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THE TRAINED NURSES' ASSOCIATION OF INDIA

# TNAI BULLETIN



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July 2025

## World Population Day: A Call to Action for Nurses and Midwives

Observed annually on **11 July**, *World Population Day* (WPD) reminds us of the pressing need to address challenges arising from population dynamics. The 2025 WPD theme, *Putting the Brakes on Unintended Pregnancy*, highlights the utilisation of available reproductive health services, importance of informed decision-making, and gender equality. As frontline health professionals, nurses and midwives play a pivotal role in educating communities, supporting family planning services, and empowering individuals, especially women, to make informed reproductive choices. On this occasion, let us reaffirm our commitment to creating healthier and more equitable societies by raising awareness, ensuring universal healthcare access, and addressing the social determinants that influence population growth.

**TNAI State Branch Elections:** TNAI elections are due shortly in the States of Arunachal Pradesh and Uttarakhand. The dates, venue, and other relevant information are available at pages 99-106 of this issue. For verifying the membership status, please visit the link - <https://election.tnaionline.org/SearchMember/index>. In case you are member in a State other than your current place of work or residence, please update your details via the link: <https://election.tnaionline.org/UpdateData/Index>. Your timely action will ensure your participation in the upcoming elections. All eligible members of the respective branches are encouraged to actively participate in this democratic process.

**The SNAI Biennial Conference 2025:** The 31st Biennial Conference of the Student Nurses' Association of India (SNAI) will be held during 20 - 22 November 2025 (Thursday to Saturday) at MAEER's Vishwaraj Institute of Nursing, located at the iconic World Peace Dome, Vishwa Rajbaug, Solapur Road, Loni Kalbhori, Pune. This prestigious national event will bring together student nurses from across the country for an enriching experience packed with academic excellence, cultural expression, and leadership development. The last date for submission of entries for Scientific Paper Presentation and the National Award for Best SNAI Unit is August 31, 2025, while entries for all other competitions must be submitted by September 30, 2025. Detailed circulars have been shared with all TNAI Presidents, Secretaries, and Advisors, and complete information is also available on the official SNAI website: [www.snaionline.org](http://www.snaionline.org).

**Discounted Pathological Charges for TNAI & SNAI Members at Dr Lal PathLabs:** The TNAI is pleased to announce that pursuant to a collaboration having been struck with Dr Lal PathLabs, the TNAI members and

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their dependents are eligible for a 20% discount on Pathology services anywhere in India and a 20% discount on Radiology services within Delhi-NCR. Student nurses holding valid SNAI membership cards can also avail of the benefit for themselves. To access these discounts, members are required to present their TNAI/SNAI Membership Card along with a valid Aadhaar Card at the time of billing. Detailed information, including the list of participating centres and contact details, is available on the TNAI website and the respective State Branch websites. This initiative reflects TNAI's commitment to supporting its members.

Stay healthy, stay strong! Mind that by staying healthy and strong only you can help others in need.

**Evelyn P Kannan**

Chief Editor &amp; Secretary General, TNAI

## National Conference on Forensic Nursing

The first ever **National Conference on Forensic Nursing** was organised by the TNAI Puducherry UT Branch in collaboration with the Department of Nursing Services, JIPMER on 1-2 April 2025 at the JISPH Auditorium, JIPMER. This event brought together nursing professionals, forensic experts, and legal specialists to deliberate on the evolving field of forensic nursing in India.

The National President Mrs Annie Kumar, graced the Inaugural Session as the Chief Guest. With Dr Vir Singh Negi, Director, JIPMER as Patron, Dr. L.N. Dorairajan, MS, Co-Patron; Mrs. Sankareswari A, CNO. the Guest of Honour was Mrs Evelyn P Kannan, Secretary-General TNAI. The conference featured expert-led sessions, panel discussions, and case-based learning, covering such vital topics as sexual offences, toxicology, medico-legal documentation, and the role of forensic nurses in healthcare and the justice system.



**The Valedictory Function** was presided over by Dr. Bajji Valli, National Vice-President of TNAI (South Region). In her address, she appreciated the participants and the efforts of the organising team for a well-conceived and impactful conference. Earlier, in her welcome address to the participants, Mrs V Sridevy, TNAI Puducherry Branch President emphasised the unity in the profession. Reports on regional activities were presented by Mrs Sathiyakani Thangaraj (TNAI) and Dr Kavitha D (SNAI). Mrs Evelyn P Kannan, Secretary-General TNAI, provided an overview of TNAI's mission and national programmes. This was followed by an interactive session that allowed participants to share best practices and challenges. The session concluded with a vote of thanks by Mrs Jacqueline Latha, State Branch Joint Secretary.

The deliberations on scope & challenges of forensic nursing, toxicology, dying declaration, medico-legal aspects, DNA analysis, MTP Act, career pathways in forensic nursing, management of victims, human rights, psychiatric illnesses & criminality, vehicular accidents, ethics in forensic nursing, were taken up by eminent experts including Dr Lakshmi Ramamoorthy, Dr Ravichandran, Dr Dhivya Prakash, Mr Praveen, Dr Shanmugam, Prof Haritha Sagili, Dr Maria Theresa, Mrs Cecilia MS, Mrs Kripa Angeline, Dr E Pramila, Dr E Pramila Thamizhvanan, Mr Moses Selvakumar, Ms Sheetal, Mrs V Bhanu, Mr Senthilkumar, Dr Mukesh R, Dr Vidya Ramkumar, Prof Ambika Prasad Patra, Aspects Dr. Vinod Ashok Chaudhari, Prof Shivanand Kattimani, Dr Rajalakshmi, Dr Anand, Dr Nancy Premkumar, Shri Chaitanya Narra, Mr Biju, Mr Anand, Mrs Gandhimathi Johnpeter, Mrs Shanthi Selvam, Mrs Anitha CR, Mrs Amutha, Mrs Reena Omen. Dr Bajji Valli, Vice-President (South), praised the branch's efforts. Mrs Annie Kumar, National President, highlighted national strategies to uplift the nursing workforce. We thanks to sponsors Baby Care Division & Himalaya Wellness company.

### Principals-CNO Meet

The Puducherry Branch of TNAI conducted a meeting of Principals of nursing institutions, Chief Nursing Officers (CNOs), and Nursing Superintendents on 1 April. It was a special initiative to provide orientation on the latest happenings in TNAI and SNAI. The session served as a platform for academic and clinical nursing leaders to engage in dialogue, share perspectives, and better understand the vision and ongoing initiatives of TNAI. The idea was to deliberate on current trends, challenges, and developments in nursing practice, education, and administration to foster collaboration among senior nursing professionals and discuss TNAI-led initiatives at both regional and national levels. The meet concluded with a collective commitment to active participation in TNAI's mission and a resolve to advance nursing leadership and education across the country.

The event concluded with a networking dinner, strengthening professional bonds and a shared commitment to nursing excellence in the region. We also thanks the sponsors for the Principals-CNO meet to Mr. G. Sreekanthan, Chairman & Managing Director and Dr. Jothi Clara from Ebekmed Adventures Pvt.Ltd.



## TNAI Arunachal Pradesh State Branch Election

**Date:** 09 August 2025

**Time:** 09:00 am to 5:00 pm (09 am to 10 am General Body Meeting & 11 am to 5 pm Polling)

**Venue:** Conference hall, Hotel Dhasang, Dhasang Complex, Near: Sohum, Barapani Naharlagun, Pin-791110

Sr. No.	Name of the Office	Name of the Nominee with TNAI No.	Status
1.	<b>President</b>	1. Mrs. Pate Yasuk N Gurang, <b>TNAI No.</b> 198505, <b>Address:</b> GWS Apartment, C-Sector, Naharlagun	Declared Elected
2.	<b>Vice President</b>	1. Mrs. Yombi Angi Bagra, <b>TNAI No.</b> 310801, <b>Address:</b> Backside ZSI Colony, Itanagar 2. Ms. Tadar Yagam, <b>TNAI No.</b> 198509, <b>Address:</b> E Sector, Naharlagun	
3.	<b>Secretary</b>	1. Ms. Ampi Tage, <b>TNAI No.</b> 28405, <b>Address:</b> Dennis Apartment, Papu Village-I, NLG, Arunachal Pradesh 2. Ms. Techi Mepung, <b>TNAI No.</b> 264949, <b>Address:</b> E Sector, Naharlagun, Arunachal Pradesh	
4.	<b>Joint Secretary</b>	1. Mrs. Minutaw, <b>TNAI No.</b> 312480, <b>Address:</b> P Sector, Itanagar	Declared Elected
5.	<b>Treasurer</b>	1. Ms. Mamung Bullo, <b>TNAI No.</b> 302108, <b>Address:</b> APNC, C-Sector, Naharlagun	Declared Elected
6.	<b>SNAI Advisor</b>	1. Ms. Lily Kulo, <b>TNAI No.</b> 23385, <b>Address:</b> Prem Nagar, Veterinary Colony	Declared Elected
7.	<b>Chairperson- Nursing Education and Research Section</b>	<b>Vacant</b>	
8.	<b>Chairperson- Programme Committee</b>	1. Ms. Tadar Metung, <b>TNAI No.</b> 324550, <b>Address:</b> D-Sector, Nirjuli, PO/PS- Nirjuli, Distt-P/Pare, Pin 791109, Arunachal Pradesh	Declared Elected
9.	<b>Chairperson- Membership Committee</b>	<b>Vacant</b>	
10.	<b>Chairperson- Public Health Nursing Section</b>	<b>Vacant</b>	
11.	<b>Chairperson- Nursing Service Section</b>	<b>Vacant</b>	
12.	<b>Chairperson- Socio Economic Welfare Committee</b>	1. Ms. Laxmi D. Sonam, <b>TNAI No.</b> 226828, <b>Address:</b> Papu Nallah, War B. A. Enterprises	Declared Elected
13.	<b>Chairperson- LHV/ANM Committee</b>	<b>Vacant</b>	

- A. Election will be conducted digitally for all the posts except those marked as “Declared Elected”.**
- B. The Returning Officer (RO) Shall declare the open election during the general body meeting and invite the nominations.**
- C. An open election will be conducted for the following vacant positions.**
- i. **Chairperson- Nursing Education and Research Section**
  - ii. **Chairperson- Membership Committee**
  - iii. **Chairperson- Public Health Nursing Section**
  - iv. **Chairperson- Nursing Service Section**
  - v. **Chairperson- LHV/ANM Committee**
- D. Common Eligibility criteria for contesting above mentioned post (i to v):**
- i. Any candidate filing nomination for Arunachal Pradesh Offices should have completed a minimum of 05 years of membership in TNAI.
  - ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
  - iii. Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the TNAI Arunachal Pradesh State Branch Offices.

- iv. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to the Returning Officer of Arunachal Pradesh State Branch Election before submitting the nomination for open election on the election day.
- v. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest TNAI Arunachal Pradesh State Branch Offices.
- vi. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vii. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- viii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- ix. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Arunachal Pradesh i.e., TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
- x. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

**Kindly Note:**

**E. Specific eligibility criteria for the following posts:**

- i. **Chairperson- Nursing Education and Research Section-** The office for the State/ UT State/ UT Chairperson Nursing Education and Research Section is reserved for **Nursing faculty** working and residing in the respective state only.
- ii. **Chairperson- Public Health Nursing Section-** The State Chairperson- Public Health Nursing Committee is reserved for **Community Nurse/Public Health Nurse/ Public Health Nursing officers** working and residing in the respective state and working in the Public Health/ Community Health setting.
- iii. **State/ UT Chairperson- Nursing Service Section-** The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in **a hospital/ clinical setting**.
- iv. **Chairperson- LHV/ANM Committee-** State Branch LHV/ ANM is reserved for **female TNAI associate life members only**.

**F. How to file the Nomination for Open election**

- i. The open election will be conducted **on the day of election** along with the scheduled Arunachal Pradesh State branch Election.
- ii. Nomination sheet is available in the TNAI National and the Arunachal Pradesh TNAI State Website.
- iii. Eligible members for the open positions are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Arunachal Pradesh State branch at the election venue **on the day of election** on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. Nomination for Chairperson ANM/LHV shall be proposed and seconded by TNAI Associate Life Members only.
- vii. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- viii. A copy of the working and residing proof shall be submitted along with the nomination.
- ix. A copy of the employment proof shall be submitted by the eligible candidates contesting for **Chairperson- Nursing Education and Research Section, Chairperson- Public Health Nursing Committee, Chairperson- Nursing Service Section and Chairperson- LHV/ANM Committee**.
- x. For all the vacant offices the names of the **three members having the highest number** of nominations only will be included in the electronic voting device.
- xi. If only one nomination, then it shall be declared as Elected by the Returning officer.

- xii. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

#### G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on the day of election**. The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI national and Arunachal Pradesh State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Arunachal Pradesh branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

#### H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Arunachal Pradesh are eligible to vote.
- ii. Members are requested to check their membership status at [https://election.tnaionline.org/ Update Data/ Index](https://election.tnaionline.org/UpdateData/Index).
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Arunachal Pradesh finds that his/her membership is enlisted in a different state, they can transfer their membership to Arunachal Pradesh on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Arunachal Pradesh. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Request for change of the status of membership/ Photo ID Life Membership Card (transfer of membership from any state branch to Arunachal Pradesh) **will be permitted till 07 July 2025, 4:30 pm after that, any change of address/ photo Id card request will not be accepted.**
- v. Election will be held on **09 August 2025 from 11.00 AM to 05.00 PM at Conference hall, Hotel Dhasang, Dhasang Complex, Near: Sohum, Barapani Naharlagun, Pin-791110, Arunachal Pradesh.**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the election day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

#### I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting.

- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.
- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then directed to the digital polling station which is available.
- ix. The voters shall enter the QR code Token number in the digital voting screen.
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Life members with LMT category are eligible to cast vote for all the offices except Chairperson ANM/LHV.
- xii. Associate Life members with LMM category are eligible to caste vote only for **Chairperson ANM/LHV position**.
- xiii. Scroll through the options in the digital voting machine and click on the contestant's photo for each post.
- xiv. After selecting candidates for all posts, click the final submit button.
- xv. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email.
- xvi. Leave the polling station quietly.

**By:**

**Mrs. Kijum Sora Karga, Returning Officer- TNAI Arunachal Pradesh State Branch Election,  
C/o The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.  
Email Id: [tnaielections@gmail.com](mailto:tnaielections@gmail.com)**

## Election Result – TNAI Meghalaya State Branch 2025

An Election of TNAI Meghalaya State Branch were held on 16<sup>th</sup> May, 2025 at Conference Hall (Level 2), Windermere Hotel, Lumeh, Dong Surok, Umpling, Shillong, East Khasi Hills, Meghalaya-793006

1. **President:** Smt. Sara Mary Jyrwa, **TNAI No.** 66067, **Address:** C/O S. Jyrwa Lumshyap Chandmari, Shillong-793001, Meghalaya
2. **Vice President:** Smt. Silbana Lyngdoh, **TNAI No.** 79222 **Address:** khlieh Shnong, mawlynrei Shillong-793006, Meghalaya.
3. **Secretary:** Smt. Phisha Nora Nongpluh, **TNAI No.**92603, **Address:** RN-88, Ryngi jynriew Upper Nongthymmai Shillong-793014, Meghalaya
4. **Joint Secretary:** Mr. Daiamonlang Nongbri, **TNAI No.** 133577, **Address:** Lummawbah Upper Shillong Parmaw B1-I Meghalaya-793005
5. **Treasurer:** Mrs. Daily Happy Langba, **TNAI No.**141311, **Address:** H No 230 Dong Kadiang Nongmysong Shillong-793019, Meghalaya
6. **SNAI Advisor:** Ms. Suzy Lewis Chen, **TNAI No.** 189496, **Address:** Mookyrdup Ladthadlaboh Jowai, West Jaintia Hills District-793150
7. **Chairperson- Nursing Education and Research Committee:** Ms. Coniefer May Kharmalki, **TNAI No.** 91558, **Address:** Bethany S O N, Opp NEC, Nongrim Hills, Shillong
8. **Chairperson- Programme Committee:** Ms. Neera June M. Diengdoh, **TNAI No.** 174056, **Address:** Dr. H. Gordon Roberts Hospital, Jaiaw Shillong-793002, Meghalaya
9. **Chairperson-Membership Committee:** Ms. Laiyntyiew Warlarpih, **TNAI No.** 153611, **Address:** C/O Priskila Warlarpih Khlieh Shnong Malki, Shillong-793001, Meghalaya
10. **Chairperson- Public Health Nursing Section:** Ms. Leitriti Lyndem, **TNAI No.** 158008, **Address:** Khliehshnong, sohra, East Khasi Hills Meghlay Nohkalikai, khllehshnong sohra-793108.
11. **Chairperson- Nursing Service Section:** Ms. Phibakor Kharkongor, **TNAI No.**118798, **Address:** Golden estate, lawjynriew, Nongthymmai, Shillong-793014, Meghalaya
12. **Chairperson- Socio-Economic Welfare Committee:** Mr. Mihsalan Dkhar, **TNAI No.** 283676, **Address:** Narwan, Aest Jaintia Hills district-793200, Narwan, Meghalaya
13. **Chairperson- LHV/ANM Committee:** Mrs. Ester Litting, **TNAI No.** 292998, **Address:** Khimusniang Jowai west Jaintia hills khimusniang-793150, Meghalaya

**Smt. Manosha Lyngdoh**

Returning Officer, TNAI Meghalaya State Branch Election 2025

## TNAI Uttarakhand State Branch Election 2025

**Date:** --- 19 August, 2025

**Time:** 09:00 am to 5:00 pm (09 am to 10 am General Body Meeting. 11 am to 5 pm Polling)

**Venue:** Hotel Jahanvi Dale, Delhi -Haridwar Bypass Road, Gulab bagh, Gyan Lok Colony, Mayapur, Haridwar, Uttarakhand-249408.

Sr. No.	Post	Name and Address of the Contestant	Status
I	State President	Dr. Rajesh Kumar Sharma, <b>TNAI No.</b> 278825, <b>Address:</b> Himalayan College of Nursing, Swami Rama Himalayan University, Dehradun-248016, Uttarakhand.	Declared Elected
II	State Vice President	Vacant	
III	State Secretary	Dr. Mamta, <b>TNAI No.</b> 220800, <b>Address:</b> Lane No.2 Nanak Vihar Dehrakhas Patel Nagar, Dehradun-248001, Uttarakhand	Declared Elected
IV	State Joint Secretary	Mrs. Priya J P Narayan, <b>TNAI No.</b> 161348, <b>Address:</b> Himalayan College of Nursing, Swami Rama Himalayan University, Dehradun-248016, Uttarakhand.	Declared Elected
V	State Treasurer	Vacant	
VI	State SNAI Advisor	Ms. Anita Adhikari, <b>TNAI No.</b> 295546, <b>Address:</b> Type 4 G-2 Medical College Campus, Haldwani, Nainital-263139, Uttarakhand.	Declared Elected
VII	Chairperson- Nursing Education and Research Committee	Dr Harleen Kaur, <b>TNAI No.</b> 99451, <b>Address:</b> Himalayan College of Nursing, Swami Rama Himalayan University, Dehradun-248016, Uttarakhand.	Declared Elected
VIII	Chairperson- Programme Committee	Dr Dipti Y Sorte, <b>TNAI No.</b> 67233, <b>Address:</b> N S C O N, Subharti University, Nanda Ki Chowki, Prem Nagar, Dehradun-248007, Uttarakhand.	Declared Elected
IX	Chairperson-Membership Committee	Ms. Anju Rani, <b>TNAI No.</b> 295545, <b>Address:</b> B. D. Pandey School of NSG, Tallital, Nainital-263002, Uttarakhand	Declared Elected
X	Chairperson- Public Health Nursing Section	Vacant	
XI	Chairperson- Nursing Service Section	Dr. Mehvish Khalid, <b>TNAI No.</b> 161347, <b>Address:</b> 178/20 Lakkhibagh, Near GGI College, Dehradun-248001, Uttarakhand	Declared Elected
XII	Chairperson- Socio-Economic Welfare Committee	Vacant	
XIII	Chairperson- LHV/ANM Committee	Vacant	

- A.** Election will be conducted digitally for all the posts except those marked as "Declared Elected".
- B.** The Returning Officer (RO) Shall declare the open election during the general body meeting and invite the nominations.
- C.** An open election will be conducted for the following vacant positions.
- i. Vice-President
  - ii. Treasurer
  - iii. Chairperson- Public Health Nursing Section
  - iv. Chairperson- Socio Economic Welfare Committee
  - v. Chairperson- LHV/ANM Committee
- D.** Common Eligibility criteria for contesting above mentioned post (i to v):
- i. Any candidate filing nomination for Uttarakhand Offices should have completed a minimum of 05 years of membership in TNAI.
  - ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.

- iii. Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the Uttarakhand Offices of TNAI.
- iv. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to the Returning Officer of Arunachal Pradesh State Branch Election before submitting the nomination for open election on the election day.
- v. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest Uttarakhand offices.
- vi. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vii. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- viii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- ix. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Uttarakhand i.e., TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
- x. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

**Kindly Note:**

**E. Specific eligibility criteria for submitting nominations for open election:**

- i. **Treasurer** –Treasurer post is reserved for **female TNAI life members only**.
- ii. **Chairperson- Public Health Nursing Section** –The State Chairperson- Public Health Nursing Committee is reserved for **Community Nurse/Public Health Nurse/ Public Health Nursing officers** working and residing in the respective state and working in the Public Health/ Community Health setting.
- iii. **Chairperson- LHV/ANM Committee** - State Branch LHV/ ANM is reserved for **female TNAI associate life members only**.

**F. How to file the Nomination for Open election**

- i. The open election will be conducted **on the day of election** along with the scheduled Uttarakhand State branch Election.
- ii. Nomination sheet is available in the TNAI national and the Uttarakhand TNAI State Website.
- iii. Eligible members for the open positions are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Uttarakhand State branch at the election venue **on the day of election** on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. Nomination for Chairperson ANM/LHV shall be proposed and seconded by TNAI Associate Life Members only.
- vii. The proposer and seconder for a candidate filing nomination shall be residing in the same Uttarakhand state as domicile or working and life member of TNAI.
- viii. A copy of the working and residing proof shall be submitted along with the nomination.
- ix. A copy of the employment proof shall be submitted by the eligible candidates contesting for **Chairperson- Public Health Nursing Committee and Chairperson- LHV/ANM Committee**.
- x. For all the vacant offices the names of the **three members having the highest number** of nominations only will be included in the electronic voting device.
- xi. If only one nomination, then it shall be declared as Elected by the Returning officer.
- xii. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

**G. Instruction to the Contestants:**

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on the day of election**. The nomination of

the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.

- ii. The prescribed form for the nomination of a representative is available in TNAI national and Uttarakhand State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Uttarakhand branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

#### H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Uttarakhand are eligible to vote.
- ii. Members are requested to check their membership status at [https://election.tnaionline.org/ Update Data/ Index](https://election.tnaionline.org/UpdateData/Index).
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Uttarakhand finds that his/her membership is enlisted in a different state, they can transfer their membership to Uttarakhand on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Uttarakhand. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Request for change of the status of membership (transfer of membership from any state branch to Uttarakhand) **will be permitted till 18/07/2025, 4:30 pm after that, any change of address will not be accepted.**
- v. Election will be held on **19/08/2025 from 11.00 am to 05:00 pm** at Hotel Jahanvi Dale, Delhi -Haridwar Bypass Road, Gulab bagh, Gyan Lok Colony, Mayapur, Haridwar, Uttarakhand-249408.
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the election day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

#### I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting.
- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.

- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then directed to the digital polling station which is available.
- ix. The voters shall enter the QR code Token number in the digital voting screen.
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Scroll through the options in the digital voting machine and click on the contestant's photo for each post.
- xii. After selecting candidates for all posts, click the final submit button.
- xiii. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email.
- xiv. Leave the polling station quietly.

**By:**

**Dr. Kamli Prakash, Returning Officer- TNAI Uttarakhand Branch Election,  
C/o The Trained Nurses' Association of India, L-17,  
Florence Nightingale Lane, Green Park Main, New Delhi- 110016.  
Email Id: [tnaielections@gmail.com](mailto:tnaielections@gmail.com)**

## Election Result – TNAI Odisha State Branch 2025

An Election of TNAI Odisha Branch were held on 23<sup>rd</sup> March, 2025 at IMA House, Capital Hospital Campus, Unit – 6, Bhubaneswar – 751001, Odisha

1. **President:** Dr. Anasuya Pattanayak, **TNAI No.** 190165, **Address:** Professor, Kalinga Institute of Nursing Sciences KIIT DU BBSR, Pincode-751024, Odisha
2. **Vice President:** Ms. Dipti Mayee Mallick, **TNAI No.** 234854, **Address:** Sibananda Nagar, Ward No-10, Bargarh - 768028, Odisha
3. **Secretary:** Dr. Ritanjali Sahoo, **TNAI No.** 127488, **Address:** Sai Niwas, Gautam Nagar, Bidyadharpur, Nayabazar, Cuttack-753004, Odisha
4. **Joint Secretary:** Ms. Santoshini Jena, **TNAI No.** 250438, **Address:** Lenka Lane, New Malgodown Road, Gandarpur, College Square, Cutack-753003, Odisha
5. **Treasurer:** Ms. Sanghamitra Barik, **TNAI No.** 198375, **Address:** At-Kanheipur, Plot-184/1491, Cuttack-753006, Near Bayababa Hp Gas Agency, Odisha
6. **SNAI Advisor:** Mr. Asis Ranjan Mohanty, **TNAI No.** 253570, **Address:** Prativa Devi College of Nursing, 289 Plot No, Prachi Enclave Rd, Annex, Neeladri Vihar, Chandrasekharpur, Bhubaneswar-751016, Odisha
7. **Chairperson- Nursing Education and Research Committee:** Mr. Derik Donson Nanda, **TNAI No.** 245634, **Address:** Vice Principal, Vikash Nursing College. Sambalpur, Odisha, Pinc-768200
8. **Chairperson- Programme Committee:** Dr. Sinmayee K. Devi, **TNAI No.** 163615, **Address:** Debananda Vihar Apartment, Flat No: 301, Bomikhal Canal Road, PO-Rasulgarh, Pincode- 751010
9. **Chairperson-Membership Committee:** Ms. Prangyan Parimita Mishra, **TNAI No.** 190221, **Address:** Kalinga Institute of Nursing Sciences KIIT DU BBSR, Pincode-751024, Odisha
10. **Chairperson- Public Health Nursing Section:** Mr. Sharat Chandra Majhi, **TNAI No.** 302054, **Address:** At-Pingu Patna, PO-Saharpada, Distt-Kendujhar, Odisha-758016.
11. **Chairperson- Nursing Service Section:** Ms. Purnima Rani Kumar, **TNAI No.** 241063, **Address:** At- Apilo, PO- Jhadeswarpur, PS-Mahanga, Cuttack-754207, Odisha
12. **Chairperson- Socio-Economic Welfare Committee:** Ms. Suprava Sahoo, **TNAI No.** 187688, **Address:** Nursing Officer, College of Nursing, SCB MCH, Cuttack-753007, Odisha
13. **Chairperson- LHV/ANM Committee:** Ms. Bandita Sahoo, **TNAI No.** 264888, **Address:** ANM, MPHWF, Karilopatna s/c, Marshaghai

**Mrs. Kabita Ranjan Mohapatra**

Returning Officer

TNAI Odisha State Branch Election 2025

## TNAI Nagaland State Branch Election

The nomination for the State Branch was published in the month of April 2025 TNAI Bulletin. The nominations were opened after the last date of Nomination ie, 18 May 2025. All the nominations were scrutinised and found eligible. All the offices were unopposed and hence the election committee declared all contestants as declared elected.

Sr. No.	Name of the Office	Name of the Nominee with TNAI No.	Status
1.	<b>President</b>	1. Ms. Khuniho Assumi, <b>TNAI No:</b> 52638, <b>Address:</b> District Hospital, Dimapur, Nagaland	Declared Elected
2.	<b>Vice President</b>	1. Mrs. Bursenla, <b>TNAI No:</b> 324428, <b>Address:</b> District Hospital, Dimapur, Nagaland	Declared Elected
3.	<b>Secretary</b>	1. Mrs. N. Imtisenla AO, <b>TNAI No:</b> 123450, <b>Address:</b> School of Nursing, IMDH, Mokokchung, Nagaland-798601	Declared Elected
4.	<b>Joint Secretary</b>	1. Ms. Inatoli, <b>TNAI No:</b> 201515, <b>Address:</b> District Hospital, Dimapur, Nagaland	Declared Elected
5.	<b>Treasurer</b>	1. Ms. K Anatoli, <b>TNAI No:</b> 315999, <b>Address:</b> Naga Hospital Authority, Kohima, Nagaland-797001	Declared Elected
6.	<b>SNAI Advisor</b>	1. Ms. Nongozonuo Khape, <b>TNAI No:</b> 169843, <b>Address:</b> CON, CIHSR, 4 <sup>TH</sup> Mile Diphupar, Chumoukeima, Nagaland	Declared Elected
7.	<b>Chairperson- Nursing Education and Research Section</b>	1. Ms. Alikala Tzudi, <b>TNAI No:</b> 183015, <b>Address:</b> School of Nursing, IMDH, Mokokchung, Nagaland-798601	Declared Elected
8.	<b>Chairperson- Programme Committee</b>	1. Ms. Lipoksangla, <b>TNAI No:</b> 117082, <b>Address:</b> School of Nursing, IMDH, Mokokchung, Nagaland-798601	Declared Elected
9.	<b>Chairperson- Membership Committee</b>	1. Ms. Chubayangla Ozukum, <b>TNAI No:</b> 311296, <b>Address:</b> School of Nursing, IMDH, Mokokchung, Nagaland-798601	Declared Elected
10.	<b>Chairperson- Public Health Nursing Section</b>	1. Ms. S. Imsutula, <b>TNAI No:</b> 73666, <b>Address:</b> Nursing Superintendent, IMDH, Mokokchung, Nagaland-798601	Declared Elected
11.	<b>Chairperson- Nursing Service Section</b>	1. Ms. Zululemla A.O <b>TNAI No:</b> 195274 <b>Address:</b> Naga Hospital Authority, Kohima, Nagaland-797001	Declared Elected
12.	<b>Chairperson- Socio Economic Welfare Committee</b>	1. Ms. Imtirenla Lonhkumer, <b>TNAI No:</b> 195277 <b>Address:</b> T.B Hospital and Chest Diseases, Mokochung, Nagaland	Declared Elected
13.	<b>Chairperson- LHV/ANM Committee</b>	1. Ms. Khrielakhonuo Angami, <b>TNAI No:</b> 294465 <b>Address:</b> Naga Hospital Authority, Kohima, Nagaland-797001	Declared Elected

By:  
Ms. Limasungla Aier  
Returning Officer  
TNAI Nagaland State Branch Election  
Address: C/O TNAI Headquarters, L-17  
Florence Nightingale Lane, Green Park Main, New Delhi-110016.

## Nurses Awards 2025

### Ms. Reba Rani Sarkar

**Auxiliary Nurse Midwife (ANM), Primary Health Centre (PHC), Campbell Bay, Satellite Colony, Dist. Nicobar, Andaman & Nicobar Islands**

Ms. Reba Rani Sarkar, Auxiliary Nurse Midwife (ANM) has rendered 33 years of dedicated service across sub-centers and Primary Health Centers (PHCs) in the Andaman region. Her dedication during critical times such as the tsunami, and the COVID -19 pandemic is especially commendable. Despite challenging terrains and adverse conditions, she delivers healthcare, often walking long distances healthcare, often walking long distances and traveling by boat to reach remote areas. Ms. Sarkar has actively championed government initiatives, playing a vital role in their successful implementation. In recognition of her outstanding and selfless service, Ms. Reba Rani Sarkar has received many letters of appreciation, underscoring her exceptional commitment to community health and well-being.



### Ms. Valiveti Subhavathi

**Auxiliary Nurse Midwife (ANM), Manangement Instructor, Regional Health & Family Welfare, Training Center, Kurnool, Andhra Pradesh**

Ms. Valiveti Subhavathi, started her journey as an ANM in PHC, Guntur District and retired this year as management instructor at Regional Health and Family Welfare Training Centre, Andhra Pradesh after 39 years of exemplary service. As a health educator and health education extension officer, she conducted several rural health education extension officer, she conducted several rural health education campaigns along with radio talks using her talent of communication, writing songs and singing, spreading awareness on health activities. Ms. Valiveti Subhavathi has also received best health educator award and best performer award at the district level.



### Ms. Saroj Fakirbhai Patel

**Auxiliary Nurse Midwife (ANM), Primary Nurse Midwife (PHC)/Medical Health Services, Moti Daman**

Ms. Saroj Fakirbhai Patel, ANM has a total of 26 years of service and is currently working 26 years of service and is currently working in Ayushman Arogya Mandir, Devka, Moti Daman. She has demonstrated utmost sincerity and devotion to work. She has participated in many national health programs diligently particularly, in door-to-door surveys, eye camps, and distribution of medicines to construction labourers. Her active engagement in community social initiatives has been well recognized, earning her several letters of appreciation from local authorities for her exceptional contributions.



### Ms. Raziya Beegum P B

**Auxiliary Nurse Midwife (ANM), Indira Gandhi Hospital, Kavaratti Island, UT of Lakshadweep**

Ms. Raziya Beegum P B, ANM is currently working in Indira Gandhi Hospital, Kavaratti, Lakshadweep. During her 29 years of service, she has worked with unwavering commitment beyond the call of duty. Her persistent hard work and active involvement in Ayushman Bharat Digital Mission, and Non-Communicable Diseases screening is highly notable. She had been recognized by District and UT authorities for her outstanding services for achieving vaccination targets in the difficult terrain of Lakshadweep during COVID-19.



### Ms. Sujata Ashok Bagul

**Auxiliary Nurse Midwife (ANM), Primary Health Centre (PHC), Kathor, Taluk – District-Jalgaon, Maharashtra**

Ms. Sujata Ashok Bagul, ANM working currently at Primary Health Centre, Jalgaon, Maharashtra with 18 years of service has played a pivotal role in implementation of all national health programs with unmatched commitment, hard work, and highest dedication. Her tremendous efforts have motivated mothers for institutional deliveries and achieved 100% vaccination coverage in her area. Her energetic involvement in various health camps, awareness rallies, and cleanliness drives is impressive and well appreciated for its impact. Ms. Sujata Ashok Bagul has received many letters of appreciation for her outstanding services.



### Ms. Bina Pani Deka

**Lady Health Visitor (LHV), Kamarkuchi Block, PHC Under the Establishment of Addl. CM & HO (FW) Nalbari, Assam**

Ms. Bina Pani Deka, LHV has a total of 28 years of service and is currently posted in a Primary Health Centre in Assam. She is Known for her sincerity, hard work and dedication. Her persistent and active involvement in the implementation of national health programs and care for children with special need is highly noteworthy. She has the experience of organizing several health camps and



awareness campaigns with positive outcomes. She has received many appreciation letters for her capacity to mobilize and disseminate health related services and her excellent services in the vaccination programs in the community.

**Ms Kijum Sora Karga**

**District Public Health Nursing Officer (DPHNO) {functioning as DD Nursing since 2014} DHS Office, B-Sector, Naharlagun, District Papumpare, Arunachal Pradesh**

Ms. Kijum Sora Karga has 28 years of work experience and currently serves as District Public Health Nursing Officer (DPHNO) as well as Deputy Director of Nursing in the Directorate of Health Services, Arunachal Pradesh. She has made remarkable contributions in improving the quality of nursing education, services, and infrastructure in the State. In recognition of her outstanding contributions in improving the quality of nursing education, services, and infrastructure in the State. In recognition of her outstanding contributions to nursing education and services, she has received awards at the State level.



**Miss Dimple Arora**

**Senior Nursing Officer, Dr. R M L Hospital, Atal Bihari Vajpayee Institute of Medical Sciences, New Delhi**

Miss Dimple Arora is a Senior Nursing Officer working in Dr. Ram Manohar Lohia Hospital, New Delhi. She has 27 years of experience. She has volunteered as a relief team member during disasters such as Leh flash floods, H1N1, and swine flu outbreaks, and notably served in the Andaman and Nicobar Islands for a period of six months. Her sincerity and dedication during these challenging situations have been widely appreciated. To ensure she delivers the best possible care, she has undergone various training programs to keep her knowledge and skills up-to-date.



**Major Gen Sheena P D**

**Addl DGMNS, IHQ of MoD (Army), AG's Branch, Defence Officers Complex, KG Marg, New Delhi**

Major Gen Sheena P D, Additional Director General Military Nursing Service has an illustrious career spanning 39 years. She holds a Diploma in Oncology Nursing, and a Postgraduate Diploma in Health Management. A pioneer in oncology nursing and a recognized for her exemplary leadership and outstanding communication skills. Her compassion, commitment, determination, and dedication have consistently driven improvements in the standards of nursing education and service. Her meritorious service has been service. Her meritorious service has been recognized through numerous award and letters of appreciation.



**Dr. Banu M R**

**Assistant Nursing Superintendent (ANS), NIMHANS, Bengaluru, Karnataka**

Dr. Banu M R, Phd in Nursing has 25 years of extensive experience and is currently serving as Assistant Nursing Superintendent at National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru, She demonstrated exemplary leadership during the COVID-19 pandemic, emerging as a role model for her peers. She played a pivotal role in establishing the Neuro Rehabilitation Centre and has developed a comprehensive intervention package for tobacco cessation. A prolific academic, Dr. Banu has authored textbooks and published numerous research articles.



**Ms Leimapokpam Ranjita Devi**

**Nursing Sister, Jawaharlal Nehru Institute of Medical Sciences, Porompat, Manipur**

Ms. Leimapokpam Ranjita Devi has 17 years of professional experience and is currently serving as a Nursing Sister at Jawaharlal Nehru Institute of Medical Sciences, Imphal, Manipur. As an integral team member, she actively contributed to the development of the revised Standard Operation Procedures under the LaQshya programs, as well as the SOP for the Kidney Transplant Unit. Ms Devi was honoured with an appreciation from the State of Manipur for her exceptional role as the nurse and caregiver for the State's first kidney transplant patient.



**Ms. V Lalhmangaihi**

**Nursing Officer, Civil Hospital, Aizawl, Mizoram**

Ms. V Lalhmangaihi has 35 years of work experience and is currently serving as a Nursing officer at Civil Hospital, Aizawl, Mizoram. Renowned for her commitment, compassion, and dedication, she has contributed significantly to the development of clinical practice by preparing guidelines and Standard Operation Procedures (SOPs) for the treatment of Hepatic Encephalopathy and Endotracheal Intubation. Her informative radio talks on topics such as Ayushman Bharat Pradhan Mantri Yojana, Typhoid, Diarrhoea, and Dengue have been highly appreciated.



**Ms L S Manimozhi****Public Health Nursing Officer, National Programme for Control of Blindness (NPCB), Puducherry**

Ms. L S Manimozhi serves as a Public Health Nursing Officer under the National Programs for Control of Blindness in Puducherry. Her dedication and compassion, especially during challenging situations, have been a source of inspiration for both the public and healthcare workers. In times of adversity – such as navigating difficult terrain without proper transportation during cyclones – she has shown exceptional resilience and unwavering commitment in delivering critical support and care to those in need.

**Ms. K Alamelu Mangayarkarasi****Staff Nurse Govt. Hospital, Srivilliputhur – SDH, Tamil Nadu**

Ms. K Alamelu Mangayarkarasi serves as a Nursing Officer at the Government Hospital in Srivilliputhur, Tamil Nadu. A dedicated professional, she takes active interest in organizing various community outreach activities. She has played a key role in enhancing obstetrical and family welfare services, as well as in the establishment of the Orthopaedic Operation Theatre. She has received award from the district authorities for her outstanding contribution towards improving accessibility to health and family welfare service to the tribal communities in Nilgiris District.

**Ms. Doli Biswas****Chief Nursing Officer, Fortis Hospital, Anandapur, Kolkata, West Bengal**

Ms. Doli Biswas, a cardiovascular thoracic specialized post graduate nurse with 27 years of rich experience in Fortis Hospital, is a dedicated nurse with excellent communication and soft skills. She has played a key role in the care and management of COVID -19, for which she was awarded the Covid warrior award in 2022. She has been instrumental in development of various nursing care standards for nursing procedures in the hospital. In the having heart attack in an Indigo flight no. 6E 2788 flying to Kolkata from Delhi, for which she received wide appreciation, She has received multiple awards in recognition of her outstanding contributions to the field of nursing.



## ओआरएस के सेवन का महत्व

कहा गया है, जल ही जीवन है। पोषक तत्वों से इतर, अनेक शारीरिक क्रियाओं के सुचालन, और स्वस्थ रहने में जल की महत्वपूर्ण भूमिका है। दस्त या अन्य स्थितियों में शरीर में जल की कमी अनेक सामान्य या गंभीर बीमारियों का कारण बन सकती है। न भूलें, हमारे देश में एक लाख से अधिक, विशेषकर पांच साल से छोटे बच्चे दस्त के कारण दम तोड़ देते हैं। दस्त से गंभीर निर्जलीकरण की स्थिति हो जाती है और इलेक्ट्रोलाइट संतुलन बिगड़ जाता है। ओआरटी (यानी ओरल रिहाइड्रेशन थिरेपी) निर्जलीकरण से निबटने का एक सरल, कम लागत का महत्वपूर्ण, जीवन रक्षक उपचार है। इसके प्रयोग से शरीर के द्रव और इलेक्ट्रोलाइट संतुलन में रहते हैं तथा पीड़ित व्यक्ति को शीघ्र स्वास्थ्य लाभ होता है।

यों ओआरएस नमक-पानी का घोल है जिसे घर पर तैयार कर सकते हैं। तथापि बाजार में उपलब्ध ओआरएस पैकेट सुविधाजनक इसलिए है चूंकि यह सही अनुपात में सुरक्षित तरीके से तैयार किया गया होता है। उल्लेखनीय है कि क्रांतिकारी ओआरएस के जनक भारतीय बालरोग विशेषज्ञ दिलीप महलानाबिस हैं जो जिन्होंने इस फार्मूला को वर्षों के शोध के उपरांत कोलकाता में तैयार किया। 2001 में, भारतीय बाल चिकित्सा अकादमी ने विश्व ओरल रिहाइड्रेशन साल्ट दिवस की स्थापना की। डब्लूएचओ द्वारा समर्थित ओरल रिहाइड्रेशन साल्ट दिवस प्रतिवर्ष 29 जुलाई को मनाया जाता है। इसका उद्देश्य दस्त के कारण होने वाली बाल मृत्यु के मामलों को कम करना था। सही जानकारी के प्रसार के लिए इस दिन वैश्विक स्तर पर विभिन्न गतिविधियां और अभियान संचालित किए जाते हैं।

**बच्चों में निर्जलीकरण के आम लक्षण:** जीभ का सूखना; चिड़चिड़ापन; थका-मांदा, धंसा हुआ चेहरा। वयस्कों की पहचान इन लक्षणों से होती है: अत्यधिक प्यास; गंभीर थकान; गहरा गाढ़ा पेशाब; चक्कर आना; सांस फूलना; तेज अनियमित धड़कन। ओआरएस का सेवन अधिकांश निर्जलीकरण के मामलों में चमत्कारी लाभ देता है।

– प्रकाशन एकक, टीएनएआई

## NURSING PRINCIPALS MEET – HYDERABAD, TELANGANA

The Trained Nurses' Association of India (TNAI) organized a meeting for nursing school principals on 3rd May 2025 at J.M.J. College of Nursing, Hyderabad, Telangana. The main objective of the meeting was to discuss the upcoming centenary celebrations of the Student Nurses' Association of India (SNAI). Additionally, the gathering aimed to promote the advantages of SNAI and TNAI memberships and identify ways to further strengthen the Association's initiatives.



The meeting commenced with a warm welcome by Dr. (Mrs.) Rajeswari Muppidi, President and Mrs. T. Swarajyavani, Secretary of the TNAI Telangana State Branch. They also extended felicitations to the dignitaries present.

Mrs. Annie Kumar, National President of TNAI, delivered the keynote address. She highlighted TNAI's continuous efforts in enhancing nursing education, fostering leadership, and promoting professional development among nurses.

Mrs. S. Vatchala Dhinakaran, Assistant Secretary-General, TNAI, provided an overview of the professional benefits available through TNAI and SNAI memberships. She elaborated on the resources and support offered to nursing students and educational institutions by TNAI Headquarters.

The gathering was also addressed by Dr. Bajji Valli, National Vice-President of TNAI (South Region), and Sr. Nirmala R., Hospital Administrator of St. Theresa's Hospital, who served as the special guest of the day. Sr. Nirmala commended the active participation of the nursing school principals. Further, Mrs. B. Vidyavathi, Registrar of the Telangana Nursing Council, emphasized the state's high standards in nursing education and acknowledged TNAI's significant contribution to the professional advancement of nurses.

A key highlight of the programme was the panel discussion on '*Challenges Specific to Nursing Students in Telangana*', moderated by Mrs. Annie Kumar, National President, TNAI and Dr. B. Valli, National Vice-President (South region), TNAI. The panel featured experts including Prof. Mrs. M. Suseela, Principal of Govt. College of Nursing, Sangareddy; Dr. A. Serma Subathra, Associate Professor and Faculty In-Charge, College of Nursing, AIIMS Bibinagar; Dr. B. Prasanna Kumari, Principal, EBM College of Nursing, Secunderabad; and Sr. Bandhavi, Principal, J.M.J. College & School of Nursing, Hyderabad. The panelists shared insights from institutional surveys, highlighting the diverse challenges faced by nursing students in the state.

Dr. B. Vidyulatha, Deputy Director of Nursing, Telangana, expressed her appreciation for TNAI's initiative of providing Accidental Death Insurance for two nursing students of Hyderabad who lost their lives due to accidents.

The meeting concluded with a vote of thanks by Sr. Bandhavi, SNAI Advisor of TNAI Telangana State Branch, followed by the National Anthem.

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## Report: TNAI's Felicitation ceremony of National Florence Nightingale Awardees (NFNA) 2025

The Trained Nurses' Association of India (TNAI) Felicitated the National Florence Nightingale Awardees (NFNA) 2025 on 30th May 2025 (Friday) at TNAI Headquarters, New Delhi to honour the exemplary contributions of nursing professionals who have demonstrated exceptional service and dedication to the profession.



The ceremony commenced with a warm welcome address by Mrs. Jyoti Walia, National Vice President (North Region), followed by Mrs. Evelyn P. Kannan, Secretary General, who honored the National President with the Presidential Chain and provided an insightful overview of TNAI's achievements and commitments.

Mrs. Annie Kumar, National President, TNAI, delivered a motivating Presidential Address, highlighting the legacy of Florence Nightingale and TNAI's continuous efforts to uplift the nursing profession. Also the initiation of this National Florence Nightingale award started by the great efforts of Leaders of TNAI.

Honorable Guest of honor Major General Lisamma P.V., ADGMNS, praised the role of nurses in the armed forces and civilian sectors as "unsung heroes of healing".

Dr. Deepika C. Khakha, Nursing Advisor (GoI), during her guest of honor address emphasized policy and capacity building for nurses.

Distinguished Chief guest Ms. Ai Tamaki from WHO recognized India's nursing strength and encouraged greater global collaboration.

Following this, the citations of the awardees were read by Mrs. S. Vatchala Dhinakaran, Assistant Secretary General, and the felicitation was gracefully supported by Mrs. Annu Verma, Project Manager, TNAI.

The event concluded with a heartfelt vote of thanks by Dr. (Mrs.) Shiny Chacko, National Treasurer, followed by the National Anthem and a buffet lunch.

The NFNA 2025 celebration was a tribute to nursing excellence and a reaffirmation of TNAI's unwavering support for recognizing and uplifting nurses across India. Give a better professional language of this report.

### TNAI BULLETIN

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