



## Readying for the Great SNAI Conference in Hyderabad

I believe you must be awaiting with much eagerness and enthusiasm for your participation in the 30th SNAI Biennial Conference during 23-27 November 2023 in the historical city of Hyderabad, as it is being conducted face-to-face after a long gap, because in a way dreaded Corona held us apart. We expect over 3,000 participants from 34 State branches in this mega event. Please keep in mind the theme, 'Empowering Students: Prospects & Challenges' in forthcoming deliberations of the Conference. Hope all your necessary preparations are in place. Kindly note that online registration for participation in SNAI has already started (for details, visit: [snaiconferences@gmail.com](mailto:snaiconferences@gmail.com)). Further details shall be shared via social media platform.

I deem it important to convey you a couple of decisions of recent meeting of National Executive of TNAs. One is extending the coverage of accidental death insurance to SNAI members to the tune of Rs. five lakh for student nurses who opt for New Membership plan. Another is, permitting air travel to State ANM representative for participation in SNAI Conference.

Keeping mind healthy & kicking: By the adage, "Mind in its own place and in itself can make hell of heaven and heaven of hell," John Milton meant was that it is basically our perception and not the reality per se that is behind our well-being. The health of mind has the primary role in upkeep of both physical and mental health. Unfortunately, many of the life style trends we have consciously and subconsciously espoused tend to sicken our minds. These include unrealistic ambitions, over thinking, passion for acquisitions & power, loss of intimate, personal relationships and over-much dependence on technology. The personal and social bonds that not only provided us emotional and psychological support to bank upon but also enabled us to live fully, and contribute our best for spiritual upliftment and human welfare. Ironically, as we envision of global village, we are tending to become lonelier by the day, a universal problem playing havoc with our mental health. Already, the WHO has predicted that globally in another 12 to 15 years, half the total persons shall be living with mental illnesses. In this context warning of US Surgeon-General Vivek Murthy that loneliness has emerged as an epidemic of as great a magnitude as hypertension and diabetes mellitus assumes much importance.

As a remedial measure from this troubled scenario, the top US public health authority has advocated social connectedness and lesser dependency on technology.

**World Mental Health Day:** The WHO estimation of some 970 million people living with mental disorders calls for serious and sustained efforts to address the issue. Ironically, in many countries hardly a tenth of those who need it receive the required treatment. With this pathetic condition in view, World Federation for Mental Health (WFMH) organises World Mental Health Day on 10 October every year; this day raises public awareness about mental health issues through such measures as open discussion of mental disorders, and investments in prevention, promotion and treatment services. This year the theme for the day is 'Mental Health is a Universal Human Right'.

Evelyn P Kannan  
Chief Editor & Secretary-General

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# THE TRAINED NURSES' ASSOCIATION OF INDIA



is organising

**STUDENT NURSES ASSOCIATION OF INDIA**

**30<sup>th</sup> BIENNIAL CONFERENCE 2023**



**Hosted by TNAI Telangana State Branch**

(1) Pre-Conference Meetings (23-24 Nov 2023); (2) Conference (25-26 Nov 2023);  
(3) Sightseeing (27 Nov 2023)

## List of Committee Chairpersons and Co-Chairpersons

*THEME: "Empowering Nursing Students: Prospects and Challenges".*

### Conference Chairperson

Prof. (Dr.) Roy K. George  
National President, TNAI

### Conference-Co-Chairperson

Dr. Jaeny Kemp  
National Vice-President, TNAI  
(South Region)

### Conference Secretary

Mrs. Evelyn P. Kannan  
Secretary-General, TNAI

1. Organising Committee	
Chairperson	<b>Mrs. Rajeswari Muppidi</b> , President, TNAI Telangana State Branch H NO. 17-1-383/IP/122, Indraprastha Township Phase-I, Saidabad-500059, Telangana. Mobile No. 9866666074. rajeswari7776@gmail.com
Co-Secretary	<b>Mrs. T. Swarajyavani</b> , Secretary- TNAI Telangana State Branch, Principal, Vijaya Health Care Academic Society CON, Survey No. 157 & 167, Godumakunta Village, Rampally Dayara Post, Keesara, Medehal Distt-501301, Telangana Mobile No. 9866472472. Swarajyavani.tallapalli@gmail.com
2. Programme and Fund-Raising Committee	
Chairperson	<b>Mrs. Queen Mary</b> Senior Nursing Officer, ESIC MCH, Hyderabad speedster_queen@yahoo.co.in. Ph: 9177773031
Co-Chairperson	<b>Mrs. T. Bhagya</b> Principal, Shadan College of Nursing, Shadan Teaching Hospital and Research Centre Peerancheru, Golconda 500091. sconprincipal@gmail.com Ph: 9491693463
3. Reception Committee	
Chairperson	<b>Mrs. Vidyullatha</b> Principal, Govt. College of Nursing, Secunderabad gconsecunderabad2013@gmail.com. Ph: 9948696297
Co-Chairperson	<b>Mrs. Venkata Ramana</b> Lecturer, Govt. College of Nursing, Secunderabad gconsecunderabad2013@gmail.com. Ph: 9959284789
4. Accommodation Committee	
Chairperson	<b>Sr. Bandhavi Sikha</b> Principal, JMJ College & School of Nursing, Sanathnagar. sikhajmj@yahoo.com. Ph: 9492433688

Co-Chairperson	<b>Mrs. Vinitha Devis</b> Associate Professor, J.M.J College & School of Nursing, Sanathnagar. vinnydevis13@gmail.com. Ph: 9550617897
<b>5. Transport Committee</b>	
Chairperson	<b>T Swarajyavani,</b> Principal, Vijiya Health Care College of Nursing Swarajyavani.tallapalli@gmail.com. Ph: 9866472472
Co-Chairperson	<b>Mrs. Carmen Marie Miranda</b> Associate Professor, Vijiya Health Care College of Nursing Vijiyason2009@gmail.com. Ph: 9505015544
<b>6. Invitation Committee</b>	
Chairperson	<b>Mrs. Sidamma Sangaraju</b> Principal, Yashoda Lakshmi College of Nursing, Gowdavalli, Medchal. laxmicollege@gmail.com. Ph: 9848087103
Co-Chairperson	<b>Mrs. Queeni</b> Associate Professor, Yashoda Lakshmi College of Nursing Gowdavalli, Medchal. laxmicollege@gmail.com. Ph: 9052051087
<b>7. Catering Committee</b>	
Chairperson	<b>Mrs. PadmaJaini</b> I/C Principal, Govt. College of Nursing, Sangareddy. padmajaini15@gmail.com. Ph: 9396480715
Co-Chairperson	<b>Mrs. Soujanya</b> Lecturer, Govt. College of Nursing, Sangareddy soujanyaajanga.hyd@gmail.com. Ph: 9553225514
<b>8. Poster Exhibition Committee</b>	
Chairperson	<b>Mrs. G. Kamala</b> Principal, Govt. College of Nursing, Gadwal kamala.con@gmail.com. Ph: 9505144216
Co-Chairperson	<b>Mrs. E. Sheeba Rani</b> Lecturer, Govt. College of Nursing, Gadwal graceamruthathalluri@gmail.com. Ph: 9550215720
<b>9. Scientific Session Committee</b>	
Chairperson	<b>Prof. Mrs. M. Suseela</b> Principal, Government College of Nursing Warangal suseelamulupuru@gmail.com. Ph: 9849969768
Co-Chairperson	<b>Mrs. D. D. Christina</b> Lecturer, Government College of Nursing Warangal christina.dayadanam@gmail.com. Ph: 9989293229
<b>10. Floor Decoration Committee (Rangoli)</b>	
Chairperson	<b>Mrs. K P Beulah</b> Principal, Mallareddy College kpbeulah@gmail.com. Ph: 9395351155

Co-Chairperson	<b>Mrs. Christy Roja</b> Assistant Professor, Mallareddy College mallareddycon@gmail.com. Ph: 9703895710
<b>11. Quiz Committee</b>	
Chairperson	<b>Prof. N. Sheela</b> Principal, KIMS College of Nursing, Secunderabad sheela.n@kimshospitals.com. Ph: 7330999133
Co-Chairperson	<b>Mrs. V. Chandrakala</b> Professor, KIMS College of Nursing, Secunderabad vckala31@gmail.com. Ph: 9949644883
<b>12. Essay &amp; Extempore Committee</b>	
Chairperson	<b>Mrs G. Lilly Mary</b> I/C. Principal, Govt. College of Nursing, Siricilla gconsiricilla@gmail.com. Ph: 9440010444
Co-Chairperson	<b>Mrs. Shyamala,</b> Lecturer , Govt. College of Nursing Siricilla shyam.nanibubly@gmail.com. Ph: 9542292509
<b>13. Pencil Sketch, Mono-acting Committee</b>	
Chairperson	<b>Dr. S. Kanakalakshmi</b> Principal, Apollo College of Nursing aconhyderabad@yahoo.com. Ph: 9441126730
Co-Chairperson	<b>Mrs. Harika Priyanka</b> Associate Professor, Apollo College of Nursing aconhyderabad@yahoo.com. Ph: 9000039208
<b>14. On the Spot Painting Committee</b>	
Chairperson	<b>Dr. Vasundhara Thulasi,</b> Principal, RTC College of Nursing, Hyderabad. Vasundharatulasi67@gmail.com. Ph: 9885142175
Co-Chairperson	<b>Mrs. Percis Paul,</b> Associate Professor, RTC College of Nursing, Hyderabad. percisraj@gmail.com. Ph: 7396807742
<b>15. Cultural &amp; Personality Development Committee</b>	
Chairperson	<b>Mrs. Fatima Juliet</b> Principal, Government College of Nursing, Mancherial, TS. gconmnc@gmail.com. Ph: 9985397125
Co-Chairperson	<b>Mrs. J. Sujatha</b> Associate Professor, Government College of Nursing, Mancherial, TS. gconmnc@gmail.com. Ph: 9440011514

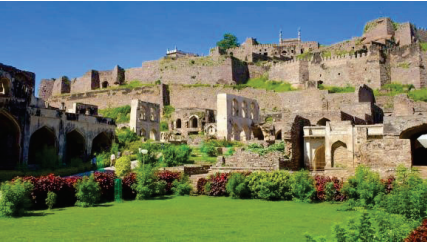
16. Press & Publication Committee	
Chairperson	<b>Mrs. Vidyavathi</b> Principal Government College of Nursing, Jagtial Registrar, TSNMC vidyavathi2007@yahoo.com. Ph: 9849332400
Co-Chairperson	<b>Mrs. T. Sunitha</b> Lecturer, Government College of Nursing, Jagtial, TS t.sunitha@yahoo.com. Ph: 9866218401
17. Health Committee	
Chairperson	<b>Mrs. T. Jyothi</b> Principal, Kamineni College of Nursing, L. B Nagar. kamineni.con@kamineninursing.org. Ph: 8074895902
Co-Chairperson	<b>Mrs. Mary Konka</b> Professor, Kamineni College of Nursing, L.B. Nagar kamineni.con@kamineninursing.org. Ph: 9948997726
18. Sports Committee	
Chairperson	<b>Mrs. B. Padma</b> Principal, Chalmeda Anand Rao College of Nursing, Karimnagar caimscon@gmail.com. Ph: 9908297213
Co-Chairperson	<b>Prof. Biju M S</b> HOD of MHN, Chalmeda Anand Rao College of Nursing, Karimnagar bijuselvaraj@gmail.com. Ph: 9566997726
19. Decoration Committee	
Chairperson	<b>Sr. Nirmala</b> Principal, Vijay Marie College of Nursing vmcollege2003@gmail.com. Ph: 9676367559
Co-Chairperson	<b>Mrs. G. Swetha</b> Professor, Vijay Marie College of Nursing vmcollege2003@gmail.com. Ph: 9966569674
20. Souvenir Committee	
Chairperson	<b>Dr. Queen Mary</b> Senior Nursing Officer, ESIC MCH, Hyderabad speedster_queen@yahoo.co.in, Ph: 9177773031
Co-Chairperson	<b>Mrs. Ivy Dias</b> Principal, Indo American School of Nursing dias.biach@gmail.com, Ph: 9490749495  <b>Mrs. V. Chandrakala</b> Professor, KIMS College of Nursing vckala31@gmail.com, Ph: 9949644883
21. Finance & Registration Committee	
Chairperson	<b>Mrs. BN Prasanna Kumari</b> Principal, Eshwari Bai College of Nursing ebmcon@gmail.com. Ph: 9010055088

Co-Chairperson	<b>Mrs. Divya</b> Associate Professor, Eshwari Bai College of Nursing divyasujith87@gmail.com, Ph: 9504645799
<b>22. Sight Seeing Committee</b>	
Chairperson	<b>Mrs. Kamala</b> Principal, Princess Durru Shehvar College of Nursing pds_con2003@yahoo.com. Ph: 9849313386
Co-Chairperson	<b>Mrs. Ayesha Begum</b> Vice-Principal, Princess Durru Shehvar College of Nursing pds_con2003@yahoo.com. Ph: 9052711784
<b>23. Inaugural Committee</b>	
Chairperson	<b>Mrs. I. Kranthi</b> Principal, Care College of Nursing carenampallycollegeofnursing@gmail.com. Ph: 7995198404
Co-Chairperson	<b>Ms. Alekya</b> Lecturer, Care College of Nursing auiyuru@gmail.com. Ph: 6304248335
<b>24. Valedictory Committee</b>	
Chairperson	<b>Professor D.R. Radha Rukmini,</b> Principal, Government College of Nursing, Somajiguda d.radharukmini@gmail.com. Ph: 9848704989
Co-Chairperson	<b>Mrs. Padma,</b> Assistant Professor, Government College of Nursing, Somajiguda vncpadma@gmail.com. Ph: 7207830001
<b>25. TNAI Headquarters contact details of Officers / Staff for respective competitions</b>	
<b>Mrs. Sanghamitra Sawant, Assistant Secretary-General, TNAI. Mobile No:7838371331</b> Invitation & Reception, Poster Exhibition, Souvenir, Minutes, Essay writing, Pencil sketching, On the Spot Painting, Floor Decoration (Rangoli), Dance competition.	
<b>Mr. Ajinas A.M. Assistant Secretary-General, TNAI. Mobile No: 7669946469</b> Registration, Hall Arrangement, Press & Public Relation, Advertisement, Sports –Outdoor, Sight Seeing.	
<b>Mrs. S. Vatchala Dhinakaran, Assistant Secretary-General, TNAI. Mobile No:8587825407</b> Scientific Session, Quiz, Extempore Speech, Mono acting, Health, Cultural Programme and Personality Development Contest.	
<b>Mr. Sivadas, Account Officer, TNAI. Mobile No:7838369281</b> Transport, Accommodation (for the National Officers of TNAI, EC & Council members and Guests), Catering, Finance and Audit	
<b>Mrs. Mohini Mehra, SNAI Section, TNAI. Mobile No:8587825407</b> All SNAI Competitions	
<b>Mr. Praveen Kumar Saini, Publication Section, TNAI. Mobile No:7838373816</b> Accommodation (for State SNAI Advisor, State SNAI Representatives and State Treasurers) and Sports Committee (Indoor)	

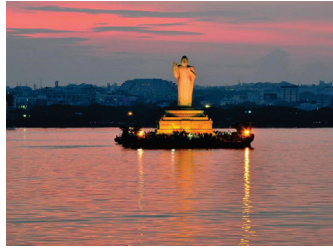
**Note:** Please Contact through : Email: [snaiconferences@gmail.com](mailto:snaiconferences@gmail.com).

\*Only WhatsApp message or calls allowed

## Places of Historic & Tourist Interest in Hyderabad



Golconda Fort



Hussain Sagar



Charminar



Ramoji Film City



BM Birla Science Museum



Qutub Shahi Tombs (Seven Tombs)

Hyderabad, the capital of Telangana and Andhra Pradesh states, the fifth largest city of India, located on the Deccan Plateau was founded by Muhammad Quli Qutb Shah of Golkonda in 1591. The hi-tech cosmopolitan city is richly endowed with a variety of cultures. One-time capital of the city was Bhagyanagar, named after a royal beloved Bhagyamati, who became the wife of Quli Qutub Shah. The city presents an attractive mix of old-world charm with new world. At the centre of new city lies the Charminar with four great roads fanning out in the four cardinal directions. The Qutub Shahi rulers were great builders. The Mecca Masjid, a popular destination of visitors, was so named since many bricks embedded above the gate were made from the soil brought from Mecca. The Qutub Shahi rulers not only patronised the Persian culture but also the regional culture of the Deccan, symbolised by the Telugu language. The Ramoji Film City is the largest integrated film city in the world with comprehensive film making equipment and other facilities; it has mention in the Guinness Book of World Records as the largest studio on earth.

One of the most enchanting spots in the city, Hussain Sagar is a majestic man-made lake in the shape of a necklace. The lake offers stunning views of the huge Buddha statue that stands in the middle of the water body. To flame your thrill further, you can hire a trip on a ferry or a boat and begin exploring the magical views of the surroundings. Another place to visit in Hyderabad with kids, BM Birla Science Museum comprises a science centre, planetarium, art gallery, and a museum. The dinosaurian is a recent addition to the centre and has become a hit among kids in no time. While you are here, encourage your little ones to explore the various exhibits of the museum. They can also enhance their knowledge about the universe, stars, and other celestial bodies at the planetarium.

**Qutab Shahis tombs:** These seven tombs were planned and built by Qutub Shahis and later renovated by Salar Jung III, Mir Yousuf Ali Khan in the 19th century. Constructed on an elevated platform, these tombs are made up of grey granite. These 9-15 meter high quadrangular shaped tombs are surrounded by pointed arches. Each tomb is well decorated with beautiful ornamentation. However with the passage of time, these ornamentation are not clearly visible. Hyderabad offers a variety of attractions for the visitors and serves as a great treat for lovers of history, art, architecture with several ornate tombs, palaces and mosques adorning the pristine city.

# THE TRAINED NURSES' ASSOCIATION OF INDIA

is organising

Student Nurses Association of India (SNAI)

## 30<sup>th</sup> BIENNIAL CONFERENCE 2023

at Hyderabad, Telangana from 23<sup>rd</sup> to 27<sup>th</sup> November 2023

*Cordial invitation to all the delegates*

On behalf of the SNAI members of the Telangana State Branch, we take this opportunity to invite all the delegates to the 30<sup>th</sup> SNAI Biennial Conference to be held at Hyderabad from **23<sup>rd</sup> to 27<sup>th</sup> November 2023**

We look forward for your esteemed presence on this grand event.



Ms. Kanumala Leena Dorcus  
3<sup>rd</sup> Year B.Sc.(N) Student  
State SNAI Vice President



Ms. Jasmin Maria Philip  
3<sup>rd</sup> Year B.Sc.(N) Student  
State SNAI Secretary

### सभी को उचित पोषण मिलने की मुहिम

वर्ष 1945 में खाद्य और कृषि संगठन (एफएओ) की स्थापना के मद्देनजर प्रतिवर्ष 16 अक्टूबर का दिन विश्व खाद्य दिवस बतौर 150 से अधिक देशों द्वारा मनाया जाता है। यह एसडीजी 2 के लक्ष्य प्राप्त करने के लिए प्रतिबद्धता व्यक्त करने का अवसर है। इस दिन के आयोजनों में अंतर्राष्ट्रीय कृषि विकास कोष और विश्व खाद्य कार्यक्रम की भी भागीदारी रहती है। विश्व खाद्य दिवस की नींव 1979 में 20वें सम्मेलन में रखी गई थी।

भोजन के संदर्भ में विश्व की प्रमुख चिंताएं अनवरत मुखर हैं: विश्व में सभी को खिलाने योग्य, पर्याप्त भोजन है, फिर भी 11 प्रतिशत व्यक्ति भूख के शिकार हैं, यह समस्या निर्धन और संपन्न दोनों देशों में है; टीबी, मलेरिया या एड्स की तुलना में भूख से अधिक मौतें होती हैं; विश्व में करीब 60 प्रतिशत महिलाएं भुखमरी से ग्रस्त हैं; भूख की समस्या अंततः बच्चों में असामान्य वृद्धि, कुपोषण और मृत्यु का कारण बनती है।

इन कार्यक्रमों का लक्ष्य उन लोगों के प्रति विश्वव्यापी जागरूकता पैदा करना है जो भूख से ग्रस्त हैं ताकि सभी को पता हो कि भोजन एक बुनियादी और मौलिक मानव अधिकार है; अंतिम लक्ष्य है, विश्व भर में फेली भूख का जड़ से खात्मा हो।

**डब्ल्यूएफपी एवं भारत:** वर्ष 1963 से डब्ल्यूएफपी भारत में कार्यरत है। यह देश में खाद्यान्न उत्पादन में आत्मनिर्भरता प्राप्त करने के बाद से खाद्य वितरण से लेकर तकनीकी सहायता के क्षेत्र में कार्य करता है। खाद्य वितरण के संदर्भ में देश में सब्सिडी वाली खाद्य वितरण प्रणाली की दक्षता, जवाबदेही एवं पारदर्शिता को बेहतर बनाने के प्रयास किए गए हैं। इसके तहत देश भर में करीब 80 करोड़ गरीबी रेखा से नीचे के लोगों को गेहूं, चावल, चीनी एवं मिट्टी के तेल की आपूर्ति की जाती है। इसी के साथ शासकीय स्कूलों में मध्याह्न भोजन कार्यक्रम (मिड डे मील) के तहत भोजन के पोषक गुणों में संवृद्धि हेतु स्कूली भोजन में बहु-सूक्ष्म पोषक तत्वों को सुदृढीकृत किया जाता है।



## TNAI Organises Nursing Principals' Meeting at JSCN, Raipur (CG) in Collaboration with Chhattisgarh Nurses Registration Council

The Trained Nurses' Association of India (TNAI) conducted a meeting of Principals of nursing institutions at Jagadguru Shankaracharya College of Nursing (JSCN), Raipur (Chhattisgarh) on 28 August 2023. The program was started with prayer song. The purpose of the meeting was to discuss the status of nurses and nursing services in Chhattisgarh and deliberate on ways to bring necessary improvements.

Mrs Sabina Benn, Principal of JSCN welcomed the gathering. Dr Abhilekha Biswal, President, TNAI Chhattisgarh State Branch and their team members

felicitated the dignitaries. Mrs Durgawati Kunjam, Registrar of Chhattisgarh Nurses Registration Council briefed about the challenges being faced by the Nurses of Chhattisgarh and promised to support nurses for their professional growth and development.

Mrs Neetu Tripathi, Nodal Officer, Nursing Department, Directorate of Medical Education explained about the standards maintained in nursing education in the West Bengal.

Prof (Dr) Roy K George, National President TNAI, in his presidential address, outlined the various activities being carried out by TNAI at the national level. Mrs Evelyn P Kannan, Secretary-General TNAI addressed the participants on the numerous professional and other benefits available to nurses joining TNAI. Mrs Vatchala Dhinakaran, Assistant Secretary General, SNAI mentioned the activities and benefits provided to SNAI units and access to scholarships for SNAI members.

A special feature of the meeting was the panel discussion on 'Challenges Specific to Nursing Students in Chhattisgarh', moderated by Mrs Evelyn P Kannan, Secretary- General. The panelists were Dr Abhilekha Biswal, President- TNAI Chhattisgarh State Branch, Dr Rema Rajesh, Faculty Dr Jibi George, CEO & Principal, Prof (Dr) Beny Susan Chacko, Principal and Sister Molly Thomas, Principal.

Vote of thanks was proposed by Dr Sindhu Anil Menon, Secretary, TNAI Chhattisgarh State Branch. The programme ended with National Anthem.



### **International Day for Older Persons Day: 1 October**

Dedicated to honour, respect and care to the elderly of the world, International Day for Older Persons Day is an annual observance on 1 October. It spreads awareness about the importance of senior citizens in our society and to appreciate their contributions. Senior citizens carry enormous responsibility as leaders and guides of the society; hence they must not remain marginalised from the main stream life. Rather, their rich experience should be used in various fields. With availability of better medical and health care facilities the world over, there has been increase in longevity, and the elder population shows an upward graph. “By the year 2050, one of five will be 60 years or older; by 2150, it will be one of three persons”, according to the United Nations. This calls for creation and strengthening of facilities and infrastructure to match the routine and psychological needs of the elderly. The 2023 theme of the day is, Resilience of Older Persons in a Changing World.

### **World Mental Health Day: 10 October**

Celebrated every year on 10 October, the World Mental Health Day seeks to raise awareness of mental health and driving positive change for everyone’s mental health. The theme for 2023 World Mental Health Day is, ‘Mental health is a universal human right’, which is consistent with the 1948 founding principles of World Federation of Mental Health (WFMH). The global campaign aims to place mental health in a human rights framework to re-cast the aspiration for sound mental health as a fundamental human right. It’s also a chance to talk about mental health, how we need to look after it, and how important it is to get help if you are struggling.

Previous reports by the UN Human Rights office highlight that people with mental health conditions and those with psychosocial disabilities experience disproportionately higher rates of poor physical health and reduced life expectancy. Stigma is also a significant determinant of quality care and access to the full range of services required. Discrimination, harmful stereotypes and stigma in the community, family, schools and the workplace prevent healthy relationships, social interactions and the inclusive environments needed for the well-being of all members of society. Access to better living conditions, security, food, shelter and housing are all necessary for people’s mental health, says the WFMH President Nasser Loza.

### **World Food Day: 16 October**

Hunger is one of the greatest challenges the world is facing today. Globally, some 783 million people do not have adequate food and more than 40 million people in 51 countries particularly in Yemen, Sudan, Ethiopia and Nigeria are reportedly undergoing ‘emergency’ or worse levels of hunger due to famine or conflict situations. Addressing the issues of hunger, malnutrition or undernutrition, World Food Day (WFD) is organised on 16 October every year, the founding day of UN Food and Agriculture Organisation (FAO) in 1945. Organising partners in celebrations are World Food Programme, World Health Organisation, International Organisation for Sustainable Development (IOSD) and others. The underlying belief is that in a world of plenty, hunger should be a thing of the past.

The focus of WFD 2023, ‘Water is Life, Water is Food. Leave No One Behind.’ The theme highlights the crucial role of water for life on earth and water as the foundation of our food. It also seeks to raise global awareness about the importance of managing water wisely as rapid population growth, economic development, urbanisation, and climate change threaten water availability.

## Rates for NJI Subscription

It is to bring to notice of NJI subscribers that as per decision of TNAI's EC, the annual and five-yearly price of Nursing Journal of India for individuals and institutions shall be revised upwards from April 2023 as under:

Existing Rates	New Rates w.e.f. April 1, 2023
<b>For Institutions</b>	
<ul style="list-style-type: none"><li>One year subscription: Rs. 1500/-</li><li>Five Years subscription: 6500/-</li></ul>	<ul style="list-style-type: none"><li>One year subscription: Rs. 2000/-</li><li>Five years subscription: Rs. 9000/-</li></ul>
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<ul style="list-style-type: none"><li>One year subscription: Rs. 1000/-</li><li>Five Years subscription: Rs. 4000/-</li></ul>	<ul style="list-style-type: none"><li>One year subscription: Rs. 1500/-</li><li>Five years subscription: Rs. 6500/-</li></ul>

All payments shall be accepted in the form of demand draft in favour of 'The Trained Nurses' Association of India' payable at New Delhi. Local subscribers can also deposit the subscription charges as cash at TNAI Headquarters.

All communication related to NJI should be sent to the following address:

**Secretary General, The Trained Nurses' Association of India**

L-17 Florence Nightingale Lane, Green Park, New Delhi-11 0016.

Phone: 011-40195409, 40195407

Email: publicationstnai@yahoo.com, tnai\_2003@yahoo.com

Website: www.tnaionline.org

*NOTE: Those already enrolled for subscription of the Nursing Journal of India (NJI) may kindly ignore this communication.*



You can also detach the proforma below, which should be duly filled in and sent along with demand draft of requisite value.

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Complete address with pin code: .....

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Phone No. ....

Fax: .....

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Demand Draft No. ....-dated .....

Drawn at ..... (name of bank & branch)

Signature .....



## Nomination Sheet: TNAI Maharashtra State Branch Election 2024

Post	Name and Address of the Nominee	TNAI Number
President		
Vice President		
Secretary		
Joint Secretary		
Treasurer		
SNAI Advisor		
Chairperson – Programme Committee		
Chairperson – Membership Committee		
Chairperson – Public Health Nursing Section		
Chairperson – Nursing Service Section		
Chairperson – Nursing Education Section		
Chairperson – Economic Welfare Committee		
Representative ANM/LHV Committee		

Nominator's Signature \_\_\_\_\_

Nominator's TNAI No. \_\_\_\_\_

Nominator's Name and Address \_\_\_\_\_

Nominator's Email/Mobile No. \_\_\_\_\_

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **17th October 2023** (6 weeks from the date of Publication).
2. The election venue, date and time will be informed to you well in advance.
3. Both the nominator as well as nominee shall be a life member of TNAI.
4. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.

5. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
6. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
7. The members who are residing outside the country and state shall not be eligible for contesting election.
8. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
9. Outgoing office bearers who completed one term shall be eligible for re-election for one more term.
10. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time.
11. A break of four years after two consecutive terms (8 years) is necessary for the President/Secretary of the branch.
12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
13. The Chairperson of the Public Health Nursing Section, Nursing Service Section, Education Section and Representatives of Health Visitor's League (HVL)/ANM should be elected from their respective field only.
14. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
15. Please mark the envelope **"Nomination sheet – TNAI Maharashtra State Branch Election 2023"**.
16. Completed Nomination Sheet(s) and all other correspondence related to election to be sent to the following address: **Returning Officer, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**

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- 2. Associate Professor (MSN)**
- 3. Clinical instructors: B.Sc. (N) or P.B. B.Sc. Nursing**

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**DIRECTOR**

## Election Results - TNAI Assam State Branch 2023

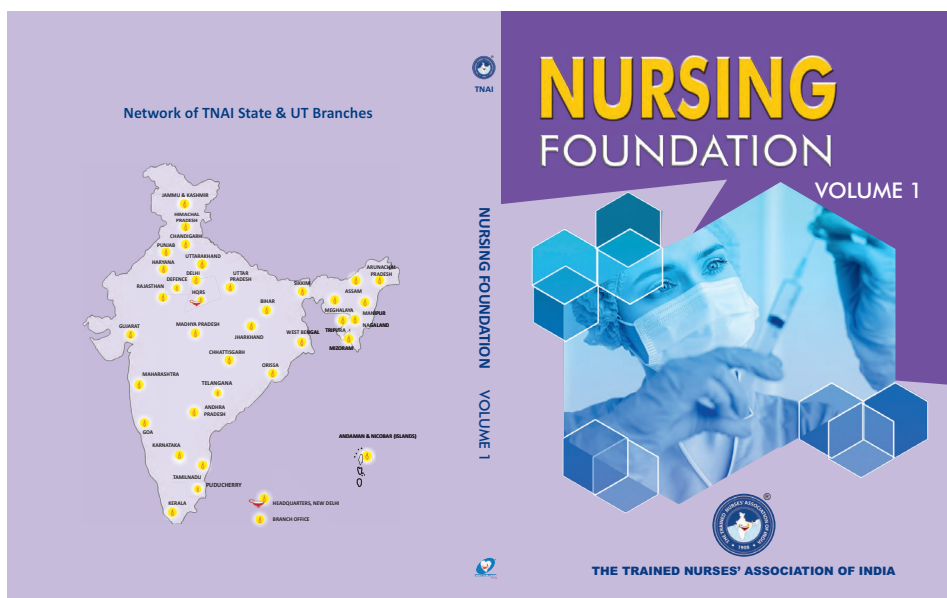
An open election of TNAI Assam State Branch were held on 11th August, 2023 at Down Town University campus Panikhaiti, Guwahati-781026, Assam. The following office bearers were declared elected: **President:** Mrs. Bina Borah, TNAI No. 16194, Address: NEPNI School of Nursing, Hatigaon, Guwahati-781038, Assam. **Vice President:** Mrs. Ellora Brahma, TNAI No. 14051, Address: Registrar, Assam Nurses Midwives & Health Visitors' Council, Sixmile, Khanapara, Guwahati- 22, Assam. **Secretary:** Mrs. Anjali Hazarika, TNAI No. 15953, Address: Associate Professor, Regional College of Nursing, Guwahati-781032, Assam. **Joint Secretary:** Ms. Sukla Sarkar, TNAI No. 57717, Address: 5-B, Saroj Villa Apartment, Ulabari, Guwahati-781007, Assam. **Treasurer:** Sr. Elsy PJ, TNAI No. 55886, Address: Principal, St. Jerosa Nursing Institute, VG Hospital, PO Boiragimath, Dibrugarh-786001, Assam. **SNAI Advisor:** Mrs. Junu Sarma, TNAI No. 257942, Address: Asstt. Matron, Model Hospital, Kamrup Metro, Assam. **Chairperson Programme Committee:** Mrs. Karabi Das, TNAI No. 29001, Address: Bhetrapara, Brahmaputra Housing Society, Guwahati – 781028, Assam. **Chairperson Membership Committee:** Ms. Swapna Saikia, TNAI No. 284964, Address: Health City Hospital, Khanapara, Guwahati-781022, Assam. **Chairperson Public Health Nursing Section:** VACANT. **Chairperson Nursing Service Section:** VACANT. **Chairperson Nursing Education Committee:** Ms. Kabita Saikia, TNAI No. 253202, Address: Principal, Red Cross Nursing Training Centre, Red Cross Hospital, Chandamari, Guwahati- 781003, Assam. **Chairperson Economic Welfare Committee:** Ms. Rukiya Nabiya Ahmed, TNAI No. 258502, Address: BSc Nursing College Silchar, SMCH Campus, Ghungoor, Silchar-788014, Assam. **Representative ANM/LHV Committee:** VACANT

Prof. Pushpita Chakravorty, Returning Officer  
Assam State Branch Election-2023

## Election Result- TNAI Himachal Pradesh State Branch 2023

An open election of TNAI Himachal Pradesh State Branch were held on 5th August, 2023 at Community Center, Ward No. 2, Nalagarh, Distt. Solan-174101, Himachal Pradesh. The following office bearers were declared elected: **1. President:** Mrs. Uma Sharma, TNAI No. 41573, Address: Office of Senior Medical Superintendent, R H Solan-173212, HP. **2. Vice President:** Mrs. Meena Chandel, TNAI No. 35118, Address: HNo. 30, Phase-II, Housing Board Colony, Bilaspur-174001, HP. **3. Secretary:** Ms. Brij Bala Katoch, TNAI No. 62050, Address: Ward Sister, Dr. Rajendra Prasad Govt. Medical College, Kangra at Tanda- 176002, HP. **4. Joint Secretary:** Ms. Hemlata Arya, TNAI No. 62054, Address: Village Jarli, PO, Pudar, Teh Sadar, Near Indus Global School, Mandi- 175001, HP. **5. Treasurer:** Mrs. Naresh Kumari, TNAI No. 62078, Address: Hari Niwas, Below Chopra House Sangauli, Shimla-171006, HP. **6. SNAI Advisor:** Mrs. Indira Marjara, TNAI No. 62056, Address: Kailash Niwas, North Oak Estate Sangauli, Shimla-171006, HP. **7. Chairperson Programme Committee:** Ms. Suman Kumari Chauhan, TNAI No. 237549, Address: Staff Nurse, SLBSGMCH, Nerchowk- 175008, HP. **8. Chairperson Membership Committee:** Mrs. Manorma Sharma, TNAI No. 41585, Address: Office of Senior Medical Superintendent, R H, Solan- 173212, HP. **9. Chairperson Public Health Nursing Section:** VACANT. **10. Chairperson Nursing Service Section:** Mrs. Ranjana Sharma, TNAI No. 41571, Address: Matron, Dr. Rajendra Prasad Govt. Medical College, Kangra at Tanda- 176002, HP. **11. Chairperson Nursing Education Committee:** Ms. Sangeeta Sharma, TNAI No. 62095, Address: Lecturer, Govt. of Himachal Pradesh, Indira Gandhi Medical College and Associated Hospitals, Shimla, HP. **12. Chairperson Economic Welfare Committee:** Ms. Madhu Bala, TNAI No. 79815, Address: Sister Tutor, GNM Training Institute MGMSK Khaneri Rampur Bushahr, Distt. Shimla- 172001, HP. **13. Representative ANM/LHV Committee:** Mrs. Neena Mankotia, TNAI No. 406328, Address: Mankotia Cottage Main Bazar, Shoghi, Shimla- 171219, HP.

Mrs. Vidya Sharma, Returning Officer  
HP State Branch Election-2023



**Nursing Foundation** Volume 1 (Price Rs. 695/-) is the revised and completely updated version of the earlier 'The Fundamentals of Nursing: A Procedure Manual'. First published in 2005, this classical publication from the house of nurses has been warmly welcomed by students of nursing and paramedics. Considering its overwhelming response, subsequent 14 additional reprint editions were brought out till 2021.

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'Nursing Foundation' is the cumulative outcome of a multi-disciplinary team of eminent professionals who rendered painstaking efforts to ensure that only the accurate and right information goes to the readers. The chapters have been written by members of a team, each author having rich experience, in-depth expertise and undisputed credentials in her/ his area of sub-speciality.

The authentic book is not-to-miss compendium to understand the ins & outs of what nursing stands for, means and does – in theory and practice, and how it is administered. Students of not only nurse community but paramedical sciences and healthcare functionaries shall find it dependable and highly useful.

Orders for copies may be placed directly with the sole distributor of all TNAI publications viz. **M/s Perfect Book Distributors, I-2/16, Ansari Road, Darya Ganj, New Delhi 110 002 (Phone 011-4504 5302, Mob. 98112 29591/ 81303 04347; E-mail: perfectbookdist@gmail.com; website: <http://www.pbdonline.in>).**

## How to Obtain Copies of TNAI Publications

This is to inform you that the TNAI EC meeting held on September 4-5, 2021 vide item No. TNAI/EC-105/4th & 5th September, 2021/7:16 has decided to appoint M/s Perfect Book Distributors as exclusive distributors of TNAI publications. All concerned are therefore requested to directly contact them for placing orders, or any queries regarding TNAI publications at the following address:

**M/s Perfect Book Distributors,  
I-2/16, Ansari Road, Darya Ganj, New Delhi 110 002  
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## Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-

SNA Members: Rs. 250/-

Non-Members: Rs. 900/-

Children below 5 yrs: No charges

Children 6-12 yrs: Rs. 150/-

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

## NJI Contributors to Submit Articles through NJI Portal

In case existing and prospective contributors of NJI and others may not aware, the online portal of TNAI's flagship periodical Nursing Journal of India was launched during an EC meeting on 4-5 September 2021.

With the NJI portal being fully functional authors are advised to use it for submission of articles. The peer reviewers shall also be enabled to offer their observations & comments. The portal can be accessed after logging in. The editorial team at Headquarters shall monitor the receipts at hand and onward action on the articles and related material, and queries of the contributors.

Authors may submit the manuscript via the link: <https://www.tnaijournal-nji.com>.

## Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

### **TNAI BULLETIN**

Monthly Newsletter of

The Trained Nurses' Association of India

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