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THE TRAINED NURSES' ASSOCIATION OF INDIA **TRAINED NURSES' ASSOCIATION OF INDIA BULLETIN**

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JULY 2022

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To Grow & Flourish, Develop the Spirit to Cooperate and Share

More than the person of another ideology, province, race or religion has spelt disastrous consequences at all levels. Cooperation is not just desirable but something without which human survival would be impossible. "We must learn to live together as brothers or perish together as fools", said Martin Luther King Jr. In health, we are aware that management of various diseases requires a team of experts to work together. That gave birth to the concept of cooperatives. It is with the view to highlight the many gains of cooperative spirit that the UN International Day of Cooperatives is observed annually on 4 July. This day raises awareness about the role of co-operatives and promotes the ideals of international solidarity, equality, economic efficiency, and world peace. In India, we have examples of cooperative ventures in fertiliser, milk, etc. that have contributed to the nation's economic development in big ways.

World Population Day (WPD) on 11 July brings to fore the procreative health of women and their rights that has implications for human population. Despite extended lifespans, reduced maternal mortality and child mortality and vaccine development in record time, the progress is not universal. Similarly, some countries hardly have population replacement fertility of 2.1 children per woman, while in certain other regions population growth is uncontrollable. Population-growth can stabilise only when such regions and mindsets are identified and addressed heads-on. Already, by 2050 the world population is projected to grow 20-30 percent larger than the 2020 level.

TNAI's flagship publication, 'Community Health Nursing Manual': As most of you should be aware, the TNAI recently released the 4th (completely revised) edition of its flagship publication, Community Health Nursing Manual. As many critical diseases can be averted in the nip, this 632+pages book acquires special significance for nurse students. Considering the utility and importance of this title for health care functionaries particularly the nurses. A complimentary copy of the same has been sent to

INSIDE

- 98 TNAI Members Personal Accident Death Insurance Scheme
- 101 Orientation Programmes for TNAI State Branch Executive Members
- 102 TNAI Scholarship Academic Year 2021-2022
- 103 Application for TNAI Scholarship Academic Year 2021-2022
- 105 SNAI Scholarship Academic Year 2021-2022
- 106 Application for SNAI Scholarship Academic Year 2021-2022
- 108-109 Hindi Matter; News from Nursing Institutions
- 110 Health-Related Events of the Month
- 111 Farewell-Shri Devi Chand; Lost and Found
- 112 Election Result: TNAI Chandigarh UT Branch 2022

all the SNAI Units. All SNAI Unit heads are requested to promote this publication at their level among faculty, students and other groups.

Insurance for TNAI Members: The new insurance scheme 'TNAI Members Group Insurance Scheme' (TMGIS) launched by the TNAI provides free insurance coverage worth Rs 10 lakh as a gift for all TNAI members after the decision of National EC & Council in its meeting on 12-13 March 2022. To be beneficiary of this insurance cover, the members can register in the relevant portal (www.insurance.tnaionline.org). Else, the members can contact TNAI headquarters on WhatsApp number 01140195409/ 8587825404.

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Evelyn P Kannan Chief Editor & Secretary-General

TNAI Members Personal Accident Death Insurance Scheme (To apply <u>click the link</u> or visit insurance.tnaionline.org)

Definitions

- Accident: Accident or Accidental means a sudden, unintended and fortuitous external and visible event.
- Accidental Death: Accidental Death means Death resulting from Bodily Injury solely and independently of any other cause, occasions the Death of the insured person within 12 months from the date of accident.

Coverage

The insurance coverage will start only after the issuance of the policy to the members not from the date of registration at TNAI portal.

Scope

Accidental Death only

Insured person's nominee only will receive the compensation of 100% percent of the capital sum assured.

Sum Assured: 10 lakh

Specific Exclusions

- 1. Any member who is working or residing outside of India.
- 2. Defense personal
- 3. Natural Death
- 4. Payment of compensation will not be released in respect of Death or injury as a consequence of/resulting from
 - a) Committing or attempting suicide, intentional self-injury.
 - b) Whilst under influence of intoxicating liquor or drugs.
 - c) Drug addiction or alcoholism.
 - d) Whilst engaged in any adventurous sports and/or hazardous activities.
 - e) Committing any breach of law with criminal intent.
 - f) War, Civil War, invasion, act of foreign enemies, revolution, insurrection, mutiny, military or usurped power, seizure, capture, arrest, restraint, or detainment, confiscation, or nationalization or requisition by or under the order of any government or public authority.
- 5. Consequential loss of any kind and/or any legal liability
- 6. Pregnancy including child birth, miscarriage, abortion or complication arising there from.

- 7. Participation in any naval, military or air force operations.
- 8. Curative treatments or interventions
- 9. Venereal or sexually transmitted diseases.
- 10. HIV and or related illness.
- 11. The company shall not be liable to make payment for any claim directly or indirectly caused by, based on, arising out of howsoever attributable to any of the following except covered by way of an extension:
- a. Treatment taken from anyone who is not a Medical Practitioner or from a Medical Practitioner who is practicing outside the discipline for which he is licensed or any kind of self-medication.
- b. Any Illness or Injury directly or indirectly resulting or arising from or occurring during commission of any breach of any law by the Insured Member with any criminal intent.
- c. Act of self-destruction or self-inflicted Injury, attempted suicide or suicide while sane or insane or Illness or Injury attributable to consumption, use, misuse or abuse of intoxicating drugs, alcohol or hallucinogens.

Note: This is an illustrative list of exclusions and not exhaustive. For the entire list of exclusions, please refer the Group Policy Terms and Conditions issued to the Group Policyholder.

General exclusions

Insurance company will not pay for any compensation in respect of Death, Injury or disablement of the Insured Person arising out of:.

1. War, invasion, act of foreign enemy, hostilities (whether war be declared or not) civil war, rebellion, revolution, insurrection, mutiny military or usurped power, confiscation, seizure, capture, assault, restraint, nationalization, civil commotion or loot or pillage in connection herewith.

2. Ionizing radiation or contamination by radioactivity from any nuclear fuel or from any nuclear waste from the combustion of nuclear fuel. For the purpose of this exclusion, combustion shall include any self-sustaining process of nuclear fission.

3. The radioactive, toxic, explosive or the hazardous properties of any nuclear assembly or nuclear component.

4. Air travel except as a passenger on a recognized airline operating on regular scheduled air routes and air travel by any charter aircraft duly licensed as a recognized air carrier and flown by professional crews between properly established and maintained airports.

5. Participation in any kind of motor speed contest (including trial, training and qualifying heats)

6. This Insurance does not cover any loss, damage, cost or expense directly or indirectly arising out of a) Biological or chemical contamination b) Missiles, bombs, grenades, explosives due to any act of terrorism

Claim Procedure:

1 In the event of the unfortunate death of the insured member, the nominee should intimate TNAI by phone and through email: tnaiinsurance@gmail.com mentioning the details of the policy as soon as possible.

2. A representative from the TNAI and claims team will be appointed to facilitate the nominee in raising the claim with the insurance company.

3. TNAI will provide assistance to the nominee by sharing the claim form and list of additional documents required for the claim.

4. The Nominee after receiving the instruction from claims team should furnish the required documents as soon as possible and share the same with Securenow.

5. Claims team will confirm the validity of documents provided and share the same to insurance company and raise claim on behalf of the nominee with an intimation to TNAI.

6. In case any additional documents/test/investigation is required by the insurance company the same will be communicate to the nominee.

7. After due diligence and conformation of all the documents provided by the nominee the insurance company shall release the claim amount with a copy to TNAI.

Following documents shall be required in the event of a claim. For Death Claim

- Duly filled up claim form
- Death Certificate
- Original FIR
- Original Panchnama (Summary of death report from the Police Department)
- Post mortem report

Please note - the final decision regarding the approval and amount of the claim lies with the insurance company and not with TNAI.

(To apply <u>click the link</u> or visit insurance.tnaionline.org)

Orientation Programmes for TNAI State Branch Executive Members

The TNAI had earlier decided to familiarise the Executive Members of various State Branches with the working of Headquarters in New Delhi. In line with same, members from States of (1) Kerala, (2) Bihar and (3) Telangana were imparted an Orientation Programme at TNAI Headquarters in May 2022. The idea was that knowledge of practices and procedures followed at Headquarters shall help the participants work in better coordination enabling smooth dialogue between the Headquarters and TNAI state Branch executive members.

All three programmes began with welcome of EC members and half an hour introduction about TNAI by Mrs Evelyn P Kannan, Secretary-General. The brief on SNAI and publication section was presented by Mrs S Vatchala Dhinakaran, Asst Secretary General and TNAI membership and recruitment services was taken up by Mr Ajinas AM, Asst Secretary General.

The aspects related to Agenda, Minutes, and preparation of report of State Branch were covered by Mrs Kanta Bhoral, Office Superintendent. The issues of land procurement & purchase, accounting and auditing were presented by Mr Sivadas K, Accounts Officer.

The participants were taken around various Units and Sections of the Hqrs to have hands-on idea of how the TNAI officials work.

Kerala State

The orientation programme was conducted on 1 May 2022 (Sunday) from 10.00 pm to 2.00 pm. Eleven office bearers attended this programme.

Bihar State

The orientation programme was conducted on 1 May 2022 (Sunday) from 2.00 pm to 4.10 pm. Four office bearers attended this programme.

Telangana State

The orientation programme was conducted on 2 May 2022 from 12.00 noon to 3.00 pm.Nine office bearers attended this programme.

At the end, all participants expressed their satisfaction having undergone the orientation programme at TNAI Hqrs.



TNAI SCHOLARSHIP

ACADEMIC YEAR 2021 - 2022

The Trained Nurses' Association of India invites applications to award scholarship for higher studies in nursing for the year 2021-2022.

Scholarships are available for the following courses.

I. For TNAI Members

- a) Master in Nursing
- b) Post-Basic BSc Nursing
- c) GNM only for Associate members of TNAI, i.e. ANM/MPHW(F)

II. For Associate TNAI Members [HVL and ANM/MPHW (F)]

All the above mentioned courses should be recognised by the Nursing Council/ Regulatory body.

Eligibility criteria

- 1. The candidates should have at least one year membership of TNAI before joining the course and active in TNAI/SNAI activities.
- 2. The candidates should not have received TNAI scholarship for at least last 5 years.
- 3. The candidates should not be a recipient of any other scholarship or financial help from any other source.
- 4. The proof of annual family income of the candidates should be obtained from competent Government authority and attached along with the application.

General Instructions

- 1. Application forms should be recommended and signed by the Principal/ Head of the Institution
- 2. The completed application forms addressed to: The Secretary-General, The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016, should be sent to TNAI Headquarters on or before August 31, 2022.
- 3. Applications received last or incomplete, shall not be considered.

THE TRAINED NURSES' ASSOCIATION OF INDIA

Headquarters: L-17, Florence Nightingale Lane, Green Park, New Delhi-110016

APPLICATION FOR TNAI SCHOLARSHIP: 2021-2022 Academic Year

1.		l Name: Miss/Mrs./Mr./Sr block letters)		Photograph
2.	ΤN	Al Life Membership No		Thotograph
3.	Da	te of Birth:	4. Nationality:	
5.	Po	stal Address		
6.	Ph	one / Mobile No.:	_E-mail:	
7.	Ма	rital Status: Single, Married, Widow, Widower:	8. Number of children, if any, with age:	
9.	Na	me of the course:	Year of study	/:
10.	Со	mmencement of course:(MM/YY)	Date of completion of course:(MM/YY)	
11.	Na	me and address of the Institution:		
B.	her	from any other source(s). reby certify that the information given in this application form	n is true to the best of my knowledge and belief.	
Dui			Signature of the candidate	
		Recon	nmendation	
	1.	Recommendation by the Principal/Head of the eligibility for the TNAI Scholarship.	Institution keeping in view, the merit of the c	andidate and the
		Signature:		
		Name :	Designation:	
		TNAI membership No	Office Seal	
		E-mail ID& Mobile No.:		
	2.	Status of SNAI unit in the institution including p	ayment of National subscription (2021-22)	<u>Yes / No</u>
	3.	Number of members enrolled to TNAI from this 2022 (including SNAI New Plan)		to March 31 st ,

Enclose the following:

- 1) Certificate of ANM/GNM /PC B.Sc.(N)/ B.Sc.(N), as applicable.
- 2) Nurses & Midwives Council Registration Certificate.
- 3) Mark sheet of higher Secondary or equivalent examination.
- 4) Certificate of annual family income of the candidate from competent Government authority.
- 5) Photocopy of TNAI Life membership card.
- 6) Bank account details of the applicant with copy of front page of Bank pass book and a crossed & cancelled cheque.

Bank Details of the Applicant

The scholarship amount shall be transferred (NEFT) to student's bank account directly from TNAI HQs. Hence, it is mandatory to fill the following information for disbursing the scholarship.

Name of the Account Holder: (should be in the name of stu						 	 	
Nature of account (SB/CA):						 	 	
Bank Account Number:						 	 	
Name of Bank:						 	 	
Branch & Address:						 	 	
IFSC Code:								
<u>Note</u> : Enclose a copy of a ca	ncelled cheq	ue from yo	ur accou	nt.]			

Signature of student

NJI Contributors to Submit Articles through NJI Portal

In case existing and prospective contributors of NJI and others may not aware, the online portal of TNAI's flagship periodical Nursing Journal of India was launched during an EC meeting on 4-5 September 2021.

With the NJI portal being fully functional authors are advised to use it for submission of articles. The peer reviewers shall also be enabled to offer their observations & comments. The portal can be accessed after logging in. The editorial team at Headquarters shall monitor the receipts at hand and onward action on the articles and related material, and queries of the contributors.

Authors may submit the manuscript via the link: https://www.tnaijour-nal-nji.com.

SNAI SCHOLARSHIP

ACADEMIC YEAR 2021 - 2022

The Trained Nurses' Association of India (TNAI) invites applications for award of SNAI Scholarships for the academic year 2021-2022.

Scholarships are available for the following courses:

- 1. ANM Programme / Multipurpose Health Workers (Female)
- 2. Diploma in General Nursing and Midwifery.
- 3. Basic BSc Nursing.

I. Eligibility Criteria

- 1. The applicant should be a bonafide student of a School/College of Nursing (recognised by Nursing Council/regulatory body).
- 2. The SNAI unit recommending the candidate for the Scholarship should be an active Unit for at least last **three years**.
- 3. The applicant should not be receiving any financial support/benefits from any other source by way of stipend / fellowship / scholarship, etc.

II. General Instructions

- 1. Application forms should be recommended and signed by
 - a) Unit SNAI advisor of the institution
 - b) Principal /Head of the Institution.
- 2. The selected awardee will be provided with Rs. 24000/- as one time scholarship.
- 3. The completed application forms addressed to: The Secretary-General, The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016, should be sent to TNAI Headquarters on or before **August 31, 2022.**
- 4. Applications received last or incomplete, shall not be considered.

Note:

- 1) Students of academic year 2021-2022 (1st year only-admitted between June 2021 to March 2022) are eligible to apply for the SNAI Scholarship.
- 2) Each SNAI Unit can forward maximum two applications only from each category i.e. ANM, GNM and B.Sc.(N).
- 3) The SNAI unit applying for scholarship should have enrolled all former students to TNAI after successful completion of their course (SNAI to TNAI membership), if they were/are following the old scheme of SNAI membership.
- 4) The SNAI annual subscription fee should have been paid for the entire batch of students in the institution, if the institution is following/opting SNAI subscription plan (old scheme).
- 5) Recommendation of the Unit SNAI Advisor and the Principal is mandatory.

THE TRAINED NURSES' ASSOCIATION OF INDIA

Headquarters: L-17, Florence Nightingale Lane, Green Park, New Delhi-110016

APPLICATION FOR SNAI SCHOLARSHIP: 2021-2022 Academic Year

	ll Name: Miss/Mrs./Mr./Sr./ block letters)									
2. SN	IA ID Number:									
3. Da	. Date of Birth4. Nationality									
5. Pr	5. Present Address:									
6. Stu	dent Mobile No E-mail ID :									
7. Co	urse details:									
(a)	Name of the Course:									
(b)	Name & Address of the Institution:									
(c)	Commencement of course:(MM/YY)Completion of course: (MM/YY)									
8. Sta	ate whether married/ single/widow/widower:									
9. If r	narried, number of children with age:									
10. Ba	asic educational qualification:									
	re you getting any financial help, stipend/scholarship from other sources? If Yes, name the source ve details:									
	ereby certify that the information given in this Application form is true to the best of my knowled	-								
	lso undertake to refund the whole amount of scholarship paid to me by the Trained Nurses' As case, I am offered any financial help from any other source(s).	sociation of India,								
Date:										
	Signature of the Candi	date								
Detai	To be filled by the Principal/Head of the Institution s of SNA Unit :									
(a)	Year of establishment of SNAI Unit:									
(b)	SNAI Subscription fee paid regularly ? (Tick) Yes / No: If yes, mention the last 3 years payr	nent details:								

Year	Plan		No. of Students	Amount Paid	Receipt No./
	Old New				*Date of Payment
2019-2020					
2020-2021					
2021-2022					

*If payment was made online.

indicate year wise receipt number with date:

(c) Number of person enrolled to TNAI membership for the period from 1st April 2021 to 31st March 2022 (including SNAI New plan and Old plan)

Rec	omm	end	ation

1. Recommendation of the Unit SNAI Advisor

	Signature:				TNAI Me	mbership	No:					
	Name:				·····	Desig	nation:					
	E-mail ID & Mobil	e No										_
2.	Recommendation eligibility for the TI		ship.		e Institutio							
Nar	ne of the Principal /Ir	n-charge of S	School /(College	of Nursing							
Sig	nature:				TN.	Al Member	rship No.					
Offi	ce seal											
E-n	nail-ID & Mobile No.	:										
End	close the following	:										
А. В. С.	Certificate of an and attached alo	nual family i	ncome applica	of the c tion.	andidate s	hould be o			•			
	·]	Bank I	Details of	the Appli	icant					
	e scholarship amount ndatory to fill the follo						ank accou	unt direc	tly from	TNAI H	Qs. Henc	e, it is
	ne of the Account Ho build be in the name of											
Nat	ure of account (SB/CA	A):										
Ban	k Account Number:	_										
Nar	ne of Bank:	_										
Bra	nch Name & Address											
IFS	C Code:											
Not	<u>te</u> : Enclose a copy of	a cancelled o	heque f	rom you	ır account.							
								_		Signa	ture of s	tudent
						TNAI B	ULLETI	N - JUL	Y 2022	VOL. X	(I No. 7	7 107

जरूरी है जनसंख्या पर चिंता और सख्त कार्यनीति

एक खुषहाल राष्ट्र के निर्माण में सबसे पहले जरूरी है कि सभी नागरिकों को तीन मूलभूत चीजों – रोटी, कपड़ा और मकान के लिए लाचारगी नहीं हो। दूसरी ओर इनकी आपूर्ति के लिए प्रकृति में उपलब्ध साधन अथाह नहीं हैं। स्वाभाविक है, जनसंख्या में बेतहाशा बढ़त होगी तो मौजूदा जल, भूमि आदि की किल्लत हो जाएगी।

विश्व जनसंख्या दिवसः वैश्विक जनसख्या के मुद्दे पर जनमानस में जागरूकता सवंर्धित करने की दृष्टि से सयुंक्त राश्ट्र की गवर्निंग कौंसिल ने 99 जुलाई 9६८६ को विश्व जनसंख्या दिवस का सूत्रपात किया। यह तारीख इसलिए तय की गई चूंकि इसी दिन दो वर्ष पूर्व 9६८७ को विश्व जनणनना ५ अरब तक पहुंच गई थी। तब से प्रतिवर्ष यह दिवस विशेष कार्यक्रमों के तौर पर मनाया जाता है जिनके माध्यम से परिवार नियोजन, लिंग समानता, गरीबी, मातृ व स्वास्थ्य और मानव अधिकारों के महत्व के बारे में लोगों को जागरूक किया जाता है।

वैश्विक स्तर पर भुखमरी, बेरोजगारी, भ्रष्टाचार, कालाबाजारी, महंगाई, हिंसा जैसी विकराल समस्याएं अनवरत बढ़ रही हैं इनके मूल में जनसंख्या वृद्धि बताया जाता है।. संप्रति विश्व के अधि ाकांश देष जनसंख्या की अनियंत्रित वृद्धि के बाबत चिंता में हैं।. देश की वर्तमान जनसंख्या १३५ करोड़ से अधिक है जो चीन के बाद विश्व में दूसरे स्थान पर है। इसके बावजूद प्रतिवर्ष एक नया आस्ट्रेलिया हम भारत में ही बना डालते हैं। अनुमान है कि वर्ष २०२८ तक भारत चीन को पछाड़ कर सर्वाधिक आबादी वाला देश हो जाएगा।

जनसंख्सा की असामान्य बढ़त से न केवल उपलब्ध साधनों का अभाव हो कर आपूर्ति प्रणाली डांवाडोल होती है बल्कि पर्यावरण प्रदूशण, ग्लोबल वार्मिंग जैसी मानव-विरोधी परिस्थितियों को बढ़ावा मिलता है। षुद्ध जल, उपजाऊ भूमि में ह्रास आदि अन्य समस्याएं जन्म लेती हैं। जनसंख्या नियंत्रित करने के संदर्भ में एक सच्चाई यह है कि सभी क्षेत्रों की भांति कार्यस्थलों में तेजी से मशीनीकरण हो रहा है। बदलते परिवेश में ९५ या २० व्यक्तियों का काम एक-दो व्यक्ति कर डालते हैं, यानी कार्मिकों की आवश्यकता तेजी से घट रही है।

ऐसा जरूर है कि अनेक देशों, विशेषकर यूरोपीय देशों में जनसंख्या में निरंतर गिरावट के कारण वहां की सरकारें चिंताग्रस्त हैं। वास्तव में, जनसंख्या को स्थिर रखने के लिए प्रति महिला प्रजनन दर २.9 अनिवार्य है, इससे कम होने पर जनसंख्या कम होने लगेगी। किंतु अधिकांश देशों का आलम दूसरा है। संयुक्त राष्ट्र के आर्थिक व सामाजिक कार्य विभाग की गणना है कि वर्ष २०५० में वैश्विक जनसंख्या २०२० के स्तर से लगभग २५ प्रतिशत बढ़ जाएगी।

अधिक जनसंख्या की समस्याओं से बचाव और भावी पीढ़ियों के लिए खुषहाल व्यवस्था निर्मित करने की दृष्टि से आवश्यक है कि विभिन्न विधियों से लोगों को शिक्षित और जागरूक बनाया जाए।

- प्रकाशन एकक, टीएनएआई

News From Nursing Institutions

Sri Ramachandra Faculty of Nursing (SRFON), Sri Ramachandra Institute of Nursing (Deemed to be University), Porur, Chennai: The 29th lamp lighting ceremony was held on 2 March 2022 in the university auditorium. The chief guest of the ceremony was Dr R Sudha, Principal, MA Chidambaram College of Nursing, Chennai. Shri VR Venkataachalam, Chancellor presided over the programme. The dignitaries on the dais lighted the Kuthuvillakku. Prof S Santhi, Vice Principal SRFON welcomed the dignitaries and the participants, Principal SRFON Prof SJ Nalini, introduced the dignitaries, lighted the Florence Nightingale lamp and transferred luminosity to senior nurse leaders: one hundred BSc (N) Basic First year nursing students dedicated themselves to the profession by lighting their lamps and recited the oath as inducted by the Principal SRFON. Dr S Aruna, Reader & Head, Dept of Com Health Nursing SRFON highlighted the significance of lamp lighting. Annual Report was presented by Dr A Manjula, Lecturer SRFON. In his address Prof Dr PV Vijayaraghavan, Vice Chancellor, SRIHER (DU)



appreciated the nurses for remakabe services rendered during Covid 19 pandemic encouraged students to be involved in research. Dr R Sudha, the chief guest, congratulated the students for selecting nursing as profession and highlighted career opportunities for nurses. Dr A Porkodi, Reader & Head, Dept of Med Surg Nsg, SRFON, SRIHER proposed vote of thanks.

ES College of Nursing (ESCON), Villu-

puram (TN): The graduation ceremony for BSc (Nursing), PB BSc Nursing and MSc (Nursing) students was organised on 24 March 2022 at TACW College ground. The Secretary Mr Senthil Kumar declared he graduation day open. Prof (Mrs) M Porselvi, Principal ESCON welcomed the gathering and presented the Institution annual report 2020-21. Dr C Sushila, Principal, Billroth



College of Nursing, Chennai & Governing Council memer, TN Dr MGR Medical University was the chief guest. In his address, the chief guest congratulated the management, principal and staff for imparting quality nursing education to students. She also highlighted he demand of nurses in various fields. She advised nurses to equip themselves with necessary skills and encouraged them to be adventurous and create innovations in nursing. Dr Sushila also conferred degree certificates to 201 graduates and awarded achievers and toppers. Founder Chairman, Secretary and Deputy Registrar of ESCON graced he occasion.

ES College of Nursing (ESCON), Villupuram (TN): The Lamp lighting ceremony for BSc (Nursing), DGNM and ANM students was celebrated on 23 March 2022 at TACW College ground. The ceremony started with a prayer song. Dr Anitha Rajendra Babu, Principal Rajalakshmi College of Nursing, Chennai was the chief guest of the programme; she and other dignitaries lighted the lamp, which was passed on to the students. Prof



(Mrs) M Porselvi, Principal ESCON administered Nightingale pledge to the students. In her speech, the chief guest complimented the students and their parents for choosing the profession of nursing and motivated the students to work with smile and loving care. She also advised the students to learn and develop appropriate skills for better outcomes and prove their excellence in the profession. This occasion was graced by founder Chairman, Secretary and Deputy Registrar of ES College of Nursing.

HEALTH-RELATED EVENTS OF THE MONTH

World Population Day: 11 July

Started in 1989 by the UNDP, World Population Day (WPD), an annual observance on 11 July, reaffirms the human right to plan a family, and encourages events, programmes, activities, and information-sharing to help make this right a reality throughout the world. It is celebrated globally to raise awareness about the consequences unbridled population spells for future of mankind. The focus of this year's WPD is, promoting necessary steps to curb the issue of overgrowing population.

Community organisations, educational institutions, business groups and individuals celebrate this day through meetings, discussions, educational information sessions, etc. A formidable barrier in this task is religious pleas for large families, still deeply rooted in certain groups.

Overpopulation means overburdening the natural resources and straining essential supplies for good living. Overpopulation is linked to poverty, illiteracy, unemployment, pollution, deforestation etc. As of March 2021, an estimated 7.8 billion people were living on Earth, Asia being the most populous continent; China and India clubbed together constitute about 36 percent of the world population. True, in some countries the population has a replacement fertility of 2.1 children per woman but in several other regions population growth is uncontrollable. The United Nations Department of Economic and Social Affairs projects that the world population shall be 20 to 30 percent larger in 2050 than in 2020.

In our country, incentives for raising the minimum age of marriage, late marriage, practice of adopting children, single girl child family, and better status and employment of women have borne fruits but much remains to be done.

World Hepatitis Day: 28 July

Hepatitis is the most serious disorder of the liver, a vital body organ without it is hard to lead a healthy life. Any compromise with the well being of the liver can have serious implications on the health of individuals. With a view to raise awareness about proper upkeep of the liver, World Hepatitis Day (WHD) is celebrated every year on 28 July; the theme for World Hepatitis Day 2022 is, I Can't Wait to Get Tested. The byline is, I Know that Hepatitis is the Leading Cause of Liver Cancer. Getting Tested is the Best Way to Protect Myself. Don't Wait. Get Tested.

Viral hepatitis is marked by inflammation of the liver caused by any of the five hepatitis viruses: A, B, C, D and E, is transmitted through channels like contaminated food or water, blood or other body fluids. Not many people are not unaware of the enormous toll it takes globally. WHD is organised by World Hepatitis Alliance to create awareness about controlling hepatitis infection through several programmes.

The signs of acute hepatitis are: fatigue, fever, loss of appetite and jaundice. Spread of hepatitis virus can be prevented through better awareness and services including blood and injection safety. An estimated 400 million people are living with hepatitis B and C worldwide and 1.4 million die yearly due to these infections, as per WHO; this figure is besides the new cases being added. Clubbed together, hepatitis A, B and C are the leading cause of liver cancer in the world, accounting for 78 percent of cases. Sadly, most persons with hepatitis are not aware of their infection leading to consistent debilitation or fatal liver disease, and also unknowingly transmit the infection to others.

FAREWELL

Shri Devi Chand

After 29 years of dedicated services to TNAI Hqrs, Shri Devi Chand bid retired after attaining the age of superannuation on 31 March 2022.

Born on 15 March 1962. He had joined the TNAI Hqrs on 9 February 1994 on contract basis, and was confirmed on 1 January 1995 as a Daftari on regular basis. Later he was promoted as Lower Division Clerk on 1 August 2010 and he (Shri Devi Chand) was also promoted as Upper Division Clerk last year, in 2021.

In a farewell function organised to mark this occasion on 4 April 2022 family members of Shri Devil Chand were also present, the TNAI officers and staff members spoke about his quite and submissive nature. He extended full-hearted cooperation in office work to anyone, and accepted whatever job was assigned to him without, they said. Examples of his hardworking habit and pleasant demeanour were recalled. He was a knowledgeable and sincere person as a person.



The TNAI wishes him a happy post-retirement life.

Lost and Found

It is for information of all concerned that my original (1) Class 10 & Class 12 certificates (2) General Nursing & Midwifery Diploma certificate (3) GNM Marks Sheets of 1st, 2nd and 3rd years and finals, passed in years 2014, 2015, 2016 & 2017 (4) Chhatisgarh Nurses Registration Council certificate, have been lost/ misplaced when on visit to local Employment Exchange on 21 January 2022. The same have not been recovered despite much efforts.

Ms Oshin Singh, D/o Mr Sushil Kumar Singh Guru Nanak Ward No. 20, Ishwar Nagar, (Behind Water Tank), Bhatapara - 493118 Dt Baloda Bazar (Chhatisgarh). Phone (M): 9131356011

This is to bring to notice of all concerned that I, Ms Reena Tigga have lost/ misplaced my original certificate and marks sheet of General Nursing & Midwifery Diploma, August 2020 pass out, bearing Roll No. 419111, Enrollment No. 18046040 and issued by CMAI, Nagpur. Further, the same have not been traced in spite of all my efforts.

Ms Reena Tigga, 314 Bhagirathpura, Near Laxmibai Nagar Rly Station Behind Water Tank, Indore - 452 003 (MP). Phone (M): 9179910547

Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-

SNA Members: Rs. 250/-

Children below 5 yrs: No charges

Non-Members: Rs. 900/-

Children 6-12 yrs: Rs. 150/-

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

Election Result: Chandigarh UT Branch 2022 (Open Election)

Results of the elections of Chandigarh UT Branch held on 13 May 2022 at Post-Graduate Institute of Medical Education & Research (PGIMER), Sector 12, Chandigarh, 160012: 1. President: Dr. Sukhpal Kaur, TNAI No. 36575, Address: Principal, NINE, PGIMER, Chandigarh. 2. Vice President: Ms Kulbeer Kaur, TNAI No. 297372, Address: Senior Nursing Officer- Infection Control Dept. of Medical Microbiology PGI, Chandigarh. 3. Secretary: Dr. Sunita Sharma, TNAI No. 24182, Address: Associate Professor, NINE, PGIMER, Chandigarh. 4. Joint Secretary: Ms Ramandeep Kaur, TNAI No. 208700, Address: Nursing tutor, Government Medical College & Hospital- 32, Chandigarh. 5. Treasurer: Mr Sushil Matoria, TNAI No. 213813, Address: Nursing officer, PGIMER, Chandigarh. 6. SNA Advisor: Ms Shruti, TNAI No. 115088, Address: Associate Professor, NINE, PGIMER, Chandigarh. 7. Chairperson-Membership Committee: Ms Loyce Renuka, TNAI No. 46896, Address: Senior Nursing Officer, PGIMER, Chandigarh. 8. Chairperson- Nursing Education Committee: Ms Rupinder Kaur, TNAI No. 152970, Address: Tutor, NINE, PGIMER, Chandigarh. 9. Chairperson- Nursing Service Section: Ms Nisha, TNAI No. 127788, Address: Nursing Officer, PGIMER, Chandigarh. 10. Chairperson- Programme Committee: Ms Neena Vir Singh, TNAI No. 28377, Address: Associate Professor, NINE, PGIMER, Chandigarh. 11. Chairperson- Public Health Nursing Section: Mr. Gopal Singh Jat, TNAI No. 169098, Public health Nursing Officer, Dept of Community Medicine and SPH, PGIMER, Chandigarh. 12. Chairperson - Economic Welfare Committee: Ms Mamta Suryavanshi, TNAI No. 149158, Address: Tutor, NINE, PGIMER, Chandigarh. 13. Representative- ANM/LHV Committee: Vacant

> Mrs Annie Kumar, Returning Officer TNAI Chandigarh UT Branch, C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.

TNAI BULLETIN

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