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THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN



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Celebrating the Spirit of Nursing

For the nurse community including midwives the world over, the month of May beacons gaiety, celebration and optimism. And why not? The **International Day of the Midwife** and **International Nurses Day** fall on **5 May**, and a week after on **May 12** respectively. When it comes to health care and relief services of whatever description, the nurses and midwives are ever at the forefront. The first to appear, and last to depart! Events and observances are held in most countries to acknowledge and honour the sterling contributions nurses and midwives have been making. The 2025 theme for midwives, *Midwives: Critical in Every Crisis*, underscores their frontline role during natural disasters, conflicts, and health emergencies, providing essential services such as safe childbirth, antenatal and post-natal care, contraception, gender-based violence support, and breastfeeding guidance. Beyond clinical care, midwives empower communities through education and resilience-building. As we celebrate their dedication, skill, and compassion, we are reminded that investing in midwifery is investing in health, equity, and the strength of our societies.

For **International Nurses Day 2025**, the theme announced by the International Council of Nurses (ICN) i.e. **Our Nurses. Our Future. Caring for Nurses Strengthens Economies**, reinforces a vital truth that *healthy nurses build healthy nations*. A supported, well-equipped nursing workforce is not only central to strong health systems, it also contributes directly to economic growth. The campaign focuses on improving physical and mental health, workplace safety, and job satisfaction for nurses across all settings. The date (12 May) coincides with birth anniversary of Florence Nightingale, the legendary nurse. Celebrating the Nurses' Day, let us act on the evidence-based strategies contained in the ICN's special report, for ensuring that every nurse is empowered to deliver the highest quality care.

Policy and Membership Updates from TNAI

SNAI-TNAI Membership Plan - In response to numerous requests from nursing colleges, the TNAI National Executive Committee has extended the deadline for transitioning from the (old) SNAI Subscription Plan to the (new) SNAI-TNAI Membership Plan until **December 2025**. The extension provides ample time for all institutions to complete the transition and seamlessly integrate into the professional membership pipeline. We urge the left-out institutions to take advantage of this opportunity.

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Clarification on Life Membership Concessions - Students who did not pay the SNAI subscription under the old plan during their student period will not be eligible for the concession while applying for TNAI Life Membership. These individuals will be required to pay the standard **₹3,000 as Life Membership fee** to become members.

Accidental Death Insurance Claim: Clarification on Eligibility - It is reiterated that only those TNAI members who are enrolled in the Accidental Death Insurance Scheme are eligible to claim benefits. We urge all members to ensure their active enrollment in the scheme to safeguard themselves and their families.

Preparations are underway for the much-awaited **31st SNAI Biennial Conference** to be held in Pune, Maharashtra. Revised competition guidelines have been sent to all State TNAI Branch Presidents, Secretaries, and SNAI Advisors. We request all State Branches to submit the names of winners before the stipulated timeline.

Evelyn P Kannan

Chief Editor & Secretary General, TNAI

TNAI State/UT Branch Elections 2025 Telangana and West Bengal

(Extract of TNAI Bye Laws related to State/UT Election)

1. List of office bearers in the State/ UT Branch executive committee

- I. State President
- II. State Vice-President
- III. State Secretary
- IV. State Joint Secretary
- V. State Treasurer
- VI. State SNAI Advisor (Teaching faculty only eligible)
- VII. Chairperson – Nursing Education and Research Section.
- VIII. Chairperson – Programme Committee
- IX. Chairperson – Membership Committee
- X. Chairperson–Public Health Nursing Section (Public Health Nursing Personnel only eligible)
- XI. Chairperson- Nursing Service Section (Hospital/Clinical Nursing Personnel only eligible)
- XII. Chairperson - Socio-Economic Welfare Committee
- XIII. Chairperson - LHV/ ANM, State Branch (Only LHV/ANM personnel eligible)

2. Common Eligibility Criteria for the State/UT Branch Office Bearers

- i. Any candidate filing nomination for State/UT Offices shall have completed a minimum of **05 years** of membership in TNAI.
- ii. Age: Shall not have completed **66 Years as of 1st of January** of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/Service) in the State (Government/Regulatory/Statutory bodies) is not eligible to contest for the State/UT Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest State/ UT offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08yrs) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the State/UT ie, TNAI members who held the post of President or

Secretary of the State/UT branch can contest only for the post of President/Secretary in the future term subjected to the conditions in the clause number v and vii.

- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

3. Eligibility for contesting in the various offices of State/UT:

(i) State/UT President:

Any life member of TNAI working and residing in the State/UT branch and who served one term (04 Years) as a State executive member at any time in the State/UT is eligible to contest for the post of President of the State/UT Branch.

(ii) State/UT Secretary:

- a. Any life member of TNAI working and residing in the State/UT branch and who served as State executive for one term (04 Years) at any time in the State/UT is eligible to contest for the post of Secretary of the State/UT Branch.
- b. The office of the Secretary is reserved for female TNAI life members only.

(iii) State/UT Vice President

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Vice President of the State/UT Branch.

(iv) State/UT Joint Secretary

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Joint Secretary of the State/UT Branch.

(v) State/UT Treasurer:

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.
- b. The office of the State/UT Treasurer is reserved for female TNAI life members only.

(vi) State/UT SNAI Advisor

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the State/UT Branch.
- b. The office for the State/UT SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only.

(vii) State/UT Chairperson- Nursing Education and Research Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Education and Research Section of the State/UT Branch.
- b. The office for the State/ UT State/ UT Chairperson- Nursing Education and Research Section is reserved for Nursing faculty working and residing in the respective state only.

(viii) State/UT Chairperson- Programme committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Programme committee of the State/UT Branch

(ix) State/UT Chairperson- Membership Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Membership committee of the State/UT Branch

(x) State/UT Chairperson- Public Health Nursing Committee

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Public Health Nursing Committee of the State/UT Branch.
- b. The office of the State/ UT Chairperson- Public Health Nursing Committee is reserved for Community Nurse/Public Health Nurse/ Public Health Nursing officers working and residing in the respective state and working in the Public Health/ Community Health setting.

(xi) State/UT Chairperson- Nursing Service Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Service Section of the State/UT Branch.
- b. The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in a hospital/clinical setting.

(xii) State/UT Chairperson- Socio-Economic Welfare Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Socio-Economic Welfare Committee of the State/UT Branch.

(xiv) State/ UT Chairperson- LHV/ ANM

- a. Any associate life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of LHV/ANM of the State/UT Branch.
- b. The office of the State/UT- LHV/ANM is reserved for female TNAI associate life members only.

4. Common Instructions regarding nomination for the various posts in the State/ UT Branches of TNAI.

- i. A member filing nomination shall be a member working and residing in the respective State/UT branch of TNAI. If the candidate is working, the place of work shall be in the same State/ UT area. An exception may be given to the members living in the NCR region of Delhi but working in the NCT of Delhi. In such cases, the members are not permitted to transfer the membership for 04 years. Also, the member shall give an affidavit to that effect to the RO.
- ii. The nomination form shall be **filled and completed by the candidate** i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed. The nomination form shall be proposed and seconded by the TNAI member.
- iii. The office positions for Chairperson- LHV/ANM are to be nominated only by Associate Life Members of TNAI i.e. Members with ANM/LHVs qualifications. The Life Members of TNAI are eligible to nominate for all other positions i.e., Members with GNM and above qualifications.
- iv. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.

- v. The details of the contestant, proposer and seconder such as name, photograph and signature mentioned in the nomination sheet shall match with the records of TNAI membership system to consider as accepted nomination.
- vi. The contestant can submit any number of nominations for any one of the office in the TNAI State/UT Election.
- vii. In case of more than one nomination for the same office, the proposer and seconder shall not be the same.
- viii. The proposer and the seconder can nominate only one person for a particular office. In case a proposer and the seconder proposed or seconded more than one candidate, the earliest application received to TNAI Hqrs will be considered valid.
- ix. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- x. All valid nominations for the State/UT President and Secretary shall be included in the Provisional Ballot Paper/Electronic voting device and published in the TNAI bulletin and TNAI website. The order of the names in the nomination sheet shall be as per the **alphabetic order of the first name** of the candidates.
- xi. For other offices the names of the three members having the highest number of nominations shall be included in the Provisional Ballot Paper/ Electronic voting device.
- xii. All office bearers who have completed the term of office are eligible for reelection for one more term.
- xiii. A break of 04 years after two consecutive terms (08 years) is necessary for the State/UT President/ Secretary to contest for the post of President/Secretary at the State level.
- xiv. A break of 04 years after two consecutive terms (08 year) is necessary for any other executive members of the State/UT to contest for the any other posts in the State level except for the post of State/UT branch President/Secretary.
- xv. In any post, a member in the State can hold the State offices for a maximum of 16 Years only.
- xvi. Any person who has expelled from a position in State Office, shall not be eligible to contest for any position in TNAI.
- xvii. Members who are, or had been involved in litigation with the Association are not eligible to contest election.
- xviii. The office bearers of a dissolved State/UT branch are not eligible to contest for a term of **FOUR** years.
- xix. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations (like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to TNAI headquarters through the respective TNAI State/UT Branch.
- xx. The person so elected for a particular office at the State/UT level shall hold the office for the full term (four years) and shall not contest and cross to another office before completion of the term of their existing elected office.
- xxi. The members who are residing outside the Country/State/ UT shall not be eligible for contesting election.

TNAI Telangana State Branch Election Notification

Nominations are invited for the various posts in Telangana State Branch Executive Committee of TNAI.

Schedule of Election

Date of notification of the election Note: <i>The details of nominations received for each post for state branch election will be updated on state and national website on weekly basis.</i>	07/05/2025
Last date for submission of nominations at TNAI hqrs.	17/06/2025 on or before 5 pm (Any nomination received at TNAI Hqrs. after 5 pm will be summarily rejected)
Publication of final list of valid nominations at TNAI National and State Website	07/07/2025 on or before 5 pm
Last date for withdrawal of nominations	27/07/2025
Publication of final list of eligible candidates in TNAI National Website & TNAI Bulletin	07/08/2025
Date of polling	September, 2025 The exact venue(s) and the date(s) of polling (if required) will be communicated through TNAI National Website, Telangana Branch Website and TNAI Bulletin.

Note: Please refer the TNAI's Constitution Rules & Regulation and Bye-Laws Article III, under the Section F: State Branch Election (I-IV) which is available in TNAI National Website.

TNAI Telangana State Branch Election 2025 Nomination Form

Note: Please fill the details in **BLOCK** letters only

NAME OF THE POST:

Name of the Candidate:

Designation of the candidate:

(Please attach the proof of designation)

TNAI No. of the Candidate:

Photo

Address:	
Residence:	Official:
Mobile No.	Mobile No.
Email Id (In Capital Letters):	Email Id (In Capital Letters):

Consent

1. I _____ hereby give my voluntary consent for the post of _____ Telangana TNAI State Branch.

Declaration

1. I hereby declare that if elected I am willing to serve the Association to the best of my abilities and efforts.
2. I declare that, I am not expelled from the position of any state/UT branches, not involved in litigation with the association and not a part of any dissolved state/UT branch.
3. I also declare that I am not holding any office positions in parallel Nursing Organizations (trade unions, other associations or societies).
4. I also declare that, I am not holding the highest nursing position (Education/ Service) in the State (Government/ Regulatory/Statutory bodies)

Signature of the contestant: _____

Place _____ Date _____

Particulars	Proposer	Seconder
Name:		
TNAI Number:		
Signature:		
Address:		
Mobile Number:		
Email Id (In Capital Letters):		

General Instructions to the contestants:

1. The nomination form shall be filled and completed by the candidate i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed.
2. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.
3. The information and signature given in the nomination sheet shall match with the TNAI records to consider as valid nominations.
4. The proposer and seconder must be working and residing in Telangana.
5. Any nomination proposed or seconded by a member who is not working or residing in Telangana will be summarily rejected
6. Before signing in the proposer or seconder columns, the proposer and seconder must update their enrolment status if they are not enrolled in Telangana
7. To check the membership status, please visit www.tnaionline.org.
Go to the "What's New" section and select "Know Your Membership".
Enter the first three letters of your name and your date of birth to search.
If you are enrolled in Telangana, the state displayed in the search results will be Telangana. The code for the Telangana State as per TNAI Life membership card is TL.
8. To transfer your membership from another state to Telangana, please visit the TNAI website and download the required form from the Membership section. Once completed, the form can be submitted either via email to membership@tnaionline.org or by post to the TNAI Headquarters. **However, the contestant, proposer and seconder shall confirm that their membership is transferred to Telangana before sending the Nomination(s) to TNAI Hq.**
9. **All nominations must be submitted to the TNAI Headquarters by post. Nominations sent via online platforms such as email or WhatsApp will not be accepted.**
10. All other correspondence and queries related to the election to be sent to: tnaielections@gmail.com

How to send the nominations:

Please mark the nomination envelope "**Nomination sheet – TNAI Telangana Branch Election 2025**" and sent to: **Dr. Sunitha Chinnam, Returning Officer, TNAI Telangana State Branch Election, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016**

Last date and time to receive the nominations:

The nominations reached to TNAI Hqrs on **17/06/2025** before **05:00 pm** only will be considered as valid.

TNAI West Bengal State Branch Election Notification

Nominations are invited for the various posts in West Bengal State Branch Executive Committee of TNAI.

Schedule of Election

Date of notification of the election Note: The details of nominations received for each post for state branch election will be updated on state and national website on weekly basis.	07/05/2025
Last date for submission of nominations at TNAI hqrs.	17/06/2025 on or before 5 pm (Any nomination received at TNAI Hqrs. after 5 pm will be summarily rejected)
Publication of final list of valid nominations at TNAI National and State Website	07/07/2025 on or before 5 pm
Last date for withdrawal of nominations	27/07/2025
Publication of final list of eligible candidates in TNAI National Website & TNAI Bulletin	07/08/2025
Date of polling	September, 2025 The exact venue(s) and the date(s) of polling (if required) will be communicated through TNAI National Website, West Bengal Branch Website and TNAI Bulletin.

Note: Please refer the TNAI's Constitution Rules & Regulation and Bye-Laws Article III, under the Section F: State Branch Election (I-IV) which is available in TNAI National Website.

TNAI West Bengal State Branch Election 2025 Nomination Form

Note: Please fill the details in **BLOCK** letters only

NAME OF THE POST:

Name of the Candidate:

Designation of the candidate:

(Please attach the proof of designation)

TNAI No. of the Candidate:

Photo

Address:	
Residence:	Official:
Mobile No.	Mobile No.
Email Id (In Capital Letters):	Email Id (In Capital Letters):

Consent

1. I _____ hereby give my voluntary consent for the post of _____ West Bengal TNAI State Branch.

Declaration

1. I hereby declare that if elected I am willing to serve the Association to the best of my abilities and efforts.
2. I declare that, I am not expelled from the position of any state/UT branches, not involved in litigation with the association and not a part of any dissolved state/UT branch.
3. I also declare that I am not holding any office positions in parallel Nursing Organizations (trade unions, other associations or societies).
4. I also declare that, I am not holding the highest nursing position (Education/ Service) in the State (Government/ Regulatory/ Statutory bodies)

Signature of the contestant: _____

Place _____ **Date** _____

Particulars	Proposer	Seconder
Name:		
TNAI Number:		
Signature:		
Address:		
Mobile Number:		
Email Id (In Capital Letters):		

General Instructions to the contestants:

1. The nomination form shall be filled and completed by the candidate i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed.
2. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.
3. The information and signature given in the nomination sheet shall match with the TNAI records to consider as valid nominations.
4. The proposer and seconder must be working and residing in West Bengal.
5. Any nomination proposed or seconded by a member who is not working or residing in West Bengal will be summarily rejected
6. Before signing in the proposer or seconder columns, the proposer and seconder must update their enrolment status if they are not enrolled in West Bengal
7. To check the membership status, please visit www.tnaionline.org.
Go to the "What's New" section and select "Know Your Membership".
Enter the first three letters of your name and your date of birth to search.
If you are enrolled in West Bengal, the state displayed in the search results will be West Bengal. The code for the West Bengal State as per TNAI Life membership card is **WB**.
8. To transfer your membership from another state to West Bengal, please visit the TNAI website and download the required form from the Membership section. Once completed, the form can be submitted either via email to membership@tnaionline.org or by post to the TNAI Headquarters. **However, the contestant, proposer and seconder shall confirm that their membership is transferred to West Bengal before sending the Nomination(s) to TNAI Hq.**
9. **All nominations must be submitted to the TNAI Headquarters by post. Nominations sent via online platforms such as email or WhatsApp will not be accepted.**
10. All other correspondence and queries related to the election to be sent to: tnaielections@gmail.com

How to send the nominations:

Please mark the nomination envelope "**Nomination sheet – TNAI West Bengal Branch Election 2025**" and sent to: **Ms. Bandana Das, Returning Officer, TNAI West Bengal State Branch Election, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016**

Last date and time to receive the nominations:

The nominations reached to TNAI Hqrs on **17/06/2025** before **05:00 pm** only will be considered as valid.

WANTED ASSISTANT SECRETARY-GENERAL for TNAI

The Trained Nurses' Association of India (TNAI) requires a dynamic and mature person for a regular post of Assistant Secretary-General to work at Green Park, New Delhi & Greater Noida (UP). Salary is as per the TNAI salary structure.

Essential Qualifications

- Registered Nurse and Registered Midwife. For male candidates, clinical specialisation in lieu of Midwifery required.
- MSc Nursing in any specialty with five years' experience. Experience in Administration will be an added advantage.
- Member of the Trained Nurses' Association of India.

Preference

Candidate's experience in the TNAI activities at National/State level will be given preference.

Other Requirements

- Proficiency in written and spoken English language.
- Proficiency in Computer Work.
- Upper age limit is 40 years, relaxable upto 45 years if the candidate is found otherwise suitable.
- Name and addresses of 3 referees not related to the candidate, one of whom should be the present employer, if in service - otherwise last employer.

Job Requirement

- Shall act as assistant to Secretary General, Dy. Secretary General and Chief Operating Officer to implement TNAI's policies and shall be responsible for such other works and duties in the headquarters as may be assigned by management of TNAI.
- Her/His scope of duties will include planning and implementation of various national level continuing education programmes.
- She/He will participate/cooperate with administrative functions of Secretary General and/or Deputy Secretary-General at TNAI HQ and at Greater Noida premises.
- She/He will represent TNAI if and when asked to do so in various seminars, conferences etc.
- She will assist all the TNAI Publications.
- To undertake extensive travelling for the Association as and when required.

Application on plain paper alongwith a detailed C.V with names and addresses of three referees should be sent to the **National President, TNAI, L-17, Florence Nightingale Lane, Green Park, New Delhi – 110016** by June 30th, 2025. Those in service are required to bring 'No Objection Certificate from their present employers.

Lodging at TNAI Headquarters Made Easier !

TNAI Hqrs has expanded its capacity to accommodate more of TNAI members visiting Delhi. The TNAI members including students visiting Delhi on official or professional tours can avail the lodging facility, within the TNAI Hqrs premises at reasonable charges. The per day charges are as under:

TNAI Members: Rs. 600/-	SNA Members: Rs. 250/-
Non-Members: Rs. 900/-	Children below 5 yrs: No charges
Children 6-12 yrs: Rs. 150/-	

However, due to limited beds, interested members may get the booking done in advance.

Secretary-General, TNAI

Empowering Community Health Officers A Frontline Health Workers: India Launches CHO- CBT Manuals at World Health Summit Regional Meeting 2025

Strengthening Primary Healthcare through Competency-Based Training Aligned with Global Standards
New Delhi, April 26, 2025 — In a landmark move toward advancing Universal Health Coverage (UHC), India officially launched three groundbreaking Competency-Based Training (CBT) manuals for Community Health Officers (CHOs) at the prestigious World Health Summit Regional Meeting 2025, held at Bharat Mandapam, Pragati Maidan.

Developed through a dynamic collaboration among the Health Systems Transformation Platform (HSTP), Sathyabama Institute of Science and Technology (SIST), the Directorate of Nursing, and the Department of Health and Family Welfare, Government of Odisha, the manuals aim to standardize and elevate CHO training at Health and Wellness Centres under the Ayushman Bharat initiative.

“These manuals are a strategic step in defining core competencies, enabling impactful service delivery at the grassroots,” noted Dr. Rajeev Sadanandan, Former CEO of HSTP. Comprising a technical guide, a workplace capsule, and a pocket guide, the set is anchored in 50 core competencies aligned with 12 service packages under the Comprehensive Primary Health Care (CPHC) program.

Dr. Ibadat Dhillon of the World Health Organization commended the initiative: “HSTP has successfully translated the WHO Global Competency Outcomes Framework into a contextually relevant training system for India’s primary healthcare workforce.”

Emphasizing the role of certification, Dr. Santhosh Mathew of the Bill & Melinda Gates Foundation highlighted the importance of structured progression: “Grading nurses from Level V (Novice) to Level I (Expert) ensures a transparent, motivating career pathway.”

The pilot implementation is currently underway in Odisha, with a focus on practical, in-service training guided by CHO Captains and Primary Health Centre Medical Officers. “This approach directly addresses individual competency gaps rather than relying on traditional lab-based training,” said Ms. Ponnambily Chandy, Principal Investigator from SIST.

Dr. Deepti Tiwari from HSTP announced future expansion plans in partnership with the Trained Nurses’ Association of India (TNAI). Confirming the collaboration, Ms. Evelyn P. Kannan, Secretary General of TNAI, said, “We are integrating CNE modules based on these manuals into our national E-Learning Platform, accessible to all nurses free of charge.” This milestone is backed by global health partners including HSTP, ACCESS Health International (USA), and the Bill and Melinda Gates Foundation. Distinguished guests at the launch included Ms. Aswathy S IAS (Commissioner-cum-Secretary, Dept. of Health, Odisha), Dr. Sita Rama Budaraju (Tata Trusts), Dr. Santhosh Patel (MeitY), Ms. Manjari S Gharat (Indian Pharmaceutical Association), Ms. Annie Kumar (National President, TNAI), and Prof(Dr) Roy K George and others.

The CHO-CBT manuals were developed by a dedicated interdisciplinary team from HSTP and SIST, signaling a united commitment to revolutionize primary healthcare delivery in India. As India continues its journey toward equitable healthcare for all, this competency-focused initiative stands as a transformative model for building a resilient and responsive primary care workforce.



Pre-Conference Debate on Transformational Leadership Style in Nursing

Sarvodaya Hospitals, in association with the Consortium of Accredited Healthcare Organizations (CAHO), organized a pre-conference workshop on Futuristic Nursing “Leveraging Innovation, Information and Leadership for a healthier tomorrow” 11 April 2025 at Sarvodaya Hospital, Faridabad.



One of the highlights of the event was the Debate on ‘Transformational Leadership Style in Nursing’, which witnessed enthusiastic participation and thought-provoking discussions. This session was moderated by Mrs. Evelyn P Kannan, Secretary-General; she expounded the relevance and impact of transformational leadership in the nursing profession. Speaking for the motion were Dr Jothi Clara Michael, Chief Nursing Strategic Advisor, and Ms Jeena Jose, Nursing Superintendent, Holy Family Hospital, New Delhi. Dr Ramindra Kalra, Principal, College of Nursing, Holy Family Hospital, presented arguments against the motion.

The debate brought forward diverse perspectives. The proponents emphasised how transformational leadership empowers nurses, fosters innovation, and strengthens patient care outcomes. The opposing viewpoint cautioned against over-reliance on one leadership style, and advocated for a balanced approach that adapted to contextual needs.

The session was marked by insightful arguments, professional decorum, and active engagement from the audience. It successfully stimulated reflection on leadership styles and their application in nursing practice and education.

Capt. Bobby Ramesh, Group Director-Nursing Excellence, and her entire team of Sarvodaya Hospitals deserve a special appreciation for creating this platform to deliberate on leadership-an area critical to the advancement of the nursing profession. Around 350 Nursing Personnels attended the pre-conference workshop.

Global Nurse Force Officials Visit TNAI Headquarters

In a move to strengthen and expand collaboration aimed at empowering nurses globally, senior representatives from the Global Nurse Force (GNF) visited the Headquarters of the Trained Nurses' Association of India (TNAI) on 8 April 2025. Mr. Paramananda Santra, Chief Business Officer, and Mr. Manish Kumar, Senior Advisor of GNF, met with Mrs. Annie Kumar, National President of TNAI, Dr. (Mrs.) Shiny Chacko, National Treasurer, TNAI, Mrs. Evelyn P. Kannan, Secretary General and Mr Ajinas AM Assistant Secretary General of TNAI.

The visit focused on exploring opportunities for partnership in the recruitment of Indian nurses to the USA, other English-speaking countries, and the Middle East. The discussions covered a wide range of topics related to international placements, nursing workforce mobility, and professional development.

The GNF representatives proposed a formal collaboration with TNAI to facilitate overseas recruitment, particularly to the United States. A detailed proposal outlining the modalities of such collaboration will be submitted shortly.

In addition, GNF expressed interest in partnering with TNAI as a Knowledge Partner for upcoming conferences and workshops. During the meeting, Mrs. Annie Kumar and Mrs. Evelyn P. Kannan addressed specific queries raised by GNF regarding the placement of Indian nurses abroad and reiterated TNAI's commitment to ensuring ethical recruitment practices and safeguarding the welfare of Indian nurses working overseas.



This visit marks a significant step toward creating new global opportunities for Indian nurses and enhancing their contributions to healthcare worldwide.

NOTICE OF APPLYING FOR TNAI/SNAI SCHOLARSHIPS ONLINE

The TNAI invites online applications from nursing students for pursuing higher studies in the academic year 2024-25 from eligible candidates. There are two categories of scholarships:

- (i) TNAI Scholarship for those pursuing Post-Basic B.Sc Nursing and Masters in Nursing and
- (ii) SNAI Scholarship for ANM/Multipurpose Health Workers (Female), General Nursing & Midwifery (GNM) and Basic B.Sc Nursing.

Eligibility conditions and other details are available on scholarship.tnaionline.org to submit the online application.

The link for online application will be available from **May 15, 2025** and the last date for receipt of applications through online is on **30th June 2025**.

For details, please click: scholarship.tnaionline.org.

TNAI Ignites Nursing Reforms in the Andaman & Nicobar Islands

The Trained Nurses' Association of India (TNAI), in collaboration with its Andaman & Nicobar State Branch, took a major stride toward nursing reform in the Islands during a recent visit. A high-level meeting was held with Dr. Chandra Bhushan Kumar, IAS (Chief Secretary), Dr. Anil Agrawal (Health Secretary), and Dr. Suja Antony (Director of Health Services), where the TNAI team highlighted several key issues impacting nurses in the region.

The key issues discussed during the visit

focused on strengthening the nursing workforce and improving their working conditions in the Andaman & Nicobar Islands. TNAI advocated for the establishment of a Simulation Lab to enhance practical skills training and the setting up of a local examination centre in Port Blair for major nursing recruitment exams such as NORCET, Railways, and ESI, to ease access for local candidates. The team emphasized the urgent need to appoint nursing personnel as Principal and Vice-Principal in the School of Nursing to provide career progression opportunities within the teaching cadre. Other critical matters included the



restoration of pending increments and revision of pay for ANIMS nursing officers since 2020, the provision of stipends and hostel facilities for all nursing students, and the inclusion of NHM nurses under the Employee Provident Fund (EPF) scheme to ensure financial security. TNAI also stressed the importance of ensuring equal pay for equal work by granting Basic Pay plus DA to NHM nurses, clarifying the roles of contractual Public Health Nurses (PHNs) who are currently performing staff nurse duties, and formally recognizing contractual PHNs in their rightful supervisory roles.

In a significant capacity-building initiative, TNAI, along with the State Branch, conducted a 4-day **American Heart Association-approved Basic Life Support (BLS) training** from July 25–28, 2025. Nearly 100 nurses participated, marking a milestone in emergency care readiness.

This visit reflects TNAI's ongoing commitment to strengthening nursing through advocacy, education, and empowerment—especially in underserved regions like the Andaman & Nicobar Islands.

Together, we rise – for nurses, by nurses.

The White Ribbon Alliance India (WRAI) Organized National Safe Motherhood Day 2025 On 11 April at Eros Hotel, New Delhi, Centered Around “Every Birth Matters, Every Caregiver Counts.”

Dr. Aparajita Gogoi, Global Co-chair of WRAI, invited the Trained Nurses' Association of India (TNAI) to participate in the event, which emphasized the critical role of Skilled Birth Attendants (SBAs) in improving maternal and neonatal health. The keynote address, delivered by Dr. Pawan Kumar, Additional Commissioner, Ministry of Health & Family Welfare, focused on “Maternal Health in India Today: Gains and Priorities,” and highlighted key government initiatives such as NHM, JSY, JSSK, PMSMA, MDSR, LaQshya, PMMVY, and SUMAN, along with innovative approaches like telehealth, mHealth apps, and community-based care models.



TNAI coordinated participation from various institutions in Greater Noida, with the following representatives in attendance: Ms. Soyaphi Shaiza, Ms. Pallavi Chauhan, and Ms. Rinsophy Hongvah (TNAI ITC, AHA Instructors); Ms. Deepti and Ms. Sangeeta, Nursing Tutors from Metro College of Nursing; Dr. Lekha Bist, Dean-cum-Professor; Ms. Ritu, Associate Professor at Galgotias University; Ms. Akshita Arya, Associate Professor; Ms. Bhuwan Mehra, Assistant Professor at Kailash College of Nursing; Prof. Dr. Balamani Bose, Principal, College of Nursing; and Prof. Aayushi Bansal, Professor at LLRM, Meerut. The event reaffirmed that safe motherhood is a basic human right and concluded with a powerful cultural performance titled 'Antarvedna'.

भारी समस्या बन चुकी है उच्च रक्तचाप की समस्या

अनुमान है कि दुनिया के 100 करोड़ से अधिक व्यक्ति उच्च रक्तचाप (हाइपरटेंशन) की समस्या से जूझ रहे हैं। इनमें सभी सामाजिक-आर्थिक और आयु के व्यक्ति हैं। उम्र के साथ हाइपरटेंशन के मामलों में बढ़त दिखती है। उच्च रक्तचाप को साइलेंट किलर कहा जाता है क्योंकि यह शरीर में धीरे-धीरे बढ़ता है और मायोकार्डियल इन्फार्क्शन, स्ट्रोक या हार्ट फेल्योर जैसी हृदय संबंधी बीमारियों का कारण बन सकता है तथा अन्य बीमारियों के उपचार में बाधक बनता है। आरंभ में इसके कोई संकेत या लक्षण नहीं दिखते। उच्च रक्तचाप के खतरों के प्रति जागरूकता बढ़ाने के प्रयोजन से वर्ल्ड हाइपरटेंशन लीग के सौजन्य से प्रतिवर्ष 17 मई का दिन उच्च रक्तचाप को मनाया जाता है।

निम्न सरल उपाय अपनाने से उच्च रक्तचाप को नियंत्रण में रखा जा सकता है।

- अधिक वजन और मोटापे पर नियंत्रण।
- भोजन में परिष्कृत चीनी, कार्बोहाइड्रेट, और सोडियम का सेवन कम से कम हो या न हो।
- भोजन में उच्च कोटि के प्रोटीन और लहसुन की मात्रा बढ़ाएं।

दैनिक खानपान में इन खाद्य पदार्थों का सेवन कम से कम करें या न करें: शराब और तम्बाखू, केफीन। जीवनशैली में शारीरिक गतिविधि बढ़ाएं और व्यायाम नियमित रूप से करें। तनाव में न रहें; अच्छी, आरामदायक नींद लें।

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मरीजों के देखभालकर्ताओं के लिए निहायत जरूरी है हाथों की साफ-सफाई

शरीर को साफसुथरा रखना अनेक दृष्टियों से फायदेमंद है। यह आदत स्वस्थ रहने में सहायक है। इसके अलावा आपका व्यक्तित्व भी निखर कर आकर्षक बनता है। और जब बात मरीज की देखभाल की हो तो साफसुथरे हाथ की अहमियत बहुत ज्यादा हो जाती है। कारण – हाथ में अमूनन सैकड़ों कीटाणु मौजूद रहते हैं। संक्रमित हाथ मरीज तक पहुंचते हैं तो कोई नई बीमारी लग सकती है।

हाथों की सफाई के प्रति जागरूकता सवर्धित करने के उद्देश्य से 5 मई का दिन 'हैंड हाइजीन दिवस' के रूप में मनाया जाता है। नर्स या अन्य स्वास्थ्य देखभाल कर्ता हाथों की सफाई कैसे रखें इस बाबत मुख्य बातें यहां उल्लिखित है।

1. पहले हाथों को बहते पानी से गीला करें। फिर दोनों हाथों खासकर हथेलियों और उंगलियों के बीच साबुन लगाएं।
2. हाथों को कम से कम 15 सेकंड तक रगड़ें। सुनिश्चित करें कि हाथों, और उंगलियों के आगे-पीछे, बीच में और नाखूनों के नीचे सफाई हो रही है।
3. फिर साफ पानी से हाथों को भली-भांति सुखा लें। फिर हवा में या साफ तौलिए से हाथों को सुखा लें।

कब-कब हाथ धोना आवश्यक है।

1. कुछ भी खाने से पहले,
2. टॉयलेट का इस्तेमाल करने के बाद,
3. सार्वजनिक जगहों पर हाथ लगने के बाद
4. खांसने या छींकने के बाद,
5. बीमार व्यक्ति के संपर्क में आने के तुरंत बाद,
6. भोजन पकाने से पहले।

इसी के साथ, नाखूनों को छोटा और साफ रखें। साबुन और पानी उपलब्ध न हो तो हैंड सैनिटाइजर का उपयोग करें। जहां तक संभव हो, सार्वजनिक स्थानों पर रखे तौलिए का उपयोग न करें।

Call for News Items from Nursing Institutions

Schools and Colleges of Nursing are welcome to submit for publication in monthly TNAI Bulletin, the news items and write ups about observances of Graduation Ceremony, Annual Day, Seminars, Conferences, important workshops, etc. The charges are Rs 1000/- + GST per item including one photograph. The payment should be through a demand draft in favour of The Trained Nurses' Association of India (TNAI), New Delhi. Neatly spaced out hand-written matter, preferably typed in double space on one side of paper with photograph may be sent, along with requisite charges, to the Editor, TNAI Bulletin.

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