



Prioritising Mental Health and Enhancing Membership Opportunities

World Mental Health Day (WMHD), observed annually on 10 October since 1992, serves as a reminder of the importance of mental well-being, especially in high-pressure environments like healthcare. The theme for 2024, *"It is Time to Prioritise Mental Health in the Workplace"* resonates profoundly, given that employed adults spend a substantial portion of their lives at work. Research indicates that approximately 40 percent of healthcare workers report experiencing anxiety, depression, or stress, largely attributable to high workloads, long shifts. Alarming, nearly 30 percent of nurses are facing burnout. These statistics highlight the urgent need for a supportive work environment that fosters mental wellness. As advocates for health, we must prioritise mental health initiatives within our workplaces and ensure that nurses and healthcare professionals have access to the resources, training, and support necessary to thrive both professionally and personally. This includes implementing stress-reduction programmes, and creating open lines of communication to address mental health concerns.

Revision in SNAI-TNAI Membership Plan: In line with our commitment to professional development, the Executive Committee decided in a recent meeting that the existing SNAI Subscription plan (old plan) will cease on **31 March 2025**, and replaced by new **SNAI-TNAI Membership Plan (New Plan)** effective from **1 April 2025**. This new plan not only provides lifelong membership for students but also includes various benefits to enhance their professional journey. Heads of nursing institutions are urged to assist their students in completing the necessary enrolment formalities promptly. Detailed information about the benefits of the new plan and enrolment procedures has been sent through a letter to the respective institutions. For any queries, please contact us by e-mail (sna@tnaionline.org) or WhatsApp message (no. 8587825407).

Upcoming National Executives, Council and House of Official Representatives (HOR) Meetings: Mark your calendar! The National Executive and Council meetings are due on **3-4 December 2024**, followed by the House of Representatives and Associates meetings on **5 December 2024**. These meetings provide an invaluable opportunity for members to engage in discussions that will guide the direction of our organisation.

TNAI National Election in December: As we prepare for the TNAI National Election on 5 December, the contestants list, along with their brief biodatas, is published in this issue for your reference (pp 146-152). We encourage all HOR to familiarise themselves with the candidates, as this election will play a pivotal role in shaping the future of our association and the nursing profession.

TNAI National Conference: We look forward to seeing you at the **78th National Conference of TNAI** and the SNAI General Committee Meeting, on **6-7 December 2024** at the Mohali Club, Wyndham Hotel & Resorts, Mohali-Pind Road, Phase-11, Sector 65, Sahibzada Ajit Singh Nagar, Punjab. The theme, *"Leadership in Nursing: Inspiring Vision, Driving Change,"* promises to facilitate meaningful discussions and insights that will

empower nursing professionals to take the lead in transforming healthcare.

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Exciting Discounts on TNAI Publications: We are pleased to announce a generous **40 percent discount** on TNAI publications for nursing students and other buyers. This is a perfect opportunity to enrich your knowledge and resources. Be sure to place your orders soon! Please contact by e-mail (publicationstnai@yahoo.com) or WhatsApp message (7838373816).

Evelyn P Kannan
Chief Editor & Secretary General, TNAI

TNAI National Election 2024

Provisional Ballot Paper

TNAI National Election for the office of the National President, National Vice-President(s) (Region Wise), National Treasurer & National Secretary - LHV and ANM.

S. No.	<i>Contestant for the office of National President, TNAI</i>	
1	Mrs. Annie Kumar TNAI No. 123673 B-9, Kailash Apartment Sector - 4, Plot No. 2, Dwarka, Delhi - 110078	
2	Dr. Jaeny Kemp TNAI No. 46647 Valli Illam, Site No. 18 Poompuhar Nagar, Vinayak Koil Street, Nalavar Layout, Rathinapuri, Coimbatore- 641027	
3	Mr. Kirankumar V Domadia TNAI No. 49961 B/302, Abhishek Apartment, B/S Vaishali Cinema, Varachharoad, Surat-395006, Gujarat	
4	Mrs. Swapna Satish Joshi TNAI No. 25116 Gate No. 127, Flat No. B 204, Chikhilai Moshi Road, Borhadewadi, Pimprichinchwad, Pune, Maharashtra – 412105	
<i>Contestant for the office of National Vice President, TNAI (North Region)</i>		
1	Dr. Bhargavi C. N. TNAI No. 39702 College of Nursing, Dr RML Hospital, New Delhi	
2	Mrs. Jyoti Walia TNAI No. 62057 Sister Tutor Cum Clinical Instructor, Room No 90, SNGNC- IGMC, Shimla, Himachal Pradesh 171001	
3	Dr. Narinder Kaur Walia TNAI No. 66581 Associate Professor, Institute of Nursing Education & Research, 4th Floor, Medical College Building, Dabwali Road, AIIMS, Bathinda, Punjab- 151001	
<i>Contestant for the office of National Vice-President, TNAI (North East Region)</i>		
1	Prof. Thoudam Nandarani Devi (Declared Elected) TNAI No. 48791 Universal College of Nursing, Yairipok, Thoubal District, PO Thoubal, Manipur 795149	
<i>Contestant for the office of National Vice-President, TNAI (East Region)</i>		
1	Dr. Abhilekha Biswal TNAI No. 130104 Principal, PG College of Nursing, Hospital Sector, Bhilai, Chhattisgarh, 490009	
2	Dr. Rathish Nair TNAI No. 102575 Principal, College of Nursing & Chief Nursing officer, All India Institute of Medical Sciences, Patna, Bihar 801507	

Contestant for the office of National Vice-President, TNAI (West Region)		
1	Mr. Dipkamal Bansilal Vyas TNAI No. 46798 C-33, Shyamsunder Soc Part 1 B/H Rangvatika Nr. Bapod Jakat Naka Waghodia Road Vadodara- 3980019 Gujarat	
2	Mrs. Prachi H. Dharap TNAI No. 57098 Principal, Sau Minatai Thakre Institute of Nursing Education, TMC, Thane, B Wing, RGMC Hostel Bldg, Opp S T Workshop, Hansnagar, Khopat, Thane- 400601, Maharashtra	
3	Mrs. Rubina I. J. Fernandes TNAI No. 81176 C/o Dr Oswald Fernandes BF 1, Value Apts Ubo Dando, St Cruz Ilhas, Goa- 40305	
Contestant for the office of National Vice-President, TNAI (South Region)		
1	Dr. Bajji Valli TNAI No. 48203 O/o DME, Old GGH Campus, Hanamanpet, Vijayawada, Andhra Pradesh- 520002	
2	Mrs. Valsa K. Panicker TNAI No. 24080 SNRA 11, Karunyam, Sangeeta Nagar Pangaparra PO- 695581	
Contestant for the office of National Treasurer TNAI		
1	Mrs. Shiny Chacko (Declared Elected) TNAI No. 75563 ESIC Hospital, Sector 15, Rohini, Delhi- 110089	
Contestant for the office of National Secretary - LHV and ANM, TNAI		
VACANT (No valid nominations received)		

1. Date & Venue of the Election:

- i. **Date:** 5th December, 2024
- ii. **Venue:** Mohali Club, Mohali Club, Wyndham Hotel & Resorts, Mohali Pind Road, Phase 11, Sector-65, Sahibzada Ajit Singh Nagar, Punjab-160047.

2. Instructions to contestants:

- i. Any candidate who wishes to withdraw her/his name from the list of contestants shall do so by giving in writing/ email to the National Returning Officer (RO) on or before **30th October, 2024**. The name of such a candidate shall not appear in the Final Ballot Paper.
- ii. The RO shall send a copy of the House of Representative (HOR) and Associate House of Representative (AHOR) list to the contestants on **5th November, 2024**.
- iii. The contestants have to submit a request to the National Returning Officer for the same.
- iv. Each contestant shall nominate one representative to witness the entire election process (Polling and counting). The name of the representative in the prescribed form shall be submitted to the National RO before **5 pm on 4th December, 2024**.

- v. The representative forms shall be collected by the contestants from the TNAI National Headquarters either physically or through email on or before **3rd December, 2024**.

3. The eligible voters are:

- a. HOR selected by the respective branch President & Secretary.
- b. The TNAI National Executive, National Council Members, National Co-Opted Members & National Ex-Officio Members.
- c. Contestants for the various offices.

4. General instruction to voters

- i. No canvassing shall be permitted on the day of the election inside the premises where the election is taking place.
- ii. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must keep at a designated place so as to ensure that the mobile phone is not used while casting votes.
- iii. No person other than the voters shall be permitted within the area of the polling booth.
- iv. All voters should queue up at the polling station.
- v. Each voter should show their **TNAI Photo Identity Life Membership card to cast** their vote. (The voters who do not have the **TNAI Photo Identity Life Membership card** shall apply for the Photo Identity card two months before the date of election)
- vi. The polling officers will check the **Photo Identity Life Membership Card of TNAI**, with the name and membership number of the eligible voter and instruct the members to sign in the digital identification system.
- vii. In case of any doubt of validity of photo/name it shall be checked with Government ID cards like Aadhar/ Election Voter ID.
- viii. The voters will also sign against their name in the eligible voters' list
- ix. The polling officer shall put an identity mark with indelible ink on the left-hand forefinger of the voter.
- x. The voter can ensure that his/her vote is added to the total polled votes by checking display on the indicator board before and after casting the vote.
- xi. After casting the vote, the voter shall leave the hall quietly and participate in the ongoing HOR and AHOR meetings.
- xii. Any in-disciplinary act created in and around the venue of the election or disturbance to the election by the voters/contestants/representatives of the contestants shall be strictly dealt by the returning officer. In such cases, the National RO has the power to take the decisions for disqualifying the person from casting her/his vote.
- xiii. In case of serious violations, the RO shall submit a written report to the National Council through the National President to take further disciplinary action.

By: Prof. Raminder Kalra, Returning Officer- TNAI National Election, C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.

Email Id: tnainationalelection@gmail.com

TNAI National Election 2024 (Brief Biodata of the Contestants)

National President

Mrs Annie Kumar A distinguished nursing leader serving as National Vice-President (North Zone), TNAI. Over four decades of dedicated experience in nursing; held key positions within TNAI, including President and Secretary of Delhi State Branch. During presidency, achieved a historic fundraising milestone for the TNAI's CIN & ECH, setting an example. Rendered significant roles at CON Lady Hardinge Medical College, New Delhi over 4 decades, and contributed to the hospital and the associated College of Nursing. Served as Vice-President, Delhi Nursing Council. Represented TNAI at various national and international forums including the WRAI, CNMF, and the CMAI. Actively involved in TNAI Publication 'Nursing Foundation Vol 1 & 2'.



Dr Jaeny Kemp SNA Unit Secretary thereafter Vice President for two years consecutively, while a nursing student. Awarded the 'Best Student Nurse' in 1991 and 'Best Outgoing Nurse Researcher' in 1998. Unanimously elected leader of TNAI, both in the State of Tamilnadu (except for one State election) and at the National level. State SNA Advisor (1996-2003), State President for two consecutive terms (2007-2011 and 2011-2016). Being an unopposed leader, honoured as the 'Best Nursing Leadership Award 2011' by Education Today (Tamil monthly). Renowned as the most favourite 'Master of Ceremony' in Nursing, Non-Nursing and Medical Conferences. Presently National Vice President (South Zone). The journey of being a leader from nursery to nursing still continues.



Prof Kirankumar Vinayakbhai Domadia MSc Nursing, pursuing PhD. Experience of 33 years in education & clinical practice. Principal, T&TV Institute of Nursing, Surat (Gujarat). Lecturer/ Nursing Tutor at GCON, New Civil Hospital, Surat. Clinical experience in various healthcare settings; held key positions in SNA at local and state levels: elected as Member (Director) of Gujarat Nursing Council (2001-2005); Ad hoc Nursing Board Member at VNSGU; organised conferences, seminars etc.; edited 'Paricharika Darpan' (Nursing Mirror) (2008-23); Examiner and paper setter for various universities; Master Trainer for government programmes. Recipient of 'Highest Membership Enrolment Award, TNAI' (in National Conference, Goa); Star Employee of the Year (2023-2024), New Civil Hospital, Surat.



Mrs. Swapna Satish Joshi Nurse consultant for various nursing projects with 42 years of experience in different positions: clinical, educational, and Nursing administration as Professor and Nursing superintendent in a leading cancer centre of India. Recognised for her leadership in the nursing community, served as Jt Secy, SNA Advisor, Secretary and President of Maharashtra State TNAI branch. Presently National Vice President, and involved in initiatives of nursing education and health care services at national and international levels. Honoured with awards like 'Best Nurse' (1980), 'My Child Matters' project international award (2015), National Florence Nightingale award (2017). Received appreciation as Covid-19 warrior for successful management in Nursing Services.



National Vice President (North Region)

Dr Bhargavi CN PhD from INC consortium, Masters (Nursing), BSc (N). Started as Staff Nurse (1989-1994); joined Academics as Tutor in 1994; Dy Asst Director (Nursing), MoHFW in 2006, OSD & Acting Nursing Adviser for 7 years. Currently - Nursing faculty at CON, ABVIMS & Dr RML Hospital. Developed policy guidelines for nursing services & education. Contributed to National Health Programmes in nursing; collaborated with international agencies; represented as Country Official in an overseas training programme in Thailand; helped conduct of National Florence Nightingale Awards ceremony in Rashtrapati Bhavan (2007-2012). Has 30+ years teaching & training; guided nursing students. Presented research papers on health and nursing. Founder member, Indian Association of Neonatal Nurses, etc.



Mrs Jyoti Walia Joined the nursing profession in 1996; presently Sister Tutor at SNG Nursing College, Shimla (HP), and pursuing PhD (Nursing). Elected as President, TNAI HP state branch (2012-2022), and got many crucial issues addressed. Elected as EC member, INC. Appointed as Registrar, HPNRC by HP Government after implementation of INC projects 'NRTS'. Felicitated by President Indian Nursing Council. Later, conferred a special award by ICN for successful completion of the programme, "Leadership for change." Presently Sister Tutor in SNGNC, Shimla.



Dr (Mrs) Narinder Kaur Walia MSc (Nursing), PhD (Nursing Sciences). Served as Associate Professor, AIIMS, Nursing College Bathinda (6 Oct onwards); Principal, SPHE College of Nursing Gharuan (Feb 2011- Oct 2021). Clinical experience: PGIMER, Chandigarh (Sept 1996-2007); 28+ years' experience in clinical, administration, and teaching. Best Paper Awards received in national and international conferences. Corona Yodha Award (2020). Developed nursing courses and programmes; Guest of Honour and Resource person in professional meets. Secretary TNAI Punjab Branch (till 2024); research guidance to UG/PG students. Published research papers.



National Vice President (North East Region)

Prof Thoudam Nandarani Devi BSc Nursing (Hons), MSc Nursing (Obs & Gyn Nursing). Starting as Nursing Tutor in School of Nursing (1983-2012), later served as Associate Professor, College of Nursing (2012-23); in Medical Directorate (2020-23); Nursing Registrar, Manipur Nursing Council (on deputation, 2001-2004). Closely associated with TNAI as SNA Advisor, TNAI Manipur branch (2015-18); President & EC Member, TNAI branch Manipur state branch. She retired from government service in May 2023. Presently, Principal, Universal College of Nursing, Yairipok since 2023. Awarded as 'Best Tutor 2016' by TNAI, Manipur State Branch; organised CNE Programme for Nursing faculty of government and private Colleges in 2024.



National Vice President (East region)

Prof Dr (Mrs) Abhilekha Biswal BSc, MSc and PhD. Leader & educator for 3 decades; Principal, PG College of Nursing, Bhilai (CG). Recognised PhD guide; presented papers at international conferences in South Africa and USA and Best citizen award. Recipient of Florence Nightingale Award (2017), Excellency Teacher Award (2022). Drove nurses; professional development, and evidence-based practice. Pioneer in starting TNAI state branch in the state of Chhattisgarh; added 7,000 memberships.



Being the national Vice President, conviction to unite diverse membership, poster collaboration, and meaningful change, improve work environment and nurses' safety, address regional challenges, amplifying nurses' voices, enhance patient outcomes and shape the future of healthcare.

Dr Rathish Nair Presently Principal, College of Nursing & Chief Nursing Officer at AIIMS Patna. A TNAI life-member for 24 years, served TNAI as President & Vice-President of Bihar & Haryana state branches. Became the first Psychiatric Nurse, in 2018, to become member of the Central Mental Health Authority of Government of India. Served as the Secretary, Indian Nursing Council. Presently Commonwealth professional fellow (Liverpool UK), and fellow of the Global Nursing Leadership Institute, Geneva of the International Council of Nurses & the Royal Society for Public Health, UK.



National Vice President (West Region)

Mr Dipkamal Bansilal Vyas Diploma in General Nursing & Midwifery (GNM) (1984-88) from GSON, Vadodara; Certificate Course in Hospital Admin & Management from Centre for Continuing/Adult Education & Community Services. Rendered 35 years' services in the clinical sector in various nursing positions. Elected as Secretary for two terms, and President and Vice President for one term each at TNAI Gujarat State branch. Proactive in highlighting nursing issues at the state and national level; advocating for meaningful resolutions; considering that significant outcomes can be achieved through collective efforts. Treats himself not just a leader but a loyal, capable, professional partner to elevate the association to the highest standards, both nationally and globally.



Mrs Prachi H Dharap A nurse leader and educator with 32 years of experience. Served as Chairperson, Community Health Nursing, and Secretary, TNAI Maharashtra State Branch; led Sau Minatai Thakre Institute of Nursing Education to win the Best SNA Unit Award nationally twice (in 2019 and 2023). Participated in a Benchmarking visit to UK institutions for strengthening Nursing and Midwifery education; significantly contributed to nursing excellence, promoting quality care and education. Felicitated by the TMC as best Nursing Head and Corona Warrior during COVID and for her contribution in the field of Nursing.



Mrs IJ Rubina Fernandes PC, BSc (Nursing); currently Matron at the Institute of Psychiatry and Human Behavior, Goa. At the outset, gained valuable experience at the Neonatal Unit of Jaslok Hospital, Mumbai. Has over 37 years of experience in various settings. Participated in various TNAI and SNA Conferences during incumbency as Secretary, TNAI Goa Branch for 3 terms; member, Goa Nursing Council for two consecutive terms. Contributed to several CNE programmes for Staff Development, and also played a crucial role as Covid warrior during the COVID pandemic and lockdown.



For National Vice President, South Region

Dr Bajji Valli MSc Nursing, PhD, MA (Public Admn) with 39 years' experience in Government as Staff nurse, Tutor, Lecturer, Asst Professor, Professor, Principal in Nursing Colleges of AP. Served as Deputy Director Nursing (D'te of Medical Education, AP) in Vijayawada. Worked hard for improvement in nursing care and establishment of Nursing colleges. Secretary, Board of Examination of GNM; Registrar In-charge of APNMC. As President TNAI Andhra Pradesh branch, conducted National SNA Conference at Guntur besides state level Conferences. State Mentor for Community Health Officers; Examiner and Paper setter for various Universities; Research guide for UG and PG nurses; Board chairperson at Dr NTR University of Health Sciences Vijayawada.



Prof Valsa K Panicker MSc (Nursing) specialised in Child Health Nursing. Distinguished Nursing professional; served in different capacities at Government College of Nursing, Kerala and retired as Principal in April 2020. Contributed significantly as Registrar, Kerala Nurses and Midwives Council (August 2014- July 2019), and as Dean, Faculty of Nursing at the Kerala University of Health Sciences. Closely associated with TNAI, served as Programme Chairperson and Membership Committee Chairperson for one term each, and completed one term as Secretary before stepping down during her second term; a visionary leader and dedicated public servant.



National Treasurer

Mrs. Shiny Chacko Masters in OBG. Serving as Senior Nursing Officer at ESIC Hospital Rohini; more than 30 years of clinical nursing experience. Certified Trainer of Helping Babies Survive (HBS). Completed a six-month Certificate course in Biomedical Waste Management from IGNOU; working as an Infection Control Nurse, also looking after Biomedical Waste Management for the past 11 years. Leadership roles in TNAI include Chairperson of the Membership Committee (2016-20) and Secretary of the TNAI Delhi State Branch (2020-2024). Committed to ensuring financial transparency, accountability, and efficient fund management, if elected as National Treasurer of TNAI.



TNAI Kashmir Branch Election 2024

List of Accepted Valid Nominations

Date: 11th November, 2024

Time: 10:00 AM to 04:00 PM

Venue: Ali Jana hotel and restaurant Bolachipora opposite Haba Khatoon nurses hostel SKIMS Soura, Srinagar- 190011, Jammu & Kashmir.

Sr. No.	Post	Name and Address of the Contestant	Status*
I	State President	Mr. Fayaz Ahmad Wani, TNAI No. 119160, Address: Lane-1, Iqbal Colony Ninety Feet Road Soura, Srinagar- 190011, Jammu & Kashmir.	Declared Elected
II	State Vice President	Mr. Ghulam Ahmad Mir, TNAI No. 173067, Address: Vice Principal, SAM College of Nursing and Paramedical Sciences, Beerwah, Jammu & Kashmir.	
		Mrs. Ishrat Fatima, TNAI No. 75147, Address: Madre-Meharban Institute of Nursing Sciences and Research SKIMS, Soura, Srinagar.	
III	State Secretary	Mrs. Aisha Akhter, TNAI No. 34541, Address: Florence Institute of Paramedical and Nursing, KP Road, Nai Basti, Anantag-192101.	Declared Elected
IV	State Joint Secretary	Mrs. Neelofar Bashir Wani, TNAI No. 106427, Address: MMINSR, Government of Jammu & Kashmir, SK institute of Medical Sciences, Soura, Srinagar-190011.	
		Mrs. Perkash Kaur, TNAI No. 62626, Address: R/O Friend Colony House No 30 Alluchi Bagh Near Khadhi Mill, Jawahar Nagar-, Srinagar- 190008, Jammu & Kashmir.	
V	State Treasurer	Ms. Nighat Ara, TNAI No. 110876, Address: Married Nurses Quarter, F1, SKIMS, Soura, Srinagar.	Declared Elected
VI	State SNAI Advisor	Ms. Rehana Quasar, TNAI No. 199174, Address: Tutor, College of Nursing, Govt. Medical College Srinagar & Associated Hospitals-190010.	
		Ms. Zarifa Bano, TNAI No. 76319, Address: Lecturer (MMINSR), Government of Jammu & Kashmir, SK institute of Medical Sciences, Soura, Srinagar-190011.	
VII	Chairperson- Nursing Education and Research Committee	Mr. Javid Ahmed Mir, TNAI No. 258162, Address: Faculty (Tutor), Govt. Medical College, Baramulla-193101.	
		Ms. Nighat Parveen, TNAI No. 14979, Address: Associate Professor, IBN Sina College of Nursing & Health Science, Ompora Budgam, Kashmir.	
		Mrs. Shabnam Ara, TNAI No. 127761, Address: Govt. AMT School/SMHS Hospital GMC, Srinagar.	
VIII	Chairperson- Programme Committee	Ms. Joziea Farooq Mir, TNAI No. 120869, Address: Govt. Medical College, Baramulla-193101.	

Sr. No.	Post	Name and Address of the Contestant	Status*
		Mrs. Khurshida Akhtar, TNAI No. 110195, Address: Tutor, (MMINSR), Government of Jammu & Kashmir, SK institute of Medical Sciences, Soura, Srinagar-190011.	
		Mr. Mohd Ayubdar, TNAI No. 221454, Address: MMINSR, College of Nursing SKIMS Soura-190011, Jammu & Kashmir.	
IX	Chairperson- Membership Committee	Mrs. Dilshada Rashid, TNAI No. 135905, Address: Nursing Administration, SKIMS Soura, Po Soura, Dist Srinagar- 190011, Jammu & Kashmir.	
		Ms. Shubana Aazmeen, TNAI No. 230400, Address: Ibni Sina College of Nursing Ompara Budgam.	
X	Chairperson- Public Health Nursing Section	VACANT	
XI	Chairperson- Nursing Service Section	VACANT	
XII	Chairperson- Socio-Economic Welfare Committee	Mr. Bikram Singh, TNAI No. 66780, Address: C/O Hilal General Store Gulshan Colony Shalpora Near Crpf Bunker-190009, Jammu & Kashmir.	Declared Elected
XIII	Chairperson- LHV/ ANM Committee	VACANT	

**For all the posts except those marked as “Declared Elected”, due election process by polling of votes will be held as detailed below. With reference to relevant provisions in the bye-laws and executive council decisions, digital Voting will be held for the various posts shown above.

A. Instruction to the Contestants/voters:

1. Only Life Members of TNAI working or residing in Kashmir are eligible to vote.
2. Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.
3. On verification (by any member as per clause 2 above) if a member working or residing in Kashmir finds that his/her membership is enlisted in a different state, they can transfer their membership to Kashmir using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Kashmir. Link: <https://election.tnaionline.org/UpdateData/Index>
4. Request for change of the status of membership (transfer of membership from any state branch to Kashmir) **will be permitted till 8th November, 2024, 4:30 pm after that, any change of address will not be accepted.** After the last date of transfer of membership (08/11/2024), any transfer request will be processed only after the polling and handing over of office bearership to new office bearers.
5. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 08.30 am on 11th November, 2024.** The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative. The prescribed form for the nomination of a representative can be obtained by each candidate from the returning officer. Only a life member of TNAI from the Kashmir branch is eligible to be nominated as a representative of the candidate.
6. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.

7. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only. In any case, they shall not talk to any voter inside the polling station i.e. before/ during/ after casting the vote.

B. Instruction for the voters/contestants for the day of the election

1. Election will be held on **11th November, 2024 from 10:00 am to 04:00 pm at Ali Jana hotel and restaurant Bolachipora opposite Haba Khatoon nurses hostel SKIMS Soura, Srinagar- 190011, Jammu & Kashmir.**
2. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters.
3. The TNAI members intending to vote shall report before 04.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
4. No canvassing is permitted on the day of the election inside the premises where the election is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible. However, she/he shall not show it/ handover it to anyone else and shall dispose of the same in the waste bin placed near the digital voting machine.
5. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
6. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
7. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (10.00 AM to 04.00 PM).
8. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

C. Instructions for Digital Voting

1. Get your queue token number at the entrance gate.
2. Line up outside the polling station according to your token number.
3. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
4. You will receive two QR code slips with your TNAI membership number, name, and state.
5. At the verification counter, scan your QR code. The polling officer will verify it, mark your index finger with indelible ink, and collect one copy of the QR code slip.
6. The ballot paper will be displayed on the computer screen.
7. Click on the candidate's photo for each post by scrolling through the options. Select the candidates you wish to vote for.
8. After selecting candidates for all posts, click the final submit button.
9. A confirmation of your vote submission will be displayed on the screen and sent to your email. Click OK.
10. Leave the polling station.

By:

Mr. Abdul Rashid Dar, Returning Officer- TNAI Kashmir Branch Election, C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.
Email Id: tnaielections@gmail.com

Report on the Felicitation Ceremony of the National Florence Nightingale Awardees 2024

The Trained Nurses' Association of India (TNAI) hosted a grand Felicitation Ceremony to honor the National Florence Nightingale Awardees for the year 2024. The event took place on 11th September 2024 at The Royal Plaza, Connaught Place, New Delhi, from 1:00 pm to 3:00 pm, with the presence of esteemed guests, dignitaries, senior nursing leaders, and nursing professionals from various sectors.



The ceremony began with a prayer song, seeking the blessings of the Almighty, followed by the traditional lighting of the lamp by the dignitaries. This symbolic act brightened the atmosphere and set the tone for the event. Mrs. Annie Kumar, National Vice President (North Region), delivered the welcome address, extending heartfelt congratulations to the awardees and expressing gratitude to the dignitaries and guests for their presence in this momentous celebration.

Mrs. Evelyn P. Kannan, Secretary General of TNAI, honored Prof. (Dr.) Roy K George, National President of TNAI, with the ceremonial chain. In her address, she highlighted the ongoing initiatives of TNAI and shared a brief update on the National Nursing Museum, showcasing the association's dedication to preserving the history and achievements of the nursing profession.

In his presidential address, Prof. (Dr.) Roy K George congratulated the awardees and emphasized the significance of the National Florence Nightingale Award, which recognizes the exemplary contributions of nurses in transforming healthcare. He proudly noted TNAI's role in advocating for this prestigious award, which is presented by the President of India, a remarkable achievement for the association.

Distinguished Guest of Honour, Ms. Deepika Kakaha, addressed the awardees, encouraging them to mentor and guide younger generations towards delivering quality healthcare. She urged them to serve as ambassadors for excellence and continue inspiring the nursing fraternity.

The President of the Indian Nursing Council (INC), Mr. T. Dileep Kumar, congratulated the awardees and reflected on the inception of the award, presented at Rashtrapati Bhavan, which fills the recipients with a deep sense of pride. He stressed the importance of continuing this tradition and provided updates on the progress of the Critical Care Independent Nurse Practitioner course. He also expressed his gratitude to Ms. Hekali, Additional Secretary to the Ministry of Health and Family Welfare, for securing an increase in the cash prize for the awardees from ₹50,000 to ₹1,00,000.

Mrs. Sanghamitra Sawant, Deputy Secretary General of TNAI, read out the citations for each awardee, while Mrs. Bamra Pritipal, Honorary Treasurer of TNAI, concluded the ceremony by extending congratulations to the awardees and expressing her appreciation to the dignitaries and guests for their presence.

The event was skillfully managed by Dr. Jeany Kemp, National Vice President (South Region), who served as the Master of Ceremonies, ensuring a smooth flow of proceedings. The ceremony concluded with the National Anthem, followed by a delightful lunch, offering the awardees and guests an opportunity to interact and celebrate together.

This celebration of nursing excellence truly reflected TNAI's commitment to recognizing and promoting the invaluable contributions of nurses across the country.

Citations of Florence Nightingale Awardees 2024

Ms Sheela Mondal

Auxiliary Nurse Midwife (ANM), Primary Health Centre (PHC), Garacharma, South Andaman, Andaman & Nicobar Islands

Ms Sheela Mondal, ANM is currently working in Primary Health Centre, Garacharma in South Andaman with a total of 25 years of service. While serving in difficult villages of Andaman & Nicobar Islands, she had to travel by land, air and boat and specially during Covid, she had to pass through deep waters and dense forests. She was instrumental in saving many lives by ensuring safe transport to her patients with complicated labour. She has achieved 100% vaccination status in the remotest villages by organizing camps and door-to-door vaccination.

Ms Sheela Mondal has received certificate of commendation for her outstanding services.



Ms. Iken Lollen

Auxiliary Nurse Midwife (ANM), District Hospital Seppa, Arunachal Pradesh

Ms Iken Lollen, ANM has a total of 39 years of service. She has served the hilly and tribal population of Arunachal Pradesh. She has passionately participated in immunization. She is highly dedicated and actively involved in all the fields of healthcare particularly in maternal and child health and family planning services.

Ms Iken Lollen has received many awards and certificates of appreciation for her outstanding services.



Ms Vidjeyacoumary V

Auxiliary Nurse Midwife (ANM, Primary Health Centre, Thavalakuppam, Puducherry

Ms Vidjeyacoumary V is currently working in Primary Health Centre, Thavalakuppam, Puducherry as ANM and has a total of 28 years of service in rural community. Her significant contributions in the centre as well as Covid management services are noteworthy and commendable. She has attended numerous training programs to update her knowledge to provide comprehensive and meritorious services. She is known for her voluntary social service activities in the community.



Ms. Januka Pandey

Auxiliary Nurse Midwife (ANM), Damthang Health & Wellness Centre, Namchi District, Sikkim

Ms. Januka Pandey is serving as a Senior ANM in Damthang Health & Wellness Centre, Namchi District, Sikkim. She has rendered 31 years of service to tribal population in a hilly State with utmost dedication and zeal. Her punctuality is commendable. Her Initiatives in implementation of RNTCP, have increased the health seeking behaviours of the public by eliminating the stigma of TB patients.

Ms. Januka Pandey has received certificates of appreciation for her outstanding performance in the overall activities of her centre as well as Covid related activities by the Government of Sikkim.



Ms. Anindita Pramanik

Auxiliary Nurse Midwife (ANM)/ Female Health Assistant, Janardanpur Health & Wellness Centre, Under Changual Block Primary Health Centre, Paschim Medinipur, West Bengal

Ms. Anindita Pramanik, Female Health Assistant works in the Janardanpur Health & Wellness Centre under Changual Block Primary Health Centre, West Bengal. She is highly committed to her work and has 14 years of service. She is a trained yoga practitioner. She has completed PG Diploma in Disaster Management. She has additional qualification in IT and Chemistry. She is involved in a research project on Covid and has written an e-book on teenage pregnancy.

Ms. Anindita Pramanik, is well appreciated for her services at the centre including Covid-19 related activities.



Ms. Brahmacharimayum Amusana Devi

Lady Health Visitor (LHV), Female Health Supervisor UPHC, Minuthong, Health & Wellness Centre, Imphal East, Manipur

Ms. Amusana Devi is currently working as Female Health Supervisor in UPHC, Minuthong, Health and Wellness Centre of Imphal East, Manipur. She served the tribal people of Manipur for 34 years with dedication and compassion. She provided door-to-door palliative care to the aged. She has administered Covid vaccine to over 20,000 people and was highly appreciated for her sincere and outstanding contributions as frontline health worker in providing Covid-19 care.



Ms. Amusana Devi has received many certificates of appreciation for her meritorious services and awards by government and external agencies at both district and State level.

Maj Gen Ignatius Delos Flora

Additional DGMNS, IHQ of MoD (Army), AG's Branch, Defence Offices Complex, KG Marg, New Delhi

Maj Gen Ignatius Delos Flora is presently serving as Additional Director General, Military Nursing Services. In her tenure of 39 years in MNS, she has worked as clinical nurse, educator and administrator. Her vibrant work ethics, professionalism, commitment to excellence and leadership skills have enabled her to maintain high quality of military nursing standards. She is an asset in crisis management that is characterized by quick decisions, and strategic planning. She relentlessly reviewed the policies for improvement in nursing practices, education and research. Her commitment to staff welfare is commendable.



Maj Gen Ignatius Delos Flora is a recipient of various awards and appreciation letters.

Ms. Prem Rose Suri

Assistant Nursing Superintendent (ANS), Safdarjung & VMMC Hospital, Ansari Nagar, New Delhi

Ms. Prem Rose Suri, qualified B.Sc. nurse works currently as Assistant Nursing Superintendent (ANS) at Safdarjung & VMMC Hospital, New Delhi and has 35 years of experience. She is a dependable staff with good leadership skills and IPR. She served as infection control nurse before promotion as ANS. She was instrumental in revision of infection control policies and was involved in quality improvement. She has contributed significantly during Covid, in training and implementation of polices.



Ms. Prem Rose Suri was appreciated for her outstanding contributions.

Dr. Tabasum Irshad Handoo

Staff Nurse, Sher-i-Kashmir Institute of Medical Sciences (SKIMS), Soura, Srinagar, Jammu & Kashmir

Dr. Tabasum Irshad Handoo, qualified PhD, has 25 years of experience as Staff Nurse in SKIMS, Srinagar, Kashmir. She is working as Infection Control Nurse. She performed excellently during Covid pandemic. She was instrumental in setting up stoma clinic, worked as a stoma nurse, and conducted many CNEs. Her performance during devastating floods was commendable. As a bedside nurse she demonstrated dedication and zeal. She has many research publications in national and international journals.



Dr. Tabasum Irshad Handoo has received many local awards for her contribution by local health authorities.

Dr. Nagarajaiah

Retired Additional Professor, Department of Nursing, NIMHANS, Bengaluru, Karnataka

Dr. Nagarajaih, qualified Ph.D., has 45 years of professional experience. He is a dynamic teacher, leader, practitioner and researcher. He developed a feasibility study on identification and management of neuro-psychiatric disorders in 108 villages in Rural Community Mental Health Centre, NIMHANS. He developed a home care program through nurse therapist for the management of schizophrenic patients. He prepared many training modules and manuals for students and teachers. He was co-author of many books and published over hundreds of articles in national and international journals.



Dr. Nagarajaiah is a recipient of various awards including best teacher award for his outstanding and meritorious services.

Ms. Shamshad Beegum A

Nursing Officer, Indira Gandhi Hospital, Kavaratti, Lakshadweep

Ms. Shamshad Beegum, a qualified GNM is working as Nursing Officer in Indira Gandhi Hospital, Kavaratti, UT of Lakshadweep with 23 years of experience. She has prior experience in PHC and CHC. She is a dedicated and humane person and has performed life-saving breech delivery. She has attended many CNE programs. She is involved in rendering services to bed-ridden patients, cancer patients and terminally ill patients beyond her duty hours. She has participated in all national health programs.



Ms. Shamshad Beegum has received letters of appreciation from various health authorities.

Ms. Asha Wamanrao Bawane

Public Health Nurse (PHN), Government Medical College & Hospital, Chandrapur, Chhota Bazar, Maharashtra

Ms. Asha Wamanrao Bawane, Public Health Nurse (PHN), is working in Government Medical College & Hospital, Chandrapur, Chhota Bazar, Maharashtra. She has 28 years of experience of which 20 years are in tribal region. Her contributions during diarrheal outbreak, and Haj pilgrimage vaccination were appreciated. She was involved in all national health programs. She has attended many CNE programs.



Ms. Asha Wamanrao Bawane was appreciated for the best work done in relation to vaccination particularly Covid.

Ms. H Mankimi

Ward Superintendent (Senior Nursing Officer), District Hospital, Serchhip, Mizoram

Ms. H Mankimi, is serving presently as Ward Superintendent, District Hospital, Serchhip, Mizoram. As a staff nurse for 35 years, she has worked in many wards mostly in maternity wards. She is devoted and sincere in her work. In the absence of medical personnel, she was able to manage complicated deliveries and has saved the lives of many mothers. She is an exceptional midwife with the wealth of expertise and proficiency in various delivery techniques. She has attended many national level training programs.



Ms. H Mankimi has received many letters of appreciation for her significant contributions.

Ms. Sanjukta Sethi

Nursing Officer, District Headquarter Hospital, Malkangiri, Odisha

Ms. Sanjukta Sethi, with a total of 30 years of experience in tribal dominated district of Odisha is working currently as Nursing Officer/OT In-charge Sister in District Headquarter Hospital, Malkangiri, Odisha. She is a district trainer and mentor for SBA and Dakshya programs. She is also a member of district quality assurance team and district headquarter biomedical waste supervisor. Her exemplary skills of saving lives of massive accident victims were highly appreciated. Her dedication, skill and patient satisfaction are commendable.



Ms. Sanjukta Sethi has received appreciation for saving victims of massive accident victims.

Mr. Radhey Lal Sharma

Senior Nursing Officer, Sawai Man Singh Hospital, Trauma Centre, Tonk Road, Jaipur, Rajasthan

Mr. Radhey Lal Sharma, Senior Nursing Officer, at Sawai Man Singh Hospital, Trauma Centre, Rajasthan has over three decades of experience. He consistently exhibited professionalism, and unwavering commitment to patient care with compassion in neurosurgery critical care. He is a trained organ transplant coordinator with excellent skills of advocacy and motivation. He also inspires and mentors her colleagues. He was instrumental in developing effective safety and resource management protocols. He trains the community in CPR through outreach programs.



Mr. Radhey Lal Sharma has received letters of appreciation and State level award for his significant contributions that includes his excellence in Covid care.

LOST & FOUND

It is to bring to notice of all concerned that I, Dr Tulshi Shringi, lost all my original educational documents issued by Mid India Board of Education of NL of CMAI Nagpur, on 18 June 2022 including GNM mark sheets. I had completed GNM training from Holy Cross College of Nursing, Ambikapur, district Surguja (CG) from 1998 to 2001. The same are untraceable despite all my efforts.

Mrs Tulshi Shringi
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बहुत ही नेक काम है अंग दान: सभी समुदायों-पंथों में देने का कठमुक्त से गुणगान किया जाता रहा है। इससे बड़ा दान क्या होगा जब आपके दिए से किसी को दिखने लगे या किसी मरणासन्न हृदय धड़कने लगे या उसकी खराब किडनी कार्य करने लगे। इन पांच अंगों का प्रत्यारोपण प्रायः किया जाता है—किडनी, लीवर, हृदय, फेफड़े और अग्न्याशय (पैंक्रियाज)। किडनी की मांग सर्वाधिक है। प्रत्यारोपित किडनी नौ वर्ष तक बखूबी कार्य करती है और एक किडनी देने के बाद भी दाता का जीवन प्रभावित नहीं होता। एक जीवित व्यक्ति के लीवर का अंश दो व्यक्तियों को प्रत्यारोपित कर सकते हैं। कालांतर में लीवर रीजेनरेट हो कर सामान्य आकार का हो जाएगा। लीवर की भांति पैंक्रियाज का आंशिक दान किया जाता है। विरल मामलों में आंत का हिस्सा भी प्रत्यारोपित किया जाता है। अंगों के अलावा खासी मांग वाले ऊतक, रक्त या स्टेम सेल, प्लेटेलेट, हड्डियां, त्वचा, हृदय के वॉल्व, नसें दान किए जाते हैं। कोर्निया यानी आंख के आवरण की पारदर्शी परत मृत्यु के 24 घंटे में दान देने से दो नेत्रहीनों का जीवन रोशन हो सकता है। दुर्घटनाग्रस्त लावारिस लाश से अंग नहीं निकाले जा सकते। अंगदान की पूर्वघोषणा के बावजूद मृत व्यक्ति के निकटतम संबंधी की दोबारा अनुमति अनिवार्य है। अंगदान की आयुसीमा नहीं है। देश में अंगदान प्रक्रिया को संचालित करने का जिम्मा राष्ट्रीय अंग और ऊतक संगठन (नोट्टो) का है। प्रतिवर्ष 13 अगस्त को मनाए जाने वाले विश्व अंगदान दिवस के अवसर पर जनस्वास्थ्य के हित में अंगदान की अहमियत और प्रक्रिया के बाबत लोगों को जागरूक किया जाता है।
— हरीश बड़थवाल के ब्लॉग (bluntspeaker.com) के आलेख “भारत में हर वर्ष होती है दो लाख किडनी, 50 हजार हृदय ... की दरकार” से साभार।

TNAI BULLETIN

Monthly Newsletter of

The Trained Nurses' Association of India

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