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THE TRAINED NURSES' ASSOCIATION OF INDIA

TNAI BULLETIN



Volume XV | No. 2

FEBRUARY 2026

Strengthening Nursing Excellence and Democratic Governance

The Trained Nurses Association of India (TNAI) continues to move forward along its saga with renewed energy and commitment to academic excellence, professional development, and transparent democratic governance.

The launch of *Internship to Impact: Nursing Interns Exit Readiness Programme* at the Central Institute of Nursing and Research Centre, Greater Noida (a unit of TNAI), marks a significant milestone in strengthening the transition of nursing graduates from academia to clinical practice. This three-week intensive programme is competency-based and systematically structured to progress from basic to advanced clinical skills, with a strong emphasis on simulation-based learning, hands-on practice, and objective assessment. The programme equips nursing interns with the confidence and competence required to deliver safe, high-quality care across obstetric and newborn care, medical surgical nursing, emergency response, and critical care settings. For details kindly contact our Noida centre (Mobile:7838371331; Email id: tnai.cin.ech@gmail.com).

Call of abstract submission for CNMF Conference: We are pleased to inform our members that the prestigious CNMF Conference to be hosted by TNAI this year on 24 & 25 September will provide a valuable national platform for nurses, educators, researchers, and leaders to share evidence-based practices and innovations in nursing. Members are encouraged to actively contribute by submitting abstracts. Kindly note that the last date for receipt of abstracts is 31 March 2026. Detailed information regarding the conference, including themes and submission guidelines, is available on page 18 of this Bulletin. Soon TNAI will send a link for Registration.

Goa, Jharkhand and Tripura Branch Elections: In matters of organisational governance, we wish to bring to the notice of members that the Goa State elections will be held on 7 March 2026. The details of the contestants and other election-related information are provided on pages 19-22 of this Bulletin. Further, in keeping with TNAI's commitment to democratic values and transparency, the TNAI Hqrs will conduct

INSIDE

- 17. Editorial
- 18. International Conference – Commonwealth Nurses and Midwives Federation Conference.- Coming to India in 2026
- 19. TNAI Goa State Branch Election 2026
- 23. Notification for TNAI Jharkhand State Branch Open Election 2026
- 27. Notification for TNAI Tripura State Branch Open Election 2026
- 31. Dr Manju Vatsa Special Scholarship Award 2024-25
- 31. Obituary
- 32. Election Result- TNAI Rajasthan State Branch 2025

open elections for the Jharkhand State Branch on 17 March 2026 and for the Tripura State Branch, on 31 March 2026. Members of the respective State Branches are requested to carefully review the eligibility criteria for contesting and voting available in this issue.

I urge all members to remain informed, engaged, and proactive in both academic and organisational activities of TNAI. It goes without saying that your active participation in academic pursuits and democratic processes not only serves as a sound foundation on which a stronger and more vibrant TNAI is built but also hones one's leadership skills.

Mrs Evelyn P Kannan

Chief Editor & Secretary General TNAI



International Conference

Commonwealth Nurses and Midwives Federation Conference

Coming To India in 2026!

Co-Hosted by The Trained Nurses' Association of India (TNAI)

Date : 24-25 September 2026 | Venue: Manekshaw Centre, New Delhi

The world is transforming at lightning speed — & so is health care.

From digitisation to artificial intelligence, new frontiers are redefining how nurses and midwives learn, lead, & deliver care.

Join global nursing and midwifery leaders as we explore innovation, technology, leadership, education, and the future of professional practice in an evolving world.

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CALL FOR ABSTRACTS – NOW OPEN!

Share how you are shaping the future.

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Shaping the Future

nurses and midwives navigating new frontiers

7th Commonwealth Nurses and Midwives Conference

Thursday 24 and Friday 25 September 2026, New Delhi, India

Note: Conference organisers cannot provide financial assistance for travel or accommodation. Presenters must register and pay the applicable fee. Reduced registration will be available for presenters.

Moving ahead with commitment and dedication Since 1908

TNAI Goa State Branch Election 2026

Date: 7th March, 2026 (Saturday)

Time: 09:00 am to 5:00 pm (09 am to 10 am General Body Meeting & 11 am to 5 pm Polling)

Venue: Swarnam - Banquet Hall and Hotel near Milroc Woods, opp. Indian oil petrol pump, Corlim (Old Goa), Velha, Goa- 403110.

Sr. No.	Name of the Office	Name, TNAI No. and Adress of the Contestant	Status
1	President	i) Mr. Pratap Shashikant Parab , TNAI No. 56344, Address: Ward Borthar, Goa Medical College & Hospital, Bambolim, Goa-403202.	Declared Elected
2	Vice President	i) Mrs. Tanavi Shailesh Naik , TNAI No. 192791, Address: Staff Nurse, Sub District Hospital, Tisk -Ponda, Goa-403401.	Declared Elected
3	Secretary	i) Mrs. Rubina Fernandes , TNAI No. 81176, Address: Acting Matron, Institute of Psychiatry & Human Behaviour (IPHB), Bambocem Goa- 403202.	Declared Elected
4	Joint Secretary	i) Mrs. Pornima Naik , TNAI No. 194280, Address: Staff-Nurse, North Goa District Hospital Mapusa, Goa-403507	
		ii) Mr. Sandeep Vishnu Gawas , TNAI No. 156685, Address: Staff Nurse, Ophthalmic Cell, Directorate of Health Services, Campal, Panaji, Goa-403001	
5	Treasurer	i) Ms. Sweta Fal Dessai , TNAI No. 269778, Address: Staff Nurse, Department of Endocrinology at Goa Medical College is located in the main complex at Bambolim, Tiswadi, Goa- 403202.	Declared Elected
6	SNAI Advisor	i) Mr. Sangam S Sawant , TNAI No. 241244, Address: Teaching Faculty, Institute of Nursing Education Opp. Station Workshop EME Bambolim Camp Goa, District: Tiswadi, Goa- 403202.	Declared Elected
7	Chairperson- Nursing Education and Research Section	i) Ms. Aditi Dinesh Sawant Dessai , TNAI No. 310216, Address: Nursing Tutor, Sai Nursing Institute , Near Mahalaxmi Temple, Housing Board Colony, Harvalem , Sankhali, Goa-403505	Declared Elected
8	Chairperson- Programme Committee	i) Ms. Sandhya Dongrikar , TNAI No. 126798, Address: Ward Sister, Institute of Psychiatry & Human Behaviour (IPHB), Bambolim, Goa-403005	
		ii) Mr. Sanket Sunil Sinari , TNAI No. 316435, Address: Staff Nurse, Goa Medical College and Hospital, Bambolim, Tiswadi Goa- 403202	
9	Chairperson- Membership Committee	i) Ms. Conceicao Vaz , TNAI No. 254151, Address: Tutor, Institute of Nursing Education, Bambolim, Goa- 403202.	
		ii) Ms. Purnima Y Pednekar , TNAI No. 276661, Address: Staff Nurse, North Goa District Hospital, Mapusa, Goa- 403507.	
10	Chairperson- Public Health Nursing Section	i) Associana D' Mello , TNAI No. 236064, Address: Public Health Nursing, Primary Health Centre, Aldona, Goa- 403508.	
		ii) Mr. Suresh Vasant Sinari , TNAI No. 236077, Address: Ward- Incharge CHC Sanquelim, Community Health Centre Sanquelim North Goa-403505.	
11	Chairperson- Nursing Service Section	VACANT	
12	Chairperson- Socio Economic Welfare Committee	i) Mr. Greyno Credfil Menezes , TNAI No. 324075, Address: Staff Nurse, Institute of Psychiatry and Human Behaviour, Bambolim, Goa-403202.	Declared Elected
13	Chairperson- LHV/ ANM Committee	VACANT	

- A. Election will be conducted digitally for all the posts except those marked as “Declared Elected”.**
- B. The Returning Officer (RO) Shall declare the open election during the General Body Meeting and invite the nominations.**
- C. An open election will be conducted for the vacant position(s) –**
- i. Chairperson- Nursing Service Section
 - ii. Chairperson- LHV/ANM Committee
- D. Common Eligibility criteria for contesting above mentioned post(i and ii):**
- i. Any candidate filing nomination for Goa Offices should have completed a minimum of 05 years of membership in TNAI.
 - ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
 - iii. Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the TNAI Goa State Branch Offices.
 - iv. The members holding office positions in TNAI shall not hold office positions in parallel Nursing Organizations like (trade unions, other associations or societies). For filing a nomination to the TNAI post, the members will have to relinquish the post in other nursing organizations. The accepted resignation letter from the head of the parallel organization shall be submitted to the Returning Officer of Goa State Branch Election before submitting the nomination for open election on the election day.
 - v. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest TNAI Goa State Branch Offices.
 - vi. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
 - vii. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
 - viii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
 - ix. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Goa i.e., TNAI members who held the post of President or Secretary of the State/UT branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
 - x. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

Kindly Note:

- E. Specific eligibility criteria for the following posts:**
- i. **Chairperson- Nursing Service Section:** The office for the State/UT Chairperson-Nursing Service Section is reserved for Nursing Staff working and residing in the respective State and **working in a hospital/clinical setting.**
 - ii. **Chairperson- LHV/ANM Committee:** The office of the State/ UT- LHV/ ANM is reserved for female TNAI associate life members only.
- F. How to file the Nomination for Open election**
- i. The open election will be conducted **on the day of election** along with the scheduled Goa State branch Election.
 - ii. Nomination sheet is available in the TNAI National and the Goa TNAI State Website.
 - iii. Eligible members for the open positions are required to download and print the nomination sheet.
 - iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Goa State branch at the election venue **on the day of election** on or before 09.30 AM physically.

- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. Nomination for Chairperson ANM/LHV shall be proposed and seconded by TNAI Associate Life Members only.
- vii. The proposer and seconder for a candidate filing nomination shall be residing in the same state or UT as domicile or working and life member of TNAI.
- viii. A copy of the working and residing proof shall be submitted along with the nomination.
- ix. A copy of the employment proof shall be submitted by the eligible candidates contesting for **Chairperson Nursing Service Section and Chairperson-LHV/ANM Committee.**
- x. For the vacant offices, the names of the **three members having the highest number** of nominations only will be included in the electronic voting device.
- xi. If only one nomination, then it shall **be declared as Elected** by the Returning officer
- xii. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning Officer **before 09.30 am on the day of election.** The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI National and Goa State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Goa branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Goa are eligible to vote.
- ii. Members are requested to check their membership status at <https://election.tnaionline.org/> Update Data/Index.
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Goa finds that his/her membership is enlisted in a different state, they can transfer their membership to Goa **on or before 30 days** of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Goa. Link: <https://election.tnaionline.org/UpdateData/Index>
- iv. Members enrolled on or before **6 February, 2026** are only eligible to cast their votes.
- v. Request for change of the status of membership (transfer of membership from any state branch to Goa) will be permitted till **6 February, 2026, 4:30 pm after that, any change of address request will not be accepted.**
- vi. Election will be held **on 7th March, 2026 from 11.00 AM to 05.00 PM** at Swarnam - Banquet Hall and Hotel near Milroc Woods, opp. Indian oil petrol pump, Corlim (Old Goa), Velha, Goa 403110.

- vii. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the **TNAI Mobile App and show the membership through the App for the verification.**
- viii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- ix. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else to this effect on the polling day.
- x. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- xi. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the election day.
- xii. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xiii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiv. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting.
- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.
- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then direct to the digital polling station which is available. ix. The voters shall enter the QR code Token number in the digital voting screen.
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Life members with LMT category are eligible to cast vote for all the offices except Chairperson- LHV/ANM Committee
- xii. Associate Life members with LMM category are eligible to caste vote only for **Chairperson ANM/LHV position.**
- xiii. Scroll through the options in the digital voting machine and click on the contestant's photo for each post.
- xiv. After selecting candidates for all posts, click the final submit button.
- xv. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email. Please make sure that, your email is registered with the membership section of TNAI.
- xvi. Leave the polling station quietly.

By: Mrs. Prafulla Desai Rane, Returning Officer, TNAI Goa State Branch Election, C/o TNAI Headquarters, L-17, Florence Nightingale Lane, Green Park, New Delhi-110016, Email ID: tnaielections@gmail.com

Notification for TNAI Jharkhand State Branch Open Election 2026

Date: 17th March, 2026 (Tuesday)

Time: 09:00 am to 5:00 pm (General Body Meeting: 09 - 10 am, Polling: 11 am - 05 pm)

Venue: The Sonnet, Jamshedpur Inner Circle Road, Contractors Area, Bistupur, Jamshedpur, Jharkhand-831001

A. Election will be conducted digitally for all the posts.

B. An open election will be conducted for the all the post.

C. Positions for the open election:

- i. State President
- ii. State Vice President
- iii. State Secretary
- iv. State Joint Secretary
- v. State Treasurer
- vi. State SNAI Advisor
- vii. Chairperson – Nursing Education and Research Committee
- viii. Chairperson – Programme Committee
- ix. Chairperson – Membership Committee
- x. Chairperson – Public Health Nursing Section
- xi. Chairperson – Nursing Service Section
- xii. Chairperson – Socio-Economic Welfare Committee
- xiii. Chairperson – LHV/ANM Committee

D. Common Eligibility criteria for contesting above mentioned post:

- i. Any candidate filing nomination for Jharkhand Offices should have completed a minimum of 05 years of membership in TNAI.
- ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/Service) in the State (Government/ Regulatory/ Statutory bodies) is not eligible to contest for the Jharkhand Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest Jharkhand offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Jharkhand i.e, TNAI members who held the post of President or Secretary of the Jharkhand branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

E. Eligibility criteria for submitting nominations for all the posts.**i. State/ UT President:**

Any life member of TNAI working and residing in the State/ UT branch and who served one term (04 Years) as a state executive member at any time in the State/UT is eligible to contest for the post of President of the State/ UT Branch.

ii. State/ UT Secretary:

- a. Any life member of TNAI working and residing in the State/UT branch and who served as State executive for one term (04 Years) at any time in the State/UT is eligible to contest for the post of Secretary of the State/UT Branch.
- b. The office of the Secretary is reserved for female TNAI life members only.

iii. State/UT Vice President:

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Vice President of the State/UT Branch.

iv. State/ UT Joint Secretary

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Joint Secretary of the State/UT Branch.

v. State/ UT Treasurer

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.
- b. The office of the State/ UT Treasurer is reserved for female TNAI life members only.

vi. State/UT SNAI Advisor

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the State/UT Branch.
- b. The office for the State/ UT SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only

vii. State/UT Chairperson- Nursing Education and Research Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Education and Research Section of the State/UT Branch.
- b. The office for the State/ UT State/ UT Chairperson Nursing Education and Research Section is reserved for Nursing faculty working and residing in the respective state only

viii. State/ UT Chairperson- Programme committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson Programme committee of the State/UT Branch

ix. State/ UT Chairperson- Membership Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson Membership committee of the State/UT Branch

x. State/ UT Chairperson- Public Health Nursing Committee

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Public Health Nursing Committee of the State/UT Branch.
- b. The office of the State/ UT Chairperson- Public Health Nursing Committee is reserved for Community Nurse/ Public Health Nurse/ Public Health Nursing officers working and residing in the respective state and working in the Public Health/ Community Health setting.

xi. State/ UT Chairperson- Nursing Service Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Service Section of the State/UT Branch.
- b. The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in a hospital/clinical setting.

xii. State/ UT Chairperson- Socio-Economic Welfare Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Socio-Economic Welfare Committee of the State/UT Branch.

xiii. State/ UT Chairperson- LHV/ ANM

- a. Any associate life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of LHV/ ANM of the State/UT Branch.
- b. The office of the State/ UT- LHV/ ANM is reserved for female TNAI associate life members only

F. How to file the Nomination for Open election

- i. The open election will be conducted on **17th March, 2026**.
- ii. Nomination sheet is available in the TNAI National and the Jharkhand TNAI State Website.
- iii. Eligible members are required to download and print the nomination sheet.
- iv. The Nomination form duly filled/completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Jharkhand State branch at the election venue on **17th March, 2026** on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. A copy of the working and residing proof shall be submitted along with the nomination
- vii. A copy of the employment proof shall be submitted by the eligible candidates contesting for all the posts.
- viii. For all offices except President and Secretary, the names of the **three members having the highest number of nominations** only will be included in the electronic voting device
- ix. The RO shall declare the open election during the General Body Meeting (GBM) be held between 09-10 AM on **17th March, 2026**.
- x. If only one nomination, then it shall be declared as Elected by the Returning officer.
- xi. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning **Officer before 09.30 am on 17th March, 2026** The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI National and Jharkhand State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Jharkhand branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Jharkhand are eligible to vote.
- ii. Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Jharkhand finds that his/her membership is enlisted in a different state, they can transfer their membership to Jharkhand on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Jharkhand. Link: <https://election.tnaionline.org/UpdateData/Index>

- iv. Request for New Membership, change of address and photo Identity Life Membership card or change of the status of membership (transfer of membership from any state branch to Jharkhand) **will be permitted till 16th February, 2026 4:30 pm after that, any change of address will not be accepted.**
- v. Election will be held on **17th March, 2026 from 11.00 am to 05:00 pm at The Sonnet, Jamshedpur Inner Circle Road, Contractors Area, Bistupur, Jamshedpur, Jharkhand-831001**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else on the polling day i.e. 17th March, 2026.
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the Election Day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting
- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.
- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then direct to the digital polling station which is available
- ix. The voters shall enter the QR code Token number in the digital voting screen
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Scroll through the options in the digital voting machine and click on the contestant's photo for each post
- xii. After selecting candidates for all posts, click the final submit button.
- xiii. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email. Please make sure that, your email is registered with the membership section of TNAI.
- xiv. Leave the polling station quietly.

By:

The Secretary General, TNAI

Address: The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi-110016.

Email Id: tnaielections@gmail.com

Notification for TNAI Tripura State Branch Open Election 2026

Date: 31st March, 2026 (Tuesday)

Time: 09:00 am to 5:00 pm (General Body Meeting: 09 - 10 am, Polling: 11 am - 05 pm)

Venue: Polo Hotel, VIP Road, Kunjaban, Agartala, Tripura-799006

A. Election will be conducted digitally for all the posts.

B. An open election will be conducted for the all the post.

C. Positions for the open election:

- i. State President
- ii. State Vice President
- iii. State Secretary
- iv. State Joint Secretary
- v. State Treasurer
- vi. State SNAI Advisor
- vii. Chairperson – Nursing Education and Research Committee
- viii. Chairperson – Programme Committee
- ix. Chairperson – Membership Committee
- x. Chairperson – Public Health Nursing Section
- xi. Chairperson – Nursing Service Section
- xii. Chairperson – Socio-Economic Welfare Committee
- xiii. Chairperson – LHV/ANM Committee

D. Common Eligibility criteria for contesting above mentioned post:

- i. Any candidate filing nomination for Tripura Offices should have completed a minimum of 05 years of membership in TNAI.
- ii. Age: Should not have completed 66 Years as of 1st of January of the calendar year in which the election is notified.
- iii. Any member holding the highest nursing position (Education/Service) in the State (Government/Regulatory/ Statutory bodies) is not eligible to contest for the Tripura Offices of TNAI.
- iv. Any member who has previously held/ served the national office(s) positions in TNAI shall not contest Tripura offices.
- v. No TNAI member shall be in the State Executive Committee for more than 20 years. Out of these 20 years, the maximum period for holding the post of President/ Secretary of the branch is up to a maximum of 16 years.
- vi. For those members getting coopted to the state EC, this 20-year period is not restrictive as they do not have voting rights and/or executive powers. Coopted members serve state EC only in advisory capacity.
- vii. Any TNAI member who held 2 consecutive terms (08 years) as President or Secretary or both the positions in 4 years consecutive term each (total 08 years) as President or secretary shall have a break of a minimum 4 years to contest the post of President or Secretary in the State Branch.
- viii. The current/ previous President or Secretary of the branch shall not contest any other executive positions in the Tripura i.e, TNAI members who held the post of President or Secretary of the Tripura branch can contest only for the post of President/ Secretary in the future term subject to the conditions in the clause number (v) and (vii).
- ix. In any case a TNAI member can have a maximum of 16 years as President or Secretary in the State Branch. This is to ensure that no TNAI members shall exceed 16 years term in the National Council.

E. Eligibility criteria for submitting nominations for all the posts.

i. State/ UT President:

Any life member of TNAI working and residing in the State/ UT branch and who served one term (04 Years)

as a state executive member at any time in the State/UT is eligible to contest for the post of President of the State/UT Branch.

ii. State/ UT Secretary:

- a. Any life member of TNAI working and residing in the State/UT branch and who served as State executive for one term (04 Years) at any time in the State/UT is eligible to contest for the post of Secretary of the State/UT Branch.
- b. The office of the Secretary is reserved for female TNAI life members only.

iii. State/UT Vice President:

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Vice President of the State/UT Branch.

iv. State/ UT Joint Secretary

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Joint Secretary of the State/UT Branch.

v. State/ UT Treasurer

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Treasurer of the State/UT Branch.
- b. The office of the State/ UT Treasurer is reserved for female TNAI life members only.

vi. State/ UT SNAI Advisor

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of SNAI Advisor of the State/UT Branch.
- b. The office for the State/ UT SNAI Advisor is reserved for Nursing faculty working and residing in the respective state only

vii. State/ UT Chairperson- Nursing Education and Research Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Education and Research Section of the State/UT Branch.
- b. The office for the State/ UT State/ UT Chairperson Nursing Education and Research Section is reserved for Nursing faculty working and residing in the respective state only

viii. State/ UT Chairperson- Programme committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson Programme committee of the State/UT Branch

ix. State/ UT Chairperson- Membership Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson Membership committee of the State/UT Branch

x. State/ UT Chairperson- Public Health Nursing Committee

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Public Health Nursing Committee of the State/UT Branch.
- b. The office of the State/ UT Chairperson- Public Health Nursing Committee is reserved for Community Nurse/Public Health Nurse/ Public Health Nursing officers working and residing in the respective state and working in the Public Health/ Community Health setting.

xi. State/ UT Chairperson- Nursing Service Section

- a. Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Chairperson- Nursing Service Section of the State/UT Branch.
- b. The office for the State/ UT Chairperson- Nursing Service Section is reserved for Nursing Staff working and residing in the respective state and working in a hospital/clinical setting.

xii. State/ UT Chairperson- Socio-Economic Welfare Committee

Any life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of Socio-Economic Welfare Committee of the State/UT Branch.

xiii. State/ UT Chairperson- LHV/ ANM

- a. Any associate life member of TNAI with 05 years of TNAI membership may submit a nomination for the post of LHV/ ANM of the State/UT Branch.
- b. The office of the State/ UT- LHV/ ANM is reserved for female TNAI associate life members only

F. How to file the Nomination for Open election

- i. The open election will be conducted on **31st March, 2026**.
- ii. Nomination sheet is available in the TNAI National and the Tripura TNAI State Website.
- iii. Eligible members are required to download and print the nomination sheet.
- iv. The Nomination form duly filled / completed by the candidate i.e. complete address, TNAI number along with the signature shall handed over to the Returning officer of the Tripura State branch at the election venue on **31st March, 2026** on or before 09.30 AM physically.
- v. The nomination form duly submitted shall be supported by self-attested photocopy of TNAI life membership photo ID card of the contestant, proposer, and seconder.
- vi. A copy of the working and residing proof shall be submitted along with the nomination
- vii. A copy of the employment proof shall be submitted by the eligible candidates contesting for all the posts.
- viii. For vacant office the names of the **three members having the highest number** of nominations only will be included in the electronic voting device
- ix. The RO shall declare the open election during the General Body Meeting (GBM) be held between 09-10 AM on **31st March, 2026**.
- x. If only one nomination, then it shall be declared as Elected by the Returning officer.
- xi. If more than one member for the positions, election for the position shall be initiated and declare the most voted member as Winner.

G. Instruction to the Contestants:

- i. Each contestant is requested to submit the name of the representative (who can observe the entire polling and counting process) to the Returning **Officer before 09.30 am on 31st March, 2026**. The nomination of the representative shall be submitted in the prescribed form with the name and TNAI number of the person nominated as representative.
- ii. The prescribed form for the nomination of a representative is available in TNAI National and Tripura State Branch or can be obtained from the returning officer.
- iii. Only a life member of TNAI from the Tripura branch is eligible to be the representative of the candidate.
- iv. Each representative will be given an authorization card which shall be displayed by the representative while attending the work as a representative of a candidate.
- v. Representatives are allowed to be present in the designated place as directed by the Returning officer and are not allowed to move to other areas of the polling booth. They can talk or raise any issues to RO/ TNAI officials on election duty only.
- vi. In any case, they shall not talk to any voter/contestant inside the polling station i.e. before/ during/ after casting the vote.
- vii. It is the responsibility of each contestant to ensure authorized representative in the polling station(s) from the beginning of the voting till the announcement of the result.

H. Instruction for the voters for the day of the election

- i. Only Life Members of TNAI working or residing in Tripura are eligible to vote.
- ii. Members are requested to check their membership status at <https://election.tnaionline.org/UpdateData/Index>.
- iii. On verification (by any member as per clause 2 above) if a member working or residing in Tripura finds that his/her membership is enlisted in a different state, they can transfer their membership to Tripura on or before 30 days of the actual voting using the below link. Proof of workplace or proof of residence shall be submitted along with a request for shifting of membership from other states to Tripura. Link: <https://election.tnaionline.org/UpdateData/Index>

- iv. Request for New Membership, change of address and photo Identity Life Membership card or change of the status of membership (transfer of membership from any state branch to Tripura) **will be permitted till 1st March, 2026 4:30 pm after that, any change of address will not be accepted.**
- v. Election will be held on **31st March, 2026 from 11.00 am to 05:00 pm at Polo Hotel, VIP Road, Kunjaban, Agartala, Tripura-799006.**
- vi. All voters are requested to bring their TNAI Photo identity Membership card provided by the TNAI Headquarters/ Download the TNAI Mobile App and show the membership through the App for the verification.
- vii. The TNAI members intending to vote shall report before 05.00 PM on the day of polling at the polling stations and get the queue token number for voting at the respective counter.
- viii. No canvassing is permitted on the day of the election inside the premises where the election and General Body Meeting is taking place. No one shall distribute slips or notices or anything else on the polling day i.e. **31st March, 2026.**
- ix. However, if a member uses a slip or paper bit/chit in order to counter-check/confirm the name of the candidate(s) she/he desires to vote the same is permissible.
- x. However, contestant(s) or voters shall not show it/ handover/ distribute slip or paper bit/chit to anyone on the designated polling area or GBM area on the Election Day.
- xi. No electronic gadgets (mobile phones, cameras) are permitted during the voting. If any Voter is carrying a mobile phone, he/she must place it in front of the desk or table on which the computer or tablet used for electronic voting is placed so as to ensure that the mobile phone is not used while casting votes.
- xii. No person other than the voters shall be permitted within the area of the polling booth except the designated officers/representatives/Volunteers for the election.
- xiii. The voters shall not be allowed to enter the voting area before or after the scheduled time of voting (11.00 AM to 05.00 PM).

I. Instructions for Digital Voting

- i. Get your queue token number at the entrance gate.
- ii. Attend the general body meeting
- iii. Line up outside the polling station according to the token number after GBM.
- iv. At the verification counter, show your membership details. The polling officer will verify your membership and take your digital signature.
- v. You will receive two QR code slips with your TNAI membership number, name, and state.
- vi. At the verification counter, scan your QR code.
- vii. The polling officer will verify the QR code and collect the tellers slip and mark your index finger with indelible ink.
- viii. The voters will then direct to the digital polling station which is available
- ix. The voters shall enter the QR code Token number in the digital voting screen
- x. After the submission of the Token number mentioned in the QR code, the ballot paper will be displayed on the digital voting screen.
- xi. Scroll through the options in the digital voting machine and click on the contestant's photo for each post
- xii. After selecting candidates for all posts, click the final submit button.
- xiii. A confirmation of your vote submission will be displayed on the screen and confirmation email will be sent to your email. Please make sure that, your email is registered with the membership section of TNAI.
- xiv. Leave the polling station quietly.

By:

The Secretary General, TNAI

Address: The Trained Nurses' Association of India, L-17, Florence Nightingale Lane, Green Park Main, New Delhi- 110016.

Email Id: tnaielections@gmail.com

Dr Manju Vatsa Special Scholarship Award 2024–25

The Scholarship Committee thanks Dr Manju Vatsa for her generous donation of Rs. 5,00,000 to the TNAI Scholarship Fund. Ms Misam Limbu, a third-year B.Sc. (Nursing) student of CMC College of Nursing, Imphal and Ms Andugula Durga, 3rd year B.Sc., (Nursing) student at TGSRTC College of Nursing, Hyderabad, Telangana, have been awarded the Dr. Manju Vatsa Special Scholarship (2024–2025) on the basis of financial need and a strong recommendation from the Principal of her College, with a one-time grant of Rs. 24,000. The Dr. Manju Vatsa Special Scholarship will be conferred annually on one deserving nursing student. The Committee expresses its heartfelt gratitude to Dr Vatsa for her continued and meaningful support to nursing education.



कैंसर से डरने की नहीं, सतर्कता आवश्यक है

कैंसर ऐसी विश्वव्यापी बीमारी है जो अनेक शोधों के बावजूद चिकित्साकर्मियों के लिए चिंता बनी हुई है। रोग का जटिल स्वरूप—इसके जीवाणु बहुत तेजी से प्रभावित अंगों से अन्यत्र प्रसारित होते हैं—और हमारी अप्राकृतिक जीवनशैली इसकी व्यापकता के लिए दोषी हैं। सच तो यह है कि इस रोग से मुक्ति के लिए, विशेषकर जब जोग अग्रिम चरण में पहुंच जाए, अभी तक आंशिक सफलता ही मिली है।

रोग से भय का कारण दुनिया में हर साल 76 लाख लोगों की कैंसर से होती मौतें हैं। कैंसर के अनेक प्रकार हैं, सर्वाधिक मामले छाती के कैंसर और (महिलाओं में) ब्रेस्ट कैंसर के पाए जाते हैं। दुखद यह है कि कुल मौतों में 40 लाख व्यक्ति समयपूर्व (30–69 वर्ष के) दम तोड़ देते हैं। कुल मिला कर इस बीमारी के प्रति जागरूकता बढ़ाना कैंसर से निपटने की व्यावहारिक रणनीति है। वर्ष 2025 तक, समयपूर्व कैंसर से होने वाली मौतें बढ़ कर प्रति वर्ष 60 लाख होने का अनुमान है।

डब्ल्यूएचओ की धारणा है कि उचित उपाय करने से समयपूर्व मौतों में 25 प्रतिशत की कमी का लक्ष्य हासिल करते हुए 15 लाख जीवन प्रतिवर्ष बचाए जा सकते हैं। विश्व कैंसर दिवस (4 फरवरी) के अवसर पर विश्वभर में कैंसर के बाबत जागरूकता बढ़ाने, रोकथाम को प्रोत्साहित करने और इससे निपटने के लिए कार्रवाई को एकजुट रहने की लिए मनाया जाता है। कैंसर से बचाव के लिए कुछ सरल, निर्विवाद उपाय हैं—प्रोसेस्ड खानपान से बचाव, नियमित व्यायाम तथा योग क्रियाएं, तंबाखू और अल्कोहल का कम सेवन और प्राकृतिक जीवनशैली को अपनाना।

OBITUARY

Prof Aneesh D, a dynamic leader, and a committed advocate for the well-being of the nursing community in India, who was serving as the Vice President of TNAI, Kerala State Branch, passed away on 09 January 2026 due to a sudden illness, leaving an irreplaceable void in the hearts of the nursing fraternity.



He had his Bachelor's degree in Nursing from Dr MGR Medical University (TN) in 2004 and Master's in Psychiatric Nursing from Rajiv Gandhi University of Health Sciences (Karnataka) in 2009. A Life Member of TNAI, he rendered exemplary service as the State Advisor of the Student Nurses' Association of India (SNAI), Kerala State Branch, for two consecutive terms (2014-2024), playing a pivotal role in nurturing student leadership, and empowering young nurses. He stood as a guiding force in revitalising and strengthening SNA activities across Kerala.

Prof Aneesh D served with dedication as Professor-cum-Vice Principal at Nightingale College of Nursing, Thiruvananthapuram (Kerala). In 15+ years of teaching experience, he shaped and inspired generations of nursing students. He was admired as a mentor, administrator, and motivator. Known for his leadership qualities, organisational skills, and compassionate approach, Prof Aneesh D made significant contributions to nursing education, professional development, and the unity of the nursing fraternity. His service to TNAI, SNAI, and the nursing profession will be remembered with deep respect and gratitude.

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Election Result – TNAI Rajasthan State Branch 2025

An Election of TNAI Rajasthan State Branch were held on 14th December, 2025 at Sindhu Magal, Jawahar Nagar, Near Railway Station, Udaipur-313001, Rajasthan.

1. **President:** Dr. Jogendra Kumar Sharma, **TNAI No.** 77255, **Address:** Principal, Govt. College of Nursing, SMS Hospital Campus, Near Charak Bhawan, JLN Marg, Jaipur-302004, Rajasthan.
2. **Vice President:** Mr. Girraj Prasad Soni, **TNAI No.** 122338, **Address:** Dean & Principal, Mahatma Gandhi Nursing College, Ramchandrapura, Jaipur, Rajasthan.
3. **Secretary:** Dr. Minaxi Vyas, **TNAI No.** 39629, **Address:** Lecturer, Govt. Nursing College of Nursing, SMS Hospital Campus, Near Charak Bhawan, JLN Marg, Jaipur- 302004, Rajasthan.
4. **Joint Secretary:** Mr. Mukesh Tatarwal, **TNAI No.** 327287, **Address:** Principal, Govt. College of Nursing, MDM Hospital Campus, Jodhpur, Rajasthan.
5. **Treasurer:** Mrs. Renu Nagar, **TNAI No.** 164851, **Address:** Professor cum Principal, S.N. Institute of Nursing Sciences, Nirwan University, Jaipur, Dausa Road-303305, Rajasthan.
6. **SNAI Advisor:** Mr. Anil Kumar Chaudhary, **TNAI No.** 63518, **Address:** Nursing Tutor, SMS Hospital Campus, Near Charak Bhawan, JLN Marg, Jaipur- 302004, Rajasthan.
7. **Chairperson- Nursing Education and Research Committee:** Mr. Manoj Goswami, **TNAI No.** 274032, **Address:** Principal, Jhalawar Nursing College, NH 12, Kota Road, TH Jhalrapatan, Jhalawar-326001, Rajasthan.
8. **Chairperson- Programme Committee:** Mr. Sandeep Kumar, **TNAI No.** 90989, **Address:** Associate Professor, UPCHAR College of Nursing, 115, Tagore Path, Thadi Market, Mansarovar, Jaipur- 302020, Rajasthan.
9. **Chairperson-Membership Committee:** Mr. Ravindra Kumar Sharma, **TNAI No.** 218102, **Address:** Principal, Mittal College of Nursing, Maharana Pratap Nagar, Scheme, Ajmer- 305004, Rajasthan.
10. **Chairperson- Public Health Nursing Section:** VACANT
11. **Chairperson- Nursing Service Section:** Mr. Pradeep Kumar Sharma, **TNAI No.** 122465, **Address:** Nurse Grade 1, SMS Hospital, Jaipur- 302004, Rajasthan.
12. **Chairperson- Socio-Economic Welfare Committee:** Dr. Rahul Vyas, **TNAI No.** 229888, **Address:** Professor cum Principal, Dr. Chaudhary College of Nursing, 472, Hiranmagri Sector-4, Udaipur-313002, Rajasthan.
13. **Chairperson- LHV/ANM Committee:** Mrs. Nirmala Sharma, **TNAI No.** 131275, **Address:** ANM, Govt. Primary Health Center, Jatawali, Jaipur, Rajasthan.

Mr. Daya Shankar Sharma,
Returning Officer,
TNAI Rajasthan State Branch Election

TNAI BULLETIN

Monthly Newsletter of
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