



## Coronavirus: Complacency can be Disastrous

There are signs that the dreaded Coronavirus is ebbing and the worst is over, as reflected in mortality due to Covid-19 touching zero in UK, Australia and many other countries; in India, recovery rate increased to 90 percent as on 27 May 2021. The daily declining trend in new cases and good recovery in most states has led to complacency, relaxations in the lockdown and loosening of restrictions. However, at this stage laxity in appropriate behaviour and neglect of precautionary measures like mask wearing and social distancing can offshoot the past achievements. Foremost among the prevention measures is the earliest nation-wide vaccination. Due to limited vaccine production capacities, globally a mere 5.6 people have been fully vaccinated so far. In resource-rich USA 50.8 percent people have been vaccinated; in India the figure of 15.5 percent coverage cannot be construed as worrisome considering the size of its population (in excess of USA, Russia, Germany, Turkey, UK, France, Italy, Spain, Poland and 14 other large countries combined) conducting world's largest Covid-19 vaccination programme against internal non-cooperative influential groups.

Another barrier to universal Covid vaccination in India is the resistance or hesitation from certain quarters (including some public figures) doubting its efficacy against Covid-19, rather rumour mongering that it may lead to serious illnesses in future, which has, happily subdued. More unfortunate in universal vaccine drive is the inhibition borne out of ignorance particularly in countryside, about vaccination despite confirmed evidence in favour of vaccines. In a recent study on 63 people, researchers at the Rockefeller University, USA found that the vaccinated people had developed an improved, long lasting defence against the virus; also, the antibodies were further enhanced among 26 people in the group who had received one dose of the Moderna or Pfizer vaccine. Considering the fast track approach to immunise the eligible persons, Government has set a target to cover the country's entire population above 18 years to be vaccinated by the year end despite settling procedural impediments like licensing, dual pricing etc. By encouraging and promoting fellow workers and the general population not to stay behind in vaccination, we shall be serving the national interest that is the need of the hour.

**TNAI objection to medico's anti-nurses stance:** Condemning the anti-nurses words of Dr Utture Shivkumar Shan-

kar, President, Maharashtra Medical Council at a Covid Summit webinar on 30 May 2021 for underrating nursing profession and nurses (in such words as nursing care can be learnt in a month or so, etc.), the TNAI has sternly advised the medico to withdraw his words.

**Plea against B.Voc (Nursing):** The TNAI has registered its objection to the Government of Maharashtra against introduction of a 3-year B.Vocational degree course in Nursing in Maharashtra that shall lead to compromised standards in nursing practice.

**TNAI and SNA Scholarships:** Eligible students may kindly note that the last date of receipt of duly forwarded application for both TNAI and SNA Scholarships is 31 August 2021. The eligibility and other details and the format of application are available in May and June 2021 issues of TNAI Bulletin.

Evelyn P Kannan  
Chief Editor & Secretary-General

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# THE TRAINED NURSES' ASSOCIATION OF INDIA

L-17 Florence Nightingale Lane, Green Park (Main), New Delhi - 110016



## TNAI Headquarters - Contact Details



### Contact Numbers

S No	Department	Phone
1	TNAI Headquarters	011-40195407 / 40195409 / 40196690 / 26534765
2	TNAI's Greater Noida Office	0120 - 2977797 / 2977481
3	WhatsApp number	8287374228

### Email IDs

S No	Department	Email
1	Administration (General)	tnai_2003@yahoo.com
2	Help Desk	helpdesk@tnaionline.org
3	Membership	membership@tnaionline.org
4	Student Nurses Association	sna@tnaionline.org
5	Publication	publicationstnai@yahoo.com
6	E-Learning	tnaielearning@gmail.com
7	Recruitment	General: tnairecruitment@gmail.com Arab countries: tnaiksajobs@gmail.com
8	Grievances	tnaioncovid19@gmail.com
9	TNAI's Greater Noida Office	tnai.cin.ech@gmail.com
10	TNAI's for BLS / ACLS – International Training Centre	tnaiitc@gmail.com
11	Accounts	hqaccounts@tnaionline.org

### Websites

S No	Department	Website
1	Public Relation	www.tnaionline.org
2	Publication	www.tnaipublications.in
3	E-Learning	www.elearning.tnaionline.org
4	Recruitment	www.tnairecruitment.com
5	International Training Centre	www.tnaiitc.com



The Trained Nurses' Association of India  
Estd: 1908



Health Education England

# Free Recruitment for Nurses to UK

**Upcoming Interviews for the month of May & June 2021**



**Shrewsbury & Telford**



**Devon**



**Lancashire**

**Eligibility:**

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**For more details contact:**  
The Secretary-General, TNAI  
L-17, Florence Nightingale Lane, Green Park, New Delhi  
Ph: 01140195409, 40195407,

Connect with TNAI TNAI TNAINationalHq  
*Moving ahead with committment and dedication since 1908*  
by Secretary-General

# BENEFITS FOR TNAI & SNAI MEMBERS

Welfare	Educational	Awards																														
<ol style="list-style-type: none"> <li>1. TNAI &amp; SNA Scholarship (Rs. 24,000/ Year)</li> <li>2. Medical Assistance (Maximum upto Rs. 1,00,000)</li> <li>3. Critical illness assistance (Rs. 1,00,000)</li> <li>4. Nurses Welfare Grant</li> <li>5. Subsidized accommodation at TNAI guest houses (<a href="mailto:helpdesk@tnaionline.org">helpdesk@tnaionline.org</a>)</li> <li>6. Railway Concession (25%)</li> <li>7. Free recruitment for European Countries - <a href="#">Click for more details</a></li> <li>8. Day Care centre for the Elderly</li> <li>9. Disaster Relief fund for individual/ state/national</li> <li>10. Addressing grievances of nurses at various levels</li> </ol>	<ol style="list-style-type: none"> <li>1. Concession for:                             <ul style="list-style-type: none"> <li>✓ Conference Registration fee for participation in TNAI's national and state Conferences.</li> <li>✓ Continuing Education Programmes; American Heart Association (AHA) approved Basic Life Support (BLS) / Advance Cardiac Life Support (ACLS), Reproductive, Maternal, Neonatal, Child Health and Adolescent (RMNCH+A)</li> </ul> </li> <li>2. Scientific Paper Presentation at TNAI / SNA National Conferences.</li> <li>3. Participation of competitions at State and National level</li> <li>4. Publication of articles in NJI and Bulletin – <a href="#">Click for more details</a></li> <li>5. Free online/E-learning courses with credit hours - <a href="#">Click for more details</a></li> <li>6. Concession on TNAI publications</li> </ol>	<p>1. Life time achievement award</p> <p>2. Incentives for motivator for enrolling TNAI membership</p> <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 10px;"> <thead> <tr> <th style="width: 8%;">S. No.</th> <th style="width: 20%;">Membership category</th> <th style="width: 10%;">Fee</th> <th style="width: 10%;">Rate of Incentive</th> <th style="width: 10%;">Incentive per membership</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td>HVL/ANM</td> <td style="text-align: center;">Rs 1500</td> <td style="text-align: center;">2%</td> <td style="text-align: center;">Rs 30/-</td> </tr> <tr> <td style="text-align: center;">2</td> <td>SNA to TNAI</td> <td style="text-align: center;">Rs 2200</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">Rs 18/-</td> </tr> <tr> <td style="text-align: center;">3</td> <td>TNAI</td> <td style="text-align: center;">Rs 3000</td> <td style="text-align: center;">2%</td> <td style="text-align: center;">Rs 60/-</td> </tr> <tr> <td style="text-align: center;">4</td> <td>ANM/HVL New Scheme</td> <td style="text-align: center;">Rs 1000</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">Rs 8/-</td> </tr> <tr> <td style="text-align: center;">5</td> <td>SNA New Scheme (SNA-TNAI membership)</td> <td style="text-align: center;">Rs 2000 (paid at the time of admission)</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">Rs 17/-</td> </tr> </tbody> </table> <p style="font-size: small; margin-top: 10px;">From 2020, the incentives will be released within 4-6 months to the motivators</p>	S. No.	Membership category	Fee	Rate of Incentive	Incentive per membership	1	HVL/ANM	Rs 1500	2%	Rs 30/-	2	SNA to TNAI	Rs 2200	1%	Rs 18/-	3	TNAI	Rs 3000	2%	Rs 60/-	4	ANM/HVL New Scheme	Rs 1000	1%	Rs 8/-	5	SNA New Scheme (SNA-TNAI membership)	Rs 2000 (paid at the time of admission)	1%	Rs 17/-
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# TNAI SCHOLARSHIP

ACADEMIC YEAR 2020 - 2021

The Trained Nurses' Association of India invites applications for award of scholarship for higher studies in Nursing for the year 2020-2021.

Scholarships are available for the following courses.

## I. For TNAI Members

- a) Post-Basic BSc (Nursing)
- b) MSc (Nursing)

## II. For Associate TNAI Members [HVL and ANM/MPHW (F)]

All the above mentioned courses should be recognised by the Nursing Council/ Regulatory body.

### I. Eligibility criteria

1. The candidates should have at least one year membership of TNAI before joining the course.
2. The proof of annual family income of the candidates should be obtained from competent Government authority and attached along with the application.
3. The candidates should not be recipients of any other scholarship or financial help from any other source.
4. The candidates should not have received TNAI scholarship during last 5 years.

### II. General Instructions

1. Application forms should be recommended and signed by the
  - a) Principal /Head of the Institution.
  - b) President/Secretary of the concerned TNAI State Branch.
2. The completed application forms addressed to: The Secretary General, The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, NewDelhi-110016, should be sent to TNAI Headquarters on or before **August 31, 2021**.
3. Applications received late or incomplete, shall not be considered.



## THE TRAINED NURSES' ASSOCIATION OF INDIA

Headquarters: L-17, Florence Nightingale Lane, Green Park, New Delhi-110016

### APPLICATION FOR TNAI SCHOLARSHIP: 2020-2021 Academic Year

- |   |            |                       |
|---|------------|-----------------------|
| 1. Full Name: Miss/Mrs/Mr/Sr (in block letters) _____ | Photograph |                       |
| 2. TNAI Life Membership No. _____                     |            |                       |
| 3. Date of Birth: _____                               |            | 4. Nationality: _____ |
| 5. Postal Address _____                               |            |                       |
| _____   |            |                       |
6. Phone / Mobile No.: \_\_\_\_\_ E-mail: \_\_\_\_\_
7. Marital Status: Single/ Married/ Widow/ Widower: \_\_\_\_\_ 8. Number of children, if any, with age: \_\_\_\_\_
9. Name of the course: \_\_\_\_\_ Year of study: \_\_\_\_\_
10. Commencement of course: (MM/YY) \_\_\_\_\_ Completion of course: (MM/YY) \_\_\_\_\_
11. Name and address of the Institution: \_\_\_\_\_
- \_\_\_\_\_
12. Will you be getting any financial help/stipend/scholarship/deputation/ from any other source/institution? Or you have to resign your job to take up the study? If yes, please give details:
- \_\_\_\_\_
- \_\_\_\_\_
- A. I undertake to refund the whole amount of scholarship paid to me, by the Trained Nurses' Association of India in case I am offered financial help from any other source(s).
- B. I hereby certify that the information given in this application form is true to the best of my knowledge and belief.

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of the candidate

### Recommendation

1. Recommendation by the principal / Head of the Institution keeping in view, the merit of the candidate and the eligibility for the TNAI Scholarship.

\_\_\_\_\_  
\_\_\_\_\_  
Signature: \_\_\_\_\_ TNAI membership No. \_\_\_\_\_

Name: \_\_\_\_\_ Designation: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail ID & Mobile No.: \_\_\_\_\_

2. Recommendation by the State branch President or Secretary \_\_\_\_\_

Signature: President/Secretary State Branch, TNAI

**Note:**

The address, Mobile No. and e-mail ID of the President/ Secretary of the respective TNAI State /UT branch can be obtained from TNAI HQ by sending mail to: [sna@tnaionline.org](mailto:sna@tnaionline.org)

**Enclose the following:**

- 1) Certificate of ANM /GNM / PC B.Sc (N) / B.Sc (N), as applicable.
- 2) Nurses & Midwives Council Registration Certificate.
- 3) Mark sheet of higher Secondary or equivalent examination
- 4) Certificate of annual family income of the candidate from competent Government authority.
- 5) Photocopy of TNAI Life membership card.
- 6) Bank account details of the applicant with copy of front page of Bank pass book and a crossed & cancelled cheque.

**Bank Details of the Applicant**

The scholarship amount shall be transferred (NEFT) to student's bank account directly from TNAI HQs. Hence, it is mandatory to fill the following information for disbursing the scholarship.

Name of the Account Holder: \_\_\_\_\_  
**(Should be in the name of student)**

Nature of account (SB/CA): \_\_\_\_\_

Bank Account Number: \_\_\_\_\_

Name of Bank: \_\_\_\_\_

Branch & Address: \_\_\_\_\_

IFSC Code:

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**Note:** Enclose a copy of a cancelled cheque of your account.

\_\_\_\_\_  
**Signature of student**

**NOTICE TO ADVERTISERS**

All advertisements published in TNAI Bulletin or Nursing Journal of India shall attract the provisions of GST. All advertisers including nursing institutions may kindly note that the current GST rate of 5% shall be compulsorily applicable on all transactions. The advertisers are requested to kindly furnish their GST number at the time of placing the order for publication of advertisement.

# **SNAI SCHOLARSHIP**

## **ACADEMIC YEAR 2020 - 2021**

The Trained Nurses' Association of India (TNAI) invites applications for award of SNA Scholarships for the academic year 2020-2021.

Scholarships are available for the following courses:

- 1) ANM Programme / Multipurpose Health Workers (Female)
- 2) Diploma in General Nursing and Midwifery.
- 3) Basic BSc Nursing.

### **I. Eligibility Criteria**

1. The applicant should be a bonafide student of a School/College of Nursing (recognised by Nursing Council/regulatory body).
2. The SNA unit recommending the candidate for the Scholarship should be an active Unit for at least last three years.
3. The applicant should not be receiving any financial support/benefits from any other source by way of stipend / fellowship / scholarship, etc.

### **II. General Instructions**

1. Application forms should be recommended and signed by:
  - a) Principal /Head of the Institution.
  - b) President/Secretary/SNA Advisor of the TNAI State Branch.
2. The duly completed application forms addressed: The Secretary General, The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, NewDelhi-110016 should be received on or before **August 31, 2021**.
3. Applications received late or incomplete shall not be considered.

#### **Note:**

- 1) Students of academic year 2020-2021 (1st year only- admitted between June 2020 to March 2021) are eligible to apply for the SNA Scholarship.
- 2) Each SNA Unit can forward maximum two applications only from each category i.e. ANM, GNM and BSc (N).
- 3) The SNA unit applying for scholarship should have enrolled all former students to TNAI after successful completion of their course (SNA to TNAI membership), if they were/are following the old scheme of SNA membership.
- 4) The SNA annual subscription fee should have been paid for the entire batch of students in the institution, if the institution is following/opting SNA subscription plan (old scheme).
- 5) Recommendation of the Unit SNA Advisor and the Principal is mandatory.



# THE TRAINED NURSES' ASSOCIATION OF INDIA

HEADQUARTERS: L-17, FLORENCE NIGHTINGALE LANE, GREEN PARK, NEW DELHI - 110016

## APPLICATION FOR SNA SCHOLARSHIP: 2020-2021 Academic Year

1. Full Name: Miss/Mrs/Mr/Sr/ (in block letters) \_\_\_\_\_
2. Date of Birth: \_\_\_\_\_ 3. Nationality: \_\_\_\_\_
3. Present Address: \_\_\_\_\_  
\_\_\_\_\_
4. Student Mobile No. \_\_\_\_\_ E-mail ID: \_\_\_\_\_
5. Course details:
- (a) Name of the Course: \_\_\_\_\_
- (b) Name & Address of the Institution: \_\_\_\_\_  
\_\_\_\_\_
6. Commencement of course: (MM/YY) \_\_\_\_\_ Completion of course: (MM/YY) \_\_\_\_\_
7. State whether married/ single/ widow/ widower: \_\_\_\_\_
8. If married, number of children with age: \_\_\_\_\_
9. Basic educational qualification: \_\_\_\_\_
10. Will you be getting any financial help, stipend/scholarship from other sources? If Yes, name of the source, amount; give details: \_\_\_\_\_  
\_\_\_\_\_

- A. I hereby certify that the information given in this Application form is true to the best of my knowledge and belief.
- B. I also undertake to refund the whole amount of scholarship paid to me by the Trained Nurses' Association of India, in case, I am offered any financial help from any other source(s).

Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of the Candidate

### To be filled by the Principal/ Head of the Institution

Details of SNA Unit:

- a) Year of establishment of SNA Unit: \_\_\_\_\_
- b) SNA Subscription fee paid regularly? (Tick): Yes/No If yes, mention the last 3 years payment details:

Year	PLAN Old/ New	No. of Students	Amount Paid	Receipt No./ *Date of Payment
2018-2019				
2019-2020				
2020-2021				

\*If payment was made online.

## Recommendation

1. Recommendation of the Unit SNA Advisor

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Signature: \_\_\_\_\_ TNAI membership No. \_\_\_\_\_  
Name: \_\_\_\_\_ Designation: \_\_\_\_\_  
E-mail ID & Mobile No.: \_\_\_\_\_

2. Recommendation by the Principal/ Head of the Institution keeping in view the merit of the candidate and the eligibility for the TNAI Scholarship.

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Signature: \_\_\_\_\_ TNAI membership No. \_\_\_\_\_  
Name: \_\_\_\_\_ Designation: \_\_\_\_\_  
Address: \_\_\_\_\_  
E-mail ID & Mobile No.: \_\_\_\_\_

3. Recommendation by the President/Secretary/State SNA Advisor of the TNAI State Branch.

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### Signature of President/Secretary/State SNA Advisor of the TNAI State Branch

**Note:** The address, Mobile No. and e-mail ID of the President/ Secretary/ State SNA Advisor of the respective TNAI State /UT branch can be obtained from TNAI HQ by sending mailto: [sna@tnaionline.org](mailto:sna@tnaionline.org)

**Enclose the following:**

- A. Certificate of Higher Secondary or equivalent examination.
- B. Certificate of annual family income of the candidate should be obtained from competent Government authority and attached along with the application.
- C. Bank account details of the applicant with copy of front page of Bank pass book and a crossed, cancelled cheque.

### Bank Details of the Applicant

The scholarship amount shall be transferred (NEFT) to student's bank account directly from TNAI HQs. Hence, it is mandatory to fill the following information for disbursing the scholarship.

Name of the Account Holder: \_\_\_\_\_  
**(should be in the name of student)**

Nature of account (SB/CA): \_\_\_\_\_

Bank Account Number: \_\_\_\_\_

Name of Bank: \_\_\_\_\_

Branch Name & Address: \_\_\_\_\_

IFSC Code: 

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**Note:** Enclose a copy of your one cancelled cheque.

\_\_\_\_\_  
**Signature of student**



# SMCON SIKKIM MANIPAL UNIVERSITY

SIKKIM MANIPAL COLLEGE OF NURSING

(A constituent Unit of UGC approved SIKKIM MANIPAL UNIVERSITY)  
Approved by Indian Nursing Council, State Nursing Council, State Govt.

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- Commencement of course: September 2021

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- Passed in 10+2/equivalent, passed in PCBE & have obtained a minimum of 45% marks taken together in PCB,
- 17 years or older on 31.12.2021
- Admission: Apply online now & admission will be based on merit
- Commencement of course: August 2021

### HOW TO APPLY

- Apply online through

[www.apply\\_smu.edu.in](http://www.apply_smu.edu.in)  
or  
[www.smcon.smu.edu.in](http://www.smcon.smu.edu.in)

For further information: Visit Website : [www.smcon.smu.edu.in](http://www.smcon.smu.edu.in) / [www.smu.edu.in](http://www.smu.edu.in)  
Contact : 8001360843/03592-232263/8617627494  
Email : [binita.k@smims.smu.edu.in](mailto:binita.k@smims.smu.edu.in) or [principal.nursing@smu.edu.in](mailto:principal.nursing@smu.edu.in)



## INDIAN INSTITUTES OF PUBLIC HEALTH (IIPHs)

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LAST DATE FOR APPLICATIONS

**30<sup>th</sup> JUNE 2021**

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Public Health Foundation of India (PHFI)  
Plot No. 47, Sector 44, Institutional Area, Gurgaon – 122002  
Phone: +91-124-4722900 / Fax: +91-124-4722901

Details on courses, eligibility criteria and scholarships  
Email: [acad@phfi.org](mailto:acad@phfi.org) | Phone: +91 7042073761

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The Trained Nurses' Association of India  
Estd 1908



## TNAI Salutes the COVID Martyrs

### Covid Martyrs in the Month of May 2021



Ms. Sudha Rai  
Uttar Pradesh



Ms. Meeta  
Madhya Pradesh



Ms. Revathi  
Andhra Pradesh



Ms. Sudha  
Tamilnadu



Ms. Vineeta  
Uttar Pradesh



Ms. Nirmala Nelson  
Karnataka



Ms. Priya Verma  
Uttar Pradesh



Mr. Andhale  
Maharashtra



Ms. Sridevi  
Andhra Pradesh



Ms. Swarupa Rani  
Telangana



Ms. Indira  
Tamilnadu



Ms. K. Prema  
Tamilnadu



Ms. Vijaya Visputhe  
Maharashtra



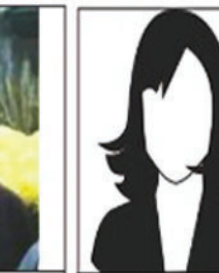
Ms. Saryu Devi  
Uttar Pradesh



Ms. Lucy Chanu  
Assam



Ms. Chiinneihching  
Delhi



Ms. B. Jayakumari  
Andhra Pradesh



Ms. Sharmela  
Karnataka



Ms. Renju R.  
Uttar Pradesh



Ms. Sharda Naidu  
Karnataka





**Your supreme sacrifice inspires us and we rededicate ourselves in tribute to your great memory**

### **New Email ID for TNAI Publications**

**Attention - Authors, Contributors, Institutions, Advertisers, Book sellers,  
NJI subscribers, buyers of publications and individuals!**

Kindly note that The Trained Nurses Association has a new Email ID now (i.e. publicationstnai@yahoo.com), exclusively for matters related with TNAI publications. All concerned are therefore requested to address their queries and correspondence at the new email ID.

## Events of the Month

### **World Environment Day: 5 June**

The World Environment Day is observed by United Nations on 5 June to encourage worldwide awareness and work towards improving the environment i.e. the complex of physical, chemical, and biotic factors (such as climate, soil, and living things) that act upon an organism or an ecological community and ultimately determine its form and survival. The theme of World Environment Day 2021 is Ecosystem Restoration.

About 75 percent of land on the planet and 66 percent of oceans has already been vitiated by human activities; further approximately one million animal and plant species are threatened with extinction, partly due to loss of their natural habitat. Worldwide, 92 per cent of people do not breathe clean air; ground-level ozone pollution is expected to reduce staple crop yields by 26 percent by 2030. About one-eighth of most municipal solid waste is made up of plastic of one kind or another, and 40 per cent of the world's garbage is burned, according to a study.

The natural world can be safeguarded by restoring the ecosystems i.e. by growing trees, greening our cities & towns, modifying our diets and help cleaning rivers and coasts. Restoration involves assisting in the recovery of ecosystems that have been degraded by activities such as pollution and deforestation. Ecosystems that are intact need to be promoted by conserving the healthy ecosystem and rich biodiversity.

The WED 2021 is being hosted by Pakistan. Last year, the WED was hosted by Colombia in partnership with Germany. Pakistan has launched a new platform called the 'Ecosystem Restoration Fund' to create green jobs, support nature-based solutions to fight climate change, and promote biodiversity conservation. Its massive afforestation drive through a 'Billion Tree Tsunami' includes restoring mangroves, increasing forest cover, and planting trees in urban settings. This year's event will also mark the launch of the UN Decade on Ecosystem Restoration 2021-30, the end of this decade is also the deadline for the Sustainable Development Goals and the timeline that scientists identified as significant to evade the consequences of climate change.

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### **World Blood Donor Day: 14 June**

Daily on an average about 800 women die from pregnancy or childbirth-related complications. Almost all of these deaths occur in developing countries, more than half of these occur in sub-Saharan Africa and almost one third in South Asia. The risk of maternal mortality is highest for adolescent girls under 15 years of age. Severe bleeding during delivery and after childbirth is a major cause of mortality, morbidity and long-term disability. However, access to safe and sufficient blood and blood products and the rational and safe use of blood transfusion still remain major challenges in many countries around the world.

As mark of recognition to millions of people who save lives and improve the health of others by donating blood, the World Health Organisation observes 14 June as World Donor Day every year. The Day highlights the need to regularly give blood to prevent shortages in hospitals and clinics, particularly in developing countries where blood quantities are quite limited and the victims are rendered vulnerable. This annual event motivates people to voluntarily donate blood to the needy so as to minimise the risks posed by professional donors. "Safe blood and blood products and their transfusion are critical aspects of care and public health. They save millions of lives and improve the health and quality of life of many patients every day. The need for blood is universal, but access to blood for all those who need it is not," informs WHO. "To ensure that everyone who needs safe blood has access to it, all countries need voluntary, unpaid donors who give blood regularly. Throughout the COVID-19 pandemic, despite limited mobility and other challenges, blood donors in many countries have continued to donate blood and plasma to patients who need transfusion".

WHO encourages all countries and national and international partners working on blood transfusion and maternal health to develop an activity plan to highlight the need for timely access to safe blood and blood products in the prevention of maternal deaths.



## कोरोना संकट: वायरस से ज्यादा खतरनाक उसका खौफ है

वास्तविक आफत से कई गुना अधिक क्षति उस चिंता से होती है जिसे हम दिलों में संजोए रहते हैं। मनोवैज्ञानिक बताते हैं कि हमारी 95 प्रतिशत आशंकाएं निर्मूल होती हैं, कभी सही नहीं उतरतीं। दक्षिण अफ्रीका की लोकप्रिय लेखिका हिल्डा दे-ला रोज़ की राय में हमारी अधिकांश समस्याओं की जड़ हमारे विचार होते हैं। वाल्टेयर के अनुसार, भविष्य के कष्टों के बारे में चिंता करने का अर्थ है उस वास्तविक संकट का ब्याज चुकाते रहना जो मूल से कई गुना ज्यादा होता है।

पिछले वर्ष मार्च से घिसटती, अब नए-नए प्रतिरूपों में तब्दील होती कोरोना के बारे में विचार करें। इससे कोई इंकार नहीं कि कोरोना विश्वव्यापी, ठोस हालांकि अबूझ समस्या है जिसके परिवर्तित रूपों के स्वरूप और चालचलन को ठीक से पकड़ना भारी पड़ रहा है। किंतु याद रहे, पूर्व-कोरोना दौर यानी मार्च 2020 से पहले भी, विभिन्न कारणों से देश में प्रतिवर्ष करीब तीन लाख के करीब मौतें होती थीं।

कोरोना से निबटने के लिए इम्युनिटी यानी रोगप्रतिरोध क्षमता बढ़ाने की पुरजोर संस्तुति की जा रही है। यह भी सिद्ध है कि सकारात्मक सोच हमारी इम्यून प्रणाली को पुख्ता करती है। गांठ बांध लीजिए, मन भयाकुल होगा, और सोच नकारात्मक तो वायरस जल्द असर करेगा। कोरोना के बाबत सच यह है कि वायरस से उतनी मौतें नहीं हो रहीं जितना इसके खौफ से। आध्यात्मिक दिग्गज सद्गुरु कहते हैं, अगले सात-आठ वर्षों में मानवजाति को अनेक तीव्र महामारियों से जूझना पड़ सकते हैं जिसमें करोड़ों लोग मारे जाएंगे। हमें इस स्थिति से डरना नहीं है बल्कि उचित तौरतरीके अपनाते हुए स्वयं को सुदृढ़ और सुरक्षित रखना है। अपनी सोच में सुधार से यह सुकर हो जाएगा।

### **Strengthening the TNAI Fold**

#### **Appeal for Enrolling Memberships**

In our age, it is numbers that matter. We at TNAI strongly feel that the number of non-TNAI member nurses is many times the TNAI members. This is quite disheartening, and a challenge considering the status, prestige of organisation TNAI is, and also the numerous advantages of acquiring TNAI Membership.

Membership is the backbone of an organisation, especially the one like the TNAI. Larger the members, stronger we become, better we can bargain for the justice and welfare of nurses, and secure what nurses rightfully deserve at various levels: local, State, national, regional and international.

We urge you to kindly help strengthen TNAI, an organisation that is yours, by requesting/ convincing/ persuading/ cajoling the non-member nurses to acquire TNAI membership. Also think of any other modality to this end, and write or mail to us.

You can help TNAI become a stronger and more effective body by contributing to TNAI membership enrolments.

As you are aware, TNAI Membership entitles one to exclusive online resources, networking opportunities, scope for professional development, educational advancement and skill upgradation, discounts on TNAI publications, proposed health insurance.

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## Guidelines for Authors

The Nursing Journal of India (NJI) invites contributions for publication including original research article, case studies, review articles that may be relevant/related to Nursing Practice, Management, Education, Community.

Name(s) of author(s) with designation; TNAI Number; Author (s) and co-authors details; Email id and phone no.; Complete address for correspondence; mention the year in which the study was conducted; furnish an undertaking that the article has not been submitted elsewhere for publication; Institution Ethical Clearance (IEC) letter (whoever conducting interventional studies); If your research study is the part of MSc Programme mention the names of your guide and co-guide.

The articles should follow the following sequence:

1. Problem Statement; 2. Objectives; 3. Need of the study; 4. Review of Literature; 5. Methodology; 6. Result in two tables with interpretation below the table; 7. Discussion of your study finding to be based on the similar studies; 8. Recommendation ; 9. Nursing Implication; 10. Conclusion; 11. References-recent references (5-15) (references should be numbered and should follow the Vancouver Style). 12. In case of websites: mention the retrieval date.

### Note:

- The articles should be 1200 to 2000 words long. Illustrations, diagrams, photographs should be preferably in black and white; if in colour, these should have good reproducibility.
- Evidence-based studies are given priority
- Planned teaching programme studies are not accepted

Authors should send the soft copy through mail [publicationstnai@yahoo.com](mailto:publicationstnai@yahoo.com) along with a cover note addressed to the Chief Editor, The Nursing Journal of India (NJI).

## Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

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