



Look at the Past for Lessons with an Eye on the Future

One with a clear agenda at hand is a man of action. Working on an agenda entails marching consistently with an eye on the future. Continuous engagement with the agenda, and periodically reviewing its progress do not let one remain idle. To a person of action, time is the most valuable asset and one shall not waste it but make utmost use of it. Continuously working on an agenda imparts immense satisfaction, something denied to those not knowing what to do with the precious time they have. To those in action mode, work is never a burden, but a pleasure. To them, space and time are the biggest constraints. Research is underway to devise how we can live befittingly with squeezing working and living spaces. The same is true with time. How to achieve in less time with fewer materials is the focus of emerging technologies. Such a mindset goes on eliminating the unwanted to enhance efficiency. Within our spheres, the better we learn the optimal utilization of time, space, and resources, the better for our professional advancement and life.



To recapitulate, the year gone by witnessed, inter alia, the successful conduct of two National Conferences (in Guwahati on 30-31 January, and the SNAI Conference on 25-26 November); starting of Durga J Mehta Oration; working out a partnership for nurses and medical faculty of Uttar Pradesh in skill development and deployment of nurses in foreign countries; Nurses Day celebration at TNAI Hqrs on 15 May (on the theme, Our Nurses, Our Future) and honour of 2022 & 2023 National Florence Nightingale awardees by TNAI on 22 June 2023; launch of TNAI e-learning modules on maternal & infant feeding, and Mobile App for members. Zonal Meetings were organized with principals and senior nurses from nursing institutions in UP, Chhattisgarh, Haryana, and West Bengal for professional development and upskilling of nurses. Orientation programmes were conducted at TNAI Hqrs for EC members from State branches to expand their activities. On the publications front, the prestigious 'Nursing Foundation, Volume 1 & 2' were released.

A significant achievement in the year was the conferment of the coveted 'Indira Gandhi Prize for Peace, Disarmament and Development 2022' on TNAI by Shri Mohammad Hamid Ansari, former Vice President of India on 19 Nov 2023, in the presence of Smt Sonia Gandhi, Chairperson Indira Gandhi Memorial Trust & Chairperson UPA. I was fortunate enough to receive the award on behalf of TNAI. It was really a proud moment and we at TNAI National office owe our sincere thanks to all the nurses of this country especially to the members of TNAI for this precious achievement.

As an accredited recruitment agency, the TNAI continued to assist in deploying nurses, the latest in line being the interviews for Malaysia on 18-19 December 2023.

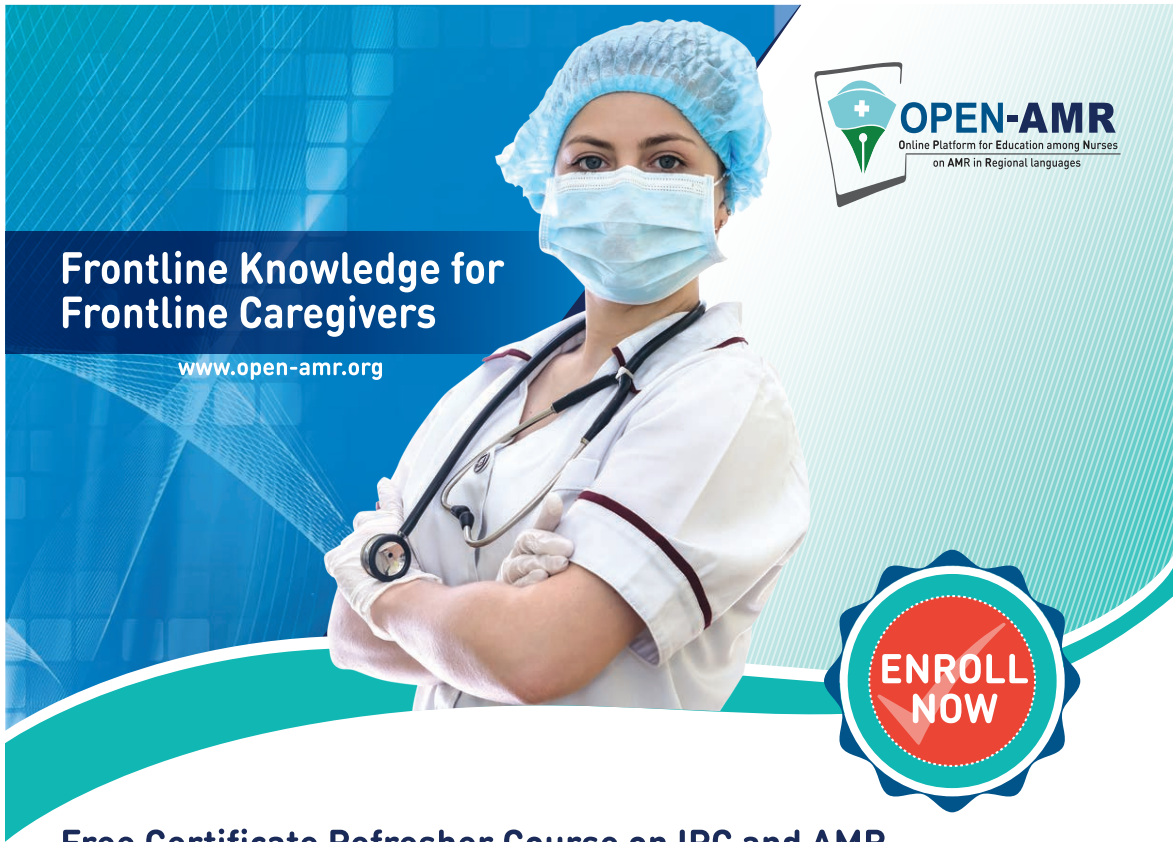
Thus, at TNAI, although the year 2022 has been quite gainful and satisfying, that must allow no alibi for complacency. Our achievements should serve as a trigger to proceed towards higher goals. I am sure the TNAI shall go on creating milestones year after year towards and also improving the prospects of Indian nurses.

We wish you all a Happy and prosperous New Year 2024.

Prof (Dr) Roy K George
National President, TNAI

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- Basics of Antimicrobial Stewardship and Core Components
- Advanced Infection Prevention and Control Practices
- Healthcare - Associated Infections and their Control
- Antimicrobial Stewardship Principles and Action Planning



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The 30th Student Nurses' Association of India (SNAI) Conference held in New Delhi: A Report

The two-day 30th Conference of the Student Nurses' Association of India (SNAI) was held in New Delhi during 28-29 November 2023. This mammoth event drew nursing students from institutions nationwide, accompanied by senior nurse leaders, clinical nurses, teachers, researchers, and administrators from diverse nursing sub specialties. SNAI is the student wing of the Trained Nurses Association of India (TNAI).

Day I-26 November 2023 (Sunday): A combined National Executive (EC) & Council Meeting, chaired by Prof (Dr) Roy K George, National President TNAI was held; it involved 70 EC members including Co-opted and Ex-officio members. Discussions covered agenda items of state branches and national nursing issues.

Day II-27 November 27, 2023 (Monday): Combined National Executive & Council Meeting; Meetings of Treasurers, SNAI Advisors, and SNAI General Committee Meeting. In the Treasurer Meeting, 25 present members focused on formulating a consolidated accounting framework. There were 27 SNAI Advisors, 28 State SNAI Vice Presidents, 28 State SNAI Secretaries, and 10 State ANM representatives in the SNAI General Committee meeting.

Day III-28 November 2023 (Tuesday): Registration process began at 7:00 am; around 3000 participants from various states were enrolled. The inauguration ceremony featured a welcome dance by Trikalaa Gurukulam artists and ceremonial lamp lighting by dignitaries on the dias. Mrs Annie Kumar, Vice President TNAI North Region, welcomed the attendees. Mrs Evelyn P Kannan, Secretary-General TNAI honoured the National President with the Presidential Chain and requested him to preside over the Conference. Then, she provided an overview of TNAI. Dr Deepika C Khakha, Nursing Advisor GoI, unfolded the conference theme and outlined the role of trained nurse in global and Indian context. In his address, Prof (Dr) Roy K George, National President TNAI underscored the core values of nursing and the role & responsibility of nursing students in the professional association.



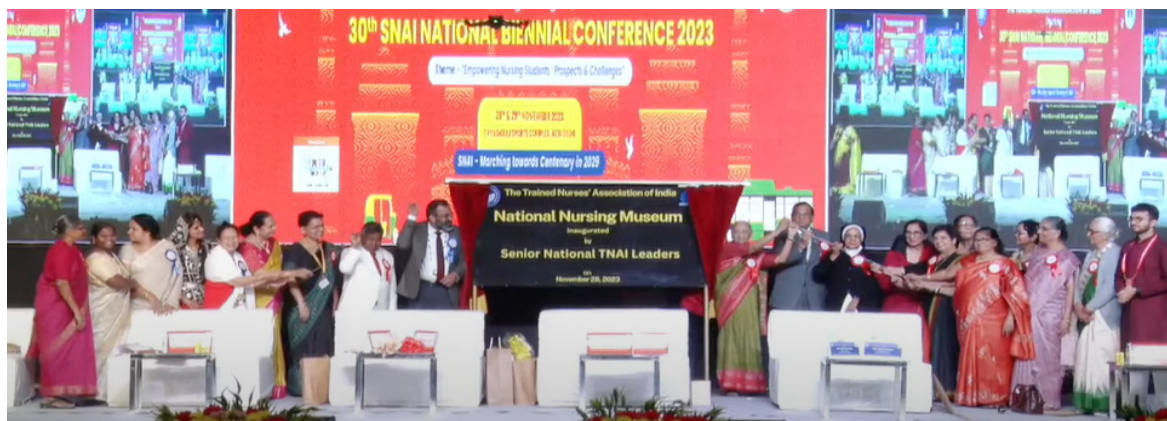
Release of TNAI's Publication on 'Nursing Foundation Volume 2'.



Release of the Souvenir by Dr Vinod K Paul, Chief Guest alongwith Dr T Dileep Kumar, President, INC and other dignitaries on the Dias.



Prof (Dr) Roy K George, National President, TNAI is handing over the memento to Mrs Alice Viaz, IAS, Commissioner-cum-Secretary, Higher/Technical Education, NCTD, Delhi (The Nurse, who is now an IAS officer).



Virtual inauguration of the TNAI's National Nursing Museum by senior leaders of TNAI.

The Guest of Honour, Dr T Dileep Kumar, President Indian Nursing Council highlighted the importance of conference theme. Addressing the students, the Chief guest Dr VK Paul, Member NITI Aayog said that a solid foundation is laid by learning soft skills, building leadership qualities, networking with peers & friends, and honing relevant professional traits. He especially appreciated the nursing students for taking up cudgels during the hard Covid pandemic era, for which the prestigious Indira Gandhi Peace Award for Peace, Disarmament and Development was recently conferred on TNAI.

The long-awaited dream of a National Nursing Museum came true with its virtual inauguration by nursing legends and former TNAI National leaders followed by the release of the conference souvenir. TNAI's Publication 'Nursing Foundation' Volume-2 was also released.

National Nursing Leaders of TNAI, former Presidents, Vice Presidents, and Honourary Treasurers were felicitated for their valuable contribution. A unique feature was the State Parade by student nurses to showcase their States through vibrant and jubilant march, which was facilitated by Mr Ajinas AM Asst Secy Gen TNAI.

During Durga Mehta's Oration, former TNAI President Mrs Anita Deodhar cited immense contribution of Madam Durga Mehta to nursing. Dr Jothi Clara Micheal, Director of Nursing, IHH Health Care India, took a session on 'Nursing Leadership: Inspiring the Next Generation of Nurse Leaders'.

Poster presentation session displayed 178 posters under 11 categories from various States and institutions. Competitions, including Floor Decoration (Rangoli), Pencil sketching, On-the-Spot Painting Quiz (Preliminary), and Essay Writing, were held simultaneously.

Day IV - 29 November 2023 (Wednesday): Sports competitions including the 100-meter race, 400-meter relay race, Javelin throw, Discus throw, and Badminton, commenced at 7 am. The Chief Guest, Ms Kiran Bishnoi, a freestyle wrestling gold medalist, addressed the students; Ms Rachna Hooda, a Military Nurse and sports enthusiast, delivered an inspirational talk. The day also included Extempore speech, Mono acting, State Branch Biennial Report presentations and Scientific paper presentation, moderated by Mrs Swapna Joshi Vice President West Region, and Dr Raminder Kalra Ex-Officio member Delhi State Branch. The National SNAI report and SNAI General Committee resolutions were presented by Mrs S Vatchala Dhinakaran Asst Secy Gen TNAI.



Parade by the nursing students from various parts of India.

The Valedictory function chaired by Prof (Dr) Roy K George featured lighting the lamp, welcome address by Mrs Shiny Chacko, Secretary Delhi state branch, and valedictory remarks by Prof (Dr) Roy K George. Conference resume was given by Mrs Sanghamitra Sawant Asst Secy Gen TNAI. At this occasion, Mrs Alice Viaz, Commissioner-cum-Secretary, Higher/Technical Education, NCTD shared her inspiring journey from 'nurse' to an 'IAS officer'. Her narrative stands as testament to how commitment, persistence and faith can lead us to dream positions in life. After distribution of prizes to the awarded winners, the conference concluded by 6 pm with vote of thanks given by Mrs Indhumathy, SNAI Advisor, Delhi State Branch.

We are grateful to the generous contribution from Sponsorships by Mediplus, Americare India Foundation, Aastrika Foundation, Nursing Next Exam Prep Pvt Ltd, One stop Nursing , OET, Himalaya and Glanzend.

Same evening, there was a post-conference Meeting of core committee members of TNAI at 7 pm at TNAI Hqrs.

The two days Master of Ceremony was Dr Jaeny Kemp, Vice President South Region, who also guided Mr Lalit Kumar & Ms Chanchal, SNAI Delhi State Branch Vice President and Secretary, respectively.

THE TRAINED NURSES ASSOCIATION OF INDIA

30th SNAI BIENNIAL CONFERENCE,

28th - 29th November, 2023

Theme: "Empowering nursing students: Prospects and Challenges"

Venue: Thyagaraj Sports Complex (Near INA Market), New Delhi

National Prize Winners

I. State SNAI Biennial Best Performance Award:

First Prize: Tamil Nadu
Second Prize: Maharashtra
Third Prize: Kerala

II. SNAI State Branch receiving Maximum Prizes in Sports Competitions: Kerala

III. State Branch receiving Maximum Prizes in SNAI Conference: Chhattisgarh

1. Code No.01 National Award for Best SNAI Unit in India

(First Prize-Rs.1,00,000/-; Second Prize-Rs.75,000/-; Third Prize - Rs.50,000/-)

First Prize: The SNAI Unit, Sau Minatai Thakre Institute of Nursing Education, Thane Municipal Corporation, Thane, Maharashtra

Second Prize: The SNAI Unit, College of Nursing, Army Hospital (R&R), Delhi Cantt, Delhi

Third Prize: The SNAI Unit, Mar Baselious College of Nursing, Ernakulam, Kerala

2. Code No. 02 Scientific Paper Presentation

Four best scientific papers were selected on theme ("Empowering nursing students: Prospects and Challenges") are as follows:

- 1) N/Cdt Mahima Sharma, N/Cdt Pranjali Sharma, Lt Col Suman Dhaka, College of Nursing, AFMC, Pune, Maharashtra
- 2) Miss. Amala Sunny, Ms. Anu Antony, Ms. Anjali Jesty, St. Thomas College of Nursing, Chetipuzha, Kottayam, Kerala
- 3) Ms Evelyn Mariam Abey, Ms Achsah C. Kurian, College of Nursing, Christian Medical College, Vellore, Tamil Nadu
- 4) Ms. Kongkana Nath, Ms. Sagarika Chetia, St. Gerosia, Institute of Nursing, Dibrugarh, Assam

3. Code No.03 SNAI Unit Biennium Diaries Evaluation: July 2021 to June 2023 (GNM &B.Sc.(N))

First Prize: The SNAI Unit, Ganga School & College of Nursing, Vattamalaipalayam, Coimbatore, Tamil Nadu

Second Prize: The SNAI Unit, Shankaracharya Swami Swaroopananad College of Nursing, Junwani Bhilai, Chhattisgarh

Third Prize: The SNAI Unit, Dr. R.N. Cooper Municipal General Hospital, Juhu, Maharashtra

Consolation Prize: The SNAI Unit, M.O.S.C. College of Nursing, Kolencherry, Ernakulam, Kerala

ANM Programme

First Prize: The SNAI Unit, GTN College of Nursing, GTN Nagar, Dindigul, Tamil Nadu

Second Prize: The SNAI Unit, Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing, Mumbai, Maharashtra

Third Prize: The SNAI Unit, Female Health Worker Training School, Ganesh Das Hospital Government Maternal and Child Health Hospital, Shillong, Meghalaya

Consolation Prize: The SNAI Unit, Health Nursing School Singrijan Dimapur, Nagaland

Code No.04 z Presentation

Category Code No.05/001 Section-MCH Section

(Topic: Respectful Maternity Care & New Born Care)

First Prize: Ms Haphibanri Khardewasaw, Female Health Worker Training School Ganesh Das Govt. M & CH Hospital, Shillong, Meghalaya

Second Prize: Ms Pooja Babasao Kamble, Bel- Air College of Nursing, Panchgani, Satara, Maharashtra

Third Prize: Ms Sanodiya Diksha Nandlal, Ms Ansushka Singh Rathour, Ms Neelam Kumari, Pragyan College of Nursing, Bhopal, Madhya Pradesh

Consolation Prize: Ms. Naina, Institute of Public Health & Hygiene School of Nursing, Delhi

Category Code No.05/002 Section-Midwifery

(Topic: Safe Abortion & MTP Act 2021)

First Prize: Ms Dolima Boro, Ms Niha Boro, Arya Nursing College, Changsari, Kamrup, Assam

Second Prize: Ms Sushmita Mewada, Ms Mohini Gundiya, R.D. Memorial College of Nursing, Barkhedhi Kalan, Bhopal, Madhya Pradesh

Third Prize: Ms Sonita Shulet, Female Health Worker Training School, GDGMCHH, Shillong, Meghalaya.

Consolation Prize: Ms Abinaya N., O.P.R. Memorial College of Paramedical Science, Cuddalore Distt. Tamil Nadu

Category Code No.05/003 Section-Anatomy and Physiology

(Topic: Urinary System)

First Prize: Ms Navjot Kaur, Institute of Nursing Education, Guru Teg Bahadur Hospital College of Nursing, Ludhiana, Punjab

Second Prize: Ms Jasmine P, St Ann's School of Nursing, Sacred Heart Hospital, Thoothukudi, Tamil Nadu

Third Prize: Ms Pooja Marskole, Ms Mimansa Kashleker, Pragyan College of Nursing, Bhopal, Madhya Pradesh

Consolation Prize Ms Shuti Srivastava, Ms Priyanshi Mahendra, Miss Sakshi Gupta, B.C.M College of Nursing, Khairabad, Uttar Pradesh

Category Code No.05/004 Section-First-Aid & Basic Nursing Procedures (Topic: Biomedical Waste Management)

First Prize: Ms Kankana Halder, GCON Diamond Harbour GMCH, West Bengal

Second Prize: Ms Manisha School of Nursing, Fatima Hospital, Mau, Uttar Pradesh

Third Prize: Ms Annet B Varghese, Ms Gourinandam P, Annai JKK Sampoorani Ammal College of Nursing, Nammakkal, Tamil Nadu

Consolation Prize: Ms Bishnu Priya Mirdha, NTI, IGM, Rourkala, Odisha

Category Code No.05/005 Section-Medical & Surgical Nursing

(Topic: Role of Nurse in Ostomy Care)

First Prize: Ms Auzel Thuangamliu R Marak, Ms Benisha G Momin, Ms Bitdia Koch, School of Nursing, Theresa House Training Centre, Ganesh Das Govt. Material & Child Health Hospital, Shillong, Meghalaya

Second Prize: Ms Jayshree Pausarya, Ms Damini, PG College of Nursing, Hospital Sector, Bhilai, Chhattisgarh

Third Prize: Miss Anitta Paul, Miss Nidhi Verma, Miss Khushboo, BCM College of Nursing, Khairabad, Uttar Pradesh

Consolation Prize: Ms Gishmi Antony, Ms Fedora Jose, Ms Jesna Theresa Jose, Mar Baselios College of Nursing, Kothamangalam, Kerala

Category Code No.05/006 Section- Paediatric Nursing

(Topic: Traditional methods play therapy)

First Prize: Ms Chitra Pallavi, Govt. College of Nursing, Rajnandgaon, Chattisgarh

Second Prize: Miss Kanika Tiwari, Miss Pranchi, Miss Vidhya Kashyap
BCM College of Nursing, Khairabad, Uttar Pradesh

Third Prize: Ms Niknam K Sangma, Ms Primy B Marak, Ms Malsime CH Marak
School of Nursing, Theresa House Training Centre, Ganesh Das Govt Maternal & Child Health Hospital,
Shillong, Meghalaya

Consolation Prize: Ms Ammu Aju, Ms Ann Maria Sony, Ms Bhagyasree Dhanesh MOSC College of
Nursing, Kolencherry, Kerala

Category Code No.05/007 Section-Psychiatric Nursing (Topic: Post covid era: Stress among Nursing Students)

First Prize: Miss Sneha Chaurasiya, Miss Archita Maurya, Miss Shruti Upadhyay
BCM College of Nursing, Khairabad, Sitapur, Uttar Pradesh

Second Prize: Ms Mariya Benny, Ms Sona Saji, Ms Donia John Mar Basелиos College of Nursing,
Kothamangalam, Kerala

Third Prize: Mr Tomcy Jomon, St Ann's College of Nursing, Sacred Heart Hospital, Thoothokudi Tamil Nadu

Consolation Prize: Ms Romi Sahu, Ms Rishika Kumari, PG College of Nursing, Hospital Sector, Bhilai,
Chhattisgarh

Category Code No.05/008 Section-Community Nursing

(Topic: Screening, prevention and control of NCDs(Non-Communicable disease)

First Prize: Ms Anjali Andrus, Ms Amritha Radhakrishnan, Ms Derin Eldhose ,
Mar Basелиos College of Nursing, Kothamangalam, Kerala

Second Prize: Ms Akansha Mira, Ms Nidhi Sahu, PG College of Nursing, Hospital Sector, Bhilai, Chhattisgarh

Third Prize: Ms Pompe Rabha, School of Nursing, Civil Hospital, Shillong, Meghalaya

Consolation Prize: Ms I Maria Keerthana, St Isabel's School & College of Nursing, Tamil Nadu

Category Code No.05/009 Section-Obstetrical Nursing

(Topic: Promotion of Reproductive Health)

First Prize: Ms Riya Reji, Ms Anitta Benny, Ms Nimishamol Shibu, Mar Basелиos College of Nursing,
Kothamangalam, Kerala

Second Prize: Ms Nochon N Areng, School of Nursing, Civil Hospital, Shillong, Meghalaya

Third Prize: Miss Shreya Tripathi, Miss Shivani Soni, Miss Apsar Bano, BCM College of Nursing, Khairabad,
Uttar Pradesh

Consolation Prize: Ms Neemisha, Army College of Nursing, Jalandhar, Punjab

Category Code No.05/0010 SNA Activities in India

(Topic: The road map to elect SNA leaders)

First Pzn Prize: Ms P Prasanna, Ms M Deepika Ms Muskan Mani, Yashoda Lakshmi College of Nursing,
Gowdavally, Hyderabad, Telangana

Category Code No.05/0011 History & Trends in Nursing in India

(Topic: Career Opportunities for Nurses)

First Prize: Ms Nikita Verma, Ms Mary Jiya PJ, Pragyan College of Nursing, Bhopal, Madhya Pradesh

Second Prize: Ms D Monisha, Vignesh Nursing College, Kizhanaikarai, Tiruvannamalai, Tamil Nadu

Third Prize: Ms Emilda Vincent, Ms Asna Mani, Ms Sandra Joby, Mar Basелиos College of Nursing,
Kothamangalam Kerala.

Consolation Prize: Ms Suman Ghosh, College of Nursing, AFMC, Pune, Maharashtra

Code No.05- Quiz Competition

First Prize: Ms Thulasidassan A, Ms. Bakkia Lakshmi R, Ms Ramya V, Mother Theresa Post Graduate &
Research Institute of Health Sciences, Puducherry.

Second Prize: Ms Mahima Sharma, Ms Priya Kumari, Ms Ragnee Kumari, College of Nursing, AFMC,
Pune, Maharashtra.

Third Prize: Ms Km Arti, Ms Nabanita Pal, Ms Tanuja Bharti, College of Nursing, AIIMS, Patna, Bihar.

Code No.06- Essay Competition (English)

First Prize: Ms Mridula Kumbhkar, Govt College of Nursing, Bilaspur, Chhattisgarh

Second Prize: Ms Vaishnavi Singh, College of Nursing Army Hospital (R&R), Delhi

Third Prize: Ms Pinky Bera, SNU Nursing Institute, New Town, Kolkata, West Bengal

Consolation Prize: Ms Ravina, SGT University, Gurugram, Haryana

Essay Competition (Hindi)

First Prize: Ms Diksha, Akal College of Nursing, Sirmaur, Himachal Pradesh

Second Prize: Ms Vasundhara Subhash Aher, MVPS, Institute of Nursing Education, Nashik Maharashtra

Third Prize: Ms Arundhati, State School of Nursing, Dehradun, Uttarakhand

Consolation Prize: Ms Ayushi Chowrasia, Sikkim Manipal College of Nursing, Gangtok, Sikkim

Code No.07-Extempore Speech (English)

First Prize: Ms Urvashi, M.M. College of Nursing, Solan, Himachal Pradesh

Second Prize: Ms Toshisenla Kichu, Christian Institute of Health Sciences & Research, Dimapur, Nagaland

Third Prize: Ms Anriya Titus, Lourde CON, Kannur, Kerala

Consolation Prize: Ms Chelsea Parmar, T & TV Institute of Nursing, Surat, Gujarat

Extempore Speech (Hindi)

First Prize: Ms Daninee Sinha, Govt CON, Jagdalpur, Chhattisgarh

Second Prize: Ms Bhoomika Yadav, CON Pt BD Sharma University of Health Sciences, PGIMS, Rohtak, Haryana

Third Prize: Ms Nidhi Tiwari, SON Fatima Hospital, Mau, Uttar Pradesh

Consolation Prize: Ms Gulshan Kumari, Shine Abdur Razzaque Ansari Institute of Health Education & Research Centre, Ranchi, Jharkhand

Code No. 08 Sports Competition

Badminton (Female)

First Prize : Ms Mariya Jolly, Lourde College of Nursing, Kannur, Kerala

Second Prize : Ms Jerly George, JMJ School & College of Nursing, Sanathnagar, Hyderabad, Telangana

Third Prize: 1) Ms Ashlisha Priyadarsani Swain, Driems School & College of Nursing, Tangi, Cuttack, Odisha

2) Ms Lianne Elizabeth Joseph, CON, CMC Vellor Chittoor Campus, Chittoor, Andhra Pradesh

Badminton (Male)

First Prize : Mr. D. Shin Jose, Annai JKK Sampoorani Ammal College of Nsg. Namakkal, Tamil Nadu

Second Prize : Mr. Mokshit Subhakar Narlapati, Metas Adventist College, Baraiatu, Ranchi, Jharkhand

Third Prize : 1) Mr. Lovlish Sarpal, *Christian Medical College Ludiana Punjab*

2) Mr. Sanjeev Kumar, Narayan Nursing College, Jamuhar, Sasaram, Bihar

400 Meter Relay Race (Female)

First Prize : Ms Emil Lalu, Ms Dianna Mathew, Ms Alkka Johny, Ms Ansu Sebastian, *MOSC College of Nursing. Kolenchery, Ernakulam, Kerala*

Second Prize : Ms Rinisha R, Ms. Akshaya S, Ms Akhila S, Ms Aliya Nizar, *Thasiah College of Nursing Kanyakumari Tamil Nadu*

Third Prize: Ms Joyce James, Ms Analiza Dcosta, Ms Aleena John, Ms Abana Varghese, *St John's CON, Sarjapur Road, Karnataka*

400 Meter Relay Race (Male)

First Prize: Mr Aakash Newbhien P Mr Pabin P, Mr Sahaya Jecent J, Mr Prasanna Raja R Sardar Rajas CON, Kavalkinaru, Tirunelveli, Tamil Nadu

Second Prize: Mr Abel Joseph, Mr Jeshay Dsouza, Mr Alan Gomes, Mr Joswin Pinto *Father Muller CON, Kankanady, Mangalore, Karnataka*

Third Prize: Mr Augustin Davis, Mr Rinoy P Thomas, Mr Mohammed Ziyen, Mr Amith VJ Westfort College of Nursing, Thrissur, Kerala

100 Meter Race (Female)

First Prize : Ms Aleena James, Laxmi Memorial CON, Balmatta, Karnataka

Second Prize : Ms Neenu Maria James, St Josephs School of Nursing, Kothamangalam, Ernakulam, Kerala

Third Prize: Ms Anju Teriza Sibi, Chalmeda Anandrao Inst. of Medical Sciences, Karimnagar, Telangana

100 Meter Race (Male)

First Prize : Mr Jeshay Dsouza, Father Muller CON, Kankanady, Mangalore, Karnataka

Second Prize : Mr Azadulla S, CSI College of Nursing, Thiruvananthapuram, Kerala

Third Prize : Mr Aasish Devapaul DYK, The Salvation Army Catherine Booth CON, CBH Campus, Nagercoil, KK Distt Tamil Nadu

Discus Throw (Female)

First Prize : Ms Arunima Sunny, Holy Family SON, Muthalakodam, Thodupuzha, Idukki, Kerala

Second Prize : Ms Roshni, Govt Collge of Nursing, Bilas, Chhattisgarh

Third Prize : Ms Phuntsok Yangzom, St John's CON, Sarajapur Road, Karnataka

Discus Throw (Male)

First Prize : Mr Kumar Ravi, Doon Institute of Medical Science, Vikasnagar, Dehradun, Uttarakhand

Second Prize: Mr Khushiyal Chouhan, Renaissance University School of NSG Indore, Madhya Pradesh

Third Prize : Mr Rajapaul G, Sardar Rajas CON, Kavalkinaru, Tirunelveli, Tamil Nadu

Javelin Throw (Female)

First Prize : Ms Varsha Mohan P, Bharati Vidyapeeth CON, Pune, Maharashtra

Second Prize: Ms M Gopika, Dhanalakshmi Srinivasan CON, Perambalur, Tamil Nadu

Third Prize : Ms Babli Kumari ANM Training School, Simdega, Jharkhand

Javelin Throw (Male)

First Prize : Mr Rojin Reji, Mahendra CON, Salem Tamil Nadu

Second Prize : Mr Vishal Kushwaha, Nandvandan College of Nursing, Gour Tirahia Jabalpur, Madhya Pradesh

Third Prize : Mr Kunga Neema, Government Nursing College Dobh Srikot Pauri Garhwal, Uttarakhand

Code No.09- On-The- Spot Painting

First Prize: Ms Sumana Ghosh, College of Nursing, AFMC, Pune, Maharashtra

Second Prize: Ms Nungkina Tayeng, Ramakrishna Mission Hospital School of Nursing Itanagar, Arunachal Pradesh

Third Prize: Mr Athul V A, Shanmuga School of Nursing, 24, Sarada College Road, Salem, Tamil Nadu

Consolation Prize: Ms Ritu Sharma, Tripolia School of Nursing Gulzarbagh, Patna, Bihar

Code No.010-Pencil Sketch

First Prize: Ms Arya Prajna Palata, Driems School & CON, Tangi, Cuttack, Odisha

Second Prize: Ms Neethu KV, Elite CON, Thrissur, Kerala

Third Prize: Mr Quiston Ch Momin, School of Nurisng, Theresa House Training Centre, Shillong, Meghalaya

Consolation Prize: Ms Harmanjot Kalia, SKSS College of Nursing Ludhiana, Punjab

Code No.011-Floor Decoration (Rangoli)

First Prize: Ms Anjali, KVM Nursing College, Ladnot Road, Rohtak, Haryana

Second Prize: Ms Suravi Samantasinghar, College of Nursing, Cuttack Choudwar, Odisha

Third Prize: Ms Bhavika Singh, College of Nursing, Dayanand Medical College and Hospital, Ludhiana, Punjab

Consolation Prize: Ms Anjali S, Mother Theresa Post Graduate & Research Institute of Health Sciences, Indira Nagar, Gorimedu, Puducherry

Code No.012-Mono Act

First Prize: Ms Aastha, College of Nursing, Army Hospital (R&R), New Delhi

Second Prize: Ms Ayushi Panchal, Govt CON, Surat, Gujarat

Third Prize: Ms Aishwarya Prakash, Mar Baslios CON, Kothamangalam, Kerala

Consolation Prize: Ms Deepa Sharma, Govt CON, Ujjain, Madhya Pradesh

Code No.013-Personality Contest

Miss. SNAI: Ms F Lalrinsiami, Mizoram CON, Falkawn, Mizoram

First Runner Up: Ms Saakshi Rao, PG CON & Hospital, Bhilai Chhattisgarh

Second Runner Up: Ms Anamika Verma, Shri Mata Vaishno Devi CON, Kakryal, Katra Jammu Unit

Mr SNAI: Mr Vaibhav Jacob Daas, Shankaracharya Swami Swaroopanand, CON, Junwani, Bhilai, Chhattisgarh

First Runner Up: Mr Jaskaran Singh Sidhu, DMCH CON, Ludhiana, Punjab

Second Runner Up: Mr Weghara Chegado M Sangma, Regional Institute of Paramedical & Nursing Sciences (RIPANS), Aizwal, Mizoram

Code No. 014-Dance Competition

First Prize: Ms Santhwana MB, Mother College of Nursing, Thrissur, Kerala

Second Prize: Ms Devika ES, Ms Akhila Unnikrishnan, Ms Gayathri TS, Ms Aswathy Rajesh, Ms Nandana P, Ms Anjanakrishna TP, Ms Swetha A Ms Irin Mariya Babu, Dharan Nursing College, Salem, Tamil Nadu

Third Prize: Ms Namrata Soni, Ms Aishwarya Thakur, Ms Jyotsana Gautam, Ms. Leena, Ms Tanyali Kujur, Ms Khusboo, Ms Sanskriti Shiwas, Ms Hina Yadav, PG College of Nursing, Bhilai, Chhattisgarh

Consolation Prize: Ms Ritika Devi, Ms Shamli Devi, Ms Kajal Sharma, Ms Suhavani, Ms Rimiya Bharti, Ms Nayasa Sharma, Ms Simran Gupta, Ms Malayaka Sharma, Shree Mata Vaishno Devi College of Nursing, Katra, Jammu unit

OBITUARY

Mrs Anuprita Gurjar



Mrs Anuprita Gurjar, retired Principal, KEM Hospital, School of Nursing BMC Mumbai breathed her last on 17 December 2023, at 73 years of age. She was born on 21 May 1950.

Mrs Gurjar graduated from LT College of Nursing (SNDT Women University), Mumbai in 1972, after which she served as Tutor at LT College of Nursing for two and half years. In 1975 she was appointed as Sister Tutor at KEM Hospital Mumbai, where she served in various positions till her retirement. In her distinguished career, she also held the post of Deputy Registrar MNC for a year.

A life member of TNAI and executive member of TNAI Maharashtra branch, she was chairperson 'socio-economic welfare committee' from 2004 for two terms. She was a caring, polite and loving person, and had been mentor to many. She will be remembered as a compassionate and dedicated nurse. May God, the almighty give strength and courage to the bereaved family members to cope up with the great loss, and eternal peace to the departed soul.

PROVISIONAL BALLOT PAPER: TNAI Andaman & Nicobar UT Branch Election 2023

Post	Name and Address of the Contestant	Voter's X
President	Ms Anney Ashok, TNAI No. 59655, Address: G.B. Pant Hospital	
Vice President	Ms Kalawathi Dutta, TNAI No. 416294, Address: Kalawathi Dutta W/O Prashant Dutta C/O Electrical Plaza, Aberdeen Bazar, Port Blair A&N Islands- 744102	
Secretary	Mr S Sreenivason, TNAI No. 318755, Address: C/O Operatlon Theatre, G.B. Pant Hospital, A&N Administration, Port Blair- 744102	
Joint Secretary	Mr Sohan Lall, TNAI No. 415670, Address: C-52, Near Met Office, Shadipur Village, Shadipur Po, Port Blair- 744102	
Treasurer	Ms Jilly Heaven, TNAI No. 73895, Address: C/O Ms Heaven, Flat No 1IMFC Residency, Garacharama (P.O) Port Blair – 744105	
SNAI Advisor	VACANT	
Chairperson- Membership Committee	VACANT	
Chairperson- Programme Committee	VACANT	
Chairperson- Nursing Service Section	VACANT	
Chairperson- Nursing Education Committee	VACANT	
Chairperson- Public Health Section	VACANT	
Chairperson- Economic Welfare Committee	VACANT	
Chairperson- LHV/ANM Committee	VACANT	

As per the TNAI Constitution Rules & Regulations & Bye-Laws page no 56-64 State Branch Election Procedure (Revised and approved by Council/HOD 2012)

1. Election will be held during General Body Meeting on **Date: 2 February, 2024 (Friday) from Time: 10:00 am to 2:00 pm at Address: Auditorium of GB Pant Hospital, Port Blair-744104, Andaman Nicobar Islands.**
2. The Provisional Ballot Paper is published only for the information of the members. A separate Ballot Paper will be distributed to the voters on the day of Election.

3. Only Life members of TNAI are eligible to vote.
4. All the **Voters are requested to bring their TNAI Membership card** provided by the TNAI Headquarters along with Photo identity (Election card/PAN card/Driving license) before entering the hall for voting.
5. No one shall be allowed to vote before or after the schedule time of voting.
6. Names of the contestant who have not given their consent in writing to the Returning Officer will be deleted from the final Ballot Paper.
7. No addition of the contestant shall be made to the final ballot paper.
8. It is expected that the Voters/Members are well versed with the TNAI Rules and Regulation and Byelaws. A copy of the same shall be available with the Returning Officer for ready reference.
9. On the day of election during the General Body meeting an open election will be conducted for the vacant post.
10. The person so elected for a particular office at branch level shall hold the office for the full term (four years) and shall not contest and cross to another office prior to completion of the term of her/his existing office.
11. Any contestant wishing to withdraw from any office of contest should inform the Returning Officer at least 20 days prior to the election date in writing to the following address:

Mrs Jharna Roy, Returning Officer- TNAI Andaman & Nicobar UT Branch, C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.

कितना मारक हो सकता है कोरोना का नया रूप जेएन.1

नए, जेएन.1 प्रतिरूप बतौर कोरोना एकबार फिर भय दिखाता लग रहा है। अब तक अपने यहां 21 मामलों सहित दुनिया के 60 देशों में इसके 3,608 मामले दर्ज किए गए हैं, इनमें से अधिकांश यूरोप और उत्तरी अमेरिका में हैं, वहीं भारत में केरल में ये मामले ज्यादा पाए गए हैं। इसे बीए.2.86 का एक प्रतिरूप (वेरिएंट) माना गया है। 22 दिसंबर को समाप्त पक्ष में यह देश में 16 जानें ले चुका है। अनेक अस्पतालों में मॉक ड्रिल संचालित किए जा रहे हैं। इसकी पहचान पहली बार लग्जमबर्ग में की गई। हालांकि तीव्रता, प्रसार और मारकता में यह उतना खतरनाक नहीं जितना पिछला कोरोना-19 रहा, फिर भी स्वास्थ्य व्यवस्था तथा अस्पताल इससे निबटने की तैयारी में हैं। जेएन.1 भयावह रूप न ले, इस दृष्टि से सरकार की निगाहें मरीजों पर टिकी हुई हैं। इसके स्वरूप और मारकता के बाबत स्पष्टता नहीं है: कुछ विशेषज्ञों की राय में यह वायरस काफी तेजी से फैलने वाला वेरिएंट है तथा उन्हें भी संक्रमित कर सकता है जिन्हें वैक्सीन लग चुकी हैं। कोरोना से ग्रस्त होने वालों की प्रतिरोधी क्षमता घट जाती है, इसलिए उन्हें विशेष सावधानी बरतनी होगी।

डब्ल्यूएचओ की राय में कोरोना के नए वेरिएंट आते रहेंगे, इसे इकोसिस्टम का अंग मान लेना होगा, अतः हमें इसके संग जीना होगा। बचाव के यही उपाय हैं कि पौष्टिक भोजन के सेवन के साथ अपनी रोगप्रतिरोधी क्षमता विकसित करें तथा भीड़ वाले स्थानों में उच्च क्वालिटी का मास्क लगाए रखें।

WANTED

ASSISTANT SECRETARY-GENERAL for TNAI

The Trained Nurses' Association of India (TNAI) requires a dynamic and mature person for a regular post of Assistant Secretary-General to work at Green Park, New Delhi & Greater Noida (UP). Salary is as per the TNAI salary structure.

Essential Qualifications

- ◆ Registered Nurse and Registered Midwife. For male candidates, clinical specialisation in lieu of Midwifery required.
- ◆ MSc Nursing in any specialty with five years' experience. Experience in Administration will be an added advantage.
- ◆ Member of the Trained Nurses' Association of India.

Preference

Candidate's experience in the TNAI activities at National/State level will be given preference.

Other Requirements

- ◆ Proficiency in written and spoken English language.
- ◆ Proficiency in Computer Work.
- ◆ Upper age limit is 40 years, relaxable upto 45 years if the candidate is found otherwise suitable.
- ◆ Name and addresses of 3 referees not related to the candidate, one of whom should be the present employer, if in service - otherwise last employer.

Job Requirement

- ◆ Shall act as assistant to Secretary General, Dy. Secretary General and Chief Operating Officer to implement TNAI's policies and shall be responsible for such other works and duties in the headquarters as may be assigned by management of TNAI.
- ◆ Her/His scope of duties will include planning and implementation of various national level continuing education programmes.
- ◆ She/He will participate/cooperate with administrative functions of Secretary General and/or Deputy Secretary-General at TNAI HQ and at Greater Noida premises.
- ◆ She/He will represent TNAI if and when asked to do so in various seminars, conferences etc.
- ◆ She will assist all the TNAI Publications.
- ◆ To undertake extensive travelling for the Association as and when required.

Application on plain paper alongwith a detailed C.V with names and addresses of three referees should be sent to the **National President, TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016** by January 31st, 2024. Those in service are required to bring 'No Objection Certificate' from their present employers.

WANTED PROJECT MANAGER

The Trained Nurses' Association of India (TNAI) requires a dynamic and innovative person for a regular post of Project Manager to work at Green Park, New Delhi and Greater NOIDA, UP. Salary will be as per the TNAI salary structure.

Essential Qualifications

- (a) RNRM Registered with State Nursing Council.
- (b) MSc (Nsg) with five years' experience.

Desirable Qualification: MBA with 2 years' experience in Administration.

TNAI Membership is must.

Preference shall be given to member candidates with at least 5 years experience in Teaching/Administration.

Other Requirements:

- Proficiency in written and spoken English language.
- Proficiency in Computer Work.
- Upper age limit is 40 years, which is relaxable up to 5 years if the candidate is found otherwise well suitable.
- The 3 referees mentioned in the application must not be related to the candidate, and one of them should be the present employer if in service, otherwise last employer.

Application with detailed CV along with names and addresses of three referee should be sent to the **National President, TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110 016** OR sent by email to **tnai_2003@yahoo.com** by 31st January 2024.

Rates for NJI Subscription

It is to bring to notice of NJI subscribers that as per decision of TNAI's EC, the annual and five-yearly price of Nursing Journal of India for individuals and institutions shall be revised upwards from April 2023 as under:

Existing Rates	New Rates w.e.f. April 1, 2023
For Institutions	
<ul style="list-style-type: none">• One year subscription: Rs. 1500/-• Five Years subscription: 6500/-	<ul style="list-style-type: none">• One year subscription: Rs. 2000/-• Five years subscription: Rs. 9000/-
For Individuals	
<ul style="list-style-type: none">• One year subscription: Rs. 1000/-• Five Years subscription: Rs. 4000/-	<ul style="list-style-type: none">• One year subscription: Rs. 1500/-• Five years subscription: Rs. 6500/-

All payments shall be accepted in the form of demand draft in favour of 'The Trained Nurses' Association of India' payable at New Delhi. Local subscribers can also deposit the subscription charges as cash at TNAI Headquarters.

All communication related to NJI should be sent to the following address:

Secretary General, The Trained Nurses' Association of India
L-17 Florence Nightingale Lane, Green Park, New Delhi-11 0016.
Phone: 011-40195409, 40195407
Email: publicationstnai@yahoo.com, tnai_2003@yahoo.com
Website: www.tnaionline.org

NOTE: Those already enrolled for subscription of the Nursing Journal of India (NJI) may kindly ignore this communication.

78th TNAI National Conference

Date and Venue of TNAI Conference will be informed later

Theme: “Leadership in Nursing: Inspiring Vision, Driving Change”

i) Scientific Paper should be based on the theme (mentioned below)

Three best scientific papers on the conference theme will be selected for presentation during the conference.

ii) Concurrent Sessions: a) OBG Nursing b) Mental Health Nursing c) Child Health Nursing d) Community Health Nursing e) Medical and Surgical Nursing f) Nursing Education g) Administration and Research.

- The Concurrent session and scientific posters shall be based on studies in any nursing speciality, not necessarily related to theme of the conference.
- The scientific study submitted for consideration as scientific paper presentation shall follow IMRAD format (Introduction, Methodology, Results and Discussion).
- Please note that (1) the study carried out within last **four years** period only shall be entertained, and (2) the researcher/ presenter shall be a member of TNAI.
- The word limit for the scientific paper presentation is **2000-2500**. Enclose separate sheet with author/authors name and a brief bio data, complete address, phone number, email, and TNAI number.

iii) Poster Presentation (based on Scientific Paper)

All posters should be based on Research papers like a visual presentation of the scientific paper on any nursing specialty by individual TNAI member for display.

- a) Size: Size of the Poster/ Flex should be approximately 30 x 40 inches.
- b) Lettering: Lettering and design of the poster should be bold and big enough to be seen from a distance.
- c) Layout: Layout of the picture, if any, must be properly balanced to give a correct sense of proportion.

Note: (1) Ideas depicted in the poster should be relevant to the study. (2) Extra fixing of clipping/ cuttings or any other form on the poster should be avoided. (3) The scientific study submitted for poster presentation shall follow IMRAD format (Introduction, Methodology, Results and Discussion). (4) All the presenters (Conference theme, Concurrent Session and Poster Presentation) should register for the conference. No TA DA will be provided to the presenters. (5) The TNAI will be awarding certificate along with 16 credit hours purely based on registration and attendance.

(Mrs.) Evelyn P. Kannan
Secretary General, TNAI

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India
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