



Without Teachers, There Can be No Class in the World

We live so long as we keep evolving on a continual basis. If our body parts including brain cease to evolve we shall not survive. Evolution is a condition so to say to keep living in true sense. In life too, apart from the academic education at home, workplace or elsewhere we have to learn and adopt new ideas, techniques and methodologies to deliver results. It is here that the teacher acquires a crucial role of informing, guiding, directing, mentoring and leading us to a meaningful and fulfilling life. Since the foundation of values, beliefs and convictions is usually laid in early years, school and college teachers have tremendous role in shaping of society and nation. In most countries, Teachers' Day is observed as a special day for honour and recognition to teachers by individuals, organisations and governments. In India, it is observed on 5 September to commemorate the birth anniversary of Dr Sarvapalli Radhakrishnan, the great educationist and former (second) President of India. The day is a tribute to the hard work put by the teacher to educate a child. In schools, the normal classes are replaced by celebrations. Let us thank all our teachers who had been instrumental in shaping our life.

Making Use of TNAI's e-platform

The Continuing Education Programme (CEP) section of TNAI conducts training programmes, workshops and meets of varying durations on nursing issues primarily for in-service personnel to hone their hands-on skills and keep them abreast with latest developments for better delivery of services. In keeping with Corona protocol, we shifted to online mode and conducted many programmes and meetings using our own e-platform. We are happy to inform you that TNAI's prestigious (American Heart Association-accredited) Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) programmes have now been resumed in off-line mode, as usual. Health organisations and individuals are encouraged to make use of this facility. The State Branches are also invited to make use of TNAI's e-platform (which has a capacity of 3,000 participants in one go) for organising meetings and programmes at zonal or national level. Various SNA meetings, including 2021 Biennial Conference shall be conducted in virtual mode.

Promoting research on nursing: As suggested earlier, TNAI has drawn 'Guidelines for TNAI's National Nurses Research Grant (TNNRG)' for TNAI Life Members inclined to pursue research in 2 years in the specified areas. Interested candidates (refer pages 168-72 of NJI, July-Aug 2021 issue).

INSIDE

- 129 Editorial
- 130 Guidelines for TNAI's National Nurses Research Grant (TNNRG)
- 135 TNAI Organises Webinar on Breast-feeding
- 136 Health Events of the Month
- 137 Lost and Found
- 137 Obituary
- 138 Obituary – Prof. (Mrs.) Girijamba Devi
- 138 Hindi Matter
- 139 SNAI Circular-2021
- 144 Guidelines for Authors

research Grant (TNNRG)' for TNAI Life Members inclined to pursue research in 2 years in the specified areas. Interested candidates (refer pages 168-72 of NJI, July-Aug 2021 issue).

TNAI Membership: Increasing TNAI membership continues to be our concern as a sizable number of students and teaching or practicing nurses in the country are outside the TNAI fold. We request each TNAI Member to motivate at least one non-member to acquire Membership so that the members double in a short span.

Community Health Nursing Manual released: Please note that the 4th (revised and updated) edition of this flagship publication, now multi-coloured and in enlarged size has been just released. The copies are available on demand.

Evelyn P Kannan
Chief Editor & Secretary-General



The Trained Nurses Association of India

Hqrs: L-17, Florence Nightingale Lane, Green Park Main,
New Delhi- 110016



Guidelines for TNAI's National Nurses Research Grant (TNNRG)

1. Eligibility Criteria
<ul style="list-style-type: none">a) Life membership(s) of TNAI (Minimum Two years of active membership) is mandatory.b) BSc / MSc / PhD in Nursingc) Experience in independent research is preferabled) Experience in guiding research is preferablee) In case of a research by a team of professionals in which non nursing members are included, the primary researcher shall be a TNAI member as per criteria (1.a) above. But in any case, all nurse researchers in the team shall be TNAI members.
2. The Research Focus
Studies related to Nurses Welfare, Nursing Management, Nursing Standards, Assessment / Innovation / Experiment / Improvement of Nursing Services and Education.
3. Population
The study should cover ideally a wide range of Population (State, Region) and not limited to a single institution.
4. Application and Proposal
The investigator(s) shall submit the Research Grant Application in the prescribed Performa along with the detailed proposal and the budget.
5. Recommendation
The application shall be recommended by the State/UT Branch President and the Secretary.

6. Research Grant
<p>a) TNAI National office after due consideration by the research committee may accept or reject the application at their discretion.</p> <p>b) TNAI can decide whether it can be fully funded or partially funded.</p> <p>c) Funding may be released in instalment, say 50%, after preliminary submission of proposal and Ethical committee clearance. Next 25% upon completion of study and final 25% after submitting the written document along with soft copies.</p> <p>d) Can be directly funded from National office to the Individual/Group or the research organisation.</p>
7. Duration of the project
<p>Research Study must be time framed (A time plan to be submitted by the Principal Investigator)</p> <p>a) 1 Year</p> <p>b) >1 Year to 2 Years</p> <p>Note: Studies planned for a period more than 2 years are not preferable.</p>
8. Review of progress
<p>Review of Progress will be done by TNAI National office at least once in every six months. The investigators shall submit the progress reports once in 6 months.</p>
9. Publication
<p>Studies conducted under the auspices of TNAI must and will be the intellectual property of TNAI and shall be published in NJI only.</p>
10. Recognition (Mandatory)
<p>The investigator shall document and recognize the financial support from TNAI in all communications/reports/publications related to the study.</p>

The eligible candidates can apply for the research grant by sending the proposal and application through email or post.

Email: tnai_2003@yahoo.com

Address: The Secretary General, The Trained Nurses Association of India, Headquarters: L-17, Florence Nightingale Lane, Green Park Main, New Delhi 110016.

For more details, contact us on **011-40195407/40195409**



The Trained Nurses' Association of India

Hqrs: L-17, Florence Nightingale Lane, Green Park Main,
New Delhi- 110016



TNAI's National Nurses' Research Grant (TNNRG) Recommendation form

Name of the State/ UT Branch		
Name of the State/UT office bearer		
Designation	President	
(Tick/highlight the appropriate)	Secretary	

I/We hereby recommend the proposal submitted by

Mr/Ms/Mrs/Sr/Prof/Dr

- 1.
- 2.
- 3.

for the research grant by TNAI.

Also, I/We certify that, the Primary researcher and all the nurses in the research team are active TNAI members.

Place:

Date:

Signature:

Seal:

Moving ahead with commitment and dedication since 1908



The Trained Nurses Association of India

Hqrs: L-17, Florence Nightingale Lane, Green Park Main,
New Delhi- 110016



Application for

TNAI's National Nurses Research Grant- (TNNRG)



Full Name(s)		
TNAI Number(s)		
Correspondence Address (Primary Researcher)		
Email ID (Primary Researcher)		
Contact Number (Primary Researcher)		
Educational Qualification (Primary Researcher)		
Current designation and address of the Institution (Primary Researcher)		
Experience in years (Primary Researcher)	Research Guide	
	Independent Research	
Research focus (Please tick or highlight the appropriate)	Nurses' welfare	
	Nursing Management	
	Nursing Standards	
	Evaluation of Nursing Education	

	Nursing Standards, Assessment/ Innovation/Experiment/Improvement of Nursing Services and Education.	
Population of the study	State	
	Region	
Duration of the study (Please tick or highlight the appropriate)	01 Year	
	>01 Year to 02 years	
Brief report of Primary researcher's activities or contributions in TNAI		
Brief profile of other members of Research team.	Name: Qualification: Designation: Address: TNAI related activities, if any:	

Undertaking: The details mentioned above and the proposal submitted by me/us is true to the best of my/our knowledge and understanding. Also, I/we assure that Studies done under the auspices of TNAI must and will be the intellectual property of TNAI and to be published in NJI only. I/we also will recognise and document that I/we had received the research grant from TNAI and the study is done on behalf of TNAI.

Name of the Researcher(s)

Signature(s)

Note:

1. Application:
Shall be in prescribed performa with a detailed research proposal and the budget shall be submitted along with the recommendation by the President and Secretary of the State/UT Branch of TNAI.
2. The eligible candidates can apply for the research grant by sending the proposal and application via email (tnai_2003@yahoo.com) or post to **The Secretary General**, The Trained Nurses Association of India, Headquarters: L-17, Florence Nightingale Lane, Green Park Main, New Delhi 110016.

Moving ahead with commitment and dedication since 1908

TNAI Organises Webinar on Breastfeeding



Prof. (Dr.) ROY K GEORGE

National President - The Trained Nurses' Association of India
Member - Indian Nursing Council

Qualification : Masters in Psychiatric Nursing, Ph.D in Nursing

Professional Experience

a) Current Position:

Director Academics , Baby Memorial Hospital & Principal, College of Nursing, Kozhikode, Kerala.

As part of celebrating World Breastfeeding Week (WBW), held annually during 1 to 7 August, the Trained Nurses Association of India (TNAI) organised a webinar on 5 August 2021 from 11.00 am to 12.30 pm. The theme of the webinar was, Protecting Breastfeeding: Where Lies the Responsibility.

The annual event World Breastfeeding Week is an initiative of the World Alliance for Breastfeeding Action (WABA) to promote breastfeeding. Breastfeeding is universally acknowledged essential for growth & development of child as well as strengthening mother-child bonds.

The webinar began with welcome note by Mrs Evelyn P Kannan, Secretary General TNAI. The presidential address was delivered by Prof (Dr) Roy K George, National President TNAI.

The WBW theme of this year (Protecting Breastfeeding: Where Lies the Responsibility) was unfolded by Dr Arun Gupta, Director- Breastfeeding Promotion Network of India (BPNI). He also requested TNAI to endorse the statement that TNAI will not promote Infant Milk substitutes. Mrs Swapna Joshi Vice President TNAI West region & Nursing consultant at Tata Memorial, Mumbai dwelt on the role of nurses in protecting breastfeeding.

At the end, there was Q&A session. About 1452 nursing personnel from various sectors including practicing nurses, nurse administrators and student nurses participated in the webinar.

Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-

SNA Members: Rs. 250/-

Non-Members: Rs. 900/-

Children below 5 yrs: No charges

Children 6-12 yrs: Rs. 150/-

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

Suicide Prevention Day: 10 September

Human life has been believed to be a divine gift in all faiths. Each person lost represents someone's sibling, partner, child, parent, friend or colleague. For each suicide about 135 people are estimated to suffer intense grief or otherwise affected. This amounts to 108 million people per year who are profoundly impacted by suicidal behaviour. Suicidal behaviour includes suicide, and also encompasses suicidal ideation and suicide attempts. For every suicide, 25 people make a suicide attempt and many more have serious thoughts of suicide.

Suicide prevention continues to be an abiding, universal challenge. It is among the top 20 leading causes of death globally for people of all ages. World Suicide Prevention Day (WSPD) on 10 September every year is an opportunity to raise awareness of suicide and to promote action to reduce the number of suicides and suicide attempts globally. In line with its renewed commitment to prevent suicides, the theme set by International Association for Suicide Prevention (IASP) for through the years 2021-23 is, Creating Hope through Action.

"One in every 100 deaths worldwide is the result of suicide. It can affect every one of us. Each and every suicide is devastating and has a profound impact on those around them. However, by raising awareness, reducing the stigma around suicide and encouraging well-informed action, we can reduce instances of suicide around the world" says the International Association for Suicide Prevention (IASP).

Suicidal behaviour is universal; it knows no boundaries. It is the cumulative result of a convergence of genetic, psychological, social and cultural and other risk factors. As a member of society, you can raise awareness about the issue, educate yourself and others about the causes of suicide and warning signs, show compassion and care for those the vulnerable. Preventing suicide requires the efforts of many: family, friends, co-workers, community members, educators, religious leaders, healthcare professionals, political officials and governments.

World Alzheimer's Day: 21 September

Commonest form of dementia, Alzheimer's affects parts of the brain that control thought, judgement and/ or memory. One living with Alzheimer's has difficulty in communication which can interfere with an individual's daily life. Though its aetiology remains unclear but lowering blood pressure, exercise and cessation of smoking are helpful. Medication and therapies may temporarily improve symptoms.

Celebrated on 21 September each year, International Alzheimer's Day is an occasion to raise global awareness about dementia and its impact on families and communities. It is organised by Alzheimer's Disease International (ADI), the apex federation of Alzheimer associations around the world and an affiliate of the World Health Organisation. World Alzheimer's Day was launched at the opening of ADI's annual conference in Edinburgh on 21 September 1994 to celebrate its 10th anniversary.

Alzheimer's affects about 6 percent of people aged 65 years and older; some erroneously consider this disease is a normal part of ageing. The family members and care givers of the patient have to take proper care of the patient. Due to ignorance about the disease, often most of the cases the early Alzheimer's symptoms are mistaken for memory loss due to aging and the disease is diagnosed only in advanced stage rendering its management more difficult. Knowledge about the symptoms and nature of progression of disease can help in taking proper care of the patient. The International Alzheimer's Day informs the patients that they are not alone in their misery and there are people next to them facing similar ordeal.

Alzheimer's Disease is marked by calling the Alzheimer associations and others to focus their activities on reducing the stigma attached with dementia and making communities more dementia-friendly by organising events and programmes. These include educational meets, seminars and events for people with dementia and their care takers. ADI holds an annual international conference, a unique multi-disciplinary event uniting people with stakes in dementia, the world over. It also runs the Alzheimer University and practical workshops, helping the personnel and volunteers of Alzheimer associations in strengthening their organisations.

World Heart Day: 29 September

Heart disease and stroke claims 17.1 million lives worldwide every year. World Heart Day on 29 September was devised by the World Heart Federation to help people realise that the majority of these deaths could be avoided. The event was first created in 2000.

Cardiovascular disease (CVD) remains the world's number one killer, resulting in 18.6 million deaths a year. Various causes attributable to CVDs are: smoking, diabetes, high blood pressure, obesity, air pollution, etc. The World Heart Federation is urging us to become proactive about reducing heart disease and stroke.

For the 520 million people living with CVD, Covid-19 has been heartbreaking. They have been more at risk of developing severe forms of the virus. The healthcare crisis due to Covid-19 we have been forced to live through has highlighted an urgent need to find different and innovative ways to stay connected with people. Many of them were afraid to attend routine and emergency appointments, and have become isolated from friends and family. This year the tagline of World Heart Day is, Use Heart to Connect. In this scenario, Telehealth has a huge role to play.

Health organizations, civil bodies, governmental and non-governmental organisations celebrate this day from all over the world through activities like marathons, walks, public talks, fitness sessions, exhibitions, competitions and fairs.

Lost and Found

It is for information of all concerned that my original Second Year Marks Sheet of General Nursing & Midwifery 1994 (1992-1995 batch) (Father Mr George PJ, Mother Mrs Cicily George), issued by The Mid-India Board of Examiners of the Nurses' League of the CMAI/ Nagpur, Maharashtra Nursing Council, Bombay (bearing Council Registration No. XXIX-2042) has been lost/ misplaced while attending an interview in Mumbai. The same is not traceable. I am a pass-out from Christian Hospital, Indore (MP).

Miss Sijimol P. George

Koonanical, Kottackupuram, Athirampuzha PO, Pin-686562, District Kottayam (Kerala)

This is to bring to notice of all concerned that I, B. Nirmala Jaya Sheeba (Father's name Mr Bhaskaran), have lost my original Certificate/ Marks Sheet of General Nursing & Midwifery (2004-07 batch, Christian Fellowship Hospital Oddanchatram, Kanyakumari) bearing No. 12795/11-07-2007 and issued by The Board of Nursing Education, Nurses' League of the CMAI, South India Branch during commutation from Nanthrikuzhy to Navalkadu on 04-01-2019. The same is not traceable despite search.

Mrs B. Nirmal Jaya Sheeba, W/o Mr Godwin

1/43, West Street, Nanthrikuzhy, Achagiya Pandipuram PO

Bhoothapandy - 629852, Dist. Kanyakumari (TN). Mob: 6369500398/9488839400

OBITUARY

Lt Col CR Kavitha

A serving officer in Military Nursing Service (MNS), Lt Col Kavitha, aged 53 years, left for heavenly abode on 21 May 2021. She held her last appointment as Matron-in-charge at Military Hospital, Alwar (Rajasthan).

She was commissioned in MNS on 1 January 1990 after completing her professional training from School of Nursing, Command Hospital Air Force, Bengaluru. In her 31-year career she served in various clinical and posts. Her selfless dedication, pleasant nature and congenial demeanour made her great nurse personnel. Her untimely demise has saddened everyone and her void will be felt by one and all.

She is survived by her husband and two sons. Maj Gen Sonali Ghosal, Addl Director General MNS and the entire nursing fraternity offer sincere condolences to the bereaved family and pray to God, the Almighty to bless and grant eternal peace to the departed soul.



OBITUARY

Prof (Mrs) Girijamba Devi

It was a sad moment for all of us on 28 August 2021, gathered online to pay our deepest condolences to our beloved Prof (Mrs) Girijamba Devi, Secretary TNAI Karnataka State Branch. Prof Girijamba Devi was born on 25 March 1972 and passed away in the morning of 24 August 2021 in Bengaluru at young age of 49 years.

A strong and healthy person, she was tested positive for Covid-19 and hospitalised on 10 April 2021. Eventually she succumbed to post-Covid complications, and breathed her last at MS Ramaiah Memorial Hospital, Bengaluru.

After her MSc (Nursing/specialisation Community Health) she served, inter alia, as Principal at AECS College of Nursing. An active TNAI Member since 11 July 1997, she immensely contributed to the TNAI at the State and National Level. She had been Chairperson, Economic and Welfare Committee (2009 to 2014) and Secretary (2015 to 2021) of the TNAI Karnataka State Branch.

In the condolence meeting with 128 participants to pay last homage to the departed soul, many members of TNAI family shared their feelings and remembrances. Verses from holy books Bhagwat Gita, Bible and Quran were recited. There was a one-minute silence in honour of departed soul. The participants included Prof (Dr) Roy K George, National President TNAI; Dr Dileep Kumar, President INC; Dr ATS Giri, President TNAI Karnataka Branch; former National Presidents TNAI, National Vice Presidents, former and current Hony Treasurers, National EC and Council members of TNAI, and Executive members of TNAI Karnataka Branch, others from TNAI Karnataka and other State Branches besides officers and staff of TNAI Hqrs. Thereafter, family members expressed their thoughts. Bringing to fore the several positive attributes of the departed soul, all appreciated her untiring efforts for professional development, result-oriented dynamism in execution of projects including leadership in conduct of programmes, unswerving dedication and loyalty to the nursing profession, humane approach in resolving issues and amicable relations with colleagues staff.

Let us pray together that her soul may rest in peace and may God Almighty give strength to the family members especially her daughter (Yasu) and son (Chinnu), friends and to the nursing community to bear this irreplaceable loss. Though physically is no more amongst us, her soul shall live on and she will always be fondly remain in our memories.



क्यों मनाते हैं विश्व आत्महत्या रोकथाम दिवस

मानव जीवन प्रभु की नायाब रचना है। सभी पंथों में जीवन को बचाने का कार्य पुण्य का माना जाता है। दुर्भाग्यपूर्ण यह है कि प्रतिवर्ष लगभग 8 लाख अधिक लोग आत्महत्या करते हैं जबकि इससे भी अधिक लोग आत्महत्या के प्रयास करते हैं। इससे पता चलता है कि आज मनुष्य अत्यधिक मानसिक तनाव में जीता है। इस अमानवीय कृत्य की ओर विश्व समुदाय का ध्यान आकर्षित करने और सकारात्मक जुगतें ईजाद करने की दृष्टि से प्रतिवर्ष 10 सितंबर को विश्व आत्महत्या रोकथाम दिवस आयोजित किया जाता है।

आत्महत्या के मूल में वे अभिलाशाएं हैं जो पूर्ण नहीं होतीं, नतीजन उनके जीवन में हताशा पसर जाती है, और वे अवसाद (डिप्रेशन) का शिकार हो जाते हैं। हर उम्र के लोगों में ये मामले लगातार बढ़ रहे हैं। आत्महत्या के लिए प्रेरित करते कुछ कारक हैं: अकादमिक या नौकरी की परीक्षा में असफलता, आजीविका खो देना, वैवाहिक अनबन, गृह क्लेश, कार्यस्थल में कठिनाई आदि। नितांत अकेला महसूस न करें और समझ लें कि जीवन आनंद के लिए है तो नकारात्मक विचार नहीं पनपेंगे।

SNAI CIRCULAR - 2021

Dear Members,

Greetings from the Student Nurses' Association of India!

Marching towards centenary with commitment and dedication since 1929

Our main intention of sending this circular is to bring to notice of nursing students in your charge and encourage their participation in SNAI competitions, 2021.

I. STATE SNAI VIRTUAL COMPETITIONS '2021'

As per the EC/Council decision (**Minute No. TNAI/TCAC/Zoom/8th June, 2021/2**) the members decided that due to Covid -19 pandemic, it was not possible to conduct SNAI Biennial conference as well as any offline activities for the students since 2020. Further, it was decided to conduct few virtual SNA competitions in order to make the students exhibit their talents and it is the high time to keep our students engaged in various constructive activities related to their professional development.

The members have decided to conduct the following competitions at the state level.

S. No.	List of SNAI Competitions
1	E-Scientific Paper
2	E-Poster Presentation
3	Online Quiz competition
4	Concept Mapping

Criteria for SNA E-competitions

1. E - Scientific Paper Presentation

Theme: Prevalence of COVID - Appropriate Behavior among general public

E-Scientific paper presentation refers to electronic visual version of research paper with a brief description of the methods, tables and/or graphs related to the findings, and interpretation of the data.

Criteria for Scientific Paper Presentation

The Student Nurse(s) will present the Scientific Paper on the theme.

1. The paper should contain: Introduction, Need, Significance in Nursing, Statement of the Problem, Objectives, Review of Literature, Methodology, Findings and Interpretation (with one or two tables), Recommendation, Implications, Conclusion and Bibliography.
2. One hard copy and one soft copy of the Scientific Paper containing not more than 1500 words (4-5 pages in A-4 size) which should be submitted to the State SNAI Advisor.
3. The State SNAI Advisor along with the committee members should select up to three best Scientific Papers at the State Level which shall be presented by the student(s) during the state SNAI conference.

2. E - Poster Presentation

E-Poster presentation refers to an electronic way of exhibition of the topic in pictorial form with short and concise outline of the concept.

Topics for E-Poster Presentation

S.No.	Section	Topic
1	MCH Section	Child rearing in COVID pandemic
2	Midwifery	Care of women in menopausal transition
3	Anatomy and Physiology	Respiratory tree and its function
4	First Aid & Basic Nursing Procedures	Health care emergency codes
5	Medical & Surgical Nursing	Care of patients on ECMO
6	Paediatric Nursing	Primordial prevention of communicable diseases
7	Psychiatric Nursing	Infodemics and its impact on mental health
8	Community Nursing	Lockdown - appropriate behaviour
9	Obstetrical Nursing	Birth centres
10	SNA Activities in India	Merits of online SNA competitions
11	History & Trends in Nursing in India	Pandemics – Role of nurses

Note:

1. Section 1-2 are for ANM students / MPH (F) students.
2. Section 3-9 are for GNM / BSc Nursing Students.
3. Section 10-11 are for all categories of (ANM/GNM/BSc) Nursing students.
4. Hand-made posters uploaded digitally will be considered.

Criteria for E-Poster Presentation

1. **Size:** Standard size (22"x26") approx. for both individual and group presentation.
2. **Topics:** Ideas depicted in the poster should be relevant to the topics given. Font size and design of letters should be bold and clearly visible.
3. **Clarity:** For bringing clarity of the poster, restrict yourself to one idea relevant to the topic.
4. **Layout of pictures:** It must be balanced to give a correct sense of proportion.
5. **No extra fixing:** of clippings/cuttings or any other form on the poster.
6. **Legibility:** The poster should be easy to read.
7. **Quality of picture:** The key concepts of the poster should be diagrammatically represented. Ideally it should have a single figure representing the entire concept. Figures should be neatly labeled.
8. **Flow:** The poster content should follow a logical sequence. *The reader should be able to navigate the poster with ease.*
9. Poster must be free of spelling mistakes.
10. The poster should be original with some innovative idea.

3. ONLINE QUIZ COMPETITION

Quiz competition on various Nursing subjects including General Knowledge can be conducted through Quizzes.

a) Components of Quiz Competition:

1. General knowledge
2. General awareness regarding nursing
3. Sports
4. Literature
5. History and culture
6. Entertainment

Note: Video or pictures can be included in any of the rounds.

b) General Instructions:

1. Quiz comprises of 8 rounds with a total of 50 questions.
2. The rounds are Acronym Corner, Close the Loop Holes, Track the Fame Days, Truth or Dare, Emoji Nation – Guess Me, Quizalize, Ping on Colours, Unwrap the Covid Fire.
3. Each round has 5 questions except quizalize which has 15 questions.
4. Each question carries 1 mark. No negative scores.
5. Scoring will be displayed through the Quiz Application.

Quiz link: <https://quizizz.com/join?gc=38989574>

4. Concept Mapping

Theme: SNA member to National TNAI President

Concept mapping refers to a diagram or graphical tool that visually represents relationships between concepts and ideas.

Criteria for concept writing:

1. **Logical:** All the relevant concepts must be well organised and linked logically. Concepts reflect the essential information about the topic.
2. **Design:** Text should be clear and easy to read. Amount of text is appropriate for the intended audience. Colour should be effectively used for emphasis and increased comprehension. Graphics are used only when necessary.
3. **Layout:** Map must be contained in a single page.
4. **Hierarchy:** The number of hierarchical levels addresses the degree of categorisation of concept with relevant examples.
5. **Use of descriptive links:** Concepts are physically arranged, so links are established in the most reasonable way, without cluttering the map. All concepts must be interlinked with other plotted concepts.

II. TNAI / SNAI SCHOLARSHIP FOR ACADEMIC YEAR 2020 - 2021

TNAI invites application for award of TNAI/SNAI scholarship for academic year 2020 – 2021. The last date to submit the duly filled application form is **August 31, 2021**. The format of application was published in May, June, July issue of TNAI bulletin and also available in TNAI website www.tnaionline.org.

The criteria for applying scholarship are as follows:

1. Students of academic year 2020-2021 (1st year only – admitted between June 2020 to March 2021) are eligible to apply for the SNAI scholarship.
2. Each SNA unit can forward maximum two applications only from each three categories i.e. ANM, GNM and BSc (N).
3. The SNA unit applying for scholarship should have enrolled all former students to TNAI membership after successful completion of their course (SNAI to TNAI membership) if they are/were following old scheme of SNAI membership.
4. The SNA subscription fee should have been paid for the entire batch of students, if the institution is following SNA subscription plan (old Plan).
5. Recommendation of the Unit SNA Advisor and the Principal is mandatory.

Recommendation

Due to continuation of Covid-19 pandemic and lockdown, the recommendation can be **obtained through mail** from the respective TNAI State/UT Branch President/Secretary/SNAI Advisor and the same can be attached along with the Scholarship application form and submit to TNAI headquarters on or before **August 31, 2021**.

Note: The e-mail Id and Mobile No. of the President/Secretary/SNAI Advisor of the respective TNAI State Branch can be obtained from TNAI HQ by sending mail to sna@tnaionline.org or Whatsapp to 8587825407.

III. SNAI ONLINE PAYMENT SYSTEM

As per EC decision Minute No. TNAI/EC/Zoom-2/31st October, 2020/5/1, it was decided to create online payment gateway so that it will be convenient for the colleges to renew SNA subscription.

Please pay the SNAI subscription through this link Payments.tnaionline.org and it is available for use from July 2021.

IV. SNAI Whatsapp No. 08587825407

As per EC decision, it was decided to get mobile phone for SNA separately. The same number can be used for whatsapp also to share details. This whatsapp facility is to facilitate quick clarification if any.

V. SNAI Badge

SNAI Badge was designed as per the new SNA logo. The cost of each badge is Rs.50/-.

Old Badge



New Badge



VI. Incentives for Motivators

As per our existing policy the incentives are given at the rate of 1% to the motivators who enrolled SNAI to TNAI membership (New SNAI Plan) after 4 years (BSc Nursing students) 3 years (GNM) and two years (ANM) respectively. The details of revised incentive are as follows:

S. No.	Name of Fee	Rate per membership	Revised incentive (in Rs)	Proposed incentive (in Rs)	
				8%	12%
1	SNA to TNAI New Scheme	2000	16.40	131.20	NA
2	ANM New Scheme	1000	8.20	65.60	NA
3	TNAI Membership	3600	29.52	NA	354.24
4	TNAI Membership Nurses Year	3000	24.60	NA	295.20
5	SNA to TNAI	2200	18.04	NA	216.48
6	ANM	1500	12.30	NA	147.60
7	Others	1000	8.20	NA	98.40

- TNAI will provide a space in the membership form for sharing the bank details of the motivators/introducers.
- The incentive will be released immediately at the time of enrolling membership directly to the motivators' bank account.
- The motivators/introducers will get financial benefit of 7% and 11% more than the existing rate of incentive.
- The incentive will be increased according to the increase of TNAI membership status.
- It will drastically increase the membership of TNAI.
- The Grant to State Branches also increases according to the increased membership.

VII. SNA Membership Plan [Minute No. EC, CL/2019/4/2(ii)]

The institution can adapt any of the two SNA membership plans.

1. SNA Subscription Plan (Old Plan)

In this plan, previously 1 year students pay Rs.200/- per student whereas rest of the year each student needs to pay Rs.150 /- per year.

As per the EC council decision [EC, CL/2019/4/2(ii)], the unit adapting old plan also required to pay as onetime payment for entire course (applicable from 2020-2021 academic year onwards).

Course	1 st Year
ANM	Rs.350/-
GNM	Rs.500/-
BSc (N)	Rs.650/-

2. SNA-TNAI Membership Plan (New Plan)

In this plan every student is required to pay their SNA subscription during their 1st year itself. This fee includes SNA Subscription for 4 years, Scholarship fund and **SNA to TNAI membership** fee. Each student will get individual SNA - TNAI membership card.

Course	SNA-TNAI Membership Plan
ANM	Rs. 1000/-
GNM	Rs. 2000/-
B.Sc.(N)	Rs. 2000/-

Note: After the successful completion of their course respective students will get a TNAI membership card **without any payment or fees.**

The subscription fee has to be deposited in TNAI bank account through e-banking or Demand Draft (D.D) in favour of "The Trained Nurses' Association of India" payable at New Delhi.

3. Bank Details are as follows:

1	Account Name	THE TRAINED NURSES ASSOCIATION OF INDIA
2	Account Number	6602721709
3	IFSC Code	IDIB000H019
4	Name of bank	INDIAN BANK
5	Branch	HAUZ KHAS, NEW DELHI
6	E-mail ID	hqaccounts@tneaonline.org

Note: After remitting the amount it is mandatory to provide UTR Number for accounting the transaction.

To know more details about SNA, please visit TNAI website (www.tneaonline.org).

Note: Please send the Name of Principal, e-mail ID of the Institution and complete address to the TNAI Headquarters for the faster communication. Write your SNA Unit code (assigned by the TNAI Headquarters) in all your communications.

Registered with Registrar of Newspapers of India
Regn No. DELBIL/2012/42030
Licensed to post without pre-payment under License
No. U(SW)-16 / 2021

Postal Regn. No. DL-SW-01/4166/2021-2023
Date of Publication: September 5, 2021
Date of Posting: September 6-7, 2021
Posted at LPC Delhi RMS-110006

Guidelines for Authors

The Nursing Journal of India (NJI) invites contributions for publication including original research article, case studies, review articles that may be relevant/related to Nursing Practice, Management, Education, Community.

Particulars like: Name(s) of author(s) with designation; TNAI Number; Author(s) and co-authors details; Email id and phone no.; Complete address for correspondence; mention the year in which the study was conducted; an undertaking that the article has not been submitted elsewhere for publication; Institution Ethical Clearance (IEC) letter (whoever conducting interventional studies); indicate if it is part of MSc Programme; if so, the names of your guide and co-guide should be indicated.

The articles should follow the following sequence:

1. Abstract; 2. Problem Statement; 3. Objectives; 4. Need of the study; 5. Review of Literature; 6. Methodology; 7. Result in two tables with interpretation below the table; 8. Discussion of your study finding to be based on the similar studies; 9. Recommendation ; 10. Nursing Implication; 11. Conclusion; 12. References-recent references (5-15) (references should be numbered and should follow the Vancouver Style). 13. In case of websites: mention the retrieval date.

Note:

- The articles should preferably be 1200 to 1800 words long. Illustrations, diagrams, photographs should be preferably in black and white; if in colour, these should have good reproducibility.
- Evidence-based studies are given priority
- Planned teaching programme studies are not accepted

Authors should send the soft copy through mail publicationstnai@yahoo.com along with a cover note addressed to the Chief Editor, The Nursing Journal of India (NJI).

Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

TNAI BULLETIN

Monthly Newsletter of
The Trained Nurses' Association of India
L-17 Florence Nightingale Lane, Green Park, New Delhi-16
Phone: 011-40195409, 011-40195407
E-mail: helpdesk@tnaionline.org, membership@tnaionline.org,
sna@tnaionline.org, publicationstnai@yahoo.com
Website: www.tnaionline.org

EDITORIAL ADVISORY BOARD

*Prof (Dr) Roy K George, Dr Mehmooda Regu,
Dr A Indira, Dr Larissa Martha, Mrs Avani Oke,
Dr G Hemavati, Mrs Evelyn P Kannan*
Consulting Editor: Mr HK Barthwal
Chief Editor: Mrs Evelyn P Kannan

Published, printed and edited by Mrs Evelyn P Kannan for The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016 and printed by her at Chandu Press, 63 FIE, Patparganj Industrial Estate, Delhi-110092. Computerisation and layouts by Anupam Kamal, Delhi