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2025: A Year of Leadership, Progress, and Global Engagement

As we complete another year at TNAI, it is opportune to reflect on the milestones covered, transitions, and partnerships that made 2025 a year of collective strength paving way for a promising future.

Leadership Transition: The year began with the Transition Meeting of the Newly Elected National Office Bearers (for the term 2025-2028), on 27 January 2025 at TNAI Hqrs, marking a smooth handover from the outgoing team (2019-2024). State branch elections were successfully conducted in Meghalaya, Nagaland, Odisha, Arunachal Pradesh, Uttarakhand, Andhra Pradesh, Telangana, and West Bengal, demonstrating robust democratic participation across TNAI.

Capacity-Building and Professional Development: TNAI organised Orientation Programmes for State Branch Executives (in Odisha, Meghalaya, Nagaland) for better understanding of professional roles and leadership responsibilities. Capacity-building was further enhanced with launch of digital health foundation courses to empower nurses with digital competencies.

Honouring Our Leaders: We remember with deep respect the passing of four distinguished TNAI stalwarts: Mrs Narender Nagpal, Mrs Rajkumari Sood, Miss KK Gulani, and Mrs Prem Lati Mehra, whose continue to inspire us.

TNAI on the Global Stage: TNAI had a strong presence at the **30th ICN Congress** (9-13 June 2025) in **Helsinki** (theme: *Nursing Power to Change the World*, where our leaders also held strategic discussions with ICN officials and global association heads. At the **Asian and Pacific Congress for Nurse Practitioners in Taiwan** on 1 November, TNAI signed a multilateral MoU with seven countries, strengthening global collaboration and leadership development.

Strategic Partnerships and Advocacy: Significant progress was made in the **CNMF C3 - TNAI Collaborative Project** supported by Colgate Global, promoting integration of oral health education into nursing practice. TNAI also engaged with the Chief Secretary, Health Secretary, and DGHS of Andaman & Nicobar Islands to address critical issues affecting nurses in the region.

Member Welfare and Support: TNAI continued to prioritise member welfare. Through the **SNAI & TNAI Scholarship Programme**, deserving students were supported in their educational pursuits; seven student nurses received an Accidental Death Insurance benefit of ₹7 lakh each, and members received Critical Illness, Medical, and Sustenance Allowance Grants during times of need. TNAI entered into partnership with Dr Lal Path Labs offering exclusive discounts on pathology (nationwide) and radiology services (Delhi-NCR) for TNAI members and their families.

SNAI Biennial Conference: The 31st SNAI Biennial Conference, held from 20-22 November at the World Peace Dome (Pune), brought together over 3,000 delegates. With the theme *Learning Today: The Journey of the Nursing Student*, the event showcased the energy, innovation, and promise of young nurses.

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Looking Ahead: CNMF-TNAI International Conference 2026

TNAI is proud to co-host the **7th Commonwealth Nurses and Midwives Federation Conference** on 24-25 September 2026 in New Delhi under the theme, *Shaping the Future: Nurses and Midwives Navigating New Frontiers*. Members are advised to participate in this prestigious global forum and submit abstracts by **31 March 2026**.

Let us carry forward the spirit of unity, leadership, and progress that defined 2025. I extend my heartfelt gratitude to all members, National Executives and council members, State Branch Executives, leaders, partners, and collaborators for their unwavering support for standing by us. Wish you all a Prosperous and Happy New Year 2026!

Evelyn P Kannan

Chief Editor & Secretary General, TNAI



International Conference

Commonwealth Nurses and Midwives Federation Conference

Coming To India in 2026!

Co-Hosted by The Trained Nurses' Association of India (TNAI)

Date : 24-25 September 2026 | Venue: Manekshaw Centre, New Delhi

The world is transforming at lightning speed — & so is health care.

From digitisation to artificial intelligence, new frontiers are redefining how nurses and midwives learn, lead, & deliver care.

Join global nursing and midwifery leaders as we explore innovation, technology, leadership, education, and the future of professional practice in an evolving world.

What to Expect

- ✓ Over 500 delegates from 55 Commonwealth nations
- ✓ Scientific paper & poster presentations
- ✓ Ceremonial parade of member nations
- ✓ High-level discussions, networking & global collaborations



CALL FOR ABSTRACTS – NOW OPEN!

Share how you are shaping the future.

Submit your abstract at: commonwealthnurses.org/conference2026
Last date for submission: 31 March 2026
Queries: cnf@commonwealthnurses.org

Be part of one of the biggest global nursing and midwifery events of 2026.

Let's navigate new horizons—together



Shaping the Future

nurses and midwives navigating new frontiers

7th Commonwealth Nurses and Midwives Conference

Thursday 24 and Friday 25 September 2026, New Delhi, India

Note: Conference organisers cannot provide financial assistance for travel or accommodation. Presenters must register and pay the applicable fee. Reduced registration will be available for presenters.

Moving ahead with commitment and dedication Since 1908

The 31st Student Nurses Association of India (SNAI) Biennial Conference 2025, Pune: A Report

The Pre-Conference Meeting was held on **17 November 2025** at Vishwaraj Institute of Nursing (VIN), Loni, Pune (Maharashtra). It was chaired by Dr Annie Kumar, National President TNAI, and attended by Mr Dip Kamal B Vyas, Conference Co-Chairperson; Mrs Evelyn P Kannan, Conference Secretary; Mr Rajabhau Rathod and Mrs Ratna R Deore, President and Secretary respectively of TNAI Maharashtra State Branch; Dr Shivcharan Singh Gandhar, Organising Committee Co-Chairperson, along with faculty members of VIN. All organising committee members from Hqrs, Maharashtra Branch and VIN.

The National Executive Committee (EC) Meeting and the Council Meeting were held on **18-19 November 2025** at Radisson Blu Hotel, Pune. These were attended by National Officers, State Branch Presidents & Secretaries, Co-opted Members, and Ex-officio Members. Key issues of both state and national importance were deliberated during the sessions.

53rd National SNAI Executive Committee meeting was conducted successfully with active participation from State SNAI Executives across the country. A total of 58 State SNAI Executive committee Members, along with their respective State SNAI Advisors, attended the meeting, contributing valuable insights and strengthening the collective direction of SNAI for the coming year.

Cultural Evening presented by the nursing institutions of the Pune Branch, was a vibrant and captivating showcase of talent. The beautifully choreographed performances, rich in cultural expression, offered a delightful visual treat and were truly appreciated by all present.

MAIN CONFERENCE

The theme of the prestigious 3-day Biennial Conference (20-22 November) was, *Learning Today, Leading Tomorrow: The Journey of a Nursing Student*. Held at the World Peace Dome, Vishwaraj Institute of Nursing, Loni Kalbhor, Pune, the event witnessed the enthusiastic participation of **2,756 delegates** from nursing institutions across India, serving as an inspiring platform for student nurses to learn, engage, and strengthen their leadership potential.

Day 1: November 20, 2025 (Thursday)

Registration started at 7:00 am, followed by **The Grand Parade of Unity** gracefully anchored by Mrs S Vatchala Dhinakaran, Asst Secy-Gen, TNAI. She announced each participating state, offering a thoughtful and inspiring introduction that highlighted their unique strengths and contributions, adding immense charm to the ceremony.

Each state contingent comprised 11 members, including SNAI delegates, State Branch President, Secretary and the SNAI Advisor, marched in perfect synchrony. SNAI Chairpersons led with state flags. A total of 33 TNAI State Branches participated, reflecting the collective strength of the nursing fraternity. The grand entry of the TNAI National Office, along with Guests of Honour, Special Invitees, and Ex officio Members, was warmly received by the Maharashtra State Branch with traditional music and dance, marking the formal opening of the conference.

Inaugural Ceremony: The delegates were greeted with a graceful welcome dance by the student nurses of VIN, followed by the traditional lighting of the ceremonial lamp by the dignitaries. In keeping with the conference theme, 'Learning Today, Leading Tomorrow' the TNAI national leaders symbolically guided the Student Executives in lighting the lamp, marking a meaningful passing of knowledge, responsibility, and leadership to the next generation. The ceremonial lamp was lit by the TNAI National Officers, esteemed guests and special invitees.

Felicitation: Dr Annie Kumar, National President TNAI, graciously felicitated Ms Durga Nandkumar Mungekar, Maharashtra State SNAI Chairperson. Mrs Evelyn P Kannan, Secretary General, TNAI, felicitated Ms. Purvi Kumari Dhillon, Maharashtra State SNAI Secretary. The TNAI Hqrs, the Maharashtra State Branch, the TNAI Pune City branch and VIN jointly honoured the dignitaries, expressing appreciation for their presence and contributions to the event.

Welcome Address: Ms Durga Nandkumar Mungekar, State SNAI Chairperson, delivered the Welcome Address, warmly greeting the honoured guests, TNAI leaders, and all SNAI delegates. She set an inspiring tone for the programme, extending sincere appreciation for everyone's presence. This was followed by the felicitation of guests and invitees as a gesture of respect and gratitude.

Presidential Chain Ceremony: Mrs Evelyn P Kannan, Secretary-General, honoured the President by presenting the ceremonial chain and shared a brief history of its significance, highlighting its symbolism of leadership, responsibility, and continuity within SNAI. She also highlighted SNAI's growth, impactful initiatives, and its role in shaping future nurse leaders.

Presidential Address: In an inspiring Presidential Address, the National President TNAI, Dr (Mrs) Annie Kumar outlined SNAI's 96-year legacy of empowering nursing students and strengthening the profession. She emphasised recent achievements, including advancements in professional development, welfare initiatives, global collaborations, and the establishment of simulation-based skill training centres and encouraged student nurses to embrace the conference theme; she reminded them that they are the emerging leaders who will shape the future of healthcare in India.

Messages of Inspiration received from international delegates Prof Kathleen McCourt, President CNMF, Dr Howard Catton, CEO ICN, and Ms Jill Iiffee, CNMF Executive Secretary, were shared with conference delegates through Mr Ajinas, Asst Secy Gen TNAI.

In the Keynote Address, Prof (Dr) Bimla Kapoor, Chairperson Committee of Experts NNMC Bill, emphasised that every student nurse is a leader from the very first day of clinical posting, making decisions that directly impact patient care. She highlighted how the curriculum is carefully designed to equip students with essential knowledge, practical skills, and ethical foundations necessary to deliver high-quality, patient-centered care. Dr Kapoor encouraged students to embrace lifelong learning, foster innovation, and uphold professionalism in every aspect of their practice. She urged them to develop critical thinking, resilience, and empathy, which groom the nurse students to become a capable, well-grounded visionary leaders who can transform healthcare system and inspire other professionals.

Unfolding the Theme: Unfolding the conference theme Mr Dipkamal Vyas, Vice President (West Region) emphasised that learning is the foundation of nursing leadership and every experience, skill, and shapes students into future healthcare leaders. He added that leadership begins with responsibility, compassion, and commitment, inspiring student nurses to embrace lifelong learning, resilience, and innovation as they prepare to lead the nursing profession in the years ahead.

Address by the Guest: Dr Deepika C Khakha, Nursing Advisor to the Government of India, said that in the backdrop of expanding role of nurses in India's rapidly evolving healthcare landscape, today's nurses must be critical thinkers, skilled clinicians, technology-enabled practitioners, and compassionate communicators. She referred to inspiring message of Florence Nightingale, *"Let us never consider ourselves finished nurses... we must be learning all of our lives,"* and another from Henry David Thoreau, *"Go confidently in the direction of your dreams. Live the life you have imagined."* She encouraged students to learn today with passion, lead tomorrow with integrity, and carry forward the proud legacy of nursing

Release of Souvenir: Former National President of TNAI Ms Durga Mehta, who was felicitated by Dr Annie Kumar, National President TNAI, released the conference souvenir. The Guest of Honour, Special Guests, National Vice Presidents, National Treasurer, and members of the Souvenir Committee were present on the stage along with the National President to release the souvenir. Coordinated by Mrs Sanghamitra Sawant, Dy Secy Gen TNAI, along with the Souvenir Committee team, this souvenir showcased SNAI's significant achievements and future aspirations at national and state levels.

Tribute to the deceased student Nurses: Solemn tributes were paid to honour the memory of seven student nurses who tragically lost their lives in a recent accident. As a gesture of support and solidarity, TNAI extended heartfelt condolences and provided financial assistance of ₹5 lakh each to the parents of the deceased students. A brief video was screened in remembrance of the young nurses. The State Branch President, Secretary, SNAI Advisor, and the principal of the respective colleges accompanied the parents to the stage to receive the cheques. The ceremony concluded with a one-minute silence, offering collective prayers for the departed souls and strength to the bereaved families

Redefining Nursing: Prof (Dr) Suresh Sharma shared about the new definition of Nursing. The International Council of Nurses (ICN) launched updated definitions of 'nursing' and 'nurse' in 2025, reflecting over two decades of professional evolution. Nursing is now recognised as a scientific and humanistic profession dedicated to promoting health, equity, and sustainable, culturally safe, people-centred care, while embodying ethics, compassion, and

social justice. A nurse is a regulated professional educated in nursing science, skills, and philosophy, who works autonomously and collaboratively to enhance health literacy, prevent illness, protect patient safety, provide compassionate care, lead and manage services, contribute to public and population health, and influence policy. These new definitions acknowledge nurses' expanding roles in leadership, advocacy, research, and systems strengthening, providing a global framework for education, regulation, workforce planning, and professional identity. While adoption may face challenges due to their complexity and contextual adaptation, they offer a vital opportunity to strengthen the visibility, value, and impact of nursing worldwide, empowering nurses to advance health equity, innovation, and sustainable healthcare systems.

Platinum Partner Session: Mr Saurin Mohd., Business Unit Head of Delta Healthcare, the Platinum Sponsor, presented innovative solutions supporting clinical and student training, highlighting and strengthening the collaboration between academia and industry.

Vote of Thanks: Ms Purvi Kumari Dhillon, State SNAI Secretary, expressed gratitude to the MIT University Management and Prof Dr. Vishwanath D Karad for their constant support. She also thanked all dignitaries, TNAI National Executive and Council members, nurse leaders, student delegates, faculty, and volunteers for their valuable contributions and active participation in making the conference a success. The inaugural session concluded with the rendition of the National Anthem.

SNAI Competitions & Preliminary round of Sports Events: After lunch, following competitions were conducted at the Library of the World Peace Dome: Art in Action (Poster), Sketch Your Vision (Pencil Sketch), Creative Sparks (Painting, Essay Writing, Rangoli), Brain Battle (Quiz - Preliminary) & Sports Events.

Essay Writing (English & Hindi), Rangoli, On-the-Spot Painting, and Poster Competitions: These competitions, held simultaneously, drew enthusiastic participation from 27 states, providing a vibrant platform for students to showcase their creativity, artistic talent, and expressive skills across a variety of mediums. All these competitions were overseen by Dr Baji Valli, Vice President, TNAI South Region.

Personality Contest: Mr SNAI & Miss SNAI - The Personality Contest was conducted with participation from 28 states. The panel of judges included Mr Anup Ingale (Actor & Dancer), Mrs Aji Koshy (Mrs Celebrity India 2025), and Ms Supreet Rupam (Miss Himachal 2016 & Miss Queen of India 2017). The latter two, being nurses themselves, beautifully showcased that nursing is not just about skill and dedication, but also confidence, grace, and self-belief. The competition was overseen by Mrs Jyoti Walia, Vice President, TNAI North Region.

Extempore Competition: A total of 23 states participated; the competition was overseen by Prof Thoudam Nandarani Devi, National Vice-President, TNAI -North East Region.

Day 2: 21 November 2025 (Friday)

The SNAI **National Sports Competitions** were organised on 21 November 2025 at the MIT Sports Ground. The event witnessed vibrant participation, outstanding team spirit, and remarkable athletic performances from SNAI units across the country. Earlier, the preliminary rounds for Volleyball and Throw Ball events were held on 20 November 2025, during the post-lunch session of the inaugural programme of the Conference. The session was presided over by Dr Annie Kumar, National President TNAI.

The programme commenced with an impressive and colourful march past, featuring 32 State SNAI Units. Each unit marched proudly carrying their State SNAI Flags and Placards. A maximum of 18 participants were allowed per marching contingent. All teams performed with precision, discipline, and enthusiasm. Dr Annie Kumar received the salute from the marching contingents.

The event was graced by eminent sports personalities: **Chief Guest:** Ms Priyanka Hanumant Ingale, Captain, Indian Kho-Kho Team; **Guest of Honour:** Mr Aditya Kedari, Gold Medallist - Asian Rowing Indoor Championship & National Field Indoor Archery; **Special Guest:** Professor Padmakar Bhimrao Phad- Director Sports, MIT ADT University Pune.

Ms. Priyanka Hanumant Ingale and Mr. Aditya Kedari inaugurated the sports meet by lighting the ceremonial lamp. They then passed on the torch to the student athletes, who performed a traditional run and lit the final ceremonial lamp, officially marking the commencement of the sports competitions.

Regular events apart, there were 100 Metres, 400 Metres, Shot Put, Discus Throw, and Javelin Throw—the TNAI Executive Committee/Council introduced new events this year, including: Volleyball, Throw Ball, Long Jump & High Jump. These additions significantly elevated the scale and excitement of the competition.

Out of the 33 SNAI Units nationwide, 32 Units actively participated, showcasing a wide range of athletic talent and competitive spirit. The entire competitions were meticulously planned, coordinated, and on-field managed by the organisers; all competitions were conducted smoothly without any delays. The atmosphere remained vibrant throughout the day as students competed with zeal and sportsmanship. The day-long sports events concluded with a grand medal distribution ceremony. Medals and certificates were awarded by officials from the TNAI National Office and the respective State Branch Office Bearers.

Outstanding Performances

The following states exhibited remarkable performances throughout the competition.

Kerala, Tamil Nadu, and Karnataka SNAI Units emerged as top performers, showcasing high levels of training, skill, and teamwork.

Kerala SNAI Unit secured the **Overall Championship** for the 31st SNAI National Sports Competition.

- Coordinated by Mr Ajinas AM, Asst Secy Gen and Mr Praveen Kumar Saini, TNAI and the Sports Committee; it was overseen by Mr Dipkamal Vyas, Vice President, TNAI West region.

The programme concluded with a Vote of Thanks, expressing gratitude to, all participating State SNAI Units, Student volunteers from VIN, Match referees and officials, Ground staff and logistical teams, TNAI leadership and organising committee.

Scientific Paper Presentation: The three best scientific papers showcased innovative research and insights. The session was expertly moderated by Dr. Daisy Abraham, Secretary of TNAI Chhattisgarh State Branch and Dr (Mr.) Sonapant G Joshi - Director and Professor, Symbiosis College of Nursing, ensures engaging discussions and meaningful interactions with the audience. Dr (Mrs) Shiny Chacko, National Treasurer, TNAI, felicitated the moderators

Ms Durga Mehta Oration: It was delivered by Mrs. Surekha Sawant, Former President, TNAI Maharashtra State Branch. On behalf of all nurses present, we honor Madam Durga Mehta for her remarkable dedication, courage, and vision that have shaped and inspired generations of nursing professionals. True to her name, 'Durga'- the unconquerable, embodies strength, compassion, and leadership, guiding nurses from her early days as a student to her prominent roles at national and international levels.

SNAI Biennial Report: Mrs. S. Vatchala Dhinakaran, Assistant Secretary General, TNAI, presented the SNAI Biennial Report, followed by individual state reports delivered by the SNAI Secretaries of each state, with a total of 16 states sharing their updates. Subsequently, the decisions of the SNAI National Executive Committee were announced to the SNAI Executives and delegates by Dr (Mrs) Annie Kumar, National President, TNAI. The key decisions are as follows:

1. All defence units will be considered as a single branch.
2. SNAI elections for all states will be conducted annually in January or February.
3. While the SNAI Secretary will continue to be elected from the College of the State SNAI Advisor, the other SNAI Executive positions (Chairperson, Treasurer, and Chairperson of the Education Committee) will be elected from other SNAI units.
4. Bihar has been selected as the hosting state for the 32nd SNAI Biennial Conference in 2027.

Quiz Competition: The quiz competition, conducted by Dr Rita Lakhani, followed the rounds outlined in the established criteria. In the preliminary round, 23 states participated, from which 6 were shortlisted for the finals. As quiz master, Dr Lakhani, conducted the event with great skill and enthusiasm, keeping the participants engaged and the audience captivated. It was overseen by Dr Abhilekha Biswal, Vice President, TNAI East region.

Mono Act: A total of 25 states participated in the Mono Act competition, showcasing their creativity, talent, and expressive storytelling skills.

Dance competitions: The dance competitions featured vibrant performances from 25 states, highlighting the rich cultural diversity and artistic talent of the participants. The Judges were Mrs. Shilpa Danave Turilay (Founder & Managing Director-Margam Dance Academy, Mrs Kadambari Danave Rananaware (Senior Choreographer-Margam Dance Academy) & Mr Sreenivason- Secretary, TNAI Andaman & Nicobar UT Branch.

Day 3: 22 November 2025 (Saturday)

The Valedictory function marked the grand finale. The programme began with a soulful Invocation song, followed by a Welcome Address by Mr Rajabhau, President, TNAI Maharashtra State Branch.

Conference Resume: Presented by Mrs Evelyn P Kannan, Secretary General, TNAI. This conference brought together student nurses, faculty members, and national leaders of TNAI and SNAI. The conference featured inspiring inaugural sessions, keynote addresses, scientific paper presentations, and skill-building activities focused on strengthening student leadership and promoting excellence in nursing education. Delegates from various states actively participated in competitions, cultural showcases, and interactive sessions highlighted talent, teamwork, and professional values. The event also witnessed the handing over of responsibilities to the next host state and heartfelt expressions of gratitude to sponsors and supporters. The conference concluded with valedictory remarks by National President Dr (Mrs) Annie Kumar reaffirms SNAI's commitment to empowering future nurses and nurturing a strong and united student community.

Valedictory Remarks: The National President, Dr (Mrs) Annie Kumar delivered the valedictory address of the 31st SNAI Biennial Conference, expressing pride in the enthusiastic participation and leadership potential demonstrated by student nurses and appreciating the scientific, cultural, and sports engagements aligned with the theme *Learning Today, Leading Tomorrow*. She acknowledged the valuable contributions of keynote and guest speakers, National Executive and Council Members, resource persons, and judges, and extended heartfelt thanks to the TNAI Maharashtra State Branch, the management and Principal of Vishwaraj Institute, and the TNAI Hqrs team for their dedicated efforts in ensuring the success of the conference. She announced the handing over of the 32nd SNAI Biennial Conference to the Bihar State Branch and encouraged students to continue contributing to the future of nursing through leadership, research, community service, and compassionate practice before formally declaring the valedictory session closed.

Prize Distribution: The winners of the competitions were announced by Mrs Sanghamitra Sawant, Deputy Secretary General, TNAI and Sports events by Mr Ajinas AM, Asst Secy Gen TNAI.

Prizes were distributed by the respected Vice Presidents, National Executive and Council members of TNAI, who were also the judges of their respective competitions.

Handing Over and Taking Over Ceremony of the SNAI Biennial Conference

The formal handing over and taking over ceremony marked the smooth transition of responsibility for the SNAI Biennial Conference. Mr. Rajabhau Rathod, President, and Mrs. Ratna R Deore, Secretary, TNAI Maharashtra State Branch—who successfully hosted the 31st SNAI Biennial Conference graciously handed over the charge to Dr Annie Kumar, National President, TNAI, and Mrs Evelyn P Kannan, Secretary General TNAI.

Subsequently, Dr Annie Kumar and Mrs Evelyn P Kannan entrusted the responsibility of hosting the 32nd SNAI Biennial Conference to the TNAI Bihar State Branch. The conference flag was formally presented to Sr. Usha Saldhana, President, and Ms Sonam, State SNAI Advisor, TNAI Bihar State Branch, who will host the forthcoming SNAI Biennial conference in Patna, Bihar.

The conference concluded at 4 pm with a Vote of Thanks delivered by Mrs Ratna Deore, State Secretary, TNAI, Maharashtra to all the dignitaries, delegates and hosting institution for their unwavering support, wonderful venue and delicious food.

The organisers expressed gratitude to the sponsors. The organisers extended their heartfelt gratitude to all the sponsors for their generous support and invaluable contribution to the success of the event. Special thanks were offered to the Platinum Sponsor: Unit Healthcare; Gold Sponsor: Himalayan Baby Care; Silver Sponsors: Coote Nursing and Extra NN One; and the Associate Sponsor: Apple RN. Their commitment and partnership greatly enriched the conference and helped create a memorable experience for all participants.

The conference concluded with the solemn rendition of the [National Anthem](#).

Post-Conference Evaluation: In the evening, a Post-Conference Evaluation Meeting was held with all committees to review the three-day event.

Sports Report prepared by Mr. Ajinas AM, Assistant Secretary General, TNAI

Report prepared & compiled by: Mrs S. Vatchala Dhinakaran, Assistant Secretary General, TNAI









Photo Captions

1. Pre Conference Meeting held on 17th November 2025 at Vishwaraj Institute of Nursing, Loni, Pune.
2. National Council Meeting 18th & 19th November 2025
3. National SNAI Executive Committee Meeting 19th November 2025
4. Registration Booth
- 5-8. State SNAI Grand Parade
9. Inaugural Ceremony -Dignitaries
10. Dr. (Mrs) Annie Kumar, National President, TNAI, graciously felicitated Ms. Durga Nandkumar Mungekar, Maharashtra State SNAI Chairperson. Mrs Evelyn P. Kannan, Secretary General, TNAI, felicitated Ms. Purvi Kumari Dhillon, Maharashtra State SNAI Secretary.
11. Presidential Chain Ceremony Mrs. Evelyn P. Kannan, Secretary General, honoured the President by presenting the ceremonial chain and shared a brief history of its significance, highlighting its symbolism of leadership, responsibility, and continuity within SNAI.
12. The National President of TNAI, Dr. (Mrs). Annie Kumar delivered an inspiring Presidential Address.
13. Keynote Address: by Prof. (Dr.) Bimla Kapoor Chairperson, Committee of Experts, NNMC Bill
14. Unfolding the Theme: by Mr Dipkamal Vyas, National Vice President (West Region)
15. Address by the Guest: Dr Deepika C. Khakha, Nursing Advisor to the Government of India
16. Souvenir Release
- 17-22. Tribute to the deceased student Nurses
23. Prof (Dr) Suresh Sharma shared about the new definition of Nursing
24. Sponsors by Delta
- 25-28. Poster competition, Pencil Sketching, Essay writing (English & Hindi), Rangoli & On the spot painting
29. Personality Contest: Mr. SNAI & Miss. SNAI
30. Extempore
31. Scientific paper presentation
32. Ms. Durga Mehta Oration
33. Winners of quiz competition with quiz Master
34. Mono Act
- 35-37. Winner of Dance Competition
- 38-39. A view of audience
40. Inauguration of Sports competition
41. March Past
42. Dignitaries handing over the ceremonial torch to the student athletes
- 43-44. Sports events
45. Match officials and participants in the 100 Meter competition
46. Winners of Volleyball Competition-Tamil Nadu Team
47. Organisers of the sports competition
48. Overall Champions in Sports- Kerala State SNAI Unit

Report on the Asian and Pacific Congress for Nurse Practitioners 2025 (APCNP 2025)

Theme: *Leveraging Generative AI in Advanced Practice Nursing to Optimize Health and Well-being*

Date: November 1–2, 2025

Venue: Taipei International Convention Center, Taipei, Taiwan

Introduction

The **Asian and Pacific Congress for Nurse Practitioners 2025 (APCNP 2025)**, held at the prestigious Taipei International Convention Center, brought together visionary nurse leaders, academicians, and practitioners from across the Asia-Pacific region. The congress served as a dynamic platform to explore how *Generative Artificial Intelligence (AI)* can revolutionize advanced practice nursing, optimize health outcomes, and transform the future of healthcare delivery.

Under the theme “*Leveraging Generative AI in Advanced Practice Nursing to Optimize Health and Well-being*,” the two-day event showcased innovations, research collaborations, and policy developments shaping the evolving role of Advanced Practice Nurses (APNs) and Nurse Practitioners (NPs) in an increasingly digital era. A key highlight of the event was the signing of a **landmark Memorandum of Understanding (MoU)** among nursing organizations from seven Asia-Pacific countries, reinforcing the spirit of regional partnership and professional solidarity.



Delegates from the Trained Nurses' Association of India (TNAI)

- **Mrs. Annie Kumar**, National President, TNAI
- **Mrs. Sanghamitra Sawant**, Deputy Secretary-General, TNAI
- **Mr. Dipkamal Bansilal Vyas**, National Vice-President (West Region), TNAI

In addition, **Prof. (Dr.) Roy K. George**, Former National President, TNAI, attended the congress as a *Guest Speaker*.

Memorandum of Understanding (MoU)

A significant milestone of APCNP 2025 was the signing of a **Memorandum of Understanding (MoU)** among nursing organizations representing **seven countries** in the Asia-Pacific region — **Australia, India, Japan, Korea, Malaysia, Singapore, and Thailand**.

The MoU aims to strengthen collaboration, promote research excellence, and enhance healthcare standards through mutual cooperation and shared professional advancement.



The Parties agreed to:

- Promote professional collaboration, academic exchanges, and APCNP conferences;
- Advance high-quality care, population health, and evidence-based nursing practice;
- Influence policy and elevate the visibility and recognition of Advanced Practice Nurses (APNs) and Nurse Practitioners (NPs).

All specific activities under this MoU will be governed by separate agreements detailing terms and budgets, subject to each Party's policies and official approval.

The MoU will remain valid for **four (4) years**, renewable or terminable with a **six (6)-month written notice**, and any amendments will require the written consent of all Parties.

Participating Organizations:

- Australian College of Nurse Practitioners, **Australia**
- Trained Nurses' Association of India (TNAI), **India**
- Japan Society of Nurse Practitioners, **Japan**
- Korean Association of Advanced Practice Nurses, **Korea**
- Malaysia Nurse Association (IIUM), **Malaysia**
- Singapore Advanced Practice Nurses Chapter, Singapore Nurses Association, **Singapore**
- Advanced Practice Nurse Association (Thailand), **Thailand**

Day 1 Highlights – November 1, 2025

The congress opened with a **Grand Opening Ceremony and Welcome Address** hosted by **Yang Ming Chiao Tung University**, setting an inspiring tone of collaboration and innovation.

Panel Discussions featured esteemed nurse leaders from Japan, Korea, Malaysia, India, Australia, Thailand, Singapore, and Hong Kong, who deliberated on emerging global trends, policy development, and the evolving roles of Nurse Practitioners in technology-driven healthcare systems.

Scientific Sessions and Symposiums covered vital topics such as *wound hygiene, dressing and care*, and the *use of simulation technology in clinical training*, emphasizing the importance of evidence-based practice and continuous professional development.

The day concluded with a **Round Table Discussion** and **Taiwan NP Night**, which fostered cross-country dialogue and collaboration. The evening culminated in a **Welcome Banquet** at the **National Taiwan University Hospital**, celebrating cultural exchange and professional unity.

Day 2 Highlights – November 2, 2025

The second day commenced with **Keynote Session III** by **Professor Su-Fen Cheng** (National Taipei University of Nursing and Health Sciences), on *"Exploring the Link Between Advanced Practice Nursing and Artificial Intelligence."*

This was followed by **Concurrent Session II** and **Symposium III** on *Negative Pressure Wound Therapy*, showcasing innovative clinical practices and evidence-based approaches that contribute to improved patient outcomes and professional growth.

The congress concluded with **Closing Remarks** by **Assistant Professor Pei-Ching Liu**, who expressed heartfelt appreciation to all speakers, delegates, and organizing institutions for their active participation and contributions toward advancing the global APN profession.

Conclusion

The **APCNP 2025** marked a remarkable milestone in advancing the role of nurse practitioners and advanced practice nurses across the Asia-Pacific region. The discussions on Generative AI highlighted the profession's readiness to embrace emerging technologies while maintaining the essence of compassionate care. The signing of the **MoU among seven nations** stands as a testament to the shared vision of fostering innovation, collaboration, and excellence in nursing practice — paving the way for a stronger and more connected future for global healthcare.

Orientation Programme for TNAI Nagaland State Branch Executives

In line with the decision at the TNAI's EC meeting (in 2019) to orient the TNAI State & UT Branch Executive Committee members to the functioning of TNAI within three months of State /UT Branch Election, the executive members from Nagaland State branch participated in the two-days orientation programme on 16-17 September, 2025 at TNAI Headquarters and its Greater Noida campus. The purpose of this initiative was to apprise them of the broad knowledge about the role of various units of TNAI. Many of the executives stated that this was their first ever visit to TNAI headquarters.



After welcome address, there was orientation to TNAI and SNAI and briefing on TNAI's role as recruitment agency. The broad areas covered in the orientation were: Growth of TNAI and SNAI over years; Update TNAI membership & Recruitment services; Update on SNAI & Publication; Orientation about land purchase, Accounting/Auditing; Orientation about agenda, Minutes & State branch report; Orientation about the TNAI staff and the job responsibilities being handled by them including maintenance of files; visit to various section at TNAI Hqrs. The executive members observed the multiple activities of TNAI with great interest and expressed satisfaction at the professional working of each unit.

Executives members visited Greater Noida campus. Various activities of TNAI being conducted at CIN&R/ECH premises in Greater Noida were explained to the EC members. The topics covered were: Neonatal Skill Lab (Daksh) and International Training Centre (ITC) that organises basic life support (BLS), advanced cardiac life support (ACLS) and Reproductive, maternal, Newborn, Child and Adolescent Health (RMNCH) courses. The participants were shown a live demonstration of the BLS, ACLS training.

EC members were: (1) Ms Khuniho Assumi, President; (2) Mrs. Bursenla, Vice President; (3) Mrs N Imtisenla AO, Secretary; (4) Ms Inatoli, Joint-Secretary; (5) Ms K Anatoli, Treasurer; (6) Ms Nongozonuo Khape, SNAI Advisor; (7) Ms Alikala Tzudi, Chairperson-Nursing Education & Research Committee; (8) Ms Lipoksangla, Chairperson-Programme Committee; (9) Ms S Imstutula, Chairperson-Public Health Nursing Section; (10) Ms Zululemla AO, Chairperson-Nursing Service Section; (11) Ms Imtirenla Lonhkumer, Chairperson Socio-Economic Welfare Committee; (12) Ms Khrielakhonuo Angami, Chairperson-LHV/ANM Committee.

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सर्दियों में तंग करने वाली प्रमुख बीमारियाँ

सर्दियों में, विशेषकर उत्तर भारत में जब बीमारियों का प्रकोप बढ़ जाता है, बच्चे और उम्रदार ज्यादा प्रभावित होते हैं। इसके अनेक कारण हैं। सर्द शुष्क हवा में संक्रमण जल्द होता है। दूसरा, सर्दियों में लोग घर के अंदर ज्यादा रहते हैं, ऐसे वातावरण में रोगाणु शीघ्रता से पनपते हैं। संक्रमण लगने पर अक्सर लक्षण तुरंत प्रकट नहीं होते, इसमें – विशेषकर दुरस्त इम्यूनिटी वाले व्यक्तियों में दो-तीन दिन से कुछ सप्ताह भी लग जाते हैं। यहां सर्दियों की कुछ प्रमुख बीमारियों का उल्लेख है।

सामान्य सर्दी

सर्दी के मौसम में होने वाली आम बीमारियों में शीर्ष पर है सामान्य सर्दी। यह सबसे ज्यादा नाक और गले पर प्रहार करती है। यह संक्रामक है और हवा, स्पर्श या दूषित सतहों से फैलती है। आम सर्दी 2 या 3 सप्ताह के भीतर अपने आप या कुछ दवाओं के सेवन से ठीक हो जाती है। यह बीमारी आसपास किसी के खांसने-छीकने या आपने किसी दूषित सतह, जैसे दरवाजे के हैंडल, को छूने से लग सकती है। दो सौ से अधिक वायरस सर्दी-जुकाम का कारण हो सकते हैं, इनमें सबसे आम है राइनोवायरस।

फ्लू

श्वसन तंत्र की से संबंधित इस अत्यधिक संक्रामक बीमारी का कारण इन्फ्लूएंजा वायरस होता है। यह सरलता से नियंत्रित न हो तो निमोनिया जैसी जानलेवा बीमारी में तब्दील हो सकता है। फ्लू सभी आयु समूहों को प्रभावित करता है। इसके सामान्य लक्षण हैं, अचानक उच्च बुखार हो जाना या ठंड महसूस होना, नाक बहना, खांसी, गले में खुजली, आदि। इस स्थिति से उबरने के लिए कुछ दवाएं दी जाती हैं।

सामान्य सर्दी और फ्लू के लक्षण बहुत कुछ मिलते-जुलते हैं, जैसे नाक बहना और खांसी। मुख्य अंतर यह है कि फ्लू के लक्षण ज्यादा तीव्र होते हैं। रोगजन्य वायरस भी भिन्न होते हैं, उसी अनुरूप उपचार दिया जाता है।

निमोनिया

यह स्थिति जीवाणु संक्रमण के कारण होती है और बुजुर्गों और पांच साल से कम उम्र के बच्चों में जानलेवा हो सकती है। यह स्थिति फेफड़ों में हवा की थैलियों को तरल पदार्थ या मवाद से भरकर बड़ा कर देती है। इस के लक्षणों में लगातार खांसी, कफ, बुखार, ठंड लगना, सांस लेने में कठिनाई आदि शामिल हैं।

ब्रोंकाइटिस

ब्रोंकाइटिस के लक्षणों में लगातार खांसी, बलगम, सांस लेने में घरघराहट और छाती में जकड़न शामिल हैं। फेफड़ों में सूजन आ जाती है। यह बीमारी तीव्र, अल्पकालिक या जीर्ण (क्रॉनिक) हो सकती है। वायुमार्ग में सूजन आ जाती है, जिससे खांसी होती है और कभी-कभी बलगम बनता है। कारण के आधार पर चिकित्सक विभिन्न दवाओं के माध्यम से उपचार करता है। तरल पदार्थ के सेवन से रोगी को आराम मिल जाता है। सर्दियों में ठंडी हवा और बंद जगहों पर रहने से यह वायरस आसानी से फैल सकता है। इससे बचाव के लिए प्रदूषण और धुएं से बचें।



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