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THE TRAINED NURSES' ASSOCIATION OF INDIA

# TNAI BULLETIN



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## Advancing Nursing Excellence: A Milestone for TNAI

As we step into February, we reflect on the remarkable strides made by TNAI in advancing nursing education, innovation, and professional well-being. The recent initiatives launched by TNAI, in line with the decisions of the National Executive and TNAI Council, mark a significant leap towards strengthening the nursing profession in India.

One of the most notable achievements is the establishment of the **National Advanced Nursing Simulation Centre**, featuring a state-of-the-art **Reproductive, Maternal, and Neonatal High-Fidelity Simulation Lab**. This facility will provide hands-on, immersive training for nursing professionals, ensuring they are equipped with the skills required to handle real-world challenges with confidence and expertise.

In a heartfelt tribute to the Covid martyrs, TNAI has set up the **COVID-19 Martyrs' Memorial Pillar** at its Greater Noida premises. Here, the names of our brave nursing professionals, who selflessly served and sacrificed their lives during the pandemic, have been engraved alongside their respective states. This memorial stands as a testimony to their courage, dedication, and unwavering commitment to humanity.

The virtual inauguration of these initiatives by the **National Executive and Council Members on 3 December 2024**, was a proud moment for TNAI. During the meeting, a significant decision was also taken to establish **TNAI-TATA Trust collaboration** to enhance the safety and welfare of nurses, a partnership that promises to bring meaningful and impactful changes in the field of Nursing including ensuring security of our nursing personnel at work place.

Looking ahead, we are excited to announce that the forthcoming **SNAI Biennial Conference** will be held in **November or December 2025** under the theme '**Learning Today, Leading Tomorrow: The Journey of Nursing Students.**' This event will serve as a crucial platform for future nursing leaders to engage, learn, and prepare for the evolving healthcare landscape.

Furthermore, the transition of leadership was marked by a meeting between the **incoming and outgoing office bearers of TNAI**, ensuring continuity, vision, and commitment towards TNAI's mission. We extend our best wishes to the newly elected office bearers as they take charge and lead TNAI towards greater heights.

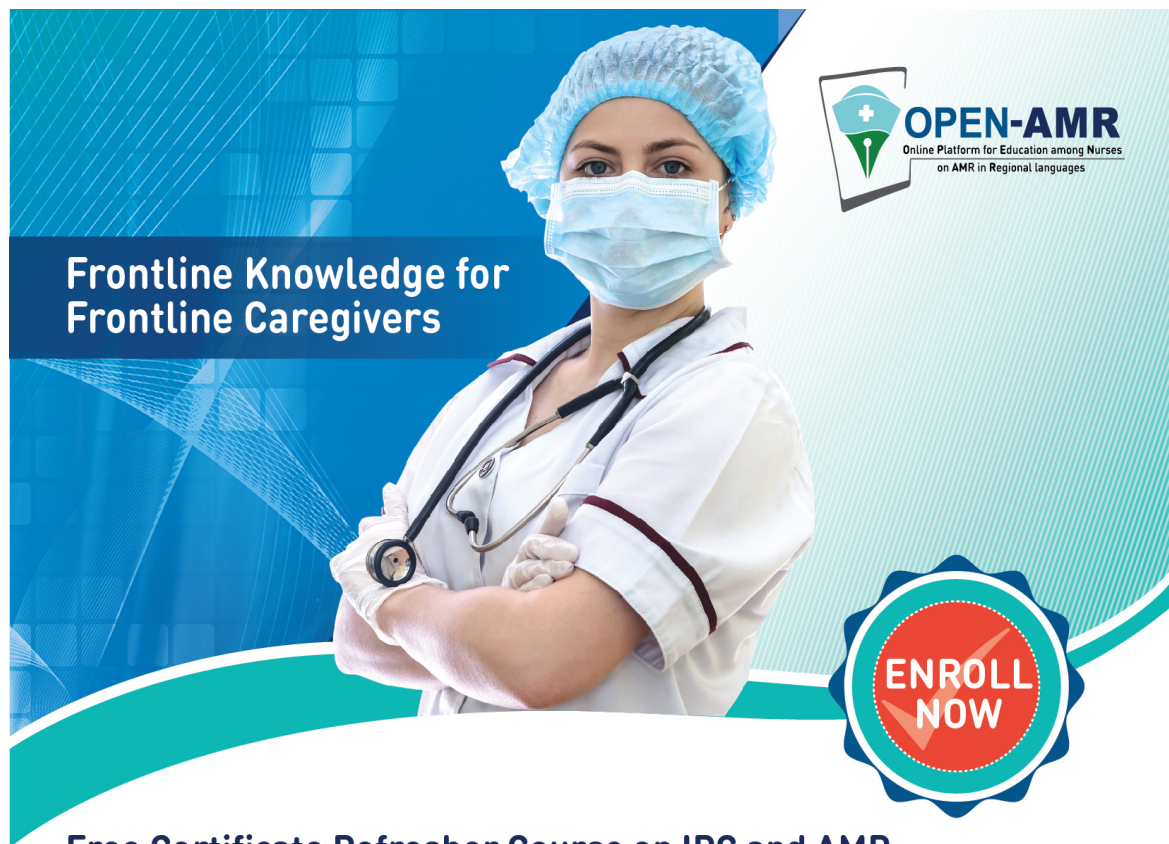
We also express our heartfelt gratitude to the outgoing office bearers for their dedicated service, invaluable contributions, and unwavering commitment. Their efforts have strengthened TNAI's mission, and we deeply appreciate their leadership and hard work in advancing the organisation.

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As we move forward, let us remain steadfast in our pursuit of excellence, innovation, and advocacy for the nursing profession. Together, we will continue to strengthen our community, empower our nurses, and uphold the highest standards of patient care.

**Evelyn P Kannan**  
Chief Editor & Secretary General, TNAI



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# National Presidential Address

## During the 78th TNAI National Conference “A Legacy of Progress: Reflecting on Six Years of Milestones”

### Dear Delegates and Members of the TNAI Family

As we gather for the 78th Trained Nurses’ Association of India (TNAI) National Conference, I am filled with immense pride and gratitude as we reflect on the transformative journey of the past six years. Together, we have navigated challenges, celebrated milestones, and strengthened the foundation for the future growth and development of TNAI and the nursing profession. This remarkable progress has been possible due to the unwavering support of our members, the steadfast commitment of our National Officers, National executives, Executive and Council members state branches, and the tireless dedication of the TNAI staff.

We are very happy to have the ministry for health of Punjab State Branch with us on this inaugural function. His concern for nursing profession is really reflected in his promise of allotment of land for establishing & TNAI simulation lab in Punjab State. We are sure that with his dynamic leadership and effective administration health services of Punjab State are in safe hands and we salute you for gracing this occasion.

Guest of Honour our INC President Dr T. Dileep Kumar and Nursing Advisor Dr Deepika Khakha two pillars of Nursing in India are here to bless this occasion.

Established in 1908, TNAI stands as the oldest and largest organization of nurses in India, committed to upholding the dignity and welfare of nursing professionals while fostering excellence in nursing education, research, and practice. With over a century of legacy, TNAI has remained a beacon of empowerment, driving change and innovation in the healthcare landscape of India and beyond. As we celebrate the achievements of these six transformative years, I present a summary of the key milestones that have shaped our journey:

### Groundbreaking Achievements

#### Renovation of TNAI Headquarters

For the first time in TNAI’s history, the Headquarters building underwent a significant renovation. The dedication of the renovated building to the memory of COVID martyrs symbolizes our deep respect for healthcare workers who made the ultimate sacrifice during the pandemic.

#### Establishment of the National Nursing Museum

We launched India’s first high-tech National Nursing Museum, a historic milestone that honors and preserves the rich legacy and contributions of nursing professionals to the nation’s healthcare system.

#### Digital Innovations and Learning Management System (LMS)

- Launched a robust LMS platform, equipping healthcare professionals with essential training modules during the COVID- 19 crisis.
- Developed a dedicated portal for the Nursing Journal of India to enhance accessibility to scholarly resources and foster research.

#### Revitalizing Inactive State Branches

- Revitalized branches in Chandigarh, Puducherry, Rajasthan, and Sikkim, ensuring TNAI’s active presence across all states and union territories except Tripura.

#### Infrastructure Development

- Acquired land for state branch offices in Arunachal Pradesh, Odisha, Mizoram, Kerala, and West Bengal.
- Renovated the Telangana office and initiated construction of the Odisha office building, which is nearing completion.

## Advancing the Profession and Membership

### Capacity Building and Skill Development

- E-Learning Revolution: Collaboration with WCEA benefitted over 2 lakh nurses and students, enhancing their knowledge and skills.
- Skill-Building Workshops: Conducted workshops in partnership with WHO to enhance nursing competencies.

### High-Fidelity Simulation Labs

- Established a state-of-the-art lab at the Greater Noida campus.
- Planned five regional labs to provide advanced clinical training.
- Partnered with Ebek Language Laboratories Pvt. Ltd. to establish an Occupational English Test (OET) Centre and conducted OSCE workshops for nursing faculty.

### Membership Growth

TNAI has witnessed exponential membership growth, reflecting the trust and confidence placed by the nursing community in our vision and initiatives.

### Empowering Members and Welfare Initiatives

#### Scholarship and Grants

- Provided 1,900 scholarships worth ₹4.5 crore to nursing students and members.
- Introduced Critical Care and Medical Care Grants for nurses requiring financial assistance.
- Launched the Nurses Sustenance Allowance Grant to support nurses facing financial challenges.
- Distributed ₹5,00,000 each as Personal Accident Death Insurance to the families of four student nurses.

#### COVID-19 Response

- Distributed masks and flood relief funds to nurses across the country.
- Established a COVID-19 Martyr Pillar to honor the memory of 128 nurses who lost their lives during the pandemic.

#### Enhancing Visibility and Recognition

- Strengthened TNAI's presence in print, television, and social media, amplifying the voice of nurses.
- Earned prestigious awards and honors, including
- **Indira Gandhi Peace Award (2023):** A monumental recognition of TNAI's outstanding contributions to healthcare, this prestigious award is a testament to the association's unwavering commitment to advancing the nursing profession and championing health equity. The award reflects our transformative role in empowering nurses, fostering professional excellence, and driving impactful healthcare initiatives that contribute to the welfare of society at large. Receiving this award not only celebrates TNAI's legacy but also reinforces the importance of nursing in building a healthier nation.
- **Astitva Samman Award (2021)** for exceptional contributions to nursing.
- **COVID Champion Healthcare Workers Award** by CNBC for exemplary service during the pandemic.

#### Gratitude and Vision

As we conclude this extraordinary six-year journey, I extend my heartfelt gratitude to the Core Action Committee Members, National Executive & Council Members, the House of Official Representatives, state branches, and all TNAI members. Your dedication, passion, and collaborative spirit have set benchmarks of excellence that will inspire the future of nursing in India.

Let us move forward with renewed passion, striving to drive innovation, uphold the highest standards of nursing practice, and ensure that the profession continues to evolve as a cornerstone of the nation's healthcare system. Together, we can and will shape a brighter future for the nursing profession and the communities we serve.

Warm regards, National President  
The Trained Nurses' Association of India (TNAI)

## HONOURING THE PAST, SHAPING THE FUTURE: INCOMING AND OUTGOING OFFICE BEARERS MEET

The Transition Meeting of the Incoming (2025-2028) and Outgoing (2019-2024) Office Bearers was held at the TNAI Headquarters in New Delhi on January 27, 2025. The session commenced with a prayer song, setting a solemn and respectful tone for the proceedings.

Key reports were presented by Mrs. Evelyn P. Kannan, Secretary-General, Mrs. Sanghamitra Sawant, Deputy Secretary-General, Mr. Ajinas A. M., Assistant Secretary-General, Mrs. S. Vatchala Dhinakaran, Assistant Secretary-General, and Mr. Srivadas K., Accounts Officer. These reports highlighted the achievements and progress of last six years in various operational areas, including Membership, Recruitment, IT Cell, SNAI, Publications, PRIM Administration, and Accounts. The session also featured a reflective discussion on the past six years at TNAI Headquarters, a period marked by significant growth, challenges, and invaluable learning experiences.



A specially curated video capturing the reminiscences of the past six years was presented, evoking a sense of nostalgia among all attendees.

Prof. (Dr.) Roy K. George, the Outgoing National President, delivered his Presidential Address, acknowledging the milestones achieved during his tenure. He extended heartfelt gratitude to the esteemed team, including Mrs. Susan Tada, National Vice President (Northeast Region), Mrs. Swapna Joshi, National Vice President (West Region), Dr. Jaeny Kemp, National Vice President (South Region), Mrs. P.K. Bamra, National Treasurer, Mrs. Annie Kumar, National Vice President (North Region), and Mrs. Anita Deodhar, Former President of TNAI. He appreciated their constant support in spearheading numerous initiatives within TNAI. He also expressed his deep appreciation for the unwavering commitment and dedication of the entire TNAI staff, emphasizing that their collective efforts were instrumental in achieving the organization's objectives.

Dr. Roy, along with his team, formally welcomed the newly elected office bearers:

- **Mrs. Annie Kumar** – National President
- **Mr. Dipkamal B. Vyas** – National Vice President (West Region)
- **Dr. Bajji Valli** – National Vice President (South Region)
- **Prof. Thoudam Nandarani Devi** – National Vice President (North East Region)
- **Dr. Abhilekha Biswal** – National Vice President (East Region)
- **Dr. Shiny Chacko** – National Treasurer

In her address, the Incoming National President, Mrs. Annie Kumar, expressed her sincere appreciation for the commendable work done by the outgoing team. She acknowledged the invaluable lessons she had learned as a Vice President under the leadership of Dr. Roy K. George and the outgoing team. She particularly praised Dr. Roy for his strong and visionary leadership throughout his tenure and requested his continued guidance and support for the years to come.

Mrs. Annie Kumar reaffirmed her commitment to upholding the association's core values and pledged to execute her responsibilities with integrity and dedication, working collaboratively with her team to further the mission of TNAI.

The session concluded with a vote of thanks delivered by Mrs. Evelyn P. Kannan, Secretary-General of TNAI. She extended a warm welcome to the newly elected office bearers and commended the outgoing team for their exemplary leadership, unwavering dedication, and significant contributions over the past six years. Special recognition was also given to all Core Action Committee members, National Executive Members, Council Members, House of Delegates (2022), House of Representatives (2024), and all other committee members for their invaluable support. This meeting occasion, symbolizing the celebration of past achievements and the promising future for TNAI.

## TNAI Karnataka State Branch Election 2025

**Date:** 12<sup>th</sup> March, 2025 (Wednesday)

**Time:** 10:00 am to 5:00 pm (10 am to 11 am General Body Meeting. 11 am to 5 pm Polling)

**Venue:** Neutral Center Panjarapole Samasthe's Shri Gouri Shankar Kalyan Mantap Near Engineering College, Vidyagiri Bagalkot, Karnataka-587102

Sr. No.	Post	Name and Address of the Contestant	Status
I	State President	Dr Deelip Somaning Natekar, <b>TNAI No.</b> 176808, <b>Address:</b> Principal, BVVS Sajjalashree Institute of Nursing Sciences, SNMC Campus, Navanagar, Bagalkote, Karnataka-587103	Declared Elected*
II	State Vice President	Dr Mahesha P., <b>TNAI No.</b> 141322, <b>Address:</b> Mudalapura, Chamarajanagara (TQ & Dist.) Karnataka - 571313	Declared Elected*
III	State Secretary	<b>Vacant**</b>	
IV	State Joint Secretary	Mr. Venkatesh Murthy J., <b>TNAI No.</b> 74643, <b>Address:</b> Assistant Professor, ESIC College of Nursing, #70, Appareddy Palya, 7 <sup>th</sup> Main, Indiranagar, Bangalore, Karnataka-560008	Declared Elected*
V	State Treasurer	<b>Vacant**</b>	
VI	State SNAI Advisor	Dr K Ramu, <b>TNAI No.</b> 94181, <b>Address:</b> Principal, R. R. College of Nursing, Chikkabanavara, R R Layout, Bangalore, Karnataka – 560090	Declared Elected*
VII	Chairperson- Nursing Education and Research Committee	Dr Leena K C, <b>TNAI No.</b> 75229, <b>Address:</b> Principal, Yenepoya Nursing College & Dean, Faculty of Nursing, Yenepoya University, Deralakatte, Karnataka 575018	Declared Elected*
VIII	Chairperson- Programme Committee	Dr Sanjay Mallappa Peerapur, <b>TNAI No.</b> 94319, <b>Address:</b> KLES Staff Quarters, A-8, J. G. College of Commerce Campus, Vidyanagar Hubballi – 580021, Karnataka.	
		Mr. Nandaprakash P., <b>TNAI No.</b> 78416, <b>Address:</b> Professor & Principal, Govt. College of Nursing, Mysore Medical College, Irwin Road, Mysore, Karnataka – 570001.	
		Dr. Sriharsha C, <b>TNAI No.</b> 237046, <b>Address:</b> Professor & HOD, BVVS Sajjalashree Institute of Nursing Sciences, Navanagar, Bagalkote, Karnataka-587103.	
IX	Chairperson- Membership Committee	Dr. Somashekarayya Kalmath, <b>TNAI No.</b> 263816, <b>Address:</b> KLES Institute of Nursing Sciences, Vidyanagar, Hubballi, Karnataka.	
		Prof. (Dr) Thippeswamy T. M. J., <b>TNAI No.</b> 112281, <b>Address:</b> S/O Jayanna T. M. #147, Near Govt. School Hiretogaleri, Davanagere, Karnataka – 577514	
X	Chairperson- Public Health Nursing Section	Mrs. C. D. Sunanda, <b>TNAI No.</b> 270308, <b>Address:</b> Senior Primary Health Care Officer, Taluk Health Office, Chamarajanagar, Karnataka.	Declared Elected*

Sr. No.	Post	Name and Address of the Contestant	Status
XI	Chairperson- Nursing Service Section	<b>Vacant**</b>	
XII	Chairperson- Socio-Economic Welfare Committee	Prof. (Dr) G S Shashidhara, <b>TNAI No.</b> 102449, <b>Address:</b> Principal, Gopala Gowda Shanthaveri, T N Pura Road, Mysore, Karnataka	
		Dr. B.A. Yathi Kumara Swami, <b>TNAI No.</b> 42999, <b>Address:</b> Principal & Professor, Alva's College of Nursing Alva's Health Centre, Moodabidri D.K. Karnataka – 574227.	
		Dr. Sarvamangala S, <b>TNAI No.</b> 49652, <b>Address:</b> Dr. K Ramu S/O K Narasarah, Sira Road, Opp. To DC Bungalow, Tumkur, Karnataka - 572106.	
		Dr V. G. Veeresh, <b>TNAI No.</b> 184496, <b>Address:</b> Govt. College & College of Nursing, KMCRI (Former KIMS), Hubli, Vidyanagar – 580021, Karnataka.	
		Prof. Vijayaraddi Vandali, <b>TNAI No.</b> 264733, <b>Address:</b> C/o Basanagoud Vandali, H. No. 134, Disha Layout, Marthur Road, Kesaratgi Kalaburagi-585105, Karnataka	
XIII	Chairperson- LHV/ ANM Committee	<b>Vacant**</b>	

- A. \*Election will be conducted digitally for all the posts except those marked as “Declared Elected”.
- B. \*\*An open election will be conducted for the vacant positions.
- C. Vacant positions for the open election:
- i. Secretary
  - ii. Treasurer
  - iii. Chairperson- Nursing Service Section
  - iv. Chairperson- LHV/ANM Committee
- D. Common Eligibility criteria for contesting above mentioned post (i to iv):
- i. Any candidate filing nomination for Karnataka Offices should have completed a minimum of 05 years of membership in TNAI.
  - ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
  - iii. Any member holding the highest nursing position (Education/Service) in the State (Government/Regulatory/ Statutory bodies) is not eligible to contest for the Karnataka Offices of TNAI.
  - iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest Karnataka offices.
  - v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
  - vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
  - vii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.

- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Karnataka ie, TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

**E. Eligibility criteria for submitting nominations for each post in open election:**

**i. Secretary**

- a. Any life member of TNAI working and residing in Karnataka State branch and who served as State executive for **one term (04 Years)** at any time in the State/UT is eligible to contest for the post of Secretary of the Karnataka State Branch.
- b. The office of the Secretary is reserved for **female TNAI life members only**

**ii. Treasurer**

- a. Any life member of TNAI working and residing in Karnataka State branch with **05 years of TNAI membership** may submit a nomination for the post of Treasurer of the Karnataka State Branch.
- b. The office of the Karnataka State Branch Treasurer is reserved for **female TNAI life members only**

**iii. Chairperson- Nursing Service Section**

- a. Any life member of TNAI working and residing in Karnataka State branch with **05 years of TNAI membership** may submit a nomination for the post of Chairperson- Nursing Service Section of the Karnataka State Branch.
- b. The office for the Karnataka State Branch Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and **working in a hospital/clinical setting.**

**iv. Chairperson- LHV/ANM Committee**

- a. Any associate life member of TNAI working and residing in Karnataka State branch **with 05 years of TNAI membership** may submit a nomination for the post of LHV/ ANM of the Karnataka State Branch.
- b. The office of the Karnataka State Branch LHV/ ANM is reserved for **female TNAI associate life members only.**

**F. How to file the Nomination for Open election**

- i. The open election will be conducted on 12-03-2025 along with the scheduled Karnataka State branch Election
- ii. Nomination sheet is available in the TNAI national and the Karnataka TNAI State Website.
- iii. Eligible members for the open positions are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Karnataka State branch at the election venue on 12-03-2025 on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. A copy of the working and residing proof shall be submitted along with the nomination
- vii. A copy of the employment proof shall be submitted by the eligible candidates contesting for **Chairperson- Nursing Service Section and Chairperson- LHV/ANM Committee.**
- viii. All valid nominations for the State Branch Secretary will be included in the Electronic voting device.
- ix. For other 04 vacant offices the names of the **three members having the highest number of nominations** only will be included in the Electronic voting device



- x. The RO shall declare the open election during the General Body Meeting (GBM) be held between 10-11 AM on 12-03-2025.
- xi. If only one nomination, then it shall be declared as Elected by the Returning officer.
- xii. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

#### G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on 12-03-2025**. The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI national and Karnataka State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Karnataka branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

#### H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Karnataka are eligible to vote.
- ii. Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Karnataka finds that his/her membership is enlisted in a different state, they can transfer their membership to Karnataka on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Karnataka. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Request for change of the status of membership (transfer of membership from any state branch to Karnataka) **will be permitted till 09/02/2025, 4:30 pm after that, any change of address will not be accepted.**
- v. Election will be held on **12-03-2025 from 11.00 am to 05:00 pm at Neutral Center Panjarapole Samasthe's Shri Gouri Shankar Kalyan Mantap Near Engineering College, Vidyangiri Bagalkot, Karnataka-587102.**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.

- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the election day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

#### I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting
- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.
- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then directed to the digital polling station which is available
- ix. The voters shall enter the QR code Token number in the digital voting screen
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Scroll through the options in the digital voting machine and click on the contestant's photo for each post
- xii. After selecting candidates for all posts, click the final submit button.
- xiii. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email.
- xiv. Leave the polling station quietly.

**By:**

**Dr. K Reddemma, Returning Officer- TNAI Karnataka Branch Election,  
C/o The Trained Nurses' Association of India, L-17,  
Florence Nightingale Lane, Green Park Main, New Delhi- 110016.  
Email Id: [tnaielections@gmail.com](mailto:tnaielections@gmail.com)**

## TNAI Odisha State Branch Election 2025

**Date:** 23rd March, 2025 (Sunday)

**Time:** 10:00 am to 5:00 pm (10 am to 11 am General Body Meeting. 11 am to 5 pm Polling)

**Venue:** IMA HOUSE, Capital Hospital Campus, Unit-6, Bhubaneswar, Odisha -751001

Sr. No.	Post	Name and Address of the Contestant	Status*
I	State President	Dr. Anasuya Pattanayak, <b>TNAI No.</b> 190165, <b>Address:</b> Professor, Kalinga Institute of Nursing Sciences KIIT DU BBSR, Pincod-751024, Odisha	
		Mrs. Sanjukta Mallick, <b>TNAI No.</b> 113683, <b>Address:</b> Sr. Tutor, Behera Colony, Professors Colony, Cuttack, Odisha 753007	
II	State Vice President	Dr. Anuradha Panda, <b>TNAI No.</b> 106640, <b>Address:</b> DHPL Sahoo Residency, Rangamatia, BBSR - 751017, Odisha	
		Ms. Bindulata Palei, <b>TNAI No.</b> 248375, <b>Address:</b> At-Tikira, Po-Dhenkikote, Via-Ghatagaon, Dist-Keonjhar, Pincod-758029, Odisha	
		Ms. Dipti Mayee Mallick, <b>TNAI No.</b> 234854, <b>Address:</b> Sibananda Nagar, Ward No-10, Bargarh - 768028, Odisha	
III	State Secretary	Ms. Kamlini Mohanty, <b>TNAI No.</b> 104659, <b>Address:</b> Qtr No. 2RB/2-SCBCH Campus, Mangalabag CTC-753007, Odisha	
		Dr. Ritanjali Sahoo, <b>TNAI No.</b> 127488, <b>Address:</b> Sai Niwas, Gautam Nagar, Bidyadharpur, Nayabazar, Cuttack-753004, Odisha	
IV	State Joint Secretary	Ms. Debajani Nayak, <b>TNAI No.</b> 182151, <b>Address:</b> Associate Professor, SUM Nursing College, SOA DTU, Bhubaneswar-751003, Odisha	
		Ms. Santoshini Jena, <b>TNAI No.</b> 250438, <b>Address:</b> Lenka Lane, New Malgodown Road, Gandarpur, College Square, Cutack-753003, Odisha	
		Ms. Suruma Dash, <b>TNAI No.</b> 248353, <b>Address:</b> Plot No: 1/4, Bhagabati Enclave, Khandagiri Square, Bhubaneswar-751030, Odisha	
V	State Treasurer	Ms. Aarti Mohanty, <b>TNAI No.</b> 268398, <b>Address:</b> Tutor, SCB CON, Cuttack-753007, Odisha	
		Ms. Sanghamitra Barik, <b>TNAI No.</b> 198375, <b>Address:</b> At-Kanheipur, Plot-184/1491, Cuttack-753006, Near Bayababa Hp Gas Agency, Odisha	

Sr. No.	Post	Name and Address of the Contestant	Status*
VI	State SNAI Advisor	<b>VACANT**</b>	
VII	Chairperson- Nursing Education and Research Committee	Mr. Derik Donson Nanda, <b>TNAI No.</b> 245634, <b>Address:</b> Vice Principal, Vikash Nursing College. Sambalpur, Odisha -768200	<b>Declared Elected*</b>
VIII	Chairperson- Programme Committee	Dr. Sinmayee K. Devi, <b>TNAI No.</b> 163615, <b>Address:</b> Debananda Vihar Apartment, Flat No: 301, Bomikhal Canal Road, PO-Rasulgarh, Odisha - 751010	<b>Declared Elected*</b>
IX	Chairperson- Membership Committee	<b>VACANT**</b>	
X	Chairperson- Public Health Nursing Section	Mr. Sharat Chandra Majhi, <b>TNAI No.</b> 302054, <b>Address:</b> At-Pingu Patna, PO-Saharpada, Distt- Kendujhar, Odisha-758016.	<b>Declared Elected*</b>
XI	Chairperson- Nursing Service Section	Ms. Purnima Rani Kumar, <b>TNAI No.</b> 241063, <b>Address:</b> At- Apilo, PO-Jhadeswarpur, PS- Mahanga, Cuttack-754207, Odisha	<b>Declared Elected*</b>
XII	Chairperson- Socio- Economic Welfare Committee	Ms. Suprava Sahoo, <b>TNAI No.</b> 187688, <b>Address:</b> Nursing Officer, College of Nursing, SCB MCH, Cuttack-753007, Odisha	<b>Declared Elected*</b>
XIII	Chairperson- LHV/ ANM Committee	Ms. Bandita Sahoo, <b>TNAI No.</b> 264888, <b>Address:</b> ANM, MPHWF, Karilopatna s/c, Marshaghai, Odisha	<b>Declared Elected*</b>

A. \*Election will be conducted digitally for all the posts except those marked as “Declared Elected”.

B. \*\*An open election will be conducted for the vacant positions.

C. Vacant positions for the open election:

- i. SNAI Advisor
- ii. Chairperson-Membership Committee

D. Common Eligibility criteria for contesting above mentioned post (i to ii ):

- i. Any candidate filing nomination for Odisha Offices should have completed a minimum of 05 years of membership in TNAI.
- ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the Odisha Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest Odisha offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.

- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Odisha i.e, TNAI members who held the post of President or Secretary of the Odisha branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

**E. Eligibility criteria for submitting nominations for each post in open election:**

**i. SNAI Advisor**

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the Odisha State Branch.
- b. The office for the State SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only

**ii. Chairperson- Membership Committee**

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson Membership committee of the Odisha State Branch

**F. How to file the Nomination for Open election**

- i. The open election will be conducted on 23-03-2025 along with the scheduled Odisha State branch Election
- ii. Nomination sheet is available in the TNAI national and the Odisha TNAI State Website.
- iii. Eligible members for the open positions are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Odisha State branch at the election venue on 23-03-2025 on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. A copy of the working and residing proof shall be submitted along with the nomination
- vii. A copy of the employment proof shall be submitted by the eligible candidates contesting for **Chairperson- Nursing Service Section and Chairperson- LHV/ANM Committee.**
- viii. All valid nominations for the State Branch Secretary will be included in the Electronic voting device.
- ix. For other 02 vacant offices the names of the **three members having the highest number of nominations only** will be included in the Electronic voting device
- x. The RO shall declare the open election during the General Body Meeting (GBM) be held between 10-11 AM on 23-03-2025.

- xi. If only one nomination, then it shall be declared as Elected by the Returning officer.
- xii. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

#### G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on 23-03-2025**. The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI national and Odisha State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Odisha branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

#### H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Odisha are eligible to vote.
- ii. Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Odisha finds that his/her membership is enlisted in a different state, they can transfer their membership to Odisha on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Odisha. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Request for change of the status of membership (transfer of membership from any state branch to Odisha) **will be permitted till 21/02/2025, 4:30 pm after that, any change of address will not be accepted.**
- v. Election will be held on **23-03-2025 from 11.00 am to 05:00 pm at IMA HOUSE, Capital Hospital Campus, Unit-6, Bhubaneswar, Odisha - 751001.**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.

- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the Election Day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

#### I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
  - ii. Attend the general body meeting
  - iii. Line up outside the polling station according to the token number after GBM.
  - iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
  - v. You will receive two QR code slips with your TNAI membership number, name, and state.
  - vi. At the verification counter, scan your QR code.
  - vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
  - viii. The voters will then directed to the digital polling station which is available
  - ix. The voters shall enter the QR code Token number in the digital voting screen
  - x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
  - xi. Scroll through the options in the digital voting machine and click on the contestant's photo for each post
  - xii. After selecting candidates for all posts, click the final submit button.
  - xiii. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email.
- XIV. Leave the polling station quietly.

**By:**

**Mrs. Kabita Manjari Mohapatra, Returning Officer- TNAI Odisha Branch Election 2025, C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.  
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## पानी की कमी न हो शरीर में, गर्मी हो या सर्दी

गर्मियों में पसीना ज्यादा आने से प्रायः शरीर में कमी हो जाती है। शरीर में पानी की कमी रहने से इसका तापमान सही नहीं रहने वाला। पानी कम पिएंगे तो डिहाइड्रेशन का खतरा बढ़ जाएगा। गर्मियों में प्यास लगते रहने से प्रायः हम पानी पीते रहते हैं। इसके विपरीत, सर्दियों में प्यास कम लगने या नहीं लगने पर पानी का सेवन कम किया जाता है। उम्रदार तो बहुधा पानी पीना भूल जाते हैं। न भूलें, डिहाइड्रेशन से व्यक्ति की मौत भी हो सकती है।

### कैसे जानें पानी की कमी (डिहाइड्रेशन के संकेत)

पेशाब आने का क्रम: सही मात्रा में पानी पीने वाले आधा घंटे चार घंटे के बीच पेशाब की इच्छा होती है। किंतु लगातार आठ घंटों से पेशाब नहीं आना डिहाइड्रेशन का संकेत हो सकता है।

गहरा पीला पेशाब: कुछ दवाओं के सेवन से पेशाब का रंग पीला हो जाता है। किंतु सामान्य स्थिति में भी पेशाब का रंग गहरा पीला होना या इसकी मात्रा बहुत कम होना भी डिहाइड्रेशन का संकेत हो सकता है।

सिरदर्द: मस्तिष्क के भित्तरी आवरण में द्रव की झिल्ली होती है जो मस्तिष्क को गर्म नहीं होने देती। इसी कारण डिहाइड्रेशन के मरीजों में दिरदर्द तथा अन्य शिकायतें पाई जाती है।

यकायक चक्कर आना या अंधेरा छा जाना: अकारण व्यक्ति को चक्कर आना, तेज सिरदर्द या आंखों के आगे अंधेरा जाना डिहाइड्रेशन की समस्या दर्शाता है। ऐसे में यथाशीघ्र डॉक्टर की सलाह लें, इसी के साथ-साथ पानी के अलावा अन्य तरल पदार्थों जैसे – लस्सी, नींबू पानी, नारियल पानी, छाछ आदि का सेवन करते रहना चाहिए।

त्वचा का फटना या रूखापन: डिहाइड्रेशन होने पर शरीर में पानी की कमी होने के कारण व्यक्ति की त्वचा रूखी हो जाती है, ओठ भी फटने लगते हैं, त्वचा पर सफेद रेखाएं उभर सकती हैं या कदाचित त्वचा पर लाली छा जाती है।

श्रमसाध्य कार्य करने वाले विशेषकर सजग रहें। ज्यादा मेहनत के कार्यों एनर्जी भी ज्यादा लगती है, और शरीर ज्यादा पानी मांगता है। तैराकी भी इसी कोटि में आता है। इसीलिए तैराकी के दौरान बीच-बीच में पानी पीने की सलाह दी जाती है।

कहा गया है, जल ही जीवन है। शरीर की विभिन्न प्रक्रियाओं के सुचालन में पानी की विशेष भूमिका है, पानी की कमी से ये प्रक्रियाएं प्रभावित होती हैं। अतः बच्चे, प्रौढ़, उम्रदार सभी मौसमों में ध्यान रखें कि इसकी कमी नहीं होने देनी है।

### TNAI BULLETIN

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