



Healthy Person is Ever an Asset, Everywhere, and at All Levels

World Health Day: In light of the evolving landscape of global health, the theme for this year's World Health Day, My Health, My Right, resonates with profound importance. As we navigate through unprecedented challenges, it is imperative to reaffirm the fundamental right of every individual to access quality healthcare without discrimination or barriers. This theme underscores the crucial role of empowering individuals to take ownership of their health while advocating for equitable healthcare systems worldwide. In embracing the concept 'My Health, My Right' we not only recognise the inherent dignity of every person but also commit ourselves to ensuring that health remains a universal human right, accessible to all, regardless of background or circumstance. On 7 April, let us unite in solidarity to champion this fundamental principle and strive towards a healthier, more equitable future for all.

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International Nurses Day (IND), 12 May: It is a much cherished annual event eagerly awaited by the global nurse community. This year's IND theme 'Our Nurses. Our Future, the Economic Power of Care' calls for availing numerous opportunities to highlight the invaluable contributions of nurses, and their pivotal role in shaping the future of healthcare. Let's come together to celebrate the dedication, achievements, expertise and the nursing spirit of compassion.

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78th National Conference of TNAI approaches: As the date draws near, we remind you of the great event, and urge your active participation. Please prepare scientific papers aligned to this year's theme: Leadership in Nursing: Inspiring Vision, Driving Change, along with contributions to concurrent sessions on various specialties and scientific posters. Your involvement is crucial in highlighting the transformative power of nursing leadership in healthcare and make this conference a success.

The TNAI State Branch Elections: Delhi, Kashmir, and Sikkim are in the process of conducting the Election (The Election Notice and Nominations are published in the inside pages. You can also check your membership status via the TNAI link (election.tnaionline.org/updateData/index) or WhatsApp (No. 7838509066).

Midwives: a vital climate solution. On Sunday, the 5th May midwives across the world will be celebrating International Day of the Midwife 2024. This year's theme (Sustainable Midwifery: Caring for Tomorrow's World) underscores that putting resources and efforts into addressing the climate crisis is a matter of extreme urgency.

Evelyn P Kannan

Chief Editor & Secretary General

Health Events of The Month

World Autism Awareness Day: 2 April

The prevalence of Autism Spectrum Disorder (ASD), a type of birth defect is found between 1 to 6 per 1,000 children, as estimated by Centers for Disease Control and Prevention (CDC). The CDC says more children are being diagnosed with autism than ever before, which may be due to growing awareness of ASD spectrum disorder and a pattern of more children reporting for treatment. Among others, air pollution, low birth weight, and stress have been linked with rise in incidence of ASD. In India with 18 million persons living with ASD, age of the parents at conception, health conditions such as diabetes and thyroid disease during pregnancy, maternal obesity, have also been implicated have been linked to increasing incidence of ASD.

While the disorder is not rare, many cases of autism, including the critical ones, remain undiagnosed in India due to glaring lack of awareness and misunderstanding about autism among the medical professionals as well as lay people. Inadequate services to meet the needs of mentally retarded children and adults in India, not to speak of those who are autistic are the major constraints in addressing the needs of autistic persons.

For the first time, this year's observance related to **World Autism Awareness Day on 2 April** will work to provide a global overview of the scenario from the perspective of autistic people themselves. The event is being organised by the UN Department of Global Communications, jointly with the Institute of Neurodiversity (ION), a Switzerland-based volunteer-run inclusive global organisation with presence in 23 countries. The main objective is, to empower neurominorities, foster acceptance, appreciation, education, and advocating for equal opportunities and human rights; the event, co-sponsored by the Permanent Mission of Poland to the United Nations, with support provided by the Group for Autism, Insurance, Investment and Neurodiversity (GAI).

World Health Day: 7 April

World Health Day was established in 1948 by the WHO, which chose the **7th of April** to be observed as World Health Day, to coincide with its own founding on this date. Since then, the event has focused on various themes and health issues each year of topical relevance, encouraging global efforts to address the challenges that face us.

This day is celebrated worldwide by the governments, non-government especially health organisations by conducting the public health issues and awareness, pledges in support of the health issues, debates on the related topics, art exhibitions, essay writing and other competitions and award ceremonies. Today we face challenges from multiple fronts. Around the world, the right to health of millions is increasingly coming under threat. Diseases and disasters loom large as causes of death, disability, and illnesses. Conflicts are devastating lives, causing death, pain, hunger and psychological distress. On the environmental side is the burning of fossil fuels driving the climate crisis and taking away our right to breathe clean air, with indoor and outdoor air pollution claiming five lives every minute.

To address these types of challenges, the theme for World Health Day 2024 is **'My health, my right'**. This year's theme was chosen to champion the right of everyone, everywhere to have access to quality health services, education, and information, as well as safe drinking water, clean air, good nutrition, quality housing, decent working and environmental conditions, and freedom from discrimination. Over 140 countries recognise health as a human right in their constitution. Yet countries are not passing and putting into practice laws to ensure that health services are accessible in their respective jurisdictions. This underpins the fact that at least 4.5 billion people — more than half of the world's population.

World Parkinson's Day: 11 April

World Parkinson's Day on 11 April every year draws attention of politicians, policy makers and global health organisations to acknowledge the economic, social and cultural impacts of Parkinson's and take action

accordingly. Parkinson's is an illness that affects nerve cells in the brain that control movement. It is a progressive disease with symptoms appearing gradually that slowly worsen. The disease is named after James Parkinson, the London doctor who first reported the symptoms in 1817.

The most common symptoms are tremor, muscle rigidity and slowness of movement. All of these are related to movement and are called motor symptoms. Many people with Parkinson's also reveal non-motor symptoms like pain, anxiety and depression. In people with Parkinson's, 70-80 percent of dopamine-producing cells gradually deteriorate and are lost (this is called neurodegeneration). This condition results in low levels of dopamine in the part of the brain that controls movement and balance. When nerve cells do not pass on brain messages properly, movement is no longer controlled smoothly and the symptoms of Parkinson's appear. A relieving fact is, Parkinson's is life-altering, but not life-threatening, and it does not significantly impact the life expectancy. With Parkinson's prevalence rate of between 15-43 per lakh population, India is estimated to have the largest number of such patients in the world.

Haemophilia Day: 17 April

Haemophilia is an inherited bleeding disorder in which the blood does not clot properly. It is caused by a mutation or change in any of the genes that issues instructions for making the clotting factor proteins needed for formation of blood clot. The two most common forms of haemophilia are: Haemophilia A or Classic haemophilia (caused by a lack or decrease of clotting factor VIII; and haemophilia B or Christmas Disease (caused by a lack or decrease of clotting factor IX).

The condition can lead to spontaneous bleeding without or following injuries or surgery. Blood contains certain proteins that help stop bleeding. People with haemophilia have low levels of either factor VIII (8) or factor IX (9). Haemophilia usually involves middle-aged or elderly populations. However, young women in late pregnancy or having given birth may also be affected with haemophilia, this condition is often resolved with right treatment.

World Haemophilia Day (or **World Bleeding Disorders Awareness Day**) was started in 1989 by the World Federation of Hemophilia (WFH) which chose to bring the community together on **17 April** in honour of WFH founder Frank Schnabel's birthday. Globally, more than 200,000 people live with some form of haemophilia.

World Malaria Day: 25 April

Malaria is a preventable and treatable disease that continues to have a devastating impact on the health and livelihood of people around the world. **World Malaria Day**, a WHO-recognised programme, is an occasion to highlight the need for continued investment and sustained political commitment for malaria prevention, control and elimination. It was instituted by WHO Member States during the World Health Assembly of 2007. Despite steady advances in lowering the global burden of malaria, progress has been slowed in recent years, particularly in high burden countries of sub-Saharan Africa.

World Malaria Day (WMD) is an occasion to highlight the need for continued investment and sustained political commitment for malaria prevention and control. It was instituted by WHO Member States during the World Health Assembly of 2007. The theme of WMD 2024 is, *Health Equity, Gender and Human Rights*. This theme seeks to raise awareness of the fight against malaria for the most vulnerable sections affected by the disease that include pregnant women. It also highlights the many challenges communities face in malaria-endemic settings, such as access to health services and the emerging threats posed by climate change.

India accounted for 65.3 percent of the malaria cases in the World Health Organization's Southeast Asia region in 2022. The estimations were calculated by adjusting the number of reported malaria cases for completeness of reporting, the likelihood that cases were parasite-positive and the extent of health service use.

Erratum: In March 2024 issue of TNAI Bulletin (Obituary p 46), an error (in age) in obituary of Col Nancy Ezekiel (Retd) occurred inadvertently, which is regretted. The corrected version has been published in this issue - Editor.

TNAI Delhi State Branch Election Notification

Nominations are invited for the various posts in **Delhi** State Branch Executive Committee of TNAI.

Schedule of election

Date of notification of the election	07/04/2024
Last date for submission of nominations	18/05/2024
Publication of list of valid nominations	30/05/2024
Last date for withdrawal of nominations	15/06/2024
Publication of final list of eligible candidates in TNAI National website	18/06/2024
Date of polling (if required)	July 2024 The exact venue and the date of polling (if required) will be communicated through TNAI National Website, Delhi State Branch Website and TNAI Bulletin.

Date: 07/04/2024

Dr. Raminder Kalra

Returning Officer

TNAI Delhi State Branch Election

Address: TNAI Headquarters, L-17

Florence Nightingale Lane, Green Park Main,
New Delhi-110016

E-mail: tnaielections@gmail.com

1. For detailed information regarding the election and the prescribed nomination form refer page number 55 to 59 of this bulletin.
2. Please mark the envelope “**Nomination sheet – TNAI Delhi State Branch Election 2024**”.
3. Fill the Nomination form (Page No. 55) in all the respect and sent to the following address: **Dr. Raminder Kalra, Returning Officer, TNAI Delhi State Branch Election 2024, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**
4. Members are requested to check their membership status at election.tnaionline.org/UpdateData/Index.
5. If members are working or residing in the respective state, but the verification of their membership status shows a different state, they can transfer their membership to the state you are working/residing using the above link. A copy of their residence or employment details should be attached for approval of the transfer.

TNAI Kashmir Branch Election Notification

Nominations are invited for the various posts in **Kashmir** Branch Executive Committee of TNAI.

Schedule of election

Date of notification of the election	07/04/2024
Last date for submission of nominations	18/05/2024
Publication of list of valid nominations	30/05/2024
Last date for withdrawal of nominations	15/06/2024
Publication of final list of eligible candidates in TNAI National website	18/06/2024
Date of polling (if required)	July 2024 The exact venue and the date of polling (if required) will be communicated through TNAI National Website, Kashmir Branch Website and TNAI Bulletin.

Date: 07/04/2024

Mr. Abdul Rashid Dar
Returning Officer
TNAI Kashmir Branch Election
Address: TNAI Headquarters, L-17
Florence Nightingale Lane, Green Park Main,
New Delhi-110016
E-mail: tnaielections@gmail.com

1. For detailed information regarding the election and the prescribed nomination form refer page numbers 55 to 59 of this bulletin.
2. Please mark the envelope “**Nomination sheet – TNAI Kashmir Branch Election 2024**”.
3. Fill the Nomination form (Page No. 55) in all the respect and sent to the following address: **Mr. Abdul Rashid Dar, Returning Officer, TNAI Kashmir Branch Election 2024, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**
4. Members are requested to check their membership status at election.tnaionline.org/UpdateData/Index.
5. If members are working or residing in the respective state, but the verification of their membership status shows a different state, they can transfer their membership to the state you are working/residing using the above link. A copy of their residence or employment details should be attached for approval of the transfer.

TNAI Sikkim State Branch Election Notification

Nominations are invited for the various posts in **Sikkim** State Branch Executive Committee of TNAI.

Schedule of election

Date of notification of the election	07/04/2024
Last date for submission of nominations	18/05/2024
Publication of list of valid nominations	30/05/2024
Last date for withdrawal of nominations	15/06/2024
Publication of final list of eligible candidates in TNAI National website	18/06/2024
Date of polling (if required)	July 2024 The exact venue and the date of polling (if required) will be communicated through TNAI National Website, Sikkim State Branch Website and TNAI Bulletin.

Date: 07/04/2024

Ms. Lalita Rai
Returning Officer
Address: TNAI Headquarters, L-17
Florence Nightingale Lane, Green Park Main,
New Delhi-110016
E-mail: tnaielections@gmail.com

1. For detailed information regarding the election and the prescribed nomination form refer page numbers 55 to 59 of this bulletin.
2. Please mark the envelope “**Nomination sheet – TNAI Sikkim State Branch Election 2024**”.
3. Fill the Nomination form (Page No. 55) in all the respect and sent to the following address: **Ms. Lalita Rai, Returning Officer, TNAI Sikkim State Branch Election 2024, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**
4. Members are requested to check their membership status at election.tnaionline.org/UpdateData/Index.
5. If members are working or residing in the respective state you are working/residing, but the verification of their membership status shows a different state, they can transfer their membership to the state you are working/residing using the above link. A copy of their residence or employment details should be attached for approval of the transfer.

Nomination Form

.....State/Branch Election

Note: Please fill the details in **BLOCK** letters only

NAME OF THE POST: _____

Name of the Candidate: -----

TNAI No. of the Candidate: -----

Address of the Candidate: -----

Residence: _____

Official _____

Mobile No: _____

E-mail: _____

Consent/Declaration

1. I _____ hereby give my voluntary consent for the post of _____ (Name of the post) of the _____ State/ UT Branch of TNAI.
2. I hereby declare that if elected I am willing to serve the Association to the best of my abilities and efforts.
3. I also declare that I am not involved in any litigation with the Association/facing any disciplinary proceeding in the workplace or from the statutory council in nursing.
4. I also declare that I am not holding any office positions in parallel Nursing Organizations (trade unions, other associations or societies).

Name of the contestant: _____

Signature of the contestant: _____

Place _____ **Date** _____

Details of the Proposer	Details of the Seconder
Name: TNAI Number: Signature: Address of Proposer: Mobile Number: Email:	Name: TNAI Number: Signature: Address of Proposer: Mobile Number: Email:

Comprehensive Guide to TNAI State/Branch Elections: Detailed information

(Extract of TNAI Bye Laws related to State/UT Election)

1. List of office bearers in the State/ UT Branch executive committee

- I. State President
- II. State Vice-President
- III. State Secretary
- IV. State Joint Secretary
- V. State Treasurer
- VI. State SNAI Advisor (Teaching faculty only eligible)
- VII. Chairperson – Nursing Education and Research Section.
- VIII. Chairperson - Programme Committee
- IX. Chairperson - Membership Committee
- X. Chairperson - Public Health Nursing Section (Public Health Nursing Personnel only eligible)
- XI. Chairperson- Nursing Service Section (Hospital/ Clinical Nursing Personnel only eligible)
- XII. Chairperson - Socio-Economic Welfare Committee
- XIII. Chairperson - LHV/ ANM, State Branch (Only LHV/ANM personnel eligible)

2. Common Eligibility Criteria for the State/ UT Branch Office Bearers

- i. Any candidate filing nomination for State/ UT Offices shall have completed a minimum of **05 years** of membership in TNAI.
- ii. Age: Shall not have completed **66 Years as of 1st of January** of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/ Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the State/ UT Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest State/ UT offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08yrs) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the State/UT ie, TNAI members who held the post of President or Secretary of

the State/UT branch can contest only for the post of President/ Secretary in the future term subjected to the conditions in the clause number v and vii.

- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

3. Eligibility for contesting in the various offices of State/UT:

(i) State/ UT President:

Any life member of TNAI working and residing in the State/UT branch and who served one term (04 Years) as a State executive member at any time in the State/UT is eligible to contest for the post of President of the State/UT Branch.

(ii) State/ UT Secretary:

- a. Any life member of TNAI working and residing in the State/UT branch and who served as State executive for one term (04 Years) at any time in the State/UT is eligible to contest for the post of Secretary of the State/UT Branch.
- b. The office of the Secretary is reserved for female TNAI life members only.

(iii) State/UT Vice President:

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Vice President of the State/UT Branch.

(iv) State/ UT Joint Secretary

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Joint Secretary of the State/UT Branch.

(v) State/ UT Treasurer

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.
- b. The office of the State/ UT Treasurer is reserved for female TNAI life members only.

(vi) State/ UT SNAI Advisor

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the State/UT Branch.
- b. The office for the State/ UT SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only

(vii) State/ UT Chairperson- Nursing Education and Research Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Education and Research Section of the State/UT Branch.
- b. The office for the State/ UT State/ UT Chairperson- Nursing Education and Research Section is reserved for Nursing faculty working and residing in the respective state only

(viii) State/ UT Chairperson- Programme committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Programme committee of the State/UT Branch

(ix) State/ UT Chairperson- Membership Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Membership committee of the State/UT Branch

(x) State/ UT Chairperson- Public Health Nursing Committee

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Public Health Nursing Committee of the State/UT Branch.
- b. The office of the State/ UT Chairperson- Public Health Nursing Committee is reserved for Community Nurse/Public Health Nurse/ Public Health Nursing officers working and residing in the respective state and working in the Public Health/ Community Health setting.

(xi) State/ UT Chairperson- Nursing Service Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Service Section of the State/UT Branch.
- b. The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in a hospital/clinical setting.

(xii) State/ UT Chairperson- Socio-Economic Welfare Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Socio-Economic Welfare Committee of the State/UT Branch.

(xiv) State/ UT Chairperson- LHV/ ANM

- a. Any associate life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.
- b. The office of the State/ UT Treasurer is reserved for female TNAI associate life members only.

4. Common Instructions regarding nomination for the various posts in the State/ UT Branches of TNAI.

- i. A member filing nomination shall be a member working and residing in the respective State/UT branch of TNAI. If the candidate is working, the place of work shall be in the same State/ UT area. An exception may be given to the members living in the NCR region of Delhi but working in the NCT of Delhi. In such cases, the members are not permitted to transfer the membership for 04 years. Also, the member shall give an affidavit to that effect to the RO
- ii. The nomination form shall be **filled and completed by the candidate** i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed. The nomination form shall be proposed and seconded by the TNAI member
- iii. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.
- iv. The contestant can submit any number of nominations for any one of the office in the TNAI State/UT Election.
- v. In case of more than one nomination for the same office, the proposer and seconder shall not be the same.

- vi. The proposer and the seconder can nominate only one person for a particular office. In case a proposer and the seconder proposed or seconded more than one office, the earliest application received to TNAI Hqrs will be considered valid.
- vii. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- viii. All valid nominations for the State/UT President and Secretary shall be included in the Provisional Ballot Paper/ Electronic voting device and published in the TNAI bulletin and TNAI website. The order of the names in the nomination sheet shall be as per the **alphabetic order of the first name** of the candidates.
- ix. For other offices the names of the three members having the highest number of nominations shall be included in the Provisional Ballot Paper/ Electronic voting device
- x. All office bearers who have completed the term of office are eligible for reelection for one more term.
- xi. A break of 04 years after two consecutive terms (08 years) is necessary for the State/ UT President/ Secretary to contest for the post of President/ Secretary at the State level.
- xii. A break of 04 years after two consecutive terms (08 year) is necessary for any other executive members of the State/ UT to contest for the any other posts in the State level except for the post of State/ UT branch President/ Secretary.
- xiii. In any post, a member in the State can hold the State offices for a maximum of 16 Years only.
- xiv. Any person who has expelled from a position in State Office, shall not be eligible to contest for any position in TNAI.
- xv. Members who are, or had been involved in litigation with the Association are not eligible to contest election.
- xvi. The office bearers of a dissolved State/ UT branch are not eligible to contest for a term of **FOUR** years.
- xvii. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations (like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to TNAI headquarters through the respective TNAI State/UT Branch
- xviii. The person so elected for a particular office at the State/ UT level shall hold the office for the full term (four years) and shall not contest and cross to another office before completion of the term of their existing elected office.
- xix. The members who are residing outside the Country/ State/ UT shall not be eligible for contesting election.

Sponsored feature

Special Offers for TNAI Members from Samsung India

Under a recent agreement between TNAI and Samsung India, the TNAI members can avail special discounts and offers on purchase of Samsung goods directly from the company. The offer shall be applicable on the entire range of Samsung products.

All the TNAI member has to do is just enter your TNAI number after selecting the product you wants to buy. The range of products include: mobile phones, laptops, AC, Fridge, washing machine etc. (Details are available in the brochure/ website of Samsung India).

The item selected will be delivered directly from the company godown to the address submitted by you. So even you can use this scheme to buy products for your family members and friends.

It's fully online purchase and payment also is online through Samsung site. The scheme will be better than online shopping sites like Amazon, Flipcart etc. which also have offers. The only restriction is that you can buy only 2 pieces of same product within one month period. But you can buy 2 pieces each of all the items at a time! There are Samsung ware houses across India and you can get the item delivered in short time of within 12 to 24 hours to a maximum few days depending upon your location.

Kindly make use this scheme as it is a special offer for TNAI members as nurses. We are sure if it is a success more companies will come forward with similar offers.

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Election Result-TNAI Chhattisgarh State Branch 2023

An election of TNAI Chhattisgarh State Branch were held on **28th January, 2024 at Meeting Hall, Chhattisgarh State Nurses Registration Council Old Nurses Hostel, DKS Building, Raipur, Chhattisgarh**. The following office bearers were declared elected:

1. **President:** Prof. (Mrs.) Beena R Thomas, **TNAI No.** 58489, **Address:** 105, Paradise Complex, Borsi, Durg, Chhattisgarh-491001.
2. **Vice President:** Dr. Jibi George, **TNAI No.** 146594, **Address:** Principal cum professor, Adeshwar Nursing Institute, Khamargaon, Jagdalpur, Bastar, Chhattisgarh-494001.
3. **Secretary:** Dr. Daisy Abraham, **TNAI No.** 58467, **Address:** PG College of Nursing, Street 5, Hospital Sector, Bhilai, Durg, Chhattisgarh-490009.
4. **Joint Secretary:** Prof. (Dr.) Mrs. Beny Susan Chacko, **TNAI No.** 77881, **Address:** Bethany College of Nursing, Borsi, Durg, Chhattisgarh- 491001.
5. **Treasurer:** Mr. Rahul George, **TNAI No.** 183913, **Address:** Columbia College of Nursing, near Vidhan Sabha, Vill- Tekari, Raipur, Chhattisgarh- 493111.
6. **SNAI Advisor:** Mr. Jishnu Vasavan, **TNAI No.** 422976, **Address:** Professor, Community Health Nursing, Jagadguru Shankaracharya College of Nursing Sejbahar, Raipur Chhattisgarh.
7. **Chairperson Programme Committee:** Mrs. Rema Rajesh, **TNAI No.** 128753, **Address:** Plot No. 195/59, Street 1B, Sector B, Panchsheel Nagar, Borsi, Durg, Chhattisgarh-491001.
8. **Chairperson Membership Committee:** Mr. Mathew Fernandez, **TNAI No.** 422891, **Address:** G-23, Gomti Vihar, New Rajendra Nagar, Raipur, Chhattisgarh- 492001.
9. **Chairperson Public Health Nursing Section:** **VACANT**
10. **Chairperson Nursing Service Section:** Ms. Liza Dolly Hiradhar, **TNAI No.** 155181, **Address:** Near Rajiv Gandhi Chowk, Bilaspur.
11. **Chairperson Nursing Education Committee:** Ms. Neetu Tripathi, **TNAI No.** 70277, **Address:** Govt. College of Nursing, Raipur, Chhattisgarh.
12. **Chairperson Economic Welfare Committee:** Ms. Apurva Rai, **TNAI No.** 195588, **Address:** Shri Shankaracharya College of Nursing, Amdi Nagar, Hudco, Bhilai, Chhattisgarh 490009.
13. **Representative ANM/LHV Committee:** **VACANT**

Ms. Sabina Benn,
Returning Officer,
Chhattisgarh State Branch Election-2023

मलेरिया से मुक्ति कैसे पाएं

मलेरिया ऐसी मच्छर काटने से संक्रमित होने वाली वैश्विक व्याधि है जिसकी व्यापकता अनवरत प्रयासों के बावजूद थमने का नाम नहीं ले रही है। डब्लूएचओ के अनुसार वर्ष 2022 में विश्व के 85 देशों में मलेरिया के 24.9 करोड़ मामले सामने आए जिनमें से 6 लाख 8 हजार की मौत हो गई। अफ्रीकाई प्रांतों में मलेरिया की हिस्सेदारी सर्वाधिक है (व्यापकता 94 प्रतिशत, मौतें 95 प्रतिशत)। अतः इस व्याधि के बाबत उचित जागरूकता सर्वर्धित करना और इसकी पहचान और नियंत्रण के तौर तरीकों पर बल देना उच्च प्राथमिकता होना आवश्यक है।

अध्ययनों से पता चलता है कि रोग के शुरुआती लक्षण दिखने पर उचित निदान करने और जल्द उपचार से मृत्यु दर में खासी कमी लाई जा सकती है। मलेरिया की उत्पत्ति, इसके निदान और उपचार के बाबत जन-जागरूकता बढ़ाने के उद्देश्य से प्रतिवर्ष 25 अप्रैल का दिन विश्व मलेरिया दिवस बतौर मनाया जाता है। मच्छरों के काटने से बचाव के लिए निम्न संस्तुतियां की गई हैं।

- मच्छर-बहुल इलाकों में शरीर पर 25 प्रतिशत एनएन डायथाइल मेटा टूलुएमाइड कीट विकर्षक (इन्टेक्टिसाइड रिपेलेंट) का लेप लगाएं।
- घर में और आसपास पानी जमा नहीं होने दें – कारण ठहरे पानी में मलेरिया-जन्य मच्छर ठिकाना बनाते हैं। पानी के बर्तनों को सदा ढक कर रखें।
- सोते समय यथासंभव मच्छरदानी का उपयोग करें।
- शयनकक्ष कीटनाशक का छिड़काव करें।
- अधिकांश समय यथासंभव पूरी बाजू वाले वस्त्र पहने रखें।

OBITUARY

Mrs D Jeolatchoumy

A dedicated veteran nurse, Mrs D Jeolatchoumy left her earthly abode on 31 January 2024. She was suffering from Wegner's Granulomatois with AKI, and undergoing treatment in JIPMER Hospital Puducherry. She was Sister Tutor at JIPMER.

She was born on 4 September 1968. After her matriculation she took admission in General Nursing & Midwifery in 1986 in Government GH Puducherry. She joined JIPMER in 1992 as Nursing Officer, and was promoted as Senior Nursing Officer, and later as Sister Tutor in 2023.

The Nursing Department offer their sincere condolence to the bereaved family and pray to Almighty to grant eternal peace to the departed soul.



Col Nancy Ezekiel (Retd)

A senior officer of Military Nursing Service (MNS) Officer, Col Nancy Ezekiel (Retd) left for her heavenly abode on 17 February 2024. She was born on 25 August 1941.

The officer was commissioned into the MNS as a Lieutenant on 4 January 1966. She had served in various Armed Forces Service hospitals. Before her retirement on 31 May 2000, she was Principal Matron in Command Hospital, Northern Command Udhampur (J&K). She was specialised in Operation Theatre Nursing for which she was role model for her peers and juniors.

She is affectionately remembered for her loving and compassionate demeanour. Her demise is a great loss to MNS and nursing community. Maj Gen I Delos Flora, Addl DGMNS and other officers of MNS offer their sincere condolences to the family and pray to Almighty to grant eternal peace to the departed soul and strength to the bereaved family members to bear this irrevocable loss.



NEWS FROM THE NURSING INSTITUTIONS

PKB College of Nursing (PKBCON), Villupuram (Tamil Nadu):

The Lamp Lighting Ceremony for BSc., Nursing 5th Batch (2023-24) students was celebrated on 5th February 2024 at PKBCON auditorium. It started with a Prayer Song. The chief guest of the occasion was Dr SVijayalakshmi, TNAI Secretary, TN Branch, Principal, Vignesh Nursing College, Thiruvannamalai. Hajee Er B Mohamad Farouk, Chairman presided over the programme. The dignitaries on the dias lighted the Kuthuvilakku. Prof



Mrs P Sathivathy, Vice Principal PKBCON welcomed the dignitaries and the participants. Mrs G. Maheswari, Associate Professor, Dept of OBG introduced the chief guest who lighted the Florence Nightingale lamp and transferred the luminosity to the 60 BSc Nursing Basic First Year students who dedicated themselves to the profession by lighting their lamp and recited the oath as inducted by the Vice Principal. The freshers rendered the special song. In her speech the chief guest congratulated the students and their parents for choosing the nursing profession. She also advised the students regarding the demands on this Nursing field and highlighted the career opportunities for the nurses. Finally the chief guest awarded the achievers and toppers for the academic year 2022-2023. The programme concluded with vote of thanks by Mrs Sugitha, Asst Prof, Dept of Med Surg Nursing, PKBCON.



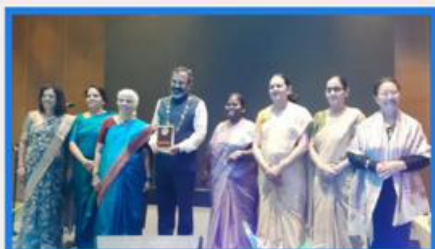
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SCAN ME



78th TNAI National Conference

Date and Venue of TNAI Conference will be informed later

Theme: “Leadership in Nursing: Inspiring Vision, Driving Change”

i) Scientific Paper should be based on the theme (mentioned below)

Three best scientific papers on the conference theme will be selected for presentation during the conference.

ii) Concurrent Sessions: a) OBG Nursing b) Mental Health Nursing c) Child Health Nursing d) Community Health Nursing e) Medical and Surgical Nursing f) Nursing Education g) Administration and Research.

- The Concurrent session and scientific posters shall be based on studies in any nursing speciality, not necessarily related to theme of the conference.
- The scientific study submitted for consideration as scientific paper presentation shall follow IMRAD format (Introduction, Methodology, Results and Discussion).
- Please note that (1) the study carried out within last **four years** period only shall be entertained, and (2) the researcher/ presenter shall be a member of TNAI.
- The word limit for the scientific paper presentation is **2000-2500**. Enclose separate sheet with author/authors name and a brief bio data, complete address, phone number, email, and TNAI number.

iii) Poster Presentation (based on Scientific Paper)

All posters should be based on Research papers like a visual presentation of the scientific paper on any nursing specialty by individual TNAI member for display.

- a) Size: Size of the Poster/ Flex should be approximately 30 x 40 inches.
- b) Lettering: Lettering and design of the poster should be bold and big enough to be seen from a distance.
- c) Layout: Layout of the picture, if any, must be properly balanced to give a correct sense of proportion.

Note: (1) Ideas depicted in the poster should be relevant to the study. (2) Extra fixing of clipping/ cuttings or any other form on the poster should be avoided. (3) The scientific study submitted for poster presentation shall follow IMRAD format (Introduction, Methodology, Results and Discussion). (4) All the presenters (Conference theme, Concurrent Session and Poster Presentation) should register for the conference. No TA DA will be provided to the presenters. (5) The TNAI will be awarding certificate along with 16 credit hours purely based on registration and attendance.

(Mrs.) Evelyn P. Kannan
Secretary General, TNAI

TNAI BULLETIN

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