TNAI's EC (vide Minute No. EC/CL/2004/3 subsequent to meeting held on 18-19 Nov 2014) the yearly price of Nursing Journal of India shall be revised upwards from March-April 2016 issue, as under.

One-year subscription: For individuals Rs. 1,000/-; for Institutions Rs. 1500/-

Five-year subscription: For individuals Rs. 4,000/-; for Institutions Rs. 6,500/-

All payments shall be accepted in the form of demand draft in favour of **The Trained Nurses' Association of India** payable at **New Delhi**. Local subscribers can also deposit the subscription charges as cash at TNAI Headquarters.

All communication related to *NJI* should be sent to the following address:

Secretary General, The Trained Nurses' Association of India

L-17 Florence Nightingale Lane, Green Park, New Delhi-110016.

Phone: 011-26566665, 26966873

Fax: 011-26858304; Email: publicationstnai@yahoo.com, tnai_2003@yahoo.com

Website: www.tnaionline.org

NOTE: Those already enrolled for subscription of the Nursing Journal of India (NJI) may kindly ignore this communication.



THE TRAINED NURSES' ASSOCIATION OF INDIA
Estd:1908



Grievances Cell

The TNAI is committed to the growth and wellbeing of nurses all over India. Nurses play a critical and valuable role in the existing health care system and the life of the people at large. The COVID crisis has impacted the functioning and work environment of health care personnel in unprecedented ways.

Representing the voice of nurses, we advocate for improved facilities, systems and policies which will support the work of nurses in colleges and health care institutions. We plan to raise issues concerning nurses in educational and health care institutions at the larger level and draw attention to their problems as well as work towards a deeper understanding of their current work situation.

With this in mind, we appeal to nurses in the Private/ Government Sector/ Hospitals, Colleges and Public Health Institutions to share concerns, problems in relation to work situation, remuneration, work environment etc during the COVID -19 crisis. Also your ideas or suggestions which may help to solve these problems.

We at TNAI will definitely address this issues and represent at appropriate authorities with all possible type of organisational activities. Hence your cooperation is earnestly solicited.

Contact Details:

Email: tnaioncovid19@gmail.com | Mob: 8287374228 | WhatsApp: 8287374228 | Landline: 011-40196690/40195407

Mrs. Evelyn P Kannan
Secretary General

Prof(Dr) Roy K George
President- TNAI

Moving ahead with commitment and dedication since 1908



The Trained Nurses' Association of India
Estd: 1908



TNAI MEMBERS GROUP INSURANCE SCHEME (TMGIS)

As approved by the TNAI Council, the members interested to join the **TNAI Members Group Insurance Scheme (TMGIS)** shall submit the following details to TNAI HQs.

Last Date: 31-1-2021

Required Details

1. Name
2. Complete address with PIN
3. Date of birth with proof
4. TNAI Membership Number
5. Date of enrollment as TNAI Member
6. E-mail and mobile number

Send the Information to - tmgis@tnaionline.org

Connect with TNAI TNAI TNAINationalHq PresidentTnai

Note:

1. Details will be finalised based on number of members interested to join.
2. Planning for a Life Cover Insurance
3. The premium shall depend on the age period covered, and the number of members.
More the numbers, lower the premium

Moving ahead with committment and dedication since 1908

Advertisement Rates

Monthly *TNAI Bulletin* and Bi-Monthly *The Nursing Journal of India (NJI)*

Consequent upon the decision of TNAI Executive Committee/ Council meeting held during December 11-16, 2018 at Goa (Minutes No. EC/CL/2018/4, the advertisement rates for the NJI and TNAI Bulletin have been modified from April 2019 issue onward, as under.

Advertisement for Website only

Products	-	Rs. 30,000/- per month
Institutions (Admission Notices, Staff Vacancies)	-	Rs. 15,000/- per month
Institutions (Workshops / Conferences / News)	-	Rs. 10,000/- per month

The Nursing Journal of India (NJI) – Bi-Monthly

Advertisement Size	Contract Rate Per issue (Rs.)	Casual Rate Per issue (Rs.)	Foreign Advertisement Rate in US Dollar (\$) Per issue
Front Cover Inside/Last Cover Inside/Last Cover (Colour)	53,200	63,800	3,600
Full Page (Colour)	35,100	38,300	2,880
Half Page (Colour)	19,100	26,500	1,440
Quarter Page (Colour)	12,800	19,100	720
Full Page B/W	25,100	27,300	2,070
Half Page B/W	15,200	20,300	1,080
Quarter Page B/W	10,200	15,200	540
Job Work		Rs. 1530/- per column per centimeter with minimum size as 7 cm i.e. Rs. 10,700/- minimum charges	

TNAI Bulletin – Monthly

Advertisement Size	Contract Rate Per issue (Rs.)	Casual Rate Per issue (Rs.)	Foreign Advertisement Rate in US Dollar (\$) Per issue
Front Cover Inside/Last Cover Inside/Last Cover	27,300	32,800	2,025
Full Page B/W	20,000	21,900	1,620
Half Page B/W	11,000	14,600	810
Quarter Page B/W	7,300	11,000	405
Job Work		Rs. 1215/- per column per centimeter with minimum size as 7 cm i.e. Rs. 8,500/- minimum charges	

- Contractual rates applicable to a minimum of 6 insertions in twelve months.
- Advertisement matter mentioning the size of advertisement, month of publication along with payment should reach TNAI office latest by the first day of the previous month (e.g., for publication in April, the advertisement matter and payment etc., should reach us latest by May 1).
- Outstation Cheques will not be accepted.
- Payment shall be made in advance through Demand Draft in the favour of TNAI, payable at New Delhi.
- Kindly note that GST, as relevant (presently 5%) shall be chargeable on the rates mentioned.

Telephone: 011-26966873, 26566665, 26534765; Email: publicationstnai@yahoo.com

Guidelines for Authors

The Nursing Journal of India (NJI) invites contributions for publication including original research article, case studies, review articles that may be relevant/related to Nursing Practice, Management, Education, Community.

Name(s) of author(s) with designation; TNAI Number; Author (s) and co-authors details; Email id and phone no.; Complete address for correspondence; mention the year in which the study was conducted; furnish an undertaking that the article has not been submitted elsewhere for publication; Institution Ethical Clearance (IEC) letter (whoever conducting interventional studies); If your research study is the part of MSc Programme mention the names of your guide and co-guide.

The articles should follow the following sequence: 1. Problem Statement; 2. Objectives; 3. Need of the study; 4. Review of Literature; 5. Methodology; 6. Result in two tables with interpretation below the table; 7. Discussion of your study finding to be based on the similar studies; 8. Recommendation ; 9. Nursing Implication; 10. Conclusion; 11. References-recent references (5-15) (references should be numbered and should follow the Vancouver Style). 12. In case of websites: mention the retrieval date.

Note:

- The articles should be 1200 to 2000 words long. Illustrations, diagrams, photographs should be preferably in black and white; if in colour, these should have good reproducibility.
- Evidence-based studies are given priority
- Planned teaching programme studies are not accepted

Authors should send the soft copy through mail publicationstnai@yahoo.com along with a cover note addressed to the Chief Editor, The Nursing Journal of India (NJI).

Concession on TNAI Membership Fee

The TNAI EC & Council has decided to offer a special concession in view of 2020, "The Year of the Nurse & Midwife" for becoming Life Member of TNAI.

For Life Member of TNAI (GNM, B.Sc (N), PB BSc & MSc (N))	-	Rs. 3,000/- / Member
For Associate Life Membership (ANM & HVL)	-	Rs. 1,500/- / Member

Note: This shall be applicable from 16 June 2020 to 31 January 2021.

SNA MEMBERSHIP FEE - GNM / BSc (NURSING)

SNA Subscription Plan (One Time Payment)		SNA - TNAI Membership Plan (One Time Payment)
Course	Subscription Fee (Rs)	<ul style="list-style-type: none"> • Rs 2000/- per student including SNA scholarship, SNA subscription fee. • Automatically becomes TNAI member without any fee. • SNA ID Card issued to individual student.
GNM	500.00 / Student	
BSc (N)	650.00 / Student	

SNA ASSOCIATE MEMBERSHIP FEE - ANM

SNA Subscription Plan (One time payment)		Associate Life Membership Plan
ANM	350.00 / Student	<ul style="list-style-type: none"> • Rs 1000/- per student including SNA scholarship, SNA subscription fee and life membership fee. • SNA ID Card issued to individual student. • Automatically becomes TNAI Associate member after completion of course.

BENEFITS FOR TNAI & SNAI MEMBERS

Welfare	Educational	Awards																														
<ol style="list-style-type: none"> 1. TNAI & SNA Scholarship (Rs. 24,000/ Year) 2. Medical Assistance (Maximum upto Rs. 1,00,000) 3. Critical illness assistance (Rs. 1,00,000) 4. Nurses Welfare Grant 5. Subsidized accommodation at TNAI guest houses (helpdesk@tnaionline.org) 6. Railway Concession (25%) 7. Free recruitment for European Countries - Click for more details 8. Day Care centre for the Elderly 9. Disaster Relief fund for individual/ state/national 10. Addressing grievances of nurses at various levels 	<ol style="list-style-type: none"> 1. Concession for: <ul style="list-style-type: none"> ✓ Conference Registration fee for participation in TNAI's national and state Conferences. ✓ Continuing Education Programmes; American Heart Association (AHA) approved Basic Life Support (BLS) / Advance Cardiac Life Support (ACLS), Reproductive, Maternal, Neonatal, Child Health and Adolescent (RMNCH+A) 2. Scientific Paper Presentation at TNAI / SNA National Conferences. 3. Participation of competitions at State and National level 4. Publication of articles in NJI and Bulletin – Click for more details 5. Free online/E-learning courses with credit hours - Click for more details 6. Concession on TNAI publications 	<ol style="list-style-type: none"> 1. Life time achievement award 2. Incentives for motivator for enrolling TNAI membership <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 10px;"> <thead> <tr> <th style="width: 8%;">S. No.</th> <th style="width: 20%;">Membership category</th> <th style="width: 10%;">Fee</th> <th style="width: 10%;">Rate of Incentive</th> <th style="width: 10%;">Incentive per membership</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td>HVL/ANM</td> <td style="text-align: center;">Rs 1500</td> <td style="text-align: center;">2%</td> <td style="text-align: center;">Rs 30/-</td> </tr> <tr> <td style="text-align: center;">2</td> <td>SNA to TNAI</td> <td style="text-align: center;">Rs 2200</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">Rs 18/-</td> </tr> <tr> <td style="text-align: center;">3</td> <td>TNAI</td> <td style="text-align: center;">Rs 3000</td> <td style="text-align: center;">2%</td> <td style="text-align: center;">Rs 60/-</td> </tr> <tr> <td style="text-align: center;">4</td> <td>ANM/HVL New Scheme</td> <td style="text-align: center;">Rs 1000</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">Rs 8/-</td> </tr> <tr> <td style="text-align: center;">5</td> <td>SNA New Scheme (SNA-TNAI membership)</td> <td style="text-align: center;">Rs 2000 (paid at the time of admission)</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">Rs 17/-</td> </tr> </tbody> </table> <p style="font-size: small; margin-top: 10px;">From 2020, the incentives will be released within 4-6 months to the motivators</p>	S. No.	Membership category	Fee	Rate of Incentive	Incentive per membership	1	HVL/ANM	Rs 1500	2%	Rs 30/-	2	SNA to TNAI	Rs 2200	1%	Rs 18/-	3	TNAI	Rs 3000	2%	Rs 60/-	4	ANM/HVL New Scheme	Rs 1000	1%	Rs 8/-	5	SNA New Scheme (SNA-TNAI membership)	Rs 2000 (paid at the time of admission)	1%	Rs 17/-
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Strengthening the TNAI Fold

Appeal for Enrolling Memberships

In our age, it is numbers that matter.

We at TNAI strongly feel that the number of non-TNAI member nurses is many times the TNAI members. This is quite disheartening, and a challenge considering the status, prestige of organisation TNAI is, and also the numerous advantages of acquiring TNAI Membership.

Membership is the backbone of an organisation, especially the one like the TNAI. Larger the members, stronger we become, better we can bargain for the justice and welfare of nurses, and secure what nurses rightfully deserve at various levels: local, State, national, regional and international.

We urge you to kindly help strengthen TNAI, an organisation that is yours, by requesting/ convincing/ persuading/ cajoling the non-member nurses to acquire TNAI membership. Also think of any other modality to this end, and write or mail to us.

You can help TNAI become a stronger and more effective body by contributing to TNAI membership enrolments.

As you are aware, TNAI Membership entitles one to exclusive online resources, networking opportunities, scope for professional development, educational advancement and skill upgradation, discounts on TNAI publications, proposed health insurance.

Revised Membership Fee

In view of the declaration of 2020 as The Year of the Nurse & Midwife by WHO, a significant discount is being offered for enrolment as a Member till 31 January 2021. Prospective members can avail of the discounted membership charges.

Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-	SNA Members: Rs. 250/-	Non-Members: Rs. 900/-
Children below 5 yrs: No charges	Children 6-12 yrs: Rs. 150/-	

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India
L-17 Florence Nightingale Lane, Green Park, New Delhi-16
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