



## Women's Day theme, "Invest in Women: Accelerate Progress"

This year's **International Women's Day theme**, "Invest in Women: Accelerate Progress," underscores the critical importance of advancing gender equality and women's empowerment, particularly within healthcare. Investing in women's health is not only a moral imperative but also an economic one. Research indicates that closing the gender gap in health could significantly benefit the global economy, potentially adding one trillion by 2040. Despite these compelling findings, women's health remains underfunded and undervalued. As nurses, we play a pivotal role in promoting and maintaining women's health across all stages of life. Through holistic care, support, and advocacy, we ensure that women receive the comprehensive healthcare services they need to thrive. Let us unite in our commitment to investing in women's health, driving positive change, and fostering a brighter, more equitable future for all.

**Digital Voting for TNAI State Branch Elections:** We are excited to announce that the TNAI has implemented digital voting, effective from April 1st, 2024. From this date forward, all TNAI State Branch elections will be conducted digitally only. This transition marks a significant step forward in modernising our election processes, allowing for smoother and more efficient elections. The introduction of digital voting not only streamlines the voting process but also ensures an easier and faster method for members to elect their representatives. We are confident that this innovative approach will enhance convenience and participation in our election processes.

**Update of Current Address for TNAI Members:** To maintain accurate records and ensure effective communication, we request all members who have changed their residential address to update their current address with TNAI. Please note that only members currently working and residing in specific areas are eligible to vote. Therefore, updating your address is crucial to ensure your voting eligibility in your respective State / UT branch elections.

**TNAI National Conference 2024:** As the countdown begins for the TNAI Conference 2024, it's imperative to commence groundwork for active participation. We encourage all nursing professionals to channel their expertise into crafting Scientific Papers and Posters that align with this year's theme: "Leadership in Nursing: Inspiring Vision, Driving Change." This theme resonates deeply with the dynamic landscape of healthcare, emphasising the pivotal role nurses play in shaping the profession's future. Let's seize this opportunity to showcase innovative ideas, share best practices, and ignite conversations that propel our collective vision forward. Together, let's embody the spirit of leadership, inspiring transformation, and driving impactful change within the nursing community and beyond.

**TNAI National Election 2024:** With the TNAI National Elections looming in December, we urge all members to redouble their efforts in enrolling new members. This concerted effort will not only bolster our collective strength but also increase the number of votes for the House of Representatives (HOR), formerly known as the House of Delegates (HOD). As previously communicated, the calculation for votes will be based on memberships enrolled on or before March 31, 2024. Should you have any inquiries, please don't hesitate to reach out to us via email ([tnainationalelection@gmail.com](mailto:tnainationalelection@gmail.com)) or WhatsApp (7838509066). Additionally, you can check your membership status conveniently through the TNAI link (<https://election.tnaionline.org/updateData/index>).

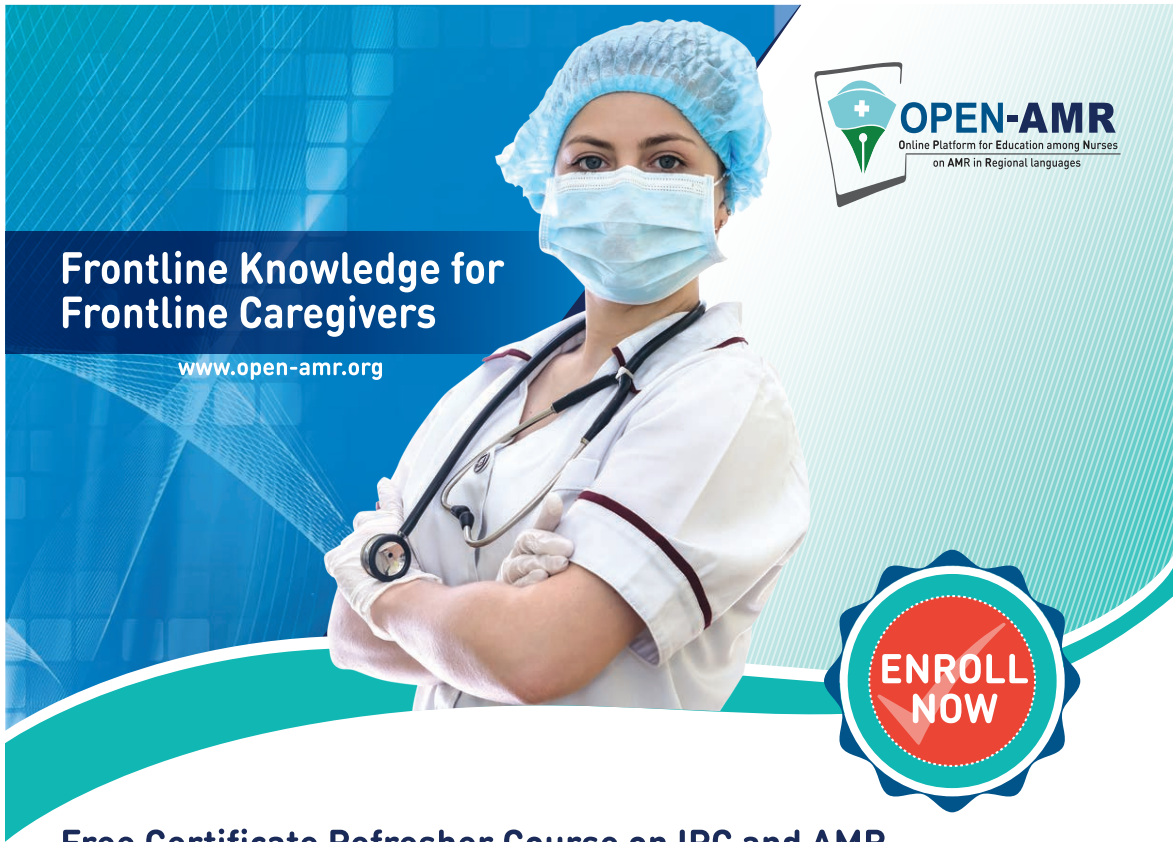
The TNAI wishes a Happy Women's Day

**Evelyn P Kannan**

Chief Editor & Secretary General

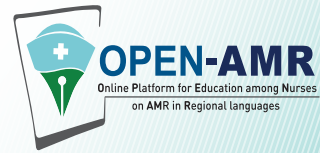
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#### About us

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#### Key Topics

- Introduction to Infection Prevention & Control and Antimicrobial Stewardship
- Common Infection Prevention and Control Practices
- Basics of Antimicrobial Stewardship and Core Components
- Advanced Infection Prevention and Control Practices
- Healthcare - Associated Infections and their Control
- Antimicrobial Stewardship Principles and Action Planning



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## Nomination Sheet: TNAI Punjab State Branch Election 2024

Sr. No.	Post	Name, Address & Contact No. of the Nominee	TNAI Number
1	President		
2	Vice President		
3	Secretary		
4	Joint Secretary		
5	Treasurer		
6	SNAI Advisor		
7	Chairperson – Programme Committee		
8	Chairperson – Membership Committee		
9	Chairperson – Public Health Nursing Section		
10	Chairperson – Nursing Service Section		
11	Chairperson –Nursing Education Section		
12	Chairperson –Economic Welfare Committee		
13	Representative- ANM/LHV Committee		

Nominator's Signature \_\_\_\_\_

Nominator's TNAI No. \_\_\_\_\_

Nominator's Name and Address \_\_\_\_\_

Nominator's Email/Mobile No. \_\_\_\_\_

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/ HOD 2012)]

1. Last date for receiving Nominations is **17<sup>th</sup> April, 2024**, (6 weeks from the date of Publication)
2. The election venue, date and time will be informed to you well in advance.
3. Both the nominator as well as nominee shall be a life member of TNAI.
4. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.

5. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.
6. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
7. The members who are residing outside the country and state shall not be eligible for contesting election.
8. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
9. Outgoing office bearers who completed one term shall be eligible for re-election for one more term.
10. Any life member of TNAI may make nominations for all the offices of the TNAI State/UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time.
11. A break of four years after two consecutive terms (8 years) is necessary for the President/ Secretary of the branch.
12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
13. The Chairperson of the Public Health Nursing Section, Nursing Service Section, Education Section and Representatives of Health Visitor's League (HVL)/ANM should be elected from their respective field only.
14. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
15. Please mark the envelope "**Nomination sheet – TNAI Punjab State Branch Election 2024**" and send it to the following address: **Dr. (Ms.) Surinder Jaspal, Returning Officer, Punjab State Election 2024 Branch, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**

**Note:** (i) Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.

- (ii) If members are working or residing in Punjab but the verification of their membership status shows a different state, they can transfer their membership to Punjab using the above link. A copy of their residence or employment details should be attached for approval of the transfer.

## Nomination Sheet: TNAI Uttar Pradesh State Branch Election 2024

Sr. No.	Post	Name, Address & Contact No. of the Nominee	TNAI Number
1	President		
2	Vice President		
3	Secretary		
4	Joint Secretary		
5	Treasurer		
6	SNAI Advisor		
7	Chairperson – Programme Committee		
8	Chairperson – Membership Committee		
9	Chairperson – Public Health Nursing Section		
10	Chairperson – Nursing Service Section		
11	Chairperson –Nursing Education Section		
12	Chairperson –Economic Welfare Committee		
13	Representative- ANM/LHV Committee		

Nominator's Signature \_\_\_\_\_

Nominator's TNAI No. \_\_\_\_\_

Nominator's Name and Address \_\_\_\_\_

Nominator's Email/Mobile No. \_\_\_\_\_

[(As per the TNAI Constitution Rules & Regulations and Bye-laws (Revised and approved by Council/HOD 2012)]

1. Last date for receiving Nominations is **17<sup>th</sup> April, 2024**, (6 weeks from the date of Publication)
2. The election venue, date and time will be informed to you well in advance.
3. Both the nominator as well as nominee shall be a life member of TNAI.
4. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations and vice versa. For acquiring the new post the members will have to relinquish the former post.
5. A member working and residing in a state or Union Territory shall be the member of the branch of TNAI. In case of temporary change of resident e.g. study; deputation etc. for

a period of more than a year, the member shall be given an option for changing his/her membership to the temporary place of resident after informing the headquarters and the former and latter state branches.

6. The nominator and Nominee should be working and residing in the same state or Union Territory shall be eligible for contesting election and casting the vote.
7. The members who are residing outside the country and state shall not be eligible for contesting election.
8. Members who are or had been involved in litigation with the Association without first representing the grievances to the grievances committee shall not be eligible to contest and shall have no voting rights and same will be applicable to the members who are facing disciplinary proceedings in their work situation/sphere.
9. Outgoing office bearers who completed one term shall be eligible for re-election for one more term.
10. Any life member of TNAI may make nominations for all the offices of the TNAI State/ UT Branch, but the nomination for the President and Secretary shall be made only from those who have served for one term (four years) as the EC members/office bearers at any time.
11. A break of four years after two consecutive terms (8 years) is necessary for the President Secretary of the branch.
12. For the offices of President and Secretary all valid nominations shall be included in the Provisional Ballot Paper. For other offices the names of three members having highest number of nominations shall be included in the Ballot Paper.
13. The Chairperson of the Public Health Nursing Section, Nursing Service Section, Education Section and Representatives of Health Visitor's League (HVL)/ANM should be elected from their respective field only.
14. The nomination Sheet duly filled and completed by the nominator i.e. complete address, TNAI number along with the signature shall be sent to the Returning Officer within six weeks of its publication in the TNAI Bulletin.
15. Please mark the envelope "**Nomination sheet – TNAI Uttar Pradesh State Branch Election 2024**" and send it to the following address: **Major General Sushila Shahi (Retd.), Returning Officer, TNAI Uttar Pradesh State Election 2024 Branch, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**

- Note:**
- (i) Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.
  - (ii) If members are working or residing in Uttar Pradesh but the verification of their membership status shows a different state, they can transfer their membership to Uttar Pradesh using the above link. A copy of their residence or employment details should be attached for approval of the transfer.

## HEALTH EVENTS OF THE MONTH

### International Women's Day: 8 March

Due to traditional bias and discrimination against female gender all around, women have remained behind on many fronts. The multiple crises of our age put immense pressure on communities in achieving gender equality. Ensuring rights of women and girls globally is the only way to secure prosperous and just economies, and a healthy planet for future generations. The International Women's Day (IWD) on 8 March is a global day celebrating the social, economic, cultural, and political achievements of women. The IWD also marks a call to action for accelerating women's equality.

According to a joint report of World Economic Forum & McKinsey Health Institute, although women may live longer than man on average, women spend 25 percent more of their life time in debilitating health conditions than do men. Further, closing the women's health gap can add USD one trillion to global economy by 2040. The report envisages economic growth of around \$3 for every \$1 invested on women's health. Women's health remains unfunded, deplores the report. This makes the aptness of IWD theme for 2024, **Invest in Women: Accelerate Progress**.

The key identified areas requiring our concerted action to ensure women are: **Investing in women: A human rights issue because** investing in women is a human rights imperative and cornerstone for building inclusive societies and progress for women benefits us all; **Ending poverty** : as COVID pandemic and economic turmoil have pushed an extra 75 million people into severe poverty line, making immediate action crucial; **Implementing gender-responsive financing** since austerity negatively impacts women and crowds out public spending on essential public services and social protection; **Shifting to a green economy and care society** because a shift towards a green economy and care society amplifies women's voices, and; **Supporting feminist change-makers that receive a meager** 0.13 per cent of total official development assistance.

### World Kidney Day: 14 March

Kidney is a vital organ in human body regulating its various functions. Its primary function is removal of wastes from body by filtration, regulating electrolytes, maintains acid-base balance, regulating blood pressure and secretion of various hormones. Kidneys filter about 189 litres of fluid daily. About 99 percent of fluids of the unurinated fluid is reused. Malfunctioning of kidney due to any reason can destabilise the life of a person, most at risk are people with diabetes or high BP.

A joint initiative of the International Society of Nephrology and the International Federation of Kidney Foundations, **World Kidney Day** on 14 March (initiated in 2006) is a global health awareness campaign focusing on the importance of the kidneys and reducing the frequency and impact of kidney disease and associated health problems, worldwide. The campaign theme announced for 2024 is, *Kidney Health for All - Advancing Equitable Access to Care and Optimal Medication Practice*. This day is celebrated yearly on the second Thursday of March in 100+ countries.

If detected early, chronic kidney disorder (CKD), a condition impinging on many physiological parameters, is treatable. The activities of the campaign include: educating public on the role of kidney in maintenance of health and urging medical professionals of the important role they can play to in detecting problems encourage more systematic screening of patients.

In the last stage of chronic kidney disease, called end-stage renal disease (ESRD), the kidneys are just unable to remove enough wastes and unwanted excess fluids from the body. At this point, dialysis is often the only option with the patients, usually up to three times a week. If that too does not provide necessary relief, transplant, a costly proposition, turns out to be the only option. Increasing incidence of diabetes and hypertension is deemed to be a major cause triggering CKD. In India, prevalence of CKD is 800 per lakh population while that of ESRD is 155-200 per 10 lakh.



## World Tuberculosis Day: 24 March

There has been much advancements in control of the ages-old disease tuberculosis (TB), increased access to treatment, and availability of more accurate diagnostics, yet its elimination remains a challenge in many parts of the world. causing around 1.5 million deaths every year, mostly in developing countries.

Strains of tubercle mycobacteria mostly attack the lungs but can also affect other parts of the body. Tuberculosis can spread through the air when people who have an active TB infection cough, sneeze, or otherwise transmit their saliva through the air. If left untreated, it kills more than half of those so infected. Nearly 28.2 lakh people got TB in India in 2022, meaning one person gets TB every 11 seconds in India, according to the report in November 2023. India's contribution to the global burden is 27 percent, which is down one percentage point from the previous year's 28 percent. **World Tuberculosis Day on 24 March** commemorates as tribute to Dr Robert Koch, who this day in 1882 surprised the scientific community by announcing about discovery of the cause of tuberculosis i.e. the TB bacillus. It is a day to build public awareness about the global epidemic of tuberculosis and efforts to eliminate the disease. Tribal people, slum dwellers, prisoners, cotton mill workers and persons with impaired immune systems are more vulnerable to the disease. The 2024 theme is continuation of earlier one i.e. "Yes! We Can End TB". TB is still one of the world's deadliest diseases and recent years have seen a worrying increase in drug-resistant TB by encouraging investment, abiding by latest WHO recommendations and seeking involvement of civil society organisations.

### Need to redesign healthcare for women

In an open letter signed by more than 40 partners in the newly launched Global Alliance for Women's Health, to call for action to redesign healthcare with women in mind, Paula Bellostas Muguerza, Senior Partner and Europe Co-Lead, Health at Kearney mentioned that:

"We do not understand female biology as well as we do that of men ... Endometriosis affects 10% of women of reproductive age, but doesn't see the level of investment or interest in finding a cure.

"At the heart of it is a societal problem because we are not prioritising the lives of women in the same way that we do those of men. And this then leads to not investing in it. When a woman enters the healthcare system, she is more likely to have her concerns dismissed, ignored or potentially missed altogether.

"We know what has to be done. We need to work on policy and advocacy. We need to redesign infrastructure for women-centric care. We need to make sure that capital is flowing into this. We need to rethink research and development, both in what we research, but also in how we research it.

"We need to close the data gap and then, finally, we need to reimagine medical education because we're still using 'reference man' as the basis for our medical schools. How about 'reference woman'?"

(Excerpts from - <https://www.weforum.org/agenda/2024/01/women-health-davos-2024/>)

### Nominations for Princess Srinagarindra Award 2024

The Princess Srinagarindra Award Foundation has announced submission of nominations for Princess Srinagarindra Award 2024. National nursing authorities, organisations, agencies or individuals, can nominate an individual registered nurse/ midwife or group of nurses/ midwives for the Award. The last date for receipt of nominations (in English) is 31 May 2024. Details of the nature of Award and submission guidelines are available in TNAI's website (<https://www.tnaionline.org>).

## आपके स्वास्थ्य से जुड़ा है मुंह की साफ-सफाई का मामला

मुंह की साफ-सफाई, मुस्कुराहट और सुंदर दांत आपके व्यक्तित्व का अभिन्न अंग हैं। मुंह अस्वस्थ होगा तो आपका समग्र स्वास्थ्य बिगड़ सकता है। नियम से मुंह की उचित सफाई न होने या इससे उत्पन्न बीमारी या अन्यथा दुर्गंध दूसरों को आपसे विमुख करने के अतिरिक्त आपका आत्मविश्वास डिगा सकती है। विश्व की 90 प्रतिशत जनसंख्या – करीब साढ़े तीन अरब व्यक्ति – मुंह की (ओरल) हाइजीन, ओरल डिसऑर्डर से जूझ रहे हैं। दिलचस्प यह है कि इनमें से अधिकांश को दुरस्त किया जा सकता है। मुंह के रखरखाव की कोताही से दांतों की सड़न और मसूढ़ों की बीमारी से लेकर मुंह के कैंसर जैसी समस्याएं शामिल हैं।

ओरल हाइजीन में गड़बड़ी का सबसे सामान्य कारण खानपान की खराब आदतें हैं, जो दांतों को तेजी से क्षतिग्रस्त करती है। दांत विशेषज्ञ बताते हैं, दांतों के बीच सहजता से फंस गई गंदगी को साफ करने के लिए ब्रश करना काफी नहीं रहता, इन्हें स्वस्थ रखने के लिए ब्रश की जगह पावर ब्रशिंग और धागे से दांत साफ करना (वाटर फ्लोसिंग) ज्यादा असरदार रहता है। सीडीसी की रिपोर्ट के अनुसार ओरल हाइजीन में लापरवाही के के चलते 57 प्रतिशत किशोरों में एक या अधिक दांतों में कैविटी होती है जिससे अनेक संक्रमण हो सकते हैं। मेयो क्लिनिक के अनुसार, मुंह की सड़न क्रॉनिक और गंभीर बीमारी के जोखिम को कई गुना बढ़ा सकती है, इनमें एचआईवी, डिमेंशिया, अल्जाइमर, डायबिटीज से लेकर कार्डियोवैस्कुलर, ऑस्टियोपोरोसिस और प्रजनन, जैसी बीमारियां शामिल हैं।

ओरल हाइजीन के प्रति सजग रहने की दृष्टि से वर्ल्ड डेंटल फेडरेशन (एफडीआई) 20 मार्च का दिन मुंह की साफ-सफाई दिवस (ओरल हैल्थ डे) बतौर मनाता है। विश्व के 200 से अधिक देशों में कार्यरत करीब दस लाख दांत विशेषज्ञ फेडरेशन से संबद्ध हैं। वर्ष 2024 का ओरल हैल्थ डे का थीम “साफ सुथरा मुंह यानी उम्दा स्वास्थ्य” मुंह के स्वास्थ्य को समग्र स्वास्थ्य का अभिन्न घटक मानने पर जोर देता है तथा मुंह, दांत और मसूढ़ों की सही साफ-सफाई के तरीके अपनाने की संस्तुति करता है।

दांतों की दुरस्ती के लिए ब्रश के साथ कदाचित पावर ब्रशिंग करना लाभकारी रहता है। यह कार्य बिजली के टुथब्रश से होता है, जो वाइब्रेशन के साथ दांतों पर गोल-गोल घूमते हैं और बारीकी से दांतों की सफाई करते हैं। इसके साथ ही, खासकर बच्चों को ब्रश करने का सही तरीका सिखाया जाना चाहिए ताकि इस प्रक्रिया में उनके मसूढ़े आहत न हों। मुंह की सफाई के लिए जीभ को साफ करना भी आदत बनाना अच्छा रहता है। कोई समस्या आने पर यथाशीघ्र दांत चिकित्सक से मशविरा लेना चाहिए। ध्यान रहे, दांत क्षीण होंगे या गिर जाएंगे तो आप खानपान के आनंद से भी वंचित हो जाएंगे।

### Lost and Found

It is for information of all concerned that my original Marks Sheet of General Nursing & Midwifery passed from Christian Fellowship Hospital Oddanchatram, (Kerala), in 2002, Register No. 5296, Diploma No. 10454, issued by The Mid-India Board of the Nurses' League of the CMAI (South India Branch) on 7 November 2002 has been lost/ misplaced. The same is not traceable.

**Ms Chandra Prakash**

W/of L. Jayaprakash, Management Assistant  
Nallathanni West Division, Munnar Post  
PIN- 685612 (Kerala)  
Mob. No. 8281425773



## भारत सरकार

राजकुमारी अमृत कौर नर्सिंग महाविद्यालय  
लाजपत नगर, नजदीक मूलचंद मेट्रो स्टेशन,  
नई दिल्ली-110 024

दूरभाष: 011-26436788, 26435270  
ई-मेल: PRINCIPAL@RAKCON.COM

## प्रवेश सूचना

एम.एससी. नर्सिंग पाठ्यक्रम 2024-2025  
(दिल्ली विश्वविद्यालय द्वारा मान्यताप्राप्त)

एम. एससी. नर्सिंग पाठ्यक्रम सत्र 2024-2025 के लिए आवेदन पत्र आमंत्रित किए जाते हैं। निर्धारित आवेदन प्रपत्र एवं विवरण पत्रिका महाविद्यालय की वेबसाइट ([www.rakcon.com](http://www.rakcon.com)) से डाउनलोड किए जा सकते हैं और 1000/- रुपये के बैंक ड्राफ्ट जो Principal] Rajkumari Amrit Kaur College of Nursing के नाम देय हो, के साथ 18.03.2024 से 19.04.2024 तक सायं 5:00 बजे तक जमा किए जा सकते हैं। आवेदन प्रपत्र सभी कार्य दिवसों यानी सोमवार से शुक्रवार, राजपत्रित अवकाशों को छोड़ कर प्रातः 10:00 बजे से सायं 5:00 बजे तक जमा किए जाएंगे।

## प्रवेश संबंधी अपेक्षाएं

प्रत्याशी को 55 प्रतिशत सफल प्राप्तांकों सहित दिल्ली विश्वविद्यालय से बी.एससी. (आनर्स) नर्सिंग परीक्षा या किसी मान्यताप्राप्त विश्वविद्यालय से बी.एससी. नर्सिंग/पोस्ट बेसिक नर्सिंग परीक्षा 55 प्रतिशत सकल अंकों से उत्तीर्ण होना चाहिए एवं किसी अस्पताल/विशेष अध्ययन संस्थान/शैक्षिक संस्थान अथवा जनस्वास्थ्य एजेंसी से नर्सिंग में एक वर्ष का अनुभव होना चाहिए। अनुभव की गणना दिनांक 19 अप्रैल 2024 तक मानी जाएगी। चयन परीक्षा दिनांक 26 मई 2024 (रविवार) को प्रातः 10:00 बजे होगी।



## GOVERNMENT OF INDIA

Rajkumari Amrit Kaur College of Nursing  
Lajpat Nagar IV, Near Moolchand Metro Station,  
New Delhi – 110 024

Tel. Nos. 011-26436788, 26435270  
E-Mail: principal.rakcon@gov.in

## ADMISSION NOTICE

M.Sc. NURSING (Session 2024-2025)  
Affiliated to University of Delhi

Applications are invited for admission to M.Sc. Nursing, academic session 2024-2025. Prescribed application forms with prospectus can be downloaded from college website [www.rakcon.com](http://www.rakcon.com) and should be submitted (by hand or by post in the college from 18/03/2024 to 19/04/2024 by 5.00 pm. on payment of Rs. 1000/- by Demand draft in favour of Principal, Rajkumari Amrit Kaur College of Nursing payable at New Delhi. The timings for submission of forms will be from 10.00 a.m. to 5.00 p.m. on all working days i.e. Monday to Friday except gazette holidays.

## ADMISSION REQUIREMENTS

The Candidate must have passed the B.Sc. (Hons.) Nursing Examination from University of Delhi or B.Sc. Nursing/Post Basic Nursing from a recognized university with minimum 55% marks in the aggregate and completed one year experience in Nursing in a Hospital/specially Institute/Educational Institution or Public health/Agency. The experience will be calculated up to 19th April, 2024. The selection test will be held on 26th May, 2024 at 10.00 a.m.

## Rates for NJI Subscription

It is to bring to notice of NJI subscribers that as per decision of TNAI's EC, the annual and five-yearly price of Nursing Journal of India for individuals and institutions shall be revised upwards from April 2023 as under:

Existing Rates	New Rates w.e.f. April 1, 2023
<b>For Institutions</b>	
<ul style="list-style-type: none"> <li>• One year subscription: Rs. 1500/-</li> <li>• Five Years subscription: 6500/-</li> </ul>	<ul style="list-style-type: none"> <li>• One year subscription: Rs. 2000/-</li> <li>• Five years subscription: Rs. 9000/-</li> </ul>
<b>For Individuals</b>	
<ul style="list-style-type: none"> <li>• One year subscription: Rs. 1000/-</li> <li>• Five Years subscription: Rs. 4000/-</li> </ul>	<ul style="list-style-type: none"> <li>• One year subscription: Rs. 1500/-</li> <li>• Five years subscription: Rs. 6500/-</li> </ul>

All payments shall be accepted in the form of demand draft in favour of 'The Trained Nurses' Association of India' payable at New Delhi. Local subscribers can also deposit the subscription charges as cash at TNAI Headquarters.

All communication related to NJI should be sent to the following address:

**Secretary General, The Trained Nurses' Association of India**

L-17 Florence Nightingale Lane, Green Park, New Delhi-11 0016.

Phone: 011-40195409, 40195407

Email: publicationstnai@yahoo.com, tnai\_2003@yahoo.com

Website: www.tnaionline.org

*NOTE: Those already enrolled for subscription of the Nursing Journal of India (NJI) may kindly ignore this communication.*

✂

You can also detach the proforma below, which should be duly filled in and sent along with demand draft of requisite value.

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## Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-	SNA Members: Rs. 250/-
Non-Members: Rs. 900/-	Children below 5 yrs: No charges
Children 6-12 yrs: Rs. 150/-	

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

## NJI Authors to Give Full Names in Articles

A new decision has been taken with regard to mentioning the name(s) of authors beneath the title of the article.

The NJI contributors may kindly note that as per latest decision of TNAI, all articles shall spell out full names of the author(s) with the title of the paper being submitted for publication, and no abbreviated form shall be used. Further, the submissions using short names of the author(s) are liable to be rejected.

## Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

## TNAI Bulletin

Form IV (See Rule 8)

The following Statement about ownership and other particulars relating to TNAI Bulletin are published as required by Section 19D, Sub-Section (b) of the Press and Registration of Books Act read with Rule 8 of the Registration of Newspapers (Central Rules, 1956).

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I, Evelyn P Kannan, hereby declare that the particulars given above are true to the best of my knowledge and belief.

March 5, 2024

Mrs Evelyn P. Kannan  
Signature of the Publisher

## OBITUARY

### Col Nancy Ezekiel (Retd)

A senior veteran officer of Military Nursing A senior officer of Military Nursing Service (MNS) Officer, Col Nancy Ezekiel (Retd) left for her heavenly abode on 17 February 2024 at a tender age of 29 years. She was born on 14 October 1994.



The officer was commissioned into the MNS as a Lieutenant on 4 January 1966. She had served in various Armed Forces Service hospitals. Before her retirement on 31 May 2000, she was Principal Matron in Command Hospital, Northern Command Udhampur. She was specialised in Operation Theatre Nursing for which she was role model for her peers and juniors.

She is affectionately remembered loving and compassionate demeanour. Her demise is a great loss to MNS and nursing community. Maj Gen I Delos Flora, Adtl DGMNS and other officers of MNS offer our sincere condolences to the family and pray to Almighty to grant eternal peace to the departed soul and strength to the bereaved family members to bear this irrevocable loss.

## INDO AMERICAN COLLEGE OF NURSING SANDHU HOSPITAL KIDNEY & DIALYSIS CENTRE AMRITSAR ROAD MOGA

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PRINCIPAL	1
VICE-PRINCIPAL	1
PROFESSOR	1
ASSOCIATE PROFESSOR	2
ASSISTANT PROFESSOR	4
CLINICAL INSTRUCTORS	4

QUALIFICATION AS PER I.N.C. NORMS, PAY NEGOTIABLE.

CONTACT : 9855108443, 9814156020 (WHATSUP)

## NEWS FROM NURSING INSTITUTION

### ES College of Nursing (ESCON), Villupuram (TN):

The 16th lamp lighting ceremony for BSc (Nursing), and DGNM students was organised on 12 January 2024; 135 students participated in this programme. Mrs Selma Thomas, Deputy Nursing Superintendent, Sri Ramachandra Medical College and Hospital, Chennai was the chief guest, who, along with other dignitaries lighted the lamp that was passed on to students. Prof (Mrs) Porselvi,



Principal, ESCON recited pledge to the students. Motivating the students and wishing them successful career, she stated that among other professions, nursing is a more wanted and trusted. She advised the young students to hone up their communication skills and learn extra languages, which help build cordial relationship with the patients. The veteran nurse administrator suggested students to upgrade their educational level to enable develop out of box thinking. Citing the example of cockroach which adapts to all circumstances and conditions, Mrs Seema asked the participants to develop an attitude of accommodation. She concluded her address with precept – eat well, sleep well, and take care of health – because then only one can serve others better. The programme ended with national anthem.



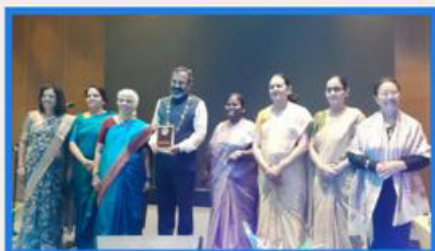
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SCAN ME



## 78<sup>th</sup> TNAI National Conference

*Date and Venue of TNAI Conference will be informed later*

Theme: “Leadership in Nursing: Inspiring Vision, Driving Change”

**i) Scientific Paper should be based on the theme (mentioned below)**

Three best scientific papers on the conference theme will be selected for presentation during the conference.

**ii) Concurrent Sessions: a) OBG Nursing b) Mental Health Nursing c) Child Health Nursing d) Community Health Nursing e) Medical and Surgical Nursing f) Nursing Education g) Administration and Research.**

- The Concurrent session and scientific posters shall be based on studies in any nursing speciality, not necessarily related to theme of the conference.
- The scientific study submitted for consideration as scientific paper presentation shall follow IMRAD format (Introduction, Methodology, Results and Discussion).
- Please note that (1) the study carried out within last **four years** period only shall be entertained, and (2) the researcher/ presenter shall be a member of TNAI.
- The word limit for the scientific paper presentation is **2000-2500**. Enclose separate sheet with author/authors name and a brief bio data, complete address, phone number, email, and TNAI number.

**iii) Poster Presentation (based on Scientific Paper)**

All posters should be based on Research papers like a visual presentation of the scientific paper on any nursing specialty by individual TNAI member for display.

- a) Size: Size of the Poster/ Flex should be approximately 30 x 40 inches.
- b) Lettering: Lettering and design of the poster should be bold and big enough to be seen from a distance.
- c) Layout: Layout of the picture, if any, must be properly balanced to give a correct sense of proportion.

Note: (1) Ideas depicted in the poster should be relevant to the study. (2) Extra fixing of clipping/ cuttings or any other form on the poster should be avoided. (3) The scientific study submitted for poster presentation shall follow IMRAD format (Introduction, Methodology, Results and Discussion). (4) All the presenters (Conference theme, Concurrent Session and Poster Presentation) should register for the conference. No TA DA will be provided to the presenters. (5) The TNAI will be awarding certificate along with 16 credit hours purely based on registration and attendance.

**(Mrs.) Evelyn P. Kannan**  
Secretary General, TNAI

### **TNAI BULLETIN**

Monthly Newsletter of

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