



Taking Care of the Care Takers

Health is a crucial attribute in our well being. That's why all faiths advocate to keep the body & mind fit and healthy. Only one in sound health lives life fully, and is also an asset to the community at large. A befitting health infrastructure, of which nurses are the kingpin, is the basic need of the country. This precisely is the idea behind **International Nurses Day (IND)** observances on and around **12 May** every year, mostly under ICN (International Council of Nurses), a federation of 130+ national nursing associations world wide, representing the over 28 million nurses. Simultaneously, it is imperative that they themselves are taken care of befittingly. The theme for 2024, '*Our Nurses, Our Future, the Economic Power of Care*', calls for availing numerous opportunities to highlight the valuable contribution nurses make, and their role in shaping the future of healthcare. Let us join hands to celebrate the dedication, achievements, expertise and the spirit of compassion. A week ahead of IND, **5 May**, the **International Day of the Midwife (IDM)** endeavours to promote autonomy of midwives globally. This year's IDM theme is, *Sustainable Midwifery: Caring for Tomorrow's World*. Significant number of women in reproductive age die due to complications during and following pregnancy, childbirth or abortion. Healthcare schemes covering early pregnancy to postpartum care, are being strengthened to help the plight of underserved, and address maternal and child health needs.

Exciting news for TNAI/ SNAI members: Kindly note after entering into partnership with Samsung India via the exclusive Samsung Corporate+ Program, the TNAI members can enjoy special discounts on entire range of Samsung products. From high-end mobile phones to sleek laptops and efficient appliances like AC units, fridges, and washing machines, the options are limitless. Avail of the chance to elevate your tech game while saving big. Seize this exclusive offer and unlock a world of innovation with Samsung world. Soon, the Samsung discount shall be extended to student nurses also.

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Discount on TNAI Publications: The TNAI has amazing offer with a 40 percent discount on all its publications, to access invaluable resources. You are advised to take full advantage of this great opportunity to enhance your knowledge and professional growth. Grab your discount now and elevate your academic journey!

78th National Conference of TNAI approaches: All the participants are urged to ensure their presence and active involvement. Please note that the last date for submission of scientific papers, aligned to this year's IND theme i.e. *Leadership in Nursing: Inspiring Vision, Driving Change*, is 31 August 2024 along with contributions to concurrent sessions on various specialties and scientific posters. Your involvement is crucial in highlighting the transformative power of nursing leadership in healthcare and making this conference a big success.

Happy Nurses' and Midwives' Days!

Evelyn P Kannan
Chief Editor & Secretary General, TNAI

Orientation Programme for Assam State Branch Executives

In line with the decision at the TNAI's EC meeting (in 2019) to orient the TNAI State & UT Branch Executive Committee members to the functioning of TNAI within three months of State /UT Branch Election, the executive members from Rajasthan State branch participated in the one-day orientation programme on 23 March 2024 at TNAI Headquarters and its Greater Noida campus. The purpose of this initiative was to apprise them of the broad knowledge about the role of various units of TNAI. Many of the executives stated that this was their first ever visit to TNAI headquarters.

After breakfast, Executives members visited Greater Noida campus. Various activities of TNAI being conducted at CIN&R/ECH premises in Greater Noida were explained to the EC members. The topics covered were: Neonatal Skill Lab (Daksh) and International Training Centre (ITC) that organises basic life support (BLS), Advanced Cardiac Life Support (ACLS) and Reproductive, Maternal, Newborn, Child and Adolescent Health (RMNCH) courses. The participants were shown a live demonstration of the BLS, ACLS training.



After welcome address, there was orientation to TNAI and SNAI and briefing on TNAI's role as recruitment agency. The broad areas covered in the orientation were: Growth of TNAI and SNAI over years; Update on TNAI membership & Recruitment services; Update on SNAI & Publication; Orientation about land purchase, Accounting/Auditing; orientation about agenda, Minutes & State branch report; Orientation about the TNAI staff and the job responsibilities being handled by them including maintenance of files; visit to various section at TNAI Hqrs. The executive members observed the multiple activities of TNAI with great interest and expressed satisfaction at the professional working of each unit.

EC members were: (1) Mrs Bina Borah, President; (2) Mrs Ellora Brahma, Vice President; (3) Dr (Mrs) Anjali Hazarika, Secretary; (4) Sr Elsy PJ, Treasurer; (5) Mrs Junu Sarma, SNA Advisor; (6) Ms Swapna Saikia, Chairperson-Membership Committee; (7) Ms Kabita Saikia, Chairperson-Nursing Education Section; (8) Mrs Karabi Das, Chairperson-Programme Committee; (9) Prof (Dr) Hemeswari Bhuyan, Chairperson-Public Health Nursing Section; (10) Ms Pinaki Bayan, Chairperson- Nursing Service Section.

Assembly of Nursing Principals for Strengthening SNAI

The Trained Nurses' Association of India (TNAI) convened an assembly of principals of nursing institutions on 21 March 2024 at BK Birla Auditorium, Sarala Birla University located in Birla Knowledge City, Ranchi (Jharkhand). The main objective was to highlight the numerous benefits associated with collaborative efforts and discuss strategies for expanding and strengthening the activities of the Student Nurses Association of India.



The session was warmly welcomed by Dr Subani Bara, Principal-Mahadevi Birla Institute of Nursing & Clinical Technology, Jharkhand. Following this, Ms V Mahalaxmi, President-TNAI's Jharkhand State Branch, alongside team members, honoured the dignitaries, setting a tone of mutual respect and anticipation for productive discussions. In an enlightening address, Prof Dr Vijay K Singh, Registrar-Sarala Birla University outlined the challenges confronting Jharkhand's nursing professionals. He assured unwavering support from the university towards fostering nurses' professional growth & development, and emphasised the critical role they play in the healthcare ecosystem. The forum was further graced by Prof Dr Gopal Pathak, the Hon'ble Vice-Chancellor of Sarala Birla University, Ranchi, who shared insightful perspectives on advancing nursing education and practice.

In her keynote, Mrs Evelyn P Kannan-Secretary-General TNAI, articulated the myriad professional advantages and support mechanisms available to nurses as part of TNAI. Mrs S Vatchala Dhinakaran-Asst Secretary-General of TNAI, highlighted the efforts in empowering SNAI units and provision of scholarships for members, underscoring TNAI's commitment to nurturing nursing talent. The Secretary-General TNAI conducted & moderated an engaging panel discussion on 'Challenges Specific to Nursing Students in Jharkhand'. The panelists including Mrs Sushma Ekka, Dr C Vasantha Kalyani, Mrs Merlin Mohan and Sr Graisamma Mathew, shared their diverse experiences and insights on overcoming educational and professional hurdles in nursing.

The meeting culminated with a hearty vote of thanks by Ms Salin Saj- Secretary, TNAI Jharkhand State Branch, who expressed gratitude to all participants for their valuable contribution. The assembly concluded on a patriotic note with the National Anthem, symbolising unity and the collective resolve to elevate nursing standards in Jharkhand. The respective principles of the institution and CNO of the various Govt and private hospitals.

Nursing Principals Meet to Strengthening SNAI

A meeting of the Principals of Nursing Institutions was organised by the Trained Nurses' Association of India (TNAI) to deliberate on streamlining and strengthening the activities of SNAI on 4 April 2024 at Hotel, The Orchid Mumbai.

The core objective of the meeting was to highlight the numerous benefits accruing to the Student Nurses Association of India (SNAI) members, and discuss strategies for expanding and strengthening the activities of the SNAI. It was believed that the significant presence and insights of the participating nursing experts will help shape the future endeavours of SNAI.

The programme commenced at 09:00 with registration, providing a warm welcome and facilitating networking among attendees. The meeting officially began at 10:00 with a prayer song. Mrs Shilpa Shettigar, the Chairperson of the Education Committee, anchored the proceedings with grace and efficiency. Mrs Ratna Deore- State SNA Advisor, TNAI Maharashtra State Branch delivered the welcome address, expressed gratitude towards the participants and outlined the significance of the meeting. This was followed by an address and felicitation by Mrs Surekha Sawant, President- TNAI Maharashtra State Branch, who highlighted the TNAI Maharashtra State Branch commitment to advancing nursing education and practice.



The Presidential Address by Prof (Dr) Roy K George, the National President TNAI, was conveyed through his message in absentia, extending his wishes and blessings. Mrs Swapna Joshi, the National Vice President TNAI (West Region), and Mrs Evelyn P Kannan, the Secretary-General TNAI, provided insights into the operations of TNAI and its strategic direction. Mrs. S. Vatchala Dhinakaran discussed "Potential Solutions to some of the Issues of Nursing Students through joining SNAI," offering valuable strategies for enhancing student experiences and outcomes.

The session featured thought-provoking speeches from esteemed guests including Mrs Chhaya Lad and Mrs Archana M Badhe addressed the standards in nursing education, the development and challenges within the Nursing Registration Council. In her address as Chief Guest, Dr Nilima Sonawane- ADHS (Nursing), Directorate of Health Service, Maharashtra, delved into the "Changing Landscape of Nursing in Maharashtra," highlighting recent advancements and the roadmap for future development in the nursing sector. An important aspect of the event was the panel discussion on "Challenges specific to Nursing Students in Maharashtra State," moderated by Mrs Evelyn P Kannan. Esteemed panelists included Dr Suvarna Bedre, Prof (Dr) Sonopant Joshi, Dr Avani Harshad Oke, and Prof (Mrs) Sangeeta Mahesh Satwekar, who set in a vibrant discussion, shedding light on the issues faced by nursing students and proposing actionable solutions.

Conclusion: The meeting concluded with a vote of thanks by Mrs Prachi Dharap- Secretary, TNAI Maharashtra State Branch, who expressed gratitude to the speakers, panelists, and attendees for their contribution. The event wrapped up with a networking lunch at 02:00 pm, providing an additional opportunity for participants to connect and discuss collaborative opportunities further. The meeting marked a significant step towards enhancing the quality and scope of nursing education and practice in Maharashtra, fostering a collaborative environment for sharing knowledge and best practices. The insights and discussions from this event are expected to drive meaningful improvements and innovations in the nursing sector.

TNAI Madhya Pradesh State Branch Election Notification

Nominations are invited for the various posts in Madhya Pradesh State Branch Executive Committee of TNAI.

Schedule of election

Date of notification of the election	07/05/2024
Last date for submission of nominations	17/06/2024
Publication of list of valid nominations	07/07/2024
Last date for withdrawal of nominations	22/07/2024
Date of polling (if required)	August, 2024 The exact venue and the date of polling (if required) will be communicated through TNAI National Website, Madhya Pradesh State Branch Website and TNAI Bulletin.

Date:

07/05/2024

Returning Officer

Address: C/O TNAI Headquarters, L-17

Florence Nightingale Lane, Green Park Main,
New Delhi-110016

E-mail: tnaielections@gmail.com

1. For detailed information regarding the election and the prescribed nomination form refers page numbers 69 to 74 of this bulletin.
2. Please mark the envelope “**Nomination sheet – TNAI Madhya Pradesh State Branch Election 2024**”.
3. Completed Nomination Sheet(s) and all other correspondence related to the election are to be sent to the following address: **Returning Officer, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016.**
4. Members are requested to check their membership status at **election.tnaionline.org/UpdateData/Index**.
5. If members are working or residing in the respective state you are working/residing, but the verification of their membership status shows a different state, they can transfer their membership to the state you are working/residing using the above link. A copy of their residence or employment details should be attached for approval of the transfer.

TNAI State/UT Branch elections detailed information (Extract of TNAI Bye Laws related to State/UT Election)

1. List of office bearers in the State/ UT Branch executive committee

- I. State President
- II. State Vice-President
- III. State Secretary
- IV. State Joint Secretary
- V. State Treasurer
- VI. State SNAI Advisor (Teaching faculty only eligible)
- VII. Chairperson – Nursing Education and Research Section.
- VIII. Chairperson - Programme Committee
- IX. Chairperson - Membership Committee
- X. Chairperson - Public Health Nursing Section (Public Health Nursing Personnel only eligible)
- XI. Chairperson- Nursing Service Section (Hospital/ Clinical Nursing Personnel only eligible)
- XII. Chairperson - Socio-Economic Welfare Committee
- XIII. Chairperson - LHV/ ANM, State Branch (Only LHV/ANM personnel eligible)

2. Common Eligibility Criteria for the State/ UT Branch Office Bearers

- i. Any candidate filing nomination for State/ UT Offices shall have completed a minimum of **05 years** of membership in TNAI.
- ii. Age: Shall not have completed **66 Years as of 1st of January** of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/ Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the State/ UT Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest State/ UT offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08yrs) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the State/UT ie, TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subjected to the conditions in the clause number v and vii.

- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

3. Eligibility for contesting in the various offices of State/UT:

(i) State/ UT President:

Any life member of TNAI working and residing in the State/UT branch and who served one term (04 Years) as a State executive member at any time in the State/UT is eligible to contest for the post of President of the State/UT Branch.

(ii) State/ UT Secretary:

- a. Any life member of TNAI working and residing in the State/UT branch and who served as State executive for one term (04 Years) at any time in the State/UT is eligible to contest for the post of Secretary of the State/UT Branch.

- b. The office of the Secretary is reserved for female TNAI life members only.

(iii) State/UT Vice President:

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Vice President of the State/UT Branch.

(iv) State/ UT Joint Secretary

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Joint Secretary of the State/UT Branch.

(v) State/ UT Treasurer

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.

- b. The office of the State/ UT Treasurer is reserved for female TNAI life members only.

(vi) State/ UT SNAI Advisor

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the State/UT Branch.

- b. The office for the State/ UT SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only

(vii) State/ UT Chairperson- Nursing Education and Research Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Education and Research Section of the State/UT Branch.

- b. The office for the State/ UT State/ UT Chairperson- Nursing Education and Research Section is reserved for Nursing faculty working and residing in the respective state only

(viii) State/ UT Chairperson- Programme committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Programme committee of the State/UT Branch

(ix) State/ UT Chairperson- Membership Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Membership committee of the State/UT Branch

(x) State/ UT Chairperson- Public Health Nursing Committee

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Public Health Nursing Committee of the State/UT Branch.
- b. The office of the State/ UT Chairperson- Public Health Nursing Committee is reserved for Community Nurse/Public Health Nurse/ Public Health Nursing officers working and residing in the respective state and working in the Public Health/ Community Health setting.

(xi) State/ UT Chairperson- Nursing Service Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Service Section of the State/UT Branch.
- b. The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in a hospital/clinical setting.

(xii) State/ UT Chairperson- Socio-Economic Welfare Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Socio-Economic Welfare Committee of the State/UT Branch.

(xiv) State/ UT Chairperson- LHV/ ANM

- a. Any associate life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of LHV/ ANM of the State/UT Branch.
- b. The office of the State/ UT- LHV/ ANM is reserved for female TNAI associate life members only.

4. Common Instructions regarding nomination for the various posts in the State/ UT Branches of TNAI.

- i. A member filing nomination shall be a member working and residing in the respective State/UT branch of TNAI. If the candidate is working, the place of work shall be in the same State/ UT area. An exception may be given to the members living in the NCR region of Delhi but working in the NCT of Delhi. In such cases, the members are not permitted to transfer the membership for 04 years. Also, the member shall give an affidavit to that effect to the RO
- ii. The nomination form shall be **filled and completed by the candidate** i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed. The nomination form shall be proposed and seconded by the TNAI member
- iii. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.
- iv. The contestant can submit any number of nominations for any one of the office in the TNAI State/ UT Election.
- v. In case of more than one nomination for the same office, the proposer and seconder shall not be the same.

- vi. The proposer and the seconder can nominate only one person for a particular office. In case a proposer and the seconder proposed or seconded more than one office, the earliest application received to TNAI Hqrs will be considered valid.
- vii. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- viii. All valid nominations for the State/UT President and Secretary shall be included in the Provisional Ballot Paper/ Electronic voting device and published in the TNAI bulletin and TNAI website. The order of the names in the nomination sheet shall be as per the **alphabetic order of the first name** of the candidates.
- ix. For other offices the names of the three members having the highest number of nominations shall be included in the Provisional Ballot Paper/ Electronic voting device
- x. All office bearers who have completed the term of office are eligible for reelection for one more term.
- xi. A break of 04 years after two consecutive terms (08 years) is necessary for the State/ UT President/ Secretary to contest for the post of President/ Secretary at the State level.
- xii. A break of 04 years after two consecutive terms (08 year) is necessary for any other executive members of the State/ UT to contest for the any other posts in the State level except for the post of State/ UT branch President/ Secretary.
- xiii. In any post, a member in the State can hold the State offices for a maximum of 16 Years only.
- xiv. Any person who has expelled from a position in State Office, shall not be eligible to contest for any position in TNAI.
- xv. Members who are, or had been involved in litigation with the Association are not eligible to contest election.
- xvi. The office bearers of a dissolved State/ UT branch are not eligible to contest for a term of **FOUR** years.
- xvii. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations (like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to TNAI headquarters through the respective TNAI State/UT Branch
- xviii. The person so elected for a particular office at the State/ UT level shall hold the office for the full term (four years) and shall not contest and cross to another office before completion of the term of their existing elected office.
- xix. The members who are residing outside the Country/ State/ UT shall not be eligible for contesting election.

Nomination Form

Madhya Pradesh State Branch Election

Note: Please fill the details in **BLOCK** letters only

NAME OF THE POST: _____

Name of the Candidate: -----

TNAI No. of the Candidate: -----

Address of the Candidate: -----

Residence: _____

Official _____

Mobile No: _____

E-mail: _____

Consent/Declaration

1. I _____ hereby give my voluntary consent for the post of _____ (Name of the post) of the _____ State/ UT Branch of TNAI.
2. I hereby declare that if elected I am willing to serve the Association to the best of my abilities and efforts.
3. I also declare that I am not involved in any litigation with the Association/facing any disciplinary proceeding in the workplace or from the statutory council in nursing.
4. I also declare that I am not holding any office positions in parallel Nursing Organizations (trade unions, other associations or societies).

Name of the contestant: _____

Signature of the contestant: _____

Place _____ **Date** _____

Details of the Proposer	Details of the Seconder
Name:	Name:
TNAI Number:	TNAI Number:
Signature:	Signature:
Address of Proposer:	Address of Proposer:
Mobile Number:	Mobile Number:
Email:	Email:

ELECTION RESULT- TNAI ANDAMAN & NICOBAR UT BRANCH 2024

An election of TNAI Andaman & Nicobar Branch were held on **2nd February, 2024 at** Auditorium of GB Pant Hospital, Port Blair- 744104, Andaman & Nicobar Island.

1. **President:** Mrs. Anney Ashok, **TNAI No.** 59655, **Address:** G.B. Pant Hospital, Port Blair- 744102.
2. **Vice President:** Ms. Kalawathi Dutta, **TNAI No.** 416294, **Address:** Kalawathi Dutta W/O Prashant Dutta C/O Electrical Plaza, Aberdeen Bazar, Port Blair A&N Islands- 744102.
3. **Secretary:** Mr. S Sreenivason, **TNAI No.** 318755, **Address:** C/O Operation Theatre, G.B. Pant Hospital, A&N Administration, Port Blair- 744102.
4. **Joint Secretary:** Mr. Sohan Lall, **TNAI No.** 415670, **Address:** C-52, Near Met Office, Shadipur Village, Shadipur Po, Port Blair- 744102.
5. **Treasurer:** Mrs. Jilly Heaven, **TNAI No.** 73895, **Address:** C/O Ms Heaven, Flat No 1 IMFC Residency, Garacharama (P.O) Port Blair – 744105.
6. **SNAI Advisor:** Mrs. Bincy V Kuruvilla, **TNAI No.** 118314, **Address:** Tutor, School of Nursing, GB Pant Hospital, Port Blair, Andaman- 744101.
7. **Chairperson Programme Committee:** Mrs. Joyce Sikdar, **TNAI No.** 33516, **Address:** FMC Road House No. 16, Prem Nagar, Near Chota Kali Mandir, Port Blair, Andaman- 744102.
8. **Chairperson Membership Committee:** Mrs. G Pinki, **TNAI No.** 324685, **Address:** C/o G Praveen Kumar, H No. C-35, New Pahargaon, Prothrapur, South Andaman- 744105.
9. **Chairperson Public Health Nursing Section:** Ms. V Teresa Lakra, **TNAI No.** 324682, **Address:** Dairy Farm, Near Shiv Mandir, Port Blair, Andaman & Nicobar-744103.
10. **Chairperson Nursing Service Section:** Mrs. Crasnaya Escra, **TNAI No.** 329738, **Address:** Dairy Farm, Near Shiv Mandir, Port Blair, Andaman & Nicobar-744103.
11. **Chairperson Nursing Education Committee:** Smt. Sonia Pious, **TNAI No.** 222801, **Address:** Dairy Farm, Near Shiv Mandir, Port Blair, Andaman & Nicobar-744101.
12. **Chairperson Economic Welfare Committee:** Ms. P Ajitha Kumari, **TNAI No.** 324680, **Address:** Nursing Officer, Cathlab GBPH, Port Blair- 744101, Andaman & Nicobar.
13. **Representative ANM/LHV Committee:** Mrs. Asha Gain, **TNAI No.** 295099, **Address:** Near Ananda Marga School, Junglighat, Port Blair- 744103.

By
Secretary-General, TNAI

Prompt Intimation after Making Payment for NJI

It has come to our notice that many interested subscribers of NJI remitting the payment through UTR do not inform the Publication Unit (handling the dispatch of copies) about the payment having been sent. Please note that the desired issues can be sent only after the Publication Unit verifies the receipt of payment. Non-information to Publication Unit results in delay in distribution of copies of NJI.

All remitters are therefore advised to immediately inform the Publication Unit by e-mail (publicationstnai@yahoo.com) giving relevant particulars [viz. (i) the precise issues & period of NJI for which payment has been made, (ii) UTR Number with amount remitted, and date, (iii) complete postal address with pin code at which copies are desired].

ELECTION RESULT- TNAI BIHAR STATE BRANCH 2024

An election of TNAI Andaman & Nicobar Branch were held on **2nd March, 2024 at** Narayan Nursing College, Gopal Narayan Singh University, Jamuhar, Sasaram- 821305, Bihar.

1. **President:** Sr. Usha Saldanha, **TNAI No.** 77151, **Address:** College of Nursing, Kurji, Holy Family Hospital, Patna-800010, Bihar.
2. **Vice President:** Ms. Sindhu Dev, **TNAI No.** 252366, **Address:** R.No. 101, Type 3, AIIMS Residential Complex, Khagaul, Hydraulic Road, Patna-801105, Bihar.
3. **Secretary:** Mr. Irshad Khan, **TNAI No.** 252369, **Address:** Asst. Nursing Superintendent, AIIMS, Patna-801507, Bihar.
4. **Joint Secretary:** Mr. Sharwan Kumar, **TNAI No.** 252363, **Address:** A.N.S AIIMS, Patna-801507, Bihar.
5. **Treasurer:** Ms. Singh Aarti Jiyalal, **TNAI No.** 182471, **Address:** T-2, B-3, R.No. 115, AIIMS Residential Quarters, Khagaul-801105, Bihar.
6. **SNAI Advisor:** Ms. Sonam Dolma Lepcha, **TNAI No.** 260755, **Address:** College of Nursing, Kurji Holy Family Hospital, Patna-800010, Bihar.
7. **Chairperson Programme Committee:** Mrs. D. Koteswaramma, **TNAI No.** 327300, **Address:** Tutor, College of Nursing, AIIMS, Patna-801507, Bihar.
8. **Chairperson Membership Committee:** Mr. Girishkumar K, **TNAI No.** 263668, **Address:** College of Nursing, AIIMS, Patna, Phulwarisharif, Patna-801507, Bihar.
9. **Chairperson Public Health Nursing Section:** **VACANT**
10. **Chairperson Nursing Service Section:** Mr. Visanth V. S., **TNAI No.** 263660, **Address:** Assistant Nursing Superintendent, AIIMS, Patna-801507, Bihar.
11. **Chairperson Nursing Education Committee:** Dr. K Katha, **TNAI No.** 172581, **Address:** Narayan Nursing College, Gopal Narayan Singh University, Jamuhar, Sasaram- 821305, Bihar.
12. **Chairperson Economic Welfare Committee:** Mrs. Guriya Rani, **TNAI No.** 209279, **Address:** Principal I/C, B.Sc Nursing College, DMCH, Darbhanga-846003, Bihar.
13. **Representative ANM/LHV Committee:** **VACANT**

Mrs. Blessy Shalom Berry, Retuning Officer, Bihar

केरल के बाद अब झारखंड में मंडरा रहा बर्ड फ्लू का खतरा

झारखंड में हालिया प्रकाश में आए बर्ड फ्लू के मामलों ने राज्य सरकार को चौंका दिया है। रांची के शासकीय पोल्ट्री फार्म में बर्ड फ्लू के मामले मिल रहे हैं जिससे झारखंड सरकार चिंता में है। आधिकारिक सूत्रों ने पुष्टि की है कि रांची के एक सरकारी पोल्ट्री फार्म होटवार में 1,745 मुर्गियों सहित लगभग 2,196 पक्षियों को मार दिया गया है चूंकि इन सैंपलों में एच5एन1 वायरस पाया गया था।

स्मरण रहे, कुछ ही दिन पूर्व केरल के अलप्पुझा में बर्ड फ्लू के मामलों ने स्वास्थ्य एजेंसियों को मुश्किल में खड़ा कर दिया था। इसकी उत्पत्ति और प्रसार के बारे में विश्लेषण चालू है। इसी बीच केंद्रीय एजेंसी एनसीडीसी के एक दल ने जनस्वास्थ्य सुरक्षा की दृष्टि से चेरुथाना और एडाथुआ जिलों के प्रभावित स्थलों का दौरा किया तथा रोकथाम उपायों की अनुपालना के बाबत बताया।

बर्ड फ्लू एवियन इन्फ्लुएंजा ए कोटि का वायरस है जो पक्षियों की सांस प्रणाली पर प्रहार करता है, और संक्रमित पक्षी का बचा रहना दुष्कर हो जाता है। इसका प्रसार प्रायः जंगली पक्षियों, और फिर संक्रमित पालतू पक्षियों की छींक, मल या लार के माध्यम से होता है।

अग्रिय तथ्य यह है कि कदाचित बर्ड फ्लू संक्रमित पक्षियों से मनुष्यों में भी फैल सकता है। मनुष्य में बर्ड फ्लू का पहला मामला 2022 में प्रकाश में आया था। मनुष्यों में इसके लक्षण हैं: दस्त, उल्टी तथा विरल मामलों में दौरे पड़ना। इलाज के लिए ओसेल्टामिविर (टैमीपलू) कारगर पाई गई है।

Major Health Events of The Month

International Day of Midwife: 5 May

Midwifery is a health care profession in which providers offer care to childbearing women during labour and birth in the postpartum period, and between pregnancies. They also help in care and breastfeeding of the newborn. First to respond when climate disasters hit, the Midwives deliver safe and environmentally sustainable health services & solutions. Hence, the 2024 theme for International Day of the Midwife (IDM) falling on 5 May is Midwives: A Vital Climate Solution.

Earlier, the midwives were hardly trained formally, it was a traditional learning. However, considering their vital role in care of the newborn, they are provided professional training. The International Confederation of Midwives (ICM) recognises that midwives are a vital solution in adapting health systems to climate change, and lowering carbon emissions overall. Healthcare services are estimated to emit around 5 percent of greenhouse gases globally. By offering continuity of care in communities, midwives reduce the need for avoidable travel to health facilities, thereby cutting the carbon footprint of healthcare while ensuring accessibility.

As midwives we might not immediately see ourselves in as a part of the climate solution. At the same time, it is obvious that the midwifery model of care is environmentally friendly. Evidence shows that continuity of midwife care leads to optimal and safe outcomes by using fewer resources, resulting in less medical waste and a reduced ecological footprint. The care we provide as midwives also helps ensure that resources and the time and expertise of obstetricians are more available to women with complex care needs.

World Asthma Day: 7 May

Asthma is one of the common non-communicable, chronic disease of the lungs characterised by breathlessness, coughing, wheezing and chest congestion. At the instance of Global Initiative for Asthma (GINA), an offshoot of US-based National Heart, Lung and Blood Institute (NHLBI), World Asthma Day is organised annually on first Tuesday of May (this year on 7 May) to raise awareness, care and support for those affected by asthma. The main focus of the day is on supporting the persons with asthma. World Asthma Foundation also supports World Asthma Day. The theme set for World Asthma Day 2024 is, Asthma Education Empowers. It affects over 260 million people and causes 450,000 deaths globally every year; most of these are preventable. Although not curable, the symptoms can be controlled so that people with asthma are enabled to live full lives.

GINA provides free resources for members, health care organisations, charities and communities to organise their own awareness activities for World Asthma Day which may include: free asthma screening clinics locally, media advertisements, educating children about asthma in a fun manner.

International Nurses Day: 12 May

Nurses have a track record of serving our loved ones at some of the most challenging times of their lives. Their painstaking and exemplary performance in the dreaded Corona era of 2020 & 2021 has been etched in history. The entire world celebrates the International Nurses Day (IND) on 12 May, the birth anniversary of nursing legend, Florence Nightingale who was born on this day in 1820. The International Council of Nurses (ICN), the apex body of nurses at international level, the umbrella organisation guiding and promoting varied commemorative and other programmes. ICN is a federation of 130+ national nurses' associations representing millions of nurses from all parts of the world. The IND theme for 2024 is, Our Nurses, Our Future. The theme underscores

that investing in nurses improves health outcomes and enhances health security globally. The IND activities are organised week-long in most countries.

In India, there is convention of President of India conferring National Florence awards Nightingale every year to select nurses having made outstanding contribution in various fields of Nursing. The selections are made after receiving entries from all over the country. The TNAI honours the distinguished nurses as mark of its IND celebrations. Though mainly planned around May 12 each year, IND activities continue for much of the year by nurses and nurse institutions and organisations.

World Schizophrenia Day: 24 May

Schizophrenia is a chronic brain disorder related to loss of attention, concentration and memory. It is marked by delusions, hallucinations, and immethodical speech due to disoriented thinking and lack of motivation. While there is no definitive cure for schizophrenia, with treatment, most symptoms are found to improve and recurrence can be diminished.

World Schizophrenia Day is commemorated every year on 24 May. It is a day dedicated to raising awareness of the mental illness that affects over 24 million people worldwide; yet hardly a third of them receive treatment. Schizophrenia is highly stigmatised since it's not talked about and lacks accurate representation in the media. World Schizophrenia Awareness Day is observed on to fight against stigma and to make it easier for people to seek different resources to get help. This day is also a tribute to Dr Philippe Pinel, a French psychiatrist, who unchained and let 200 men to be free like other human beings in late 18th century. Some of these were confined due to mental illness for 30 to 40 years.

Various studies have shown that men with schizophrenia lose an average of 15.9 years of life, and women with schizophrenia lose around 13.6 years. Support and treatment can help you to manage one's condition and the impact it has on one's life. The global burden of schizophrenia continues to increase leading to increased burden on health care systems.

Lost and Found

It is to bring to notice of all concerned that I, Nibedita Mohanta, D/o Harish Chandra Mohanta, have lost my lost/ misplaced my original certificates of General Nursing and Midwifery bearing Roll No. 24612243, certificate No. GNM 5262 (Regn. No. 11048), issued on 31/03/2012 by The Mid India Board of Education, Nurses League of The CMAI, Nagpur, on 13 April 2024, while travelling from Star City Patia to Mastercanteen by auto rickshaw. Further, the same is not traceable despite many efforts.

Nibedita Mohanta

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Lost and Found

This is for information of all concerned that I, Smt Biji Chandrasekhar, W/o Mr Mohammad Shahid Wasim, have lost/ misplaced my original certificate of General Nursing and Midwifery bearing No. 12441, issued by The Board of Nursing Education, Nurses League of The Christian Medical Association of India, South India Branch. Further, the same is not traceable despite many efforts.

Biji Chandrasekhar

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