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THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN



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August 2025

Invest in Breastfeeding, Invest in the Future

As we step into the month of August, we join hands with the global community to observe **World Breastfeeding Week** from **1 to 7 August**. The theme for 2025, *Invest in Breastfeeding, Invest in the Future*, reminds us of the profound and lasting impact breastfeeding has, not just on the health and development of children, but also on the strength of our communities and nations.

Led by WHO, UNICEF, national Ministries of Health, and civil society partners, World Breastfeeding Week celebrates breastfeeding as the cornerstone of lifelong health, development, and equity. Under WHO's *Healthy Beginnings, Hopeful Futures* campaign, this year's focus is on ensuring sustained support for women throughout their breastfeeding journey - through skilled counselling, access to reliable information, and the creation of supportive environments in homes, health facilities, and workplaces.

Breastfeeding is not only a human right but also a smart economic investment. It contributes to reducing healthcare costs, improving cognitive outcomes, and strengthening the foundation of healthier, more resilient societies. Let us, as nurses and midwives, continue to advocate for, protect, and promote breastfeeding in every space we serve.

SNAI Biennial Conference – Call for Submissions

As you are all aware, the **SNAI Biennial Conference** is scheduled to be held during **20 - 22 November 2025** at **World Peace Dome, Vishwarajbaug, MIT-ADT University, Solapur Road, Loni Kalbhor, Pune (Maharashtra)**.

We request all State SNAI Advisors to kindly take note that the **last date for submission of Scientific Papers** and the **National Award for Best SNAI Unit Report is 31 August 2025**, by which submissions should be received at the TNAI Headquarters. We look forward to enthusiastic participation from all units in making the upcoming conference a grand success.

State Branch Elections Updates

The democratic process within our Association continues with several State Branch elections scheduled this month and the next. We appreciate the active participation of our members in strengthening TNAI's Branch leadership. Please take note of the following important dates:

Elections for the TNAI State Branches are scheduled as follows: **Arunachal Pradesh** on **9 August 2025** and **Uttarakhand** on **19 August 2025**. The nomination forms and related details for these two branches are

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available on the TNAI website (www.tnaionline.org) and their respective State Branch websites. For the remaining branches, the details are published in this bulletin as follows: **West Bengal — 16 September 2025** (pp 123-26), **Telangana — 25 September 2025** (pp 119-22), and **Rajasthan— 2nd/3rd week of December 2025** (notification on page 117-18).

We extend our best wishes to the contesting candidates and voters for a smooth and successful conduct of election process.

Evelyn P Kannan
Chief Editor & Secretary General, TNAI

TNAI Rajasthan State Branch Elections 2025

(Extract of TNAI Bye Laws related to State/UT Election)

1. List of office bearers in the State/ UT Branch executive committee

- I. State President
- II. State Vice-President
- III. State Secretary
- IV. State Joint Secretary
- V. State Treasurer
- VI. State SNAI Advisor (Teaching faculty only eligible)
- VII. Chairperson – Nursing Education and Research Section.
- VIII. Chairperson - Programme Committee
- IX. Chairperson - Membership Committee
- X. Chairperson - Public Health Nursing Section (Public Health Nursing Personnel only eligible)
- XI. Chairperson- Nursing Service Section (Hospital/ Clinical Nursing Personnel only eligible)
- XII. Chairperson - Socio-Economic Welfare Committee
- XIII. Chairperson - LHV/ ANM, State Branch (Only LHV/ANM personnel eligible)

2. Common Eligibility Criteria for the State/ UT Branch Office Bearers

- i. Any candidate filing nomination for State/ UT Offices shall have completed a minimum of **05 years** of membership in TNAI.
- ii. Age: Shall not have completed **66 Years as of 1st of January** of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/ Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the State/ UT Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest State/ UT offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08yrs) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the State/UT ie, TNAI members who held the post of President or Secretary of the State/ UT branch can contest only for the post of President/ Secretary in the future term subjected to the conditions in the clause number v and vii.
- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

3. Eligibility for contesting in the various offices of State/UT:

(i) State/UT President:

Any life member of TNAI working and residing in the State/UT branch and who served one term (04 Years) as a State executive member at any time in the State/UT is eligible to contest for the post of President of the State/UT Branch.

(ii) State/ UT Secretary:

- a. Any life member of TNAI working and residing in the State/UT branch and who served as State executive for one term (04 Years) at any time in the State/UT is eligible to contest for the post of Secretary of the State/UT Branch.

- b. The office of the Secretary is reserved for female TNAI life members only.
- (iii) State/UT Vice President**
Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Vice President of the State/UT Branch.
- (iv) State/ UT Joint Secretary**
Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Joint Secretary of the State/UT Branch.
- (v) State/ UT Treasurer:**
- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.
- b. The office of the State/ UT Treasurer is reserved for female TNAI life members only.
- (vi) State/ UT SNAI Advisor**
- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the State/UT Branch.
- b. The office for the State/ UT SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only.
- (vii) State/ UT Chairperson- Nursing Education and Research Section**
- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Education and Research Section of the State/UT Branch.
- b. The office for the State/ UT State/ UT Chairperson- Nursing Education and Research Section is reserved for Nursing faculty working and residing in the respective state only
- (viii) State/ UT Chairperson- Programme committee**
Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Programme committee of the State/UT Branch
- (ix) State/ UT Chairperson- Membership Committee**
Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Membership committee of the State/UT Branch
- (x) State/ UT Chairperson- Public Health Nursing Committee**
- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Public Health Nursing Committee of the State/UT Branch.
- b. The office of the State/ UT Chairperson- Public Health Nursing Committee is reserved for Community Nurse/Public Health Nurse/ Public Health Nursing officers working and residing in the respective state and working in the Public Health/ Community Health setting.
- (xi) State/ UT Chairperson- Nursing Service Section**
- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Service Section of the State/UT Branch.
- b. The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in a hospital/clinical setting.
- (xii) State/ UT Chairperson- Socio-Economic Welfare Committee**
Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Socio-Economic Welfare Committee of the State/UT Branch.
- (xiv) State/ UT Chairperson- LHV/ ANM**
- a. Any associate life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of LHV/ ANM of the State/UT Branch.
- b. The office of the State/ UT- LHV/ ANM is reserved for female TNAI associate life members only.
- 4. Common Instructions regarding nomination for the various posts in the State/ UT Branches of TNAI.**
- i. A member filing nomination shall be a member working and residing in the respective State/UT branch of TNAI. If the candidate is working, the place of work shall be in the same State/ UT area. An exception may be given to the members living in the NCR region of Delhi but working in the

- NCT of Delhi. In such cases, the members are not permitted to transfer the membership for 04 years. Also, the member shall give an affidavit to that effect to the RO.
- ii. The nomination form shall be **filled and completed by the candidate** i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed. The nomination form shall be proposed and seconded by the TNAI member.
 - iii. The office positions for Chairperson- LHV/ANM are to be nominated only by Associate Life Members of TNAI i.e. Members with ANM/LHVs qualifications. The Life Members of TNAI are eligible to nominate for all other positions i.e., Members with GNM and above qualifications.
 - iv. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.
 - v. The details of the contestant, proposer and seconder such as name, photograph and signature mentioned in the nomination sheet shall match with the records of TNAI membership system to be considered as accepted nomination.
 - vi. The contestant can submit any number of nominations for any one of the offices in the TNAI State/UT Election.
 - vii. In case of more than one nomination for the same office, the proposer and seconder shall not be the same.
 - viii. The proposer and the seconder can nominate only one person for a particular office. In case a proposer and the seconder proposed or seconded more than one candidate, the earliest application received to TNAI Hqs will be considered valid.
 - ix. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
 - x. All valid nominations for the State/UT President and Secretary shall be included in the Provisional Ballot Paper/ Electronic voting device and published in the TNAI bulletin and TNAI website. The order of the names in the nomination sheet shall be as per the **alphabetic order of the first name** of the candidates.
 - xi. For other offices the names of the three members having the highest number of nominations shall be included in the Provisional Ballot Paper/ Electronic voting device.
 - xii. All office bearers who have completed the term of office are eligible for reelection for one more term.
 - xiii. A break of 04 years after two consecutive terms (08 years) is necessary for the State/ UT President/ Secretary to contest for the post of President/ Secretary at the State level.
 - xiv. A break of 04 years after two consecutive terms (08 year) is necessary for any other executive members of the State/ UT to contest for the any other posts in the State level except for the post of State/ UT branch President/ Secretary.
 - xv. In any post, a member in the State can hold the State offices for a maximum of 16 Years only.
 - xvi. Any person who has been expelled from a position in State Office, shall not be eligible to contest for any position in TNAI.
 - xvii. Members who are, or had been involved in litigation with the Association are not eligible to contest election.
 - xviii. The office bearers of a dissolved State/ UT branch are not eligible to contest for a term of **FOUR** years.
 - xix. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations (like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to TNAI headquarters through the respective TNAI State/UT Branch.
 - xx. The person so elected for a particular office at the State/ UT level shall hold the office for the full term (four years) and shall not contest and cross to another office before completion of the term of their existing elected office.
 - xxi. The members who are residing outside the Country/ State/ UT shall not be eligible for contesting election.

TNAI Rajasthan State Branch Election Notification

Nominations are invited for the various posts in Rajasthan State Branch Executive Committee of TNAI.

Schedule of Election

| | |
|--|---|
| Date of notification of the election Note: <i>The details of nominations received for each post for state branch election will be updated on state and national website on weekly basis.</i> | 07/08/2025 |
| Last date for submission of nominations at TNAI hqrs. | 17/09/2025 on or before 5 pm (Any nomination received at TNAI Hqrs. after 5 pm will be summarily rejected) |
| Publication of final list of valid nominations at TNAI National and State Website | 07/10/2025 on or before 5 pm |
| Last date for withdrawal of nominations | 27/10/2025 |
| Publication of final list of eligible candidates in TNAI National Website & TNAI Bulletin | 07/11/2025 |
| Date of polling | 2nd or 3rd week of December, 2025 The exact venue(s) and the date(s) of polling (if required) will be communicated through TNAI National Website, Rajasthan Branch Website and TNAI Bulletin. |

Note: Please refer the TNAI’s Constitution Rules & Regulation and Bye-Laws Article III, under the Section F: State Branch Election (I-IV) which is available in TNAI National Website.

TNAI Rajasthan State Branch Election 2025

Nomination Form

Note: Please fill the details in **BLOCK** letters only

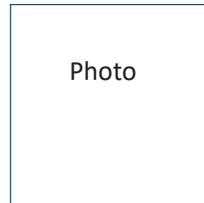
NAME OF THE POST:

Name of the Candidate:

Designation of the candidate:

(Please attach the proof of designation)

TNAI No. of the Candidate:



| | |
|--------------------------------|--------------------------------|
| Address: | |
| Residence: | Official: |
| | |
| | |
| Mobile No. | Mobile No. |
| Email Id (In Capital Letters): | Email Id (In Capital Letters): |

Consent

1. I _____ hereby give my voluntary consent for the post of _____ Rajasthan TNAI State Branch.

Declaration

1. I hereby declare that if elected I am willing to serve the Association to the best of my abilities and efforts.
2. I declare that, I am not expelled from the position of any state/UT branches, not involved in litigation with the association and not a part of any dissolved state/UT branch.
3. I also declare that I am not holding any office positions in parallel Nursing Organizations (trade unions, other associations or societies).
4. I also declare that, I am not holding the highest nursing position (Education/ Service) in the State (Government/ Regulatory/ Statutory bodies)

Signature of the contestant: _____

Place _____ Date _____

| Particulars | Proposer | Secunder |
|--------------------------------|----------|----------|
| Name: | | |
| TNAI Number: | | |
| Signature: | | |
| Address: | | |
| Mobile Number: | | |
| Email Id (In Capital Letters): | | |

General Instructions to the contestants:

1. The nomination form shall be filled and completed by the candidate i.e. with the complete address pin code and TNAI number of the candidate along with the consent and declaration duly signed.
2. The nomination form submitted shall be supported by a self-attested photocopy of the TNAI life membership photo ID card of the contestant, proposer, and seconder.
3. The information and signature given in the nomination sheet shall match with the TNAI records to consider as valid nominations.
4. The proposer and seconder must be working and residing in Rajasthan.
5. Any nomination proposed or seconded by a member who is not working or residing in Rajasthan will be summarily rejected
6. Before signing in the proposer or seconder columns, the proposer and seconder must update their enrolment status if they are not enrolled in Rajasthan
7. To check the membership status, please visit www.tnaionline.org.
Go to the "What's New" section and select "Know Your Membership".
Enter the first three letters of your name and your date of birth to search.
If you are enrolled in Rajasthan, the state displayed in the search results will be Rajasthan. The code for the Rajasthan State as per TNAI Life membership card is **RJ**.
8. To transfer your membership from another state to Rajasthan, please visit the TNAI website and download the required form from the Membership section. Once completed, the form can be submitted either via email to membership@tnaionline.org or by post to the TNAI Headquarters. **However, the contestant, proposer and seconder shall confirm that their membership is transferred to Rajasthan before sending the Nomination(s) to TNAI Hqrs.**
9. **All nominations must be submitted to the TNAI Headquarters by post. Nominations sent via online platforms such as email or WhatsApp will not be accepted.**
10. All other correspondence and queries related to the election to be sent to: tnaielections@gmail.com

Last date and time to receive the nominations:

Only the nominations received at TNAI Headquarters on or before 5:00 PM on 17/09/2025 will be considered valid.

How to send the nominations:

Please mark the nomination envelope "**Nomination sheet – TNAI Rajasthan Branch Election 2025**" and send to: **Mr. Daya Shankar Sharma, Returning Officer, TNAI Rajasthan State Branch Election, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016**

TNAI Telangana State Branch Election 2025

Date: 25th September, 2025 (Tuesday)

Time: 09:00 am to 5:00 pm (09 am to 10 am General Body Meeting & 11 am to 5 pm Polling)

Venue: Hotel M GRAND, Gokul Arcade, plot no 12NA/P, NH -65, Opp. to D- Mart, Near Sushma Theatre, Sri Ganesh Nagar Colony, Indira Nagar, Vanasthalipuram, Hyderabad, Ranga Reddy District, Telangana, 500070.

| Sr. No | Name of the Office | Name of the Nominee with TNAI No. | Status |
|--------|---|--|--------------------|
| 1. | President | 1. Dr Rajeswari Muppidi , TNAI No. 180838, Address: Care C O N, Sy No. II/Part, KBR Conventional Hall Lane, Opp. Sahara Estate, Autonagar Road, Mansoorabad, L B Nagar-500068 | |
| | | 2. Dr Tryphena Sheeba K , TNAI No. 66611, Address: Govt. College of Nursing, Old MCH Building, Near Buriju, Siddipet, Telangana | |
| 2. | Vice President | 1. Ms. Chakravartula Roja Rani , TNAI No. 94996, Address: Govt. C O N, Bhoiguda, Secunderabad-03 | |
| | | 2. Prof. Ivy Vaz Dias , TNAI No. 41341, Address: Indo American C O N, road No. 10, Banjara Hills, Hyderabad-500034 | |
| 3. | Secretary | 1. Mrs. Swarajya Vani T. , TNAI No. 156952, Address: Vijaya Health Care C O N, Sy No. 157 & 167, Godhumkunta (V), Keesara, Medchal (Distt)-501301 | |
| | | 2. Dr (Mrs.) Vempati Rajamani , TNAI No. 204279, Address: Govt. College of Nursing, Mulugu, Telangana | |
| 4. | Joint Secretary | 1. Ms. Chandrakala V. , TNAI No. 109317, Address: Apollo C O N, Jubilee Hills, Hyderabad-500096 | |
| | | 2. Ms. Nannapuraju Padmasree , TNAI No. 225551, Address: Govt. C O N, Nalgonda | |
| 5. | Treasurer | 1. Ms. Naga Prasanna Kumari B. , TNAI No. 95225, Address: Eashwari Bai Memorial C O N, 10-1-5/C, Road No. 4, West Marredpally, Secunderabad, Telangana-500026 | |
| | | 2. Dr Ruth Joshila Philips , TNAI No. 156926, Address: Govt, C O N, Secunderbad (Gandai), Bhoiguda, Secunderabad-500003 | |
| 6. | SNAI Advisor | 1. Prof. Suseela M. , TNAI No. 90030, Address: Govt, C O N, Secunderbad, New Bhoiguda, Near Mudiraj Bhavan, Hyderabad-500003 | (Declared Elected) |
| 7. | Chairperson- Nursing Education and Research Section | 1. Ms. Divya P. D. , TNAI No. 324556, Address: Eashwari Bai Memorial C O N, 10-1-5/C, Road No. 4, West Marredpally, Secunderabad-500026 | (Declared Elected) |
| 8. | Chairperson- Programme Committee | 1. Mrs. Anitha Grace Peddi , TNAI No. 204265, Address: Govt. C O N, Mitra Avenue, Ganesh Nagar, Karimnagar | |
| | | 2. Ms. Kurra Jagruthi , TNAI No. 175074, Address: Continental Hospitals, Plot No-3, road No-2, IT & Financial Districts, Nanakramguda, Gachibowli, Hyderabad-500032 | |
| 9. | Chairperson- Membership Committee | 1. Mrs. Sajini Siddela , TNAI No. 22082, Address: Govt. C O N, Sangareddy, Telangana | |
| | | 2. Ms. Venkata Meenakumari D , TNAI No. 220698, Address: Care Napally C O N, Opp. Sahara Estate Mansoorabad, Hyd, TG | |
| 10. | Chairperson- Public Health Nursing Section | 1. Mrs. Jhansi Priyadarshini B. , TNAI No. 153441, Address: UPHC, Wargal, Siddipet, Rajanna Siriscila | (Declared Elected) |

| Sr. No | Name of the Office | Name of the Nominee with TNAI No. | Status |
|--------|---|---|--------|
| 11. | Chairperson-Nursing Service Section | 1. Dr Queen Mary, TNAI No. 235403, Address: ESIC MCH, Sanath Nagar, Hyderabad | |
| | | 2. Ms. Vankeswaram Saritha, TNAI No. 241255, Address: Sarojini Devi Eye Hospital, Hyderabad, Telangana | |
| 12. | Chairperson- Socio Economic Welfare Committee | 1. Dr Bhagya Lakshmi T., TNAI No. 236242, Address: Shadan C O N, Peerancheru, Himayat Sagar Road, Golconda, Hyderabad, TG | |
| | | 2. Mrs. Chilumula Chaitanya, TNAI No. 323954, Address: Rohini C O N, Behind Orugallu Petrol Pump Hunter Road, Hanamkonda-506001 | |
| 13. | Chairperson- LHV/ ANM Committee | Vacant | |

- A. Election will be conducted digitally for all the posts except those marked as “Declared Elected”.**
- B. The Returning Officer (RO) Shall declare the open election during the general body meeting and invite the nominations.**
- C. An open election will be conducted for the following vacant position:**
- i. Chairperson- LHV/ANM Committee**
- D. Common Eligibility criteria for contesting above mentioned post:**
- Any candidate filing nomination for Telangana Offices should have completed a minimum of 05 years of membership in TNAI.
 - Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
 - Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the TNAI Telangana State Branch Offices.
 - The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to the Returning Officer of Telangana State Branch Election before submitting the nomination for open election on the election day.
 - Any member who has previously held/ served the national office(s) positions in TNAI shall not contest TNAI Telangana State Branch Offices.
 - No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
 - For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
 - Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
 - The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Telangana i.e., TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
 - In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

Kindly Note:

E. Specific eligibility criteria for the following post:

- **Chairperson- LHV/ANM Committee- State Branch LHV/ ANM is reserved for female TNAI associate life members only.**

F. How to file the Nomination for Open election

- i. The open election will be conducted **on the day of election** along with the scheduled Telangana State branch Election.
- ii. Nomination sheet is available in the TNAI National and the Telangana TNAI State Website.
- iii. Eligible members for the open positions are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Telangana State branch at the election venue **on the day of election** on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. **Nomination for Chairperson ANM/LHV shall be proposed and seconded by TNAI Associate Life Members only.**
- vii. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- viii. A copy of the working and residing proof shall be submitted along with the nomination.
- ix. A copy of the employment proof shall be submitted by the eligible candidates contesting **Chairperson-LHV/ ANM Committee.**
- x. For the **Chairperson- LHV/ANM Committee** the names of the **three members having the highest number** of nominations only will be included in the electronic voting device.
- xi. If only one nomination, then it shall be declared as Elected by the Returning officer.
- xii. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on the day of election.** The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI national and Telangana State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Telangana branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Telangana are eligible to vote.
- ii. Members are requested to check their membership status at [https://election.tnaionline.org/ Update Data/ Index.](https://election.tnaionline.org/UpdateData/Index)
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Telangana finds that his/her membership is enlisted in a different state, they can transfer their membership to Telangana on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Telangana. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Request for change of the status of membership (transfer of membership from any state branch to Telangana) **will be permitted till 25th August, 2025, 5:30 pm after that, any change of address request will not be accepted.**

- v. Election will be held on **25th September, 2025** from **11.00 AM to 05.00 PM** at **Hotel M GRAND, Gokul Arcade, plot no 12NA/P, NH-65, Opp. to D- Mart, Near Sushma theatre, Sri Ganesh Nagar Colony, Indira Nagar, Vanasthalipuram, Hyderabad, Ranga Reddy District, Telangana, 500070.**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the election day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting.
- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.
- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then directed to the digital polling station which is available.
- ix. The voters shall enter the QR code Token number in the digital voting screen.
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Life members with LMT category are eligible to cast vote for all the offices except Chairperson ANM/LHV.
- xii. Associate Life members with LMM category are eligible to caste vote only for **Chairperson ANM/LHV position.**
- xiii. Scroll through the options in the digital voting machine and click on the contestant's photo for each post.
- xiv. After selecting candidates for all posts, click the final submit button.
- xv. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email.
- xvi. Leave the polling station quietly.

By:

**Dr Sunitha Chinnam, Returning Officer, TNAI Telangana State Branch Election,
Dean Faculty of Nursing, Chaitanya Deemed to be University, Moinabad, Hyderabad, Telangana,
C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016
Email ID: tnaielections@gmail.com**

TNAI West Bengal State Branch Election 2025

Date: 16th September, 2025

Venue: Hall No. 1, Sarat Sadan, 4 Mahatma Gandhi Road, Hawrah-711101 West Bengal

Time: Time: 09:00 am to 5:00 pm (09 am to 10 am General Body Meeting & 11 am to 5 pm Polling)

| Sr. No. | Name of the Office | Name and Address of the Contestant | Status |
|---------|--|---|---------------------------|
| 1. | President | 1.Prof. (Dr) Smritikana Mani, TNAI No. 48317, Address- The Neotia University Sarisha, Diamond Harbour Road, South 24 PGS, Pin-743368, West Bengal | (Declared Elected) |
| 2. | Vice President | Vacant | |
| 3. | Secretary | 1.Ms. Krishna Banerjee, TNAI No. 134447, Address- IPGME & R, SSKm Hospital, 244, A.J.C. Bose Road, Kolkata-700020 2.Dr Usha Mallick, TNAI No. 94962, Address- Aliah University, 17 Gora Chand Road, Kolakata-700014 | |
| 4. | Joint Secretary | 1.Ms. Baishaki Sarkar, TNAI No. 69809, Address- Govt. CON, NRS Medical College & Hospital, Kolkata-700014 | (Declared Elected) |
| 5. | Treasurer | 1.Ms. Papia Das Mazumder, TNAI No. 108641, Address- School of Nursing Medical College & Hospital, 88, College Street, Kolkata-700073 2.Ms. Sanchita Banerjee, TNAI No. 57843, Address- Sister Nivedita University, DG ½, New Town, Action Area C-1, Kolkata-700156 | |
| 6. | SNAI Advisor | 1.Ms. Lopamudra Choudhary, TNAI No. 87709, Address- 02, Gomes Lane, Flat 103, 1 st Floor, Kolkata | (Declared Elected) |
| 7. | Chairperson- Nursing Education and Research Section | 1.Dr Indrakshi Basu, TNAI No. 252532, Address- International Institute of Nursing and Research, Phase II, Plot No. A-12,13,14, Kalyani Industrial Estate, Nadia-741235 2.Ms. Saraswati Barui, TNAI No. 54913, Address- 15/1, Dinanath Chatterjee Street, Belgharia, Kolkata-700056 | |
| 8. | Chairperson- Programme Committee | 1.Ms. Alpana Maity, TNAI No. 205861, Address- Barasat Govt. Medical College & Hospital, Barasat, North 24 Paraganas-700124 2.Ms. Aparna Ray, TNAI No. 82931, Address- Govt. CON, IDBG Hospital Campus, 57, Beliaghata Main Road, Kolkata-700010 | |
| 9. | Chairperson- Membership Committee | 1.Ms. Runu Mandal, TNAI No. 79038, Address- Nursing Training School, ESI Hospital, Sealdah, P-233, CIT Scheme, Kolkata-54 | (Declared Elected) |
| 10. | Chairperson- Public Health Nursing Section | 1.Ms. Sima Maiti, TNAI No. 110497, Address- CMOH Office, Tamluk, Purba Medinipur-721636 | (Declared Elected) |
| 11. | Chairperson- Nursing Service Section | 1.Ms. Alpana Rani Das, TNAI No. 181962, Address- Chandan Nagar S.D. Hospital, Hooghly, Pin-712136 | (Declared Elected) |
| 12. | Chairperson- Socio Economic Welfare Committee | 1.Ms. Rinku Mandal Paul, TNAI No. 324669, Address- NRS Medical College & Hospital, 138, A.J.C. Bose Road, Kolkata-700014 2.Ms. Shrabani Mukherjee, TNAI No. 134442, Address- 138, Acharya Jagadish Chandra Bose Road, Sealdah, Rajbazar, Kolkata-700014, WB | |
| 13. | Chairperson- LHV/ANM Committee | 1.Ms. Somerita Basu, TNAI No. 326906, Address- Office of the Block Medical Officer of Helath, Jagdishpur RH, Bally Jagacha Block Kona, Howrah-711114 | (Declared Elected) |

- A. Election will be conducted digitally for all the posts except those marked as “Declared Elected”.**
- B. The Returning Officer (RO) Shall declare the open election during the general body meeting and invite the nominations.**
- C. An open election will be conducted for the vacant position-State Vice-President**
- D. Common Eligibility criteria for contesting above mentioned post:**
- i. Any candidate filing nomination for West Bengal Offices should have completed a minimum of 05 years of membership in TNAI.
 - ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
 - iii. Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the TNAI West Bengal State Branch Offices.
 - iv. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to the Returning Officer of West Bengal State Branch Election before submitting the nomination for open election on the election day.
 - v. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest TNAI West Bengal State Branch Offices.
 - vi. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
 - vii. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
 - viii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
 - ix. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the West Bengal i.e., TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
 - x. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

Kindly Note:

E. How to file the Nomination for Open election

- i. The open election will be conducted **on the day of election** along with the scheduled West Bengal State branch Election.
- ii. Nomination sheet is available in the TNAI National and the West Bengal TNAI State Website.
- iii. Eligible members for the open position are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the West Bengal State branch at the election venue **on the day of election** on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- vii. A copy of the working and residing proof shall be submitted along with the nomination.
- viii. For all the vacant offices the names of the **three members having the highest number** of nominations only will be included in the electronic voting device.

- ix. If only one nomination, then it shall be declared as Elected by the Returning officer.
- x. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

F. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on the day of election**. The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI national and West Bengal State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the West Bengal branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

G. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in West Bengal are eligible to vote.
- ii. Members are requested to check their membership status at [https://election.tnaionline.org/ Update Data/ Index](https://election.tnaionline.org/UpdateData/Index).
- iii. On verification (by any member as per clause 2 above) if a member working or residing in West Bengal finds that his/her membership is enlisted in a different state, they can transfer their membership to West Bengal on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to West Bengal. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Request for change of membership to West Bengal State Branch **will be permitted till 16/08/2025, 5.30 pm after that, any change of address will not be accepted.**
- v. Election will be held on **16-09-2025** from **11.00 AM to 05.00 PM at Hall No. 1, Sarat Sadan, 4 Mahatma Gandhi Road, Hawrah-711101 West Bengal.**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the election day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
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H. Instructions for Digital Voting

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- xi. Life members with LMT category are eligible to cast vote for all the offices which are not declared as Elected.
- xii. Scroll through the options in the digital voting machine and click on the contestant's photo for each post.
- xiii. After selecting candidates for all posts, click the final submit button.
- xiv. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email.
- xv. Leave the polling station quietly.

By:

Ms. Bandana Das, Returning Officer, TNAI West Bengal State Branch Election, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016
Email ID: tnaielections@gmail.com

Lost & Found

It is being brought to the notice of all concerned that I, Mrs Shanti Hans, W/o Mr Rambishun Nageshia, have lost/misplaced my original General Nursing & Midwifery certificate, 2015 pass out, Enrolment No. 20611185 (issued by MIBE Nagpur) at Netarhat Bazar, P&PS Netarhat, Dist Latehar (Jharkhand) on 27 May 2025. The same is irretrievable despite much effort.

Shanti Hans, Jeevan Jyothi Tata Motors Hospital,
Jamshedpur - 831001 (Jharkhand) Mob: 9471119839

I, Mr Benadic Antony Beujin P, S/o Mr Prakash, bring to notice of all concerned that due to a fire accident, all my belongings including my original General Nursing & Midwifery, registration and other certificates (2019-2023 batch, issued by Board of Nursing Education of the Nurses League of CMAI South India Branch), Register No. 14117/19) have burnt to ashes. As such, the same are not retrievable.

Benadic Antony Beujin P, S/o Mr Prakash, 4/104, South Karayankuzhi,
Post Suchindrum, Dist Kanyakumari - 629704 (TN) Mob: 7339453919

OBITUARIES

Lt Megha Rawat

4 September 1999 - 14 June 2025

A young, serving Military Nursing Service (MNS) officer Megha Rawat left her Earthly abode on 14 June 2025.

A graduate from prestigious Armed Forces Medical College Pune, the officer was commissioned into the MNS as Lieutenant on 18 September 2023. She demonstrated remarkable dedication in providing care to the soldiers and their families during her short span of career. She remains to be remembered as a cheerful person and an enthusiastic team member. She was ever ready to take up additional responsibility which she discharged with dedication and devotion. She is survived by her loving family. Her untimely demise at young age of 26 years is a great loss to the family and the AFMS fraternity.

Maj Gen Lissamma PV, Addl DG, MNS and other officers of MNS and the entire nursing community offer their heartfelt condolences to the bereaved family and pray to the Almighty God to bless grant eternal peace to the departed soul.



OBITUARIES

Ms Prem 'Lati' Mehra

18 November 1934 - 22 June 2025

The TNAI deeply mourns the passing away of one of its veteran member, Ms Prem 'Lati' Mehra on 22 June 2025.

An esteemed nursing professional, Ms Prem Mehra made significant contribution in the field of nursing education and leadership. She played a pivotal role in leading a prestigious TNAI project with dedication, clarity of vision, and deep commitment to the nursing community. Her professional outlook, leadership, and unwavering focus on excellence left a lasting impact on all those who worked with her.

Her passing is an immense loss to the nursing fraternity. Ms Prem Mehra shall be deeply missed and remembered forever. The cremation ceremony took place on 23 June at Moksh Dham, Rajeev Chowk, Gurugram, which was attended by TNAI Secy-Gen Mrs Evelyn P Kannan, Office Suptdt Mrs Kanta Bhoral, and former Principal CON, AIIMS Delhi.

May Almighty grant peace to the eternal soul.



Ms Leila Kabir

1937 - 2025

The popular nurse and social-political activist Ms Leila Kabir breathed her last on 15 May 2025 after battling with cancer. She was 88 years of age.

Born in 1937, Leila acquired Nursing education at Oxford. Ms Leila was faculty at RAK College of Nursing (Delhi University), New Delhi. She was specialised in Surgical Nursing. She was married to George Fernandes, a veteran socialist, long time Lok Sabha member and cabinet minister on 22 July 1971. Later she served Red Cross Society, and also published the 'Pratipaksh' periodical.

We pray that her soul lies in eternal peace.



Lt Col Jayasree S (Retd)

10 May 1982 - 7 June 2025

A dedicated, compassionate officer of Military Nursing Service (MNS), Lt Col Jayasree S breathed her last on 7 June 2025 after a courageous battle with cancer.

After completing her professional training at College of Nursing, Eastern Command, Kolkata, she was commissioned in MNS as a Lieutenant on 3 September 2004. A shining example of selfless services, she provided exceptional medical care to soldiers and their families for which she was awarded the prestigious Chief of Staff Commendation in 2017. Her unwavering commitment to the patients and profession despite her own illness remains a source of inspiration to others around. The officer a treasured friend, a beloved wife, and a loving mother, is survived by her husband and daughter. Her demise is a big loss to the family, and MNS. Her precious memories shall remain etched in our hearts forever.

Maj Gen Lissamma PV, Addl DG MNS and other officers of MNS beside the entire nursing community offer their heartfelt condolences to the family and pray to the Almighty God to bless and grant eternal peace to the departed soul.



Maj Gen A Rajammi (Retd)

12 June 1927 - 12 June 2025

A senior (retd) veteran officer of Military Nursing Service (MNS), Maj Gen A Rajammi, AVSM, former ADG, left for her heavenly abode on 11 June 2025.

The officer completed her professional training at the Madras General Hospital, and joined MNS at 22 years of age. Throughout her military career, she demonstrated remarkable dedication, professionalism and bravery. She served two Indo-Pak wars of 1964-65 and 1971. When deployed in oversea service, he worked as special nursing officer for UN forces in Republic of Congo. Her extraordinary services helped her rise to the rank of Major General and also earn the coveted 'Ati Vishisht Seva Medal (AVSM)'. Even after her retirement as ADG-MNS on 30 June 1986, she continued to inspire, mentor and guide the new generation of nurses. Her immense contribution to the services shall remain etched in the annals of MNS.

Maj Gen Lissamma PV, ADG MNS and all officers of MNS and the entire nursing fraternity offer their heartfelt condolences to the family and pray to Almighty God to bless and grant eternal peace to the departed soul.



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IN LOVING MEMORY OF MRS RAJ KUMARI SOOD

Mrs Raj Kumari Sood

11 November 1934 - 25 June 2025

It is with deep sorrow that we share the passing of Mrs Raj Kumari Sood, Vice President of the Trained Nurses' Association of India (1985-89) who left for her heavenly abode on 25 June 2025, at the age of 90.

Born on 11 November 1934, Mrs Sood was a pioneering figure in Indian nursing. Her distinguished career began in 1955 when she joined as an Assistant Public Health Nursing Supervisor. She served in various key roles including PHN Supervisor (1959-65), Senior Tutor (1965-68), and as Nursing Officer at RAK College of Nursing (1969-76 and 1979-83). She Acting Nursing Advisor to DGHS, MoHFW from 1976 to 1979, before serving as Nursing Advisor to the Government of India.

Mrs Sood was a towering figure in the field of Nursing - an exceptional leader, visionary, and mentor. Her impact extended beyond national boundaries. She served as Advisor to the WHO South-East Asia Regional Office, contributing to several important projects. She was also a WHO Fellow in Nursing Administration and served as a Short-Term Consultant for Nursing Manpower Development in Iran, Indonesia, and Java. Her international exposure included study tours to Yugoslavia, England, Canada, and the USA under WHO fellowships.

A dedicated leader, Mrs Sood held prestigious positions in professional organisations. She also served as Secretary and Treasurer of the Indian Nursing Council. Mrs Sood's lifelong commitment to nursing education, policy development, and international collaboration has left an indelible mark on the profession. Her legacy will continue to inspire generations of nurses in India and beyond.

We extend our heartfelt condolences to her family, colleagues, and all who were touched by her wisdom, leadership, and dedication. Secy-Gen TNAI Mrs Evelyn P Kannan and Office Suptdt Mrs Kanta Bhoral attended the funeral ceremony at Green Park crematorium, New Delhi. The Existing and former National Presidents, Vice Presidents, Secretary-Generals of TNAI, and INC President sent their condolences remembering the nurse luminary.

May her noble soul rest in eternal peace.



दवाओं की अधिमात्रा (ओवरडोज़) से बचाव अत्यावश्यक है

रोगों से मुक्ति दिलाने में दवाओं की भूमिका निर्विवाद है, बल्कि मानव समाज नानाविध दवाओं के अविष्कारकों का ऋणी है, और रहेगा। किंतु वरदान स्वरूप दवाओं के साथ एक दुर्भाग्यपूर्ण तथ्य इनका गलत या अत्यधिक सेवन है। नतीजन नई स्वास्थ्य संबंधी समस्याएं उत्पन्न हो रही हैं। अथक अध्ययनों, प्रयासों व विचार के बाद किसी दवा की सेवनयोग्य मात्रा तय की जाती है; उस सीमा से अधिक ग्रहण करेंगे तो शरीर में विषाक्तता हो जाएगी। अनुचित और अत्यधिक सेवन किए जाने वाले पदार्थों या दवाओं में सामान्य हैं, अल्कोहल और प्रतिबंधित ड्रग। ओवरडोज़ के सामान्य लक्षण हैं: कंपन (ट्रैमर), बेचेनी, वमन की शिकायत, छाती में दर्द पुतलियां फैल जाना, छाती या सिर में दर्द, शारीरिक तापमान में वृद्धि, अचेत हो जाना, श्वास या निगलने में कठिनाई, उद्विग्नता (एंग्जाइटी)। मृत्यु भी हो सकती है। ओवरडोज़ पर अंकुश रखने और सही जानकारी के प्रसार की दृष्टि से 40 से अधिक देशों में प्रतिवर्ष 31 अगस्त का दिन अंतर्राष्ट्रीय ओवरडोज़ जागरूकता दिवस बतौर मनाया जाता है।

TNAI BULLETIN

Monthly Newsletter of
The Trained Nurses' Association of India
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