



An Eventful, Yet a Satisfying Year by All Counts

TNAI Guwahati National Conference: The first major event of 2023 was the successful conduct of TNAI 77th National Conference in Guwahati (Assam) jointly hosted by TNAI NE State Branches on 30-31 January. The year also witnessed start of **Durga J Mehta Oration**.

A team of officials from Health Education England visited TNAI Hqrs on 21 Feb to discuss issues related to placement of Indian nurses in trusts of National Health Service (NHS). A Consultative Meet on **Scope of Practice of Nurse Practitioners** was organised by Nursing Division, D'te of Health Services jointly with JPHIEGO and TNAI at TNAI Hqrs on 23 March 2023.

An **partnership** was worked out **for nurses and medical faculty of Uttar Pradesh** in the area of skill development and deployment of nurses in foreign countries. In this regard Mr Alok Kumar, Principal Secretary- Med Edu, UP visited Greater Noida premises of TNAI on 6 May 2023.

Nurses Day Celebration: TNAI celebrated the International Nurses Day on the theme, Our Nurses, Our Future befittingly and with fervour in the lawns of its Headquarters premises in Green Park on 15 May 2023. Mobile Application for updates, benefits available, members' profile, membership, etc. was launched by TNAI. In honour of 30 National Florence Nightingale awardees 2022 & 2023 (15 for each year), TNAI conferred citations on the awardees in a function at its Hqrs premises on 22 June 2023. Together with Alive & Thrive team, TNAI launched e-learning modules on maternal and infant feeding.

A series of **Zonal Meetings** with principals and senior nurses from nursing institutions began with UP State (in Lucknow) on implementation of Mission Niramaya [meaning disease-free] in June 2023; the purpose was, empowering future generation nurses through professional development and upskilling. Similar meetings were held in Chhattisgarh, Haryana and West Bengal. Orientation programmes were conducted at TNAI Hrs for EC members from State branches for upgrading their productivity.

Publications: *Nursing Journal of India (NJI)* and *TNAI Bulletin* both were published in colour. The process of submission of articles, peer reviewing, etc. is already online through the NJI portal. *Nursing Foundation*, Vol 1 & 2 were released, Vol 1 at the International Nurses Day programme at Hqrs on 15 May, and Vol 2 at New Delhi SNAI Biennial Conference on 28-29 Nov 2023.

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The 30th SNAI Biennial Conference: It was held on 28-29 November 2023 on the theme, in Thyagaraj Sports Complex, New Delhi. About 3,000 delegates participated in the Conference.

Indira Gandhi Prize for Peace, Disarmament and Development 2022 was conferred on TNAI jointly with the Indian Medical Association (IMA) by Shri Mohammad Hamid Ansari, former Vice President of India on 19 Nov 2023 at Jawahar Bhawan, New Delhi in the presence of Smt Sonia Gandhi, Chairperson Indira Gandhi Memorial Trust & Chairperson UPA. For TNAI, the award was received by Prof (Dr) Roy K George, National President TNAI.

In its 11th meeting, the TNAI EC decided to raised the quantum of personal accidental insurance cover to Rs 5 lakh for students having opted for SNAI-TNAI membership under the New Plan.

To All said, we have much to be proud while focusing on days to come.

Evelyn P Kannan
Chief Editor & Secretary General



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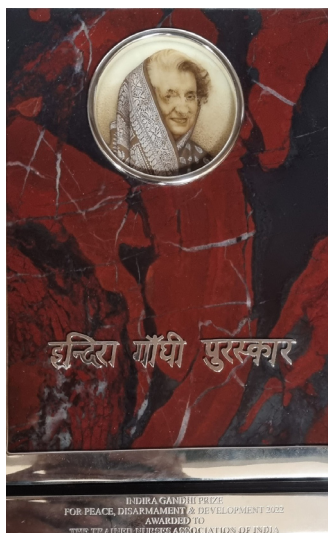
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- Introduction to Infection Prevention & Control and Antimicrobial Stewardship
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- Basics of Antimicrobial Stewardship and Core Components
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- Healthcare - Associated Infections and their Control
- Antimicrobial Stewardship Principles and Action Planning



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The Indira Gandhi Prize Award Ceremony on November 19, 2023



Namaste and Good Evening,

I bring greetings on behalf of the entire nursing fraternity of India!

I stand before you today with immense pride and gratitude as the National President of the Trained Nurses' Association of India (TNAI), after receiving the honor of the prestigious Indira Gandhi Prize for Peace, Disarmament, and Development. This honour is not just recognition of our organisation but a testament to the dedicated efforts and unwavering commitment of every member of the nursing professionals in India

I extend our deepest gratitude to Shrimati Sonia Gandhi and the respected members of Indira Gandhi Memorial Trust for selecting TNAI for this distinguished award. It is indeed a moment of great privilege for us to be acknowledged for our contributions in the field of healthcare. **It's a double joy for TNAI to receive this award in the name of Indira Gandhi. Nursing is a majorly women's profession, but fortunately or unfortunately I am here as President, but what I want to stress is Madam Indira Gandhi was a most powerful lady India has given to the world, a political wonder, so she serves as a role model of women empowerment to this majorly women's profession.** TNAI recollects the great concern of late Prime Minister Indira Gandhi to the nurses and also gratefully acknowledges that the current TNAI National Office in Green Park, New Delhi was inaugurated by Madam Indira Gandhi.

We firmly believe that every nurse plays a pivotal role in promoting health, preventing illness, and caring for those in need. She is there throughout the life cycle of a human being, from the womb to the tomb. This award serves as a beacon, guiding us to continue our mission with even greater zeal and dedication.

We understand the responsibility that comes with such recognition, and we pledge to uphold the values of peace and development in the healthcare sector.

Our journey in the last few years has been marked by unprecedented challenges, especially during the global pandemic. TNAI, in collaboration with its Branches and members, played a crucial role on the front lines of the battle against COVID-19. Our nurses, the unsung heroes in this war, exhibited unparalleled courage and dedication.

During these challenging times, many of our nurses sacrificed their own safety, and tragically, some even sacrificed their lives in the line of duty. We remember and honour these brave souls who made the supreme sacrifice. Their commitment to the service of humanity is a testament to the true spirit of nursing.

This award serves as a tribute to these selfless individuals and recognition of the collective efforts of TNAI in navigating through these turbulent times. The pandemic has underscored the crucial role that nurses played in ensuring the well-being of society, often at great personal risk. We humbly dedicate this award to on 128 Covid martyrs.

As for the members of TNAI, this award belongs to each one of you. It is a reflection of your tireless efforts, compassion, and professionalism in the service of humanity. Our nurses work selflessly, often in challenging conditions, to make a difference in the lives of the people they serve. This award is a tribute to their dedication and the impact they create every day.

In conclusion, I would like to dedicate this award to the spirit of nursing, to the caregivers who work silently, yet profoundly, to make the world a healthier and happier place. Let us use this recognition as a catalyst for further positive change, and let our actions speak louder than words.

I would like to express our heartfelt thanks to Shrimati Sonia Gandhi for extending this invitation and providing us with the opportunity to share this momentous occasion with you all. Your trust and support inspire us to strive for excellence continually. I also sincerely thank former Vice President of India Mohammed Hamid Ansari for his presence in the great occasion to present the award to us.

I thank Indian Medical Association for being our close associate in health care and congratulate them in winning this award along with TNAI.

Once again, I convey thank to the Indira Gandhi Memorial Trust for this tremendous honor. We accept it with humility, a deep sense of responsibility, and a commitment to the principles of peace, disarmament and development.

Jai Hind

Prof (Dr) Roy K George,
National President, TNAI

Indira Gandhi Prize Conferred on TNAI

The coveted 'Indira Gandhi Prize for Peace, Disarmament and Development 2022' has been conferred on TNAI jointly with the Indian Medical Association (IMA). It was delivered by Shri Mohammad Hamid Ansari, former Vice President of India in a function held on 19 November 2023 at Jawahar Bhawan, Dr Rajendra Prasad Bhawan, New Delhi in the presence of Smt Sonia Gandhi, chairperson- Indira Gandhi Memorial Trust and the Trustees. National President of TNAI, Prof (Dr) Roy K George, received the award for TNAI from former Vice President of India.

The award is conferred in recognition of outstanding contribution to national and global well-being to promote international peace and disarmament, racial equality, goodwill, and harmony among nations. Instituted in 1985, the prize given annually carries Rs 10 million in cash, a trophy and a citation. The trophy, encased in a rosewood box is edged in silver with portrait of Indira Gandhi, engraved in the stone rimmed in silver.

The programme began with welcome address by Smt Sonia Gandhi, chairperson, Indira Gandhi Memorial Trust at 5 pm. After citation was read out, and awards delivered, Shri Mohammad Hamid Ansari addressed the participants, followed by acceptance speeches by National Presidents of IMA and TNAI.

Extending deepest gratitude to Smt Sonia Gandhi and the Trustees for selecting TNAI for this distinguished award, TNAI National President Prof (Dr) Roy K George called this occasion a moment of great privilege for TNAI, to be acknowledged for our contributions in the field of healthcare. He said, "It's a double joy for TNAI to receive this award in the name of Indira Gandhi. Nursing is a majorly women's profession, but fortunately or unfortunately I am here as President, but what I want to stress is Madam Indira Gandhi was the most powerful lady India has given to the world, a political wonder, so she serves as a role model of women empowerment to this majority women's profession. TNAI recollects the great concern of late Prime Minister Indira Gandhi to the nurses and also gratefully acknowledge that the current TNAI National Office in Green Park, New Delhi was inaugurated by Madam Indira Gandhi." He added, "We understand the responsibility that comes with such recognition, and we pledge to uphold the values of peace and development in the healthcare sector."

Dr Roy K George thanked IMA for standing by the TNAI in health care and congratulated them in winning this award along with TNAI. The programme came to close with high tea.





The Trained Nurses' Association of India
 Hqrs: L-17, Florence Nightingale Lane, Green Park Main,
 New Delhi- 110016



Application for

TNAI's National Nurses Research Grant (TNNRG) - 2023

Photo (Primary Researcher)

Full Name(s)		
TNAI Number(s)		
Correspondence Address (Primary Researcher)		
Email ID (Primary Researcher)		
Contact Number (Primary Researcher)		
Educational Qualification (Primary Researcher)		
Current designation and address of the Institution (Primary Researcher)		
Experience in years (Primary Researcher)	Research Guide	
	Independent Research	
Research focus (Please tick or highlight the appropriate)	Nurses welfare	
	Nursing Management	
	Nursing Standards	
	Evaluation of Nursing Education	
	Nursing Standards, Assessment/ Innovation/ Experiment/Improvement of Nursing Services and Education.	
Population of the study	State	
	Region	
Duration of the study (Please tick or highlight the appropriate)	01 Year	
	>01 Year to 02 years	
Brief report of Primary researcher's activities or contributions in TNAI*		

Brief profile of other members of Research team*	Name:
	Qualification:
	Designation:
	Address:
	TNAI related activities, if any:

* Additional sheets can be used.

Declaration: I hereby declare the following:

1. The details mentioned above and the proposal submitted by me/us is true to the best of my/our knowledge and understanding. Also, I/we assure that studies done under the auspices of TNAI must and will be the intellectual property of TNAI and to be published in NJI only. I/we also will recognise and document that I/we had received the research grant from TNAI and the study is done on behalf of TNAI.
2. The research project submitted for TNAI's research grant is not part of the requirements of any course of study like B.Sc. (N)/PB.B.Sc. (N)/M.Sc. (N)/Ph.D/PDF (Post-Doctoral Fellowship) etc.

Name of the Researcher(s)

Signature(s)

Note:

1. Application shall be in prescribed perform with a detailed research proposal and the budget shall be submitted along with the recommendation by the President and Secretary of the State/UT Branch of TNAI.
2. The eligible candidates can apply for the research grant by sending the proposal and application via email tnai.nnrg@gmail.com or post to **The Secretary General**, The Trained Nurses Association of India, Headquarters: L-17, Florence Nightingale Lane, Green Park Main, New Delhi 110016.

हिंदी लेखकों से अनुरोध

हिंदी में लिखने वालों से आग्रह है, मासिक टीएनएआई बुलेटिन के लिए रचनाएं भेजें। मौलिक, सुरुचिपूर्ण, नर्सिंग पेशे, स्वास्थ्य सरोकार तथा संबद्ध विशयों पर आलेख, अनुभव, ज्ञानवर्धक सामग्री, हास्य, कविता आदि स्वीकार्य होंगी। हस्तलिखित या कंप्यूटर से टंकित रचनाएं साधारण डाक या मेल से मुख्य संपादक के नाम भेजी जाएं।

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The Trained Nurses' Association of India
Hqrs: L-17, Florence Nightingale Lane,
Green Park Main, New Delhi- 110016



Guidelines for TNAI's National Nurses Research Grant- (TNNRG)

1. Eligibility Criteria

- a. Life membership(s) of TNAI (Minimum Two years of active membership) is mandatory.
- b. BSc/MSc/ PhD in Nursing
- c. Experience in independent research is preferable
- d. Experience in guiding research is preferable
- e. In case of a research by a team of professionals in which non nursing members are included, the primary researcher shall be a TNAI member as per criteria (1.a) above. But in any case, all nurse researchers in the team shall be TNAI members.

2. The Research Focus:

Studies related to Nurses Welfare, Nursing Management, Nursing Standards, Assessment/ Innovation/Experiment/Improvement of Nursing Services and Education.

3. Population

The study should cover ideally a wide range of Population (State, Region) and not limited to a single institution.

4. Application and Proposal:

The investigator(s) shall submit the Research Grant Application in the prescribed Performa along with the detailed proposal and the budget.

5. Recommendation

The application shall be recommended by the State/UT Branch President and the Secretary.

6. Research Grant

- a. TNAI National office after due consideration by the research committee may accept or reject the application at their discretion.
- b. TNAI can decide whether it can be fully funded or partially funded.
- c. Funding may be released in instalment, say 50%, after preliminary submission of proposal and Ethical committee clearance. Next 25% upon completion of study and final 25% after submitting the written document along with soft copies.

- d. Can be directly funded from National office to the Individual/Group or the research organization.

7. Duration of the project

Research Study must be time framed (A time plan to be submitted by the Principal Investigator)

- a. 1 Year
- b. >1 Year to 2 Years

Note: Studies planned for a period more than 2 years are not preferable.

8. Review of progress

Review of Progress will be done by TNAI National office at least once in every six months. The investigators shall submit the progress reports once in 6 months.

9. Publication:

Studies conducted under the auspices of TNAI must and will be the intellectual property of TNAI and shall be published in NJI only.

10. Recognition (Mandatory)

The investigator shall document and recognize the financial support from TNAI in all communications/reports/publications related to the study.

The eligible candidates can apply for the research grant by sending the proposal and application through email or post.

Email: tnai.nnrg@gmail.com

Address: The Secretary General, The Trained Nurses Association of India, Headquarters: L-17, Florence Nightingale Lane, Green Park Main, New Delhi 110016.

For more details, contact us on **011-40195407/40195409**

Published by:

Mrs. Evelyn P Kannan,
Secretary General,
The Trained Nurses Association of India
New Delhi- 110016

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The Trained Nurses' Association of India
Hqrs: L-17, Florence Nightingale Lane, Green Park Main,
New Delhi- 110016



**TNAI's National Nurses' Research Grant (TNNRG)
Recommendation form**

Name of the State/ UT Branch		
Name of the State/UT office bearer		
Designation (Tick/highlight the appropriate)	President	
	Secretary	

I/We hereby recommend the proposal submitted by

Mr/Ms/Mrs/Sr/Prof/Dr

- 1.
- 2.
- 3.

for the research grant by TNAI.

Also, I/We certify that, the Primary researcher and all the nurses in the research team are active TNAI members.

Place:

Date:

Signature:

Seal:

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**REPUBLISHING: PROVISIONAL BALLOT PAPER:
TNAI Chhattisgarh State Branch Election 2023**

Post	Name and Address of the Contestant	Voter's X
President	Prof. (Dr.) Sreelata Pillai, TNAI No. 58469, Address: PG College of Nursing, Street 5, Hospital Sector, Bhilai, Durg, Chhattisgarh-490009.	
	Prof. (Mrs.) Beena R Thomas, TNAI No. 58489, Address: 105, Paradise Complex, Borsi, Durg, Chhattisgarh-491001.	
Vice President	Mr. Sahil Masih, TNAI No. 239641, Address: Directorate Health Services, Swasthya Bhawan, North Block Sector 19, Nawa Raipur, Chhattisgarh-492001.	
	Dr. Jibi George, TNAI No. 146594, Address: Principal cum professor, Adeshwar Nursing Institute, Khamargaon, Jagdalpur, Bastar, Chhattisgarh-494001.	
	Dr. Sindhu Anil Menon, TNAI No. 77857, Address: Shankaracharya Swami Swaroopanand College Of Nursing, Anustha Residency, beside Petrol Pump, Junwani, Bhilai, Chhattisgarh-490020.	
Secretary	Dr. Daisy Abraham, TNAI No. 58467, Address: PG College of Nursing, Street 5, Hospital Sector, Bhilai, Durg, Chhattisgarh-490009.	
Joint Secretary	Prof. (Dr.) Mrs. Beny Susan Chacko, TNAI No. 77881, Address: Bethany College of Nursing, Borsi, Durg, Chhattisgarh- 491001.	
	Dr. Sushila Bais, TNAI No. 307891, Address: PG College of Nursing, Street 5, Hospital Sector, Bhilai, Durg, Chhattisgarh-490009.	
Treasurer	Prof. (Dr.) Mrs. Abhilekha Biswal, TNAI No. 130104, Address: Principal, PG College of Nursing, Street 5, Hospital Sector, Bhilai, Durg, Chhattisgarh-490009.	
	Mr. Rahul George, TNAI No. 183913, Address: Columbia College of Nursing, near Vidhan Sabha, Vill-Tekari, Raipur, Chhattisgarh- 493111.	
SNAI Advisor	Mr. Jishnu Vasavan, TNAI No. 422976, Address: Professor, Community Health Nursing, Jagadguru Shankaracharya College of Nursing Sejbahar, Raipur Chhattisgarh.	
Chairperson-Member-ship Committee	Mr. Mathew Fernandez, TNAI No. 422891, Address: G-23, Gomti Vihar, New Rajendra Nagar, Raipur, Chhattisgarh- 492001.	
Chairperson- Programme Committee	Mrs. Rema Rajesh, TNAI No. 128753, Address: Plot No. 195/59, Street 1B, Sector B, Panchsheel Nagar, Borsi, Durg, Chhattisgarh-491001.	

Chairperson- Nursing Service Section	VACANT	
Chairperson- Nursing Education Committee	Mrs. Divya Lore, TNAI No. 210669, Address: Assistant Professor, Shri Shankaracharya College of Nursing, Amdi Nagar, Hudco, Bhilai, Chhattisgarh 490009.	
	Dr. Shailaja Anik, TNAI No. 98423, Address: Principal, Shankaracharya Swami Swaroopanand College Of Nursing, Anustha Residency, beside Petrol Pump, Junwani, Bhilai, Chhattisgarh-490020.	
	Ms. Neetu Tripathi, TNAI No. 70277, Address: Govt. College of Nursing, Raipur, Chhattisgarh.	
Chairperson- Public Health Section	VACANT	
Chairperson- Economic Welfare Committee	Ms. Apurva Rai, TNAI No. 195588, Address: Shri Shankaracharya College of Nursing, Amdi Nagar, Hudco, Bhilai, Chhattisgarh 490009.	
Chairperson- LHV/ ANM Committee	Vacant	

As per the TNAI Constitution Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012)

1. Election will be held during General Body Meeting on **28th January, 2024 from 9:00 am to 3:00 pm at Meeting Hall, Chhattisgarh State Nurses Registration Council Old Nurses Hostel, DKS Building, Raipur, Chhattisgarh.**
2. The Provisional Ballot Paper is published only for the information of the members. A separate Ballot Paper will be distributed to the voters on the day of Election.
3. Only Life members of TNAI are eligible to vote.
4. All the **Voters are requested to bring their TNAI Membership card** provided by the TNAI Headquarters along with Photo identity (Election card/PAN card/Driving license) before entering the hall for voting.
5. No one shall be allowed to vote before or after the schedule time of voting.
6. Names of the contestant who have not given their consent in writing to the Returning Officer will be deleted from the final Ballot Paper.
7. No addition of the contestant shall be made to the final ballot paper.
8. It is expected that the Voters/Members are well versed with the TNAI Rules and Regulation and Byelaws. A copy of the same shall be available with the Returning Officer for ready reference.
9. On the day of election during the General Body meeting an open election will be conducted for the vacant post.
10. The person so elected for a particular office at branch level shall hold the office for the full term (four years) and shall not contest and cross to another office prior to completion of the term of her/his existing office.
11. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer at least 20 days prior to the election date in writing to the following address:
Ms. Sabina Benn, Returning Officer- TNAI Chhattisgarh State Branch, C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.

HEALTH EVENTS OF THE MONTH

World AIDS Day: 1 December

Every year on 1 December, World AIDS Day is observed to raise awareness about the AIDS pandemic which is a challenge for medical & health community. The disease is caused by transmission of Human Immunodeficiency Virus (HIV) infection, which attacks the body's immune system i.e. the body's defence mechanism against diseases.

The objectives of the campaign against AIDS include: allocating adequate resources to improve the quality of HIV control services; focusing on reaching vulnerable population including children, homosexuals, transgender people, people using drugs, sex workers, and prisoners; expanding high quality HIV services for youth at risk, adolescents, pregnant women, men; empowering communities to combat stigma and discrimination; supporting & empowering frontline health workers (nurses, midwives and community health workers) to deliver high-quality HIV services; and ensuring appropriate and sufficient personal protective equipment and hand hygiene items, as well as the provision of a supportive, safe working environment to improve the safety of working conditions in health care settings.

AIDS can be transmitted through infected body fluids from one person to another, most common route being unsafe sex and sharing infected needles, and injectables. World AIDS Day 2023 has the theme, Let Communities Lead. WHO has called on global leaders and citizens to clearly recognise and address the inequalities impeding the progress in eliminating AIDS and equalising access to essential HIV services particularly for children and key populations and their partners i.e. men who have sex with men, transgender people, people who use drugs, sex workers, and people in prisons. The infected pregnant women can pass HIV to their babies during pregnancy, delivering the baby during childbirth, and also through breast feeding.

In 2022, an estimated 2.2 million people in the Western Pacific Region were living with HIV. World AIDS day is an opportunity to reflect on the progress made to date, to raise awareness about the challenges that remain to achieve the goals of ending AIDS by 2030 and to mobilise all stakeholders to jointly redouble efforts to ensure the success of the HIV response.

International Day of Persons with Disabilities: 3 December

Over 1.3 billion people, representing 16 percent of the global population live with significant disability today. Being at increased risk of developing wide range of health issues, they suffer more limitations in everyday functioning than the rest of the population, and die earlier. Believing that people born with disabilities (or developing disability otherwise) also deserve respect, dignity and a high standard of life, International Day of Persons with Disabilities is organised on 3 December. They cannot be denied the right to well-being and equal opportunities. On this day, WHO joins partners around the world to call for action to achieve the sustainable development goals (SDGs) concerning persons with disabilities. The theme identified for 2023 is, United in action to rescue and achieve the SDGs for, with and by persons with disabilities.

Programmes and activities are held to raise awareness about the challenges faced by people with disabilities and explore ideas on how we can work together to ensure that equal rights to each of them. Integration of people with disabilities is important in all aspects of life: political, social, economic and cultural.

The UN Disability Inclusion Strategy provides the foundation for sustainable and transformative progress on disability inclusion through all pillars of the work of the United Nations. Through the Strategy, the United Nations system reaffirms that the full and complete realization of the human rights of all persons with disabilities is an inalienable, integral and indivisible part of all human rights and fundamental freedoms. In 2019, the UN Secretary-General António Guterres launched the Disability Inclusion Strategy (UNDIS) to bring disability inclusion in every work and core functions of the entire UN system. The UNDIS has given us the tools to initiate a bold systemic transformation, and is driving unprecedented progress for persons with disabilities the world over.

हर कोई योगदान दे सकता है ग्लोबल वार्मिंग के नियंत्रण में

भूमंडल में मान्य सीमा से अधिक फेरबदल का अर्थ है, आगे खतरा है। प्राणि जगत की सलामती के लिए वायुमंडल के संघटकों का संतुलन में रहना अनिवार्य है। पिछले दो सौ वर्ष से मानवीय कुचेष्टाओं के कारण पृथ्वी के तापमान में असाधारण वृद्धि का सिलसिला गंभीर चिंता का विषय है। जलवायु में फेर से केवल तापमान की वृद्धि नहीं होती। अन्य विकृतियां पृथ्वी के सभी भूभागों में भीषण अकाल, ध्रुवीय इलाकों में बर्फ का पिघलना, तूफान, सुनामी, बायोडाइवर्सिटी में उथल-पुथल आदि रूपों में लगातार दिखती जा रही हैं। समुद्री जलस्तर में बढ़त से जलजीवन तो डांवाडोल होता ही है, अनेक समुदाय स्थानांतर (माइग्रेशन) के लिए विवश हो जाते हैं।

भूमंडल के तापमान में बढ़त को 'ग्लोबल वार्मिंग' कहा जाता है। इसके लिए सर्वाधिक जिम्मेदार कोयला, लकड़ी, तेल जैसे जीवाश्मों (फॉसिल्स) को घरेलू कार्यों, परिवहन, बिजली उत्पादन आदि के लिए जलाया जाता है। इस प्रक्रिया में ग्रीनहाउस गैस उत्सर्जित होती है, जो कार्बन डाइऑक्साइड, मीथेन और पांच अन्य गैसों का वर्ग है। यह गैस समूचे भूमंडल को चादर की भांति ढक लेती है और सौर्य प्रकाश को अवरुद्ध करती है जिसके बिना जीवन संभव नहीं है। पृथ्वी का मौजूदा तापमान पिछले सवा दो सौ वर्ष में डेढ़ डिग्री सेल्सियस बढ़ चुका है और यह सिलसिला थम नहीं रहा। ग्लोबल वार्मिंग के नियंत्रण के लिए यूरोपीय संघ की अगुवाई में पहले औद्योगिकीकृत देशों का क्योटो प्रोटोकॉल गठित हुआ, उसके बाद अगली अहम पहल पेरिस समझौता 2015 का लक्ष्य है कि 2030 तक उत्सर्जन आधे तक सीमित रखा जाए, और 2050 तक यह शून्य स्तर पर टिक जाए। पेरिस समझौता 2015 को अपनाए की 196 देशों ने स्वीकृति दी है। शून्य उत्सर्जन का अर्थ है ग्रीन हाउस गैस उत्सर्जन इतना कम हो जितना पेड़-पौधे और समुद्र आसानी से अवशोषित कर लें ताकि मानवजाति सुरक्षित रहे। यह लक्ष्य हासिल करने के लिए चीन, अमेरिका, भारत, यूरोपीय संघ, रूसी परिसंघ सहित अनेक देशों ने संकल्प लिया। वैश्विक उत्सर्जन 2030 तक आधा करने के लिए त्वरित, सख्त कार्रवाई की मंशा को 9,000 से अधिक प्रतिष्ठानों और 1,000 से अधिक संस्थानों का समर्थन प्राप्त है।

पेरिस 2015 समझौता के प्रत्येक हस्ताक्षरकर्ता देश को अपने स्तर पर तय लक्ष्यों की अनुपालना में कोताही न बरतने के निर्देश हैं। नेचर पत्रिका के अनुसार दो वर्ष बाद 2017 तक किसी भी देश ने इसे लागू नहीं किया। क्योटो प्रोटोकॉल की तुलना में पेरिस समझौते की कवरेज व्यापक है। तथापि दोनों की सीमित सफलता के दो कारण रहे। पहला – अनुकूल संरचनात्मक ढांचे निर्मित नहीं किए गए, बल्कि ऐसा सोचा ही नहीं गया। दूसरा इनमें सामाजिक भागीदारी की कल्पना नहीं रही। एक पृथ्वी, एक परिवार, एक भविष्य के दौर में ग्लोबल वार्मिंग जैसी चुनौतियों से बिना लोक सहभागिता के नहीं निबटा जा सकता। हम सभी ईंधन का प्रयोग कम करें तो इस विश्वजनीन मिशन में योगदान दे सकते हैं। इस दिशा में इन उपायों को अपनाया जाना जरूरी होगा। घरेलू सामान का पुनरुपयोग हो; मोटर वाहन और बिजली की खपत यथासंभव घटाने की आदत बनाएं; वृक्षारोपण, गर्म पानी का कम प्रयोग आदि। इन युक्तियों से कार्बन उत्सर्जन को घटाना सरल है और व्यावहारिक भी। अन्यथा मानवजाति का जीवन खतरे में आ जाएगा। प्रश्न मानवजाति के अस्तित्व का है।

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Secretary-General, TNAI

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With the NJI portal being fully functional authors are advised to use it for submission of articles. The peer reviewers shall also be enabled to offer their observations & comments. The portal can be accessed after logging in. The editorial team at Headquarters shall monitor the receipts at hand and onward action on the articles and related material, and queries of the contributors.

Authors may submit the manuscript via the link: <https://www.tnaijournal-nji.com>.

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Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

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L-17 Florence Nightingale Lane, Green Park, New Delhi-16

Phone: 011-40195409, 011-40195407

E-mail: helpdesk@tnaionline.org, membership@tnaionline.org,

sna@tnaionline.org, publicationstnai@yahoo.com

Website: www.tnaionline.org

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